

**Behavioral Health Division Update
Mental Health Commission
May 23, 2018 Meeting**

ASSISTANT & DEPUTY DIRECTOR UPDATES

(Katy Eckert & Jamie Samboceti)

- HHSA, in collaboration with Probation, is writing a \$400,000 grant application for technical assistance for the Stepping Up program. The grant application is due by the end of May and it is not yet known when the grant awards will be announced.
- On December 28, 2017, the California Department of Health Care Services Mental Health Substance Use Disorder Services unit published Information Notice 17-059. The purpose of the Information Notice was to inform counties of the process by which DHCS would use to determine the amount of unspent MHSA funds subject to reversion as of July 1, 2017, identify a County appeal process regarding the reversion determination, and the requirement that by July 1, 2018, counties must have a plan to expend the reallocated reverted funds by July 1, 2018.
 - On January 5, 2018, the California Department of Health Care Services (DHCS) notified El Dorado County that the funds would be once again available to the County for use pursuant to an AB 114 Expenditure Plan. The County disagreed with the amounts specified by the State and filed a timely Appeal.
 - The County uses Generally Accepted Accounting Principles (GAAP) in all its fiscal activities, however the State denied the County's appeal, electing to utilize their methodology for reversion calculation.
 - The State added additional reversion funds for FY 2014/15 in PEI and INN, and funds for WET and CFTN, to the final reversion reallocation submitted to the County with the appeal denial.
 - Although the County continues to disagree with the State regarding the funds subject to reversion, there are no further rights to appeal and HHSA must keep separate records of MHSA expenditures in a manner that do not comply with GAAP to align with the State's MHSA record keeping method.
 - Per the State, the previously reverted MHSA funds that are once again available to the County are:

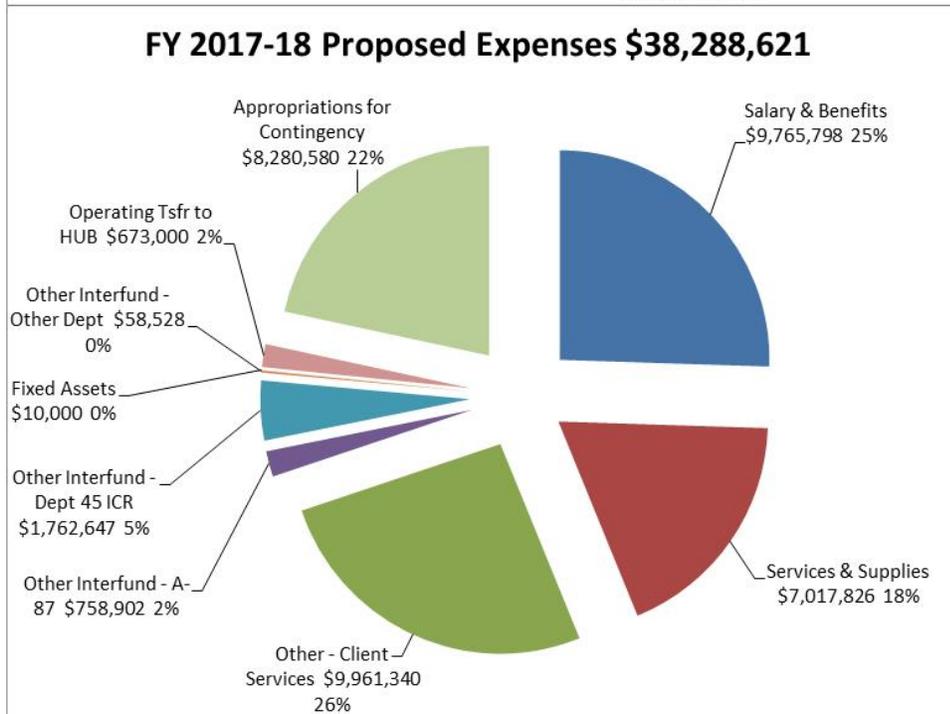
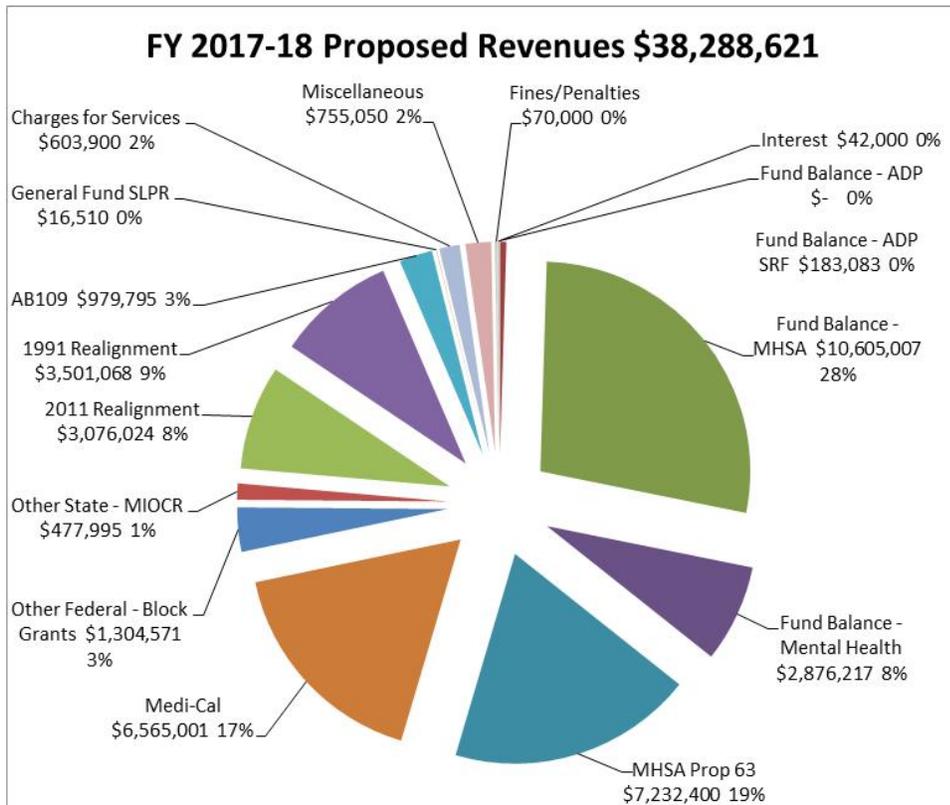
PEI	INN	WET	CFTN
\$1,435,140	\$1,783,832	\$13,732	\$354,617

- The Draft FY 18/19 MHSA Annual Update contains greater detail about the County's Reversion Reallocation Expenditure Plan.

EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING:

- **New Hires:**
 - Nicole Cable, Manager of Mental Health Programs WS
 - Theresa Del Biaggio, EH Mental Health Worker WS
 - Mandy Cobb, Mental Health Aide/Driver WS
 - Ruth So, Mental Health Clinician WS
 - Emanuel Orozco, Mental Health Worker, limited term, SLT
- **Promotions:**
 - Lisa Allen, Health Education Coordinator SLT
- **Recruitments:**
 - Ongoing
 - Patients' Rights Advocate (0.4 FTE) WS
 - Administrative Technician (1.0 FTE) WS
 - Supervising Health Education Coordinator (1.0 FTE) WS
 - Mental Health Worker (Extra Help and Limited Term) SLT and WS
 - Mental Health Aide (Extra Help) SLT and WS
 - Mental Health Clinician (Full time and Extra Help) SLT and WS
 - Sr. Office Assistant (1.0 FTE) WS
 - New
 - Health Program Specialist (2.0 FTE) SLT
 - Health Education Coordinator (0.5 FTE) SLT
 - Mental Health Program Coordinator (1.0 FTE) WS
- **Separations:**
 - Darlene Bratton, Mental Health Aide WS
 - Cristie Tibbetts, Health Education Coordinator SLT
 - Sean Galloway, Psychiatric Technician WS
- **Position Changes:**
 - None

EL DORADO COUNTY BEHAVIORAL HEALTH FINANCIAL UPDATE:



- Highlights:**
- Most funding coming into Behavioral Health is tied to delivery of services for specified programs.
 - Base funding levels for individual counties are now set for 2011 Realignment.
 - The county budgets full use of fund balance on the revenue side and an appropriation for contingencies on the expense side to allow flexibility throughout the year.
 - MHPA Revenues are paid at an estimated rate all year long, a true up occurs in the July/August timeframe. The true up can either greatly increase or decrease revenues received for the year.

- Areas of Concern:**
- When the economy slows down and sales tax receipts drop statewide, we will experience a reduction in 1991 & 2011 Realignment.
 - When the economy slows and California millionaire's income levels drop, MHPA revenues will likewise drop.

CASELOAD AND NEW SERVICE REQUEST DATA

Unduplicated Caseload as of March 2018

Children's Outpatient South Lake Tahoe	Clients	Children's Outpatient West Slope	Clients	Total
TAY	6	TAY	24	30
Clinic*	0	Clinic*	10	10
Contractor: Sierra Child & Family Services (SCF)**	48	Contractor: Sierra Child & Family Services (SCF)**	93	141
Contractor: Tahoe Youth & Family (TY)**	5	n/a		5
		Contractor: Summitview (SV) **	80	80
		Contractor: New Morning (NM)**	23	23
		Contractor: Stanford Youth Solutions (SYS)**	3	3
Subtotal Children's	59	Subtotal Children's	233	292

Adult Outpatient South Lake Tahoe	Clients	Adult Outpatient West Slope	Clients	Total
Clinic	70	Clinic	301	371
ICM/FSP	15	ICM/FSP	42	57
Subtotal Adults	85	Subtotal Adults	343	428

Total South Lake Tahoe	Clients	Total West Slope	Clients	Total
	114		576	720

Unduplicated Caseload as of April 2018

Children's Outpatient South Lake Tahoe	Clients	Children's Outpatient West Slope	Clients	Total
TAY	5	TAY	26	31
Clinic*	0	Clinic*	7	7
Contractor: Sierra Child & Family Services (SCF)**	54	Contractor: Sierra Child & Family Services (SCF)**	94	148
Contractor: Tahoe Youth & Family (TY)**	5	n/a		5
		Contractor: Summitview (SV) **	78	78
		Contractor: New Morning (NM)**	28	28
		Contractor: Stanford Youth Solutions (SYS)**	3	3
Subtotal Children's	64	Subtotal Children's	236	300

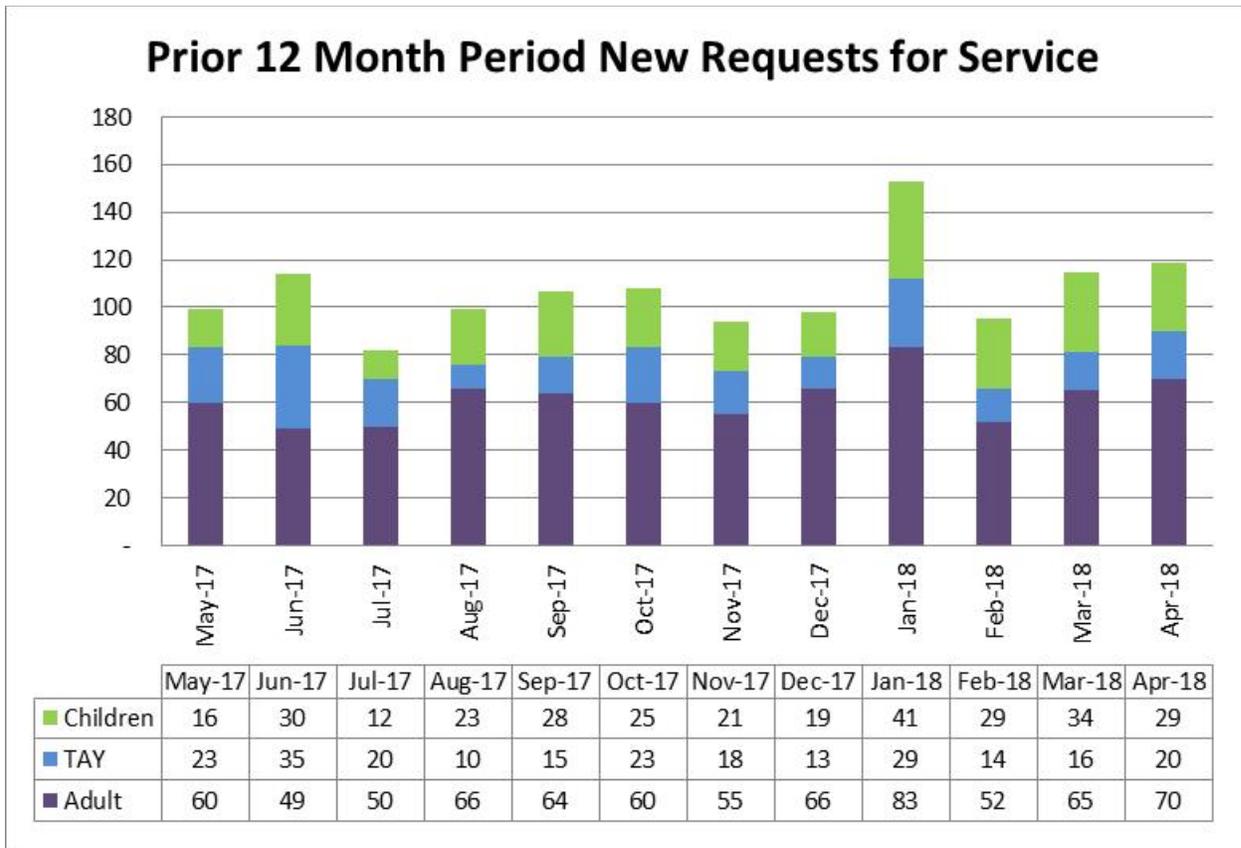
Adult Outpatient South Lake Tahoe	Clients	Adult Outpatient West Slope	Clients	Total
Clinic	71	Clinic	296	367
ICM/FSP	20	ICM/FSP	40	60
Subtotal Adults	91	Subtotal Adults	336	427

Total South Lake Tahoe	Clients	Total West Slope	Clients	Total
	155		572	727

* Children who are seen by the Behavioral Health Division only (no Contracted Providers)

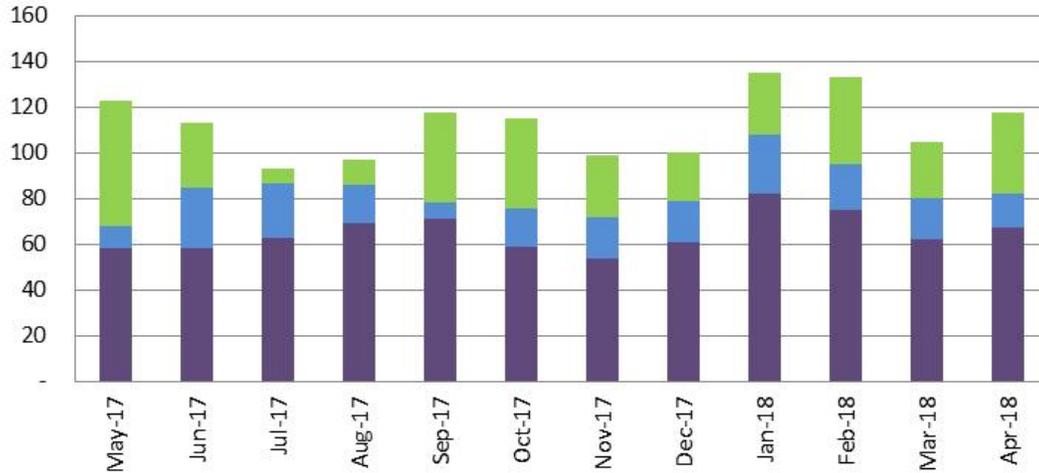
** May include children who are seen by the Behavioral Health Division's Psychiatrist

New Service Request Trends



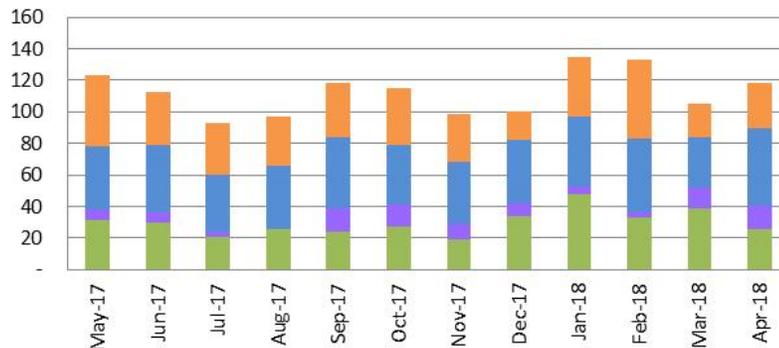
Discharged Service Request Trends

Prior 12 Month Period Discharged Requests for Service (by Age)



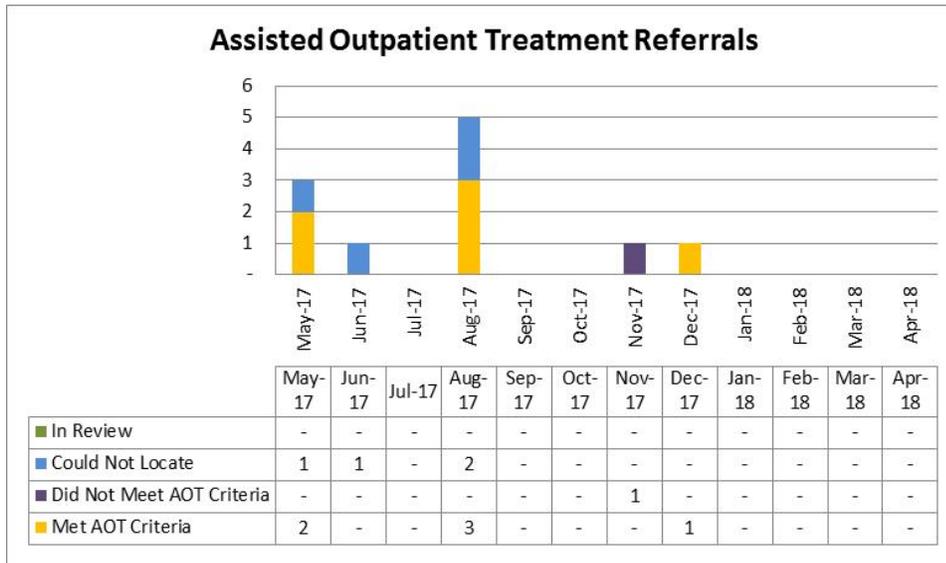
	May-17	Jun-17	Jul-17	Aug-17	Sep-17	Oct-17	Nov-17	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18
Children	55	28	6	11	40	39	27	21	27	38	25	36
TAY	10	27	24	17	7	17	18	18	26	20	18	15
Adult	58	58	63	69	71	59	54	61	82	75	62	67

Prior 12 Month Period Discharged Requests for Service (by Disposition)



	May-17	Jun-17	Jul-17	Aug-17	Sep-17	Oct-17	Nov-17	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18
Other	45	34	33	31	34	36	31	18	38	50	21	28
Does Not Meet Medical Necessity	40	43	36	40	45	38	39	40	44	47	32	50
To Other BH Provider	7	6	3	-	15	14	10	8	5	3	13	14
To BHD OP Services	31	30	21	26	24	27	19	34	48	33	39	26

Assisted Outpatient Treatment: (Rhapsody Flores)



Disposition of Referrals:

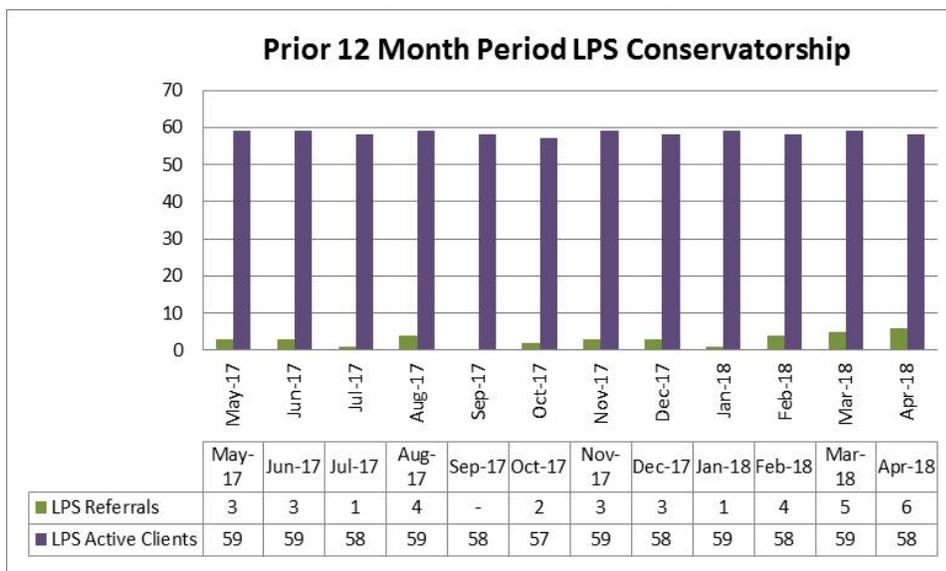
0 did not meet program criteria,
 0 met initial program criteria,
 0 individuals voluntarily accepted outpatient services,
 0 individuals to proceed with the AOT process,
 0 applications in review process

Discharged AOT clients:

0 clients discharged:
 0 to a lower level of service,
 0 out of services

There are currently **0** AOT clients receiving services voluntarily.

LPS Conservatorship: (Rhapsody Flores)



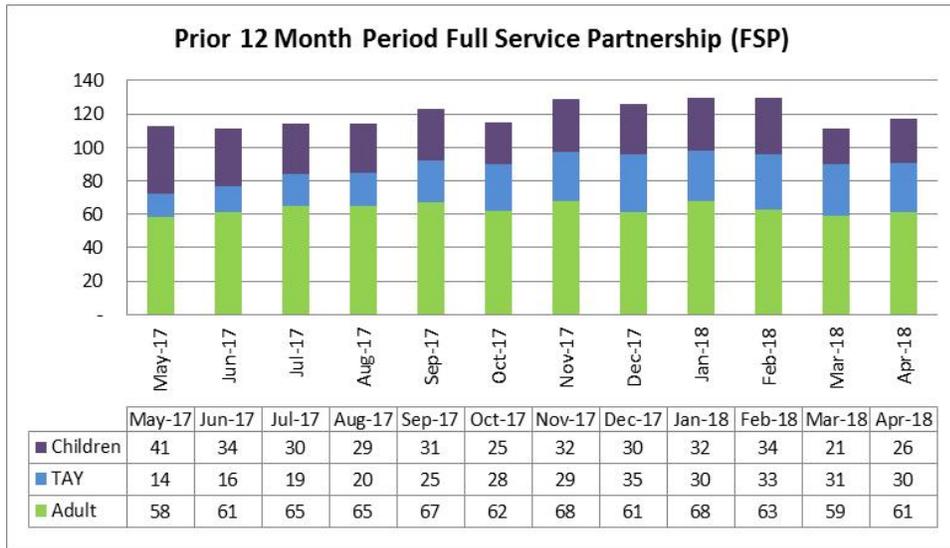
LPS Active Clients:

58 LPS Conservatorships
 6 Temporary Conservatorships

LPS Terminations:

6 LPS Terminations
 1 Pending LPS Terminations

Full Service Partnership (FSP) and Intensive Case Management (ICM) (Rhapsody Flores and Karen Naegeli)

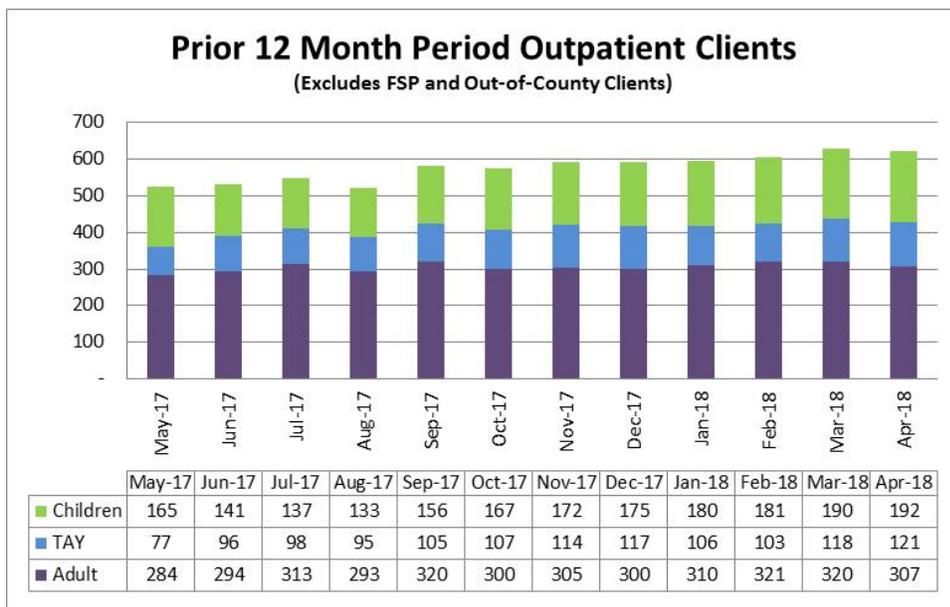


Intensive Case Management

- West Slope: Serving 41 clients
- SLT: Serving 18 clients

WS ICM transferred 2 clients to SLT ICM. One entered into a T-House and one lived independently. Both are engaging in services in SLT.

Outpatient Services (excludes FSP and Out-of-County Placements)



Discharges:

9 Children discharged from all services

- 6 Tahoe
- 3 West Slope

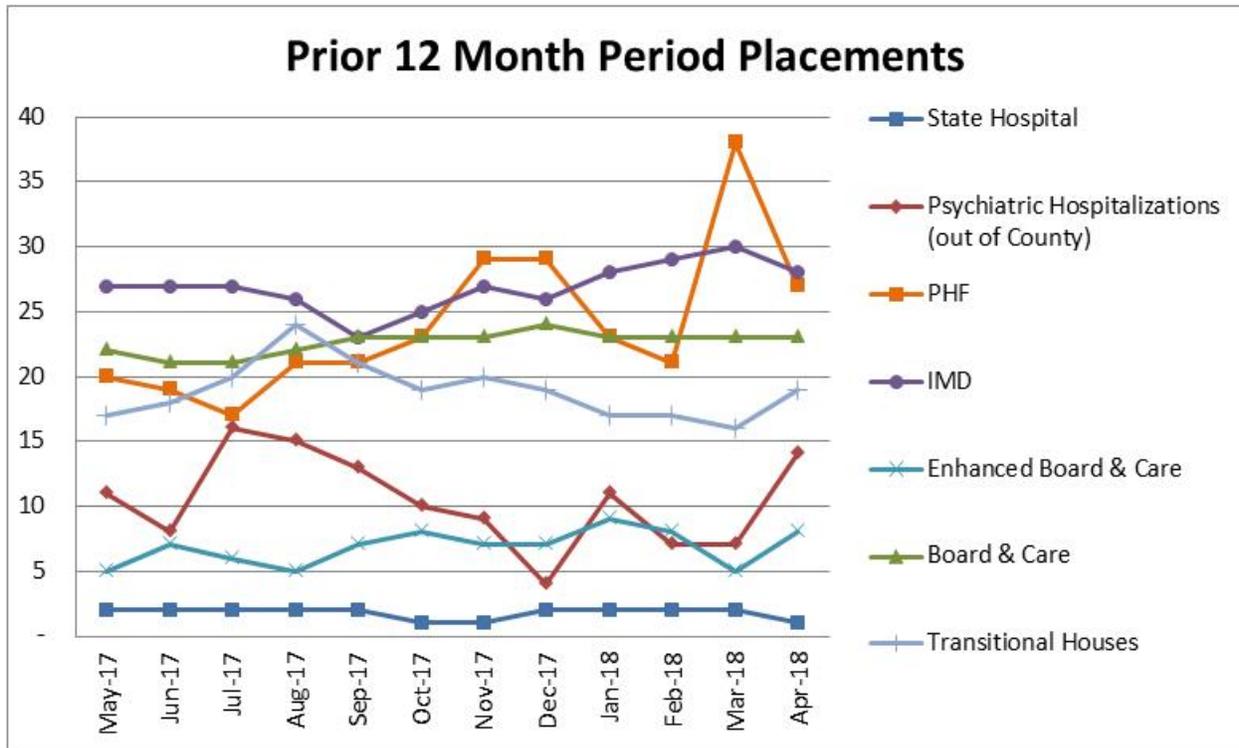
7 TAY discharged from all services

- 1 Tahoe
- 6 West Slope

13 Adults discharged from all services

- 4 Tahoe
- 9 West Slope

PLACEMENTS



Board and Care / IMDs / Secure Placements (Rhapsody Flores)

- 28 IMD beds - Crestwood/Canyon Manor/California Psychiatric Transitions (CPT)
- 1 State Hospital
- 8 Enhanced Board and Care beds including Willow Glen & Silver Ridge
- 23 Board and Care - Sacramento & Galt (including Grace Home)
- **Total:**
 - 55 Out of County Placements
 - 5 In County Placements (Silver Ridge)

Transitions Treatment Program / MIOCR (Rhapsody Flores / Sabrina Owen)

- **WS:** 12 of 15 beds filled
- **SLT:** 7 of 12 beds filled :
 - T1 2 openings (1-3 male, 2-4 female)
 - T2 (MIOCR) 3 opening (1-3 male or 2 female)

Permanent Supportive Housing (Ren Scammon / Sabrina Owen)

Trailside Terrace

Clients receive services from the Wellness and Recovery team or from community based supports

- 4 of 5 units occupied
- Wait List:

- 1 bedroom: 14
- 2 bedroom: 6
- 3 bedroom: 0*

* The 3-bedroom unit is currently vacant. Prospective tenants must be screened by Behavioral Health and Trailside Terrace. Applications are available on the Behavioral Health website, <https://www.edcgov.us/government/mentalhealth/documents/MHSA%20Trailside%20Terrace.pdf> Applications are considered on a first come, first served basis. The housing unit must consist of a family unit (i.e., roommates are not considered a housing unit).

The Aspens at South Lake

Clients receive ICM team coverage

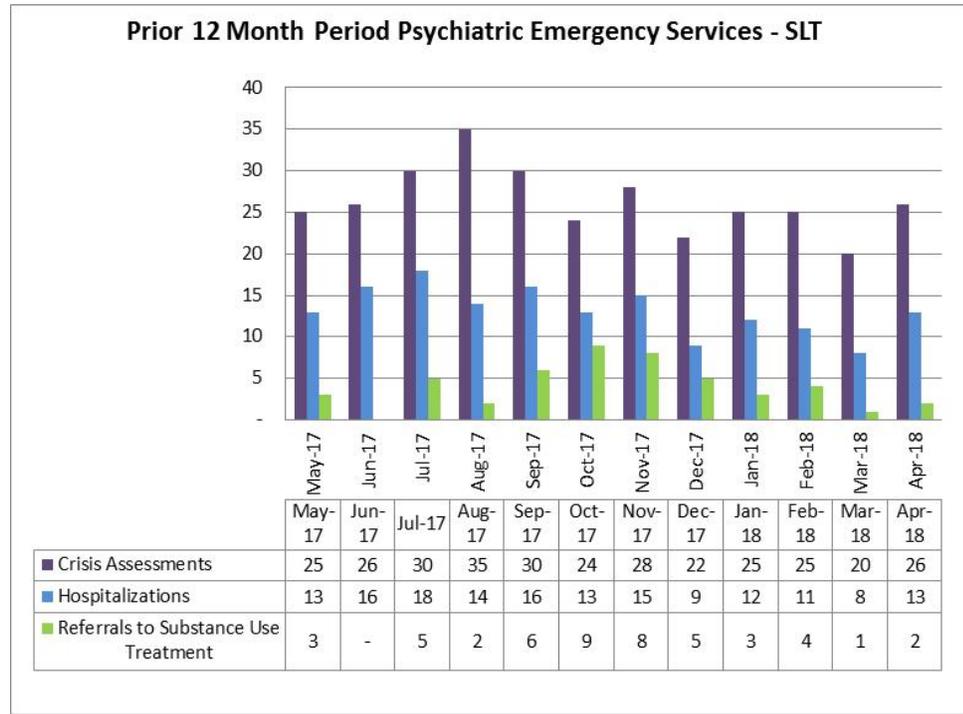
- 6 of 6 units occupied
- Wait List: Unknown
 - The Aspens is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

Psychiatric Health Facility (Jamie Samboceti)

- There were 27 Admissions; 16 Admissions were El Dorado County residents and 11 were Out of County residents.
- There were 16 El Dorado County residents discharged; 10 to Home with Support, 1 to Home without support, 0 MHRC/IMD, 1 Board and Care, 0 to ICM T-House, 3 to Shelter, 1 to Other, and 1 to Emergency Department.
- Upon discharge, 13 El Dorado County residents were insured and 3 El Dorado County residents were pending insurance.
- There were 2 Seclusion Episodes, 0 Physical Restraint Episodes (0 minutes), 0 Assaults (0 clients), 0 Elopements, 0 Medication Errors (0 medication errors with no patient involvement), Client Surveys 24
- There were 7 denials of El Dorado County referrals: medical need beyond the capability of the PHF (3); placed at different facility (1); placed at Medicare facility (1); hold dropped prior to placement (1); primary diagnosis of alcohol abuse (1).
- Average daily census was 10 (range 7-15), with 8 average length of stay of days.

CRISIS SERVICES

Psychiatric Emergency Services (PES) (Sabrina Owen and Angie Larrigan)

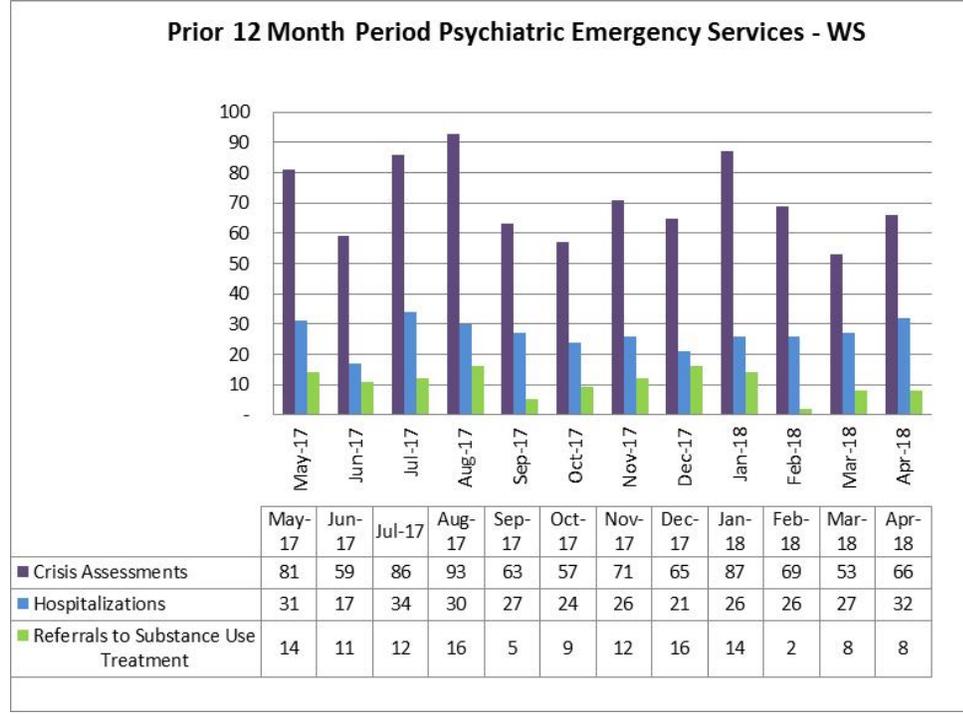


Crisis Assessments for Open Clients:

- SLT: 5
- West Slope: 6

Hospitalizations of Open Clients

- SLT: 3
- West Slope: 5



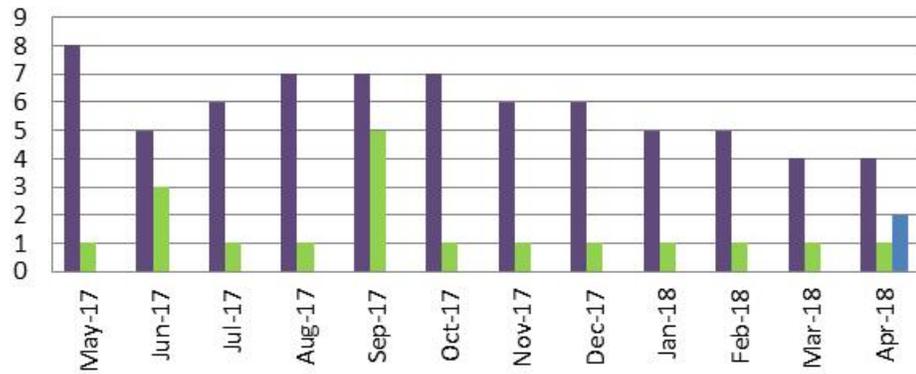
Crisis Intervention Teams (CIT) (Angie Larrigan and Sabrina Owen)

- **SLT:** The SLT MDT met in April to review the new 5150 form, which is now a two page document and has a section for historical information and for gravely disabled minor.
- **WS:** The WS CIT MDT meeting continues to be well attended by representatives from El Dorado County Jail, California Forensic Medical Group, Sheriff's Office (EDSO), Placerville Police Department, Adult Protective Services, Public Guardian, Public Defender's office, District Attorney's office, El Dorado County Behavioral Health (both Mental Health and Substance Use Disorders programs). Each stakeholder in attendance presented motivated to support positive change in our community.
- **PERT:** Due to one of the PERT team members being off work and/or on light duty, the PERT team contacts were limited for the month of April. Despite the decrease in contacts, the outcomes were once again remarkable.
 - Engaged in 10 face-to-face encounters.
 - The PERT team reports that 9 of the 10 face-to-face contacts would have been placed on a WIC § 5150 72-hour hold by EDSO without the skilled field based PERT interventions.
 - 0 individuals were placed on a WIC 5150 72 hour hold by PERT.
 - 10 safety plans were made.
 - PERT provided 56 consultations to deputies responding to behavioral health related calls. Additionally, PERT provided follow-up support services (problem solving, referrals to community based resources, etc.) for all Behavioral Health related calls EDSO responded to in April. PERT provided training to CIT trained and other deputies surrounding ways to interface with individuals struggling with a mental illness.

JUSTICE SERVICES

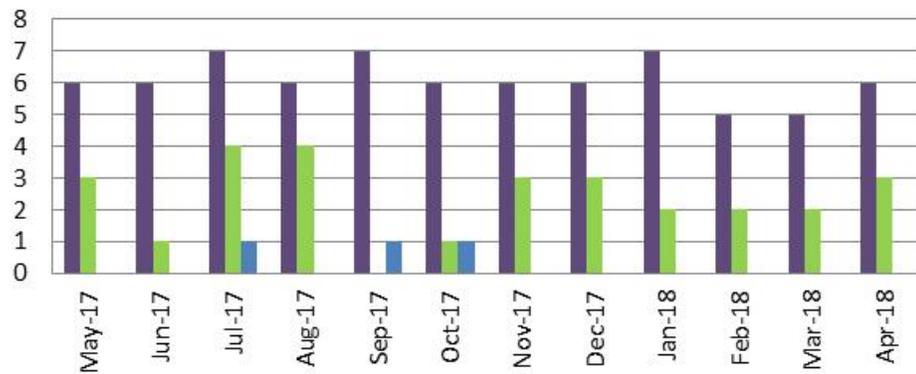
Behavioral Health Court (John Schumacher)

Prior 12 Month Period Behavioral Health Court - WS



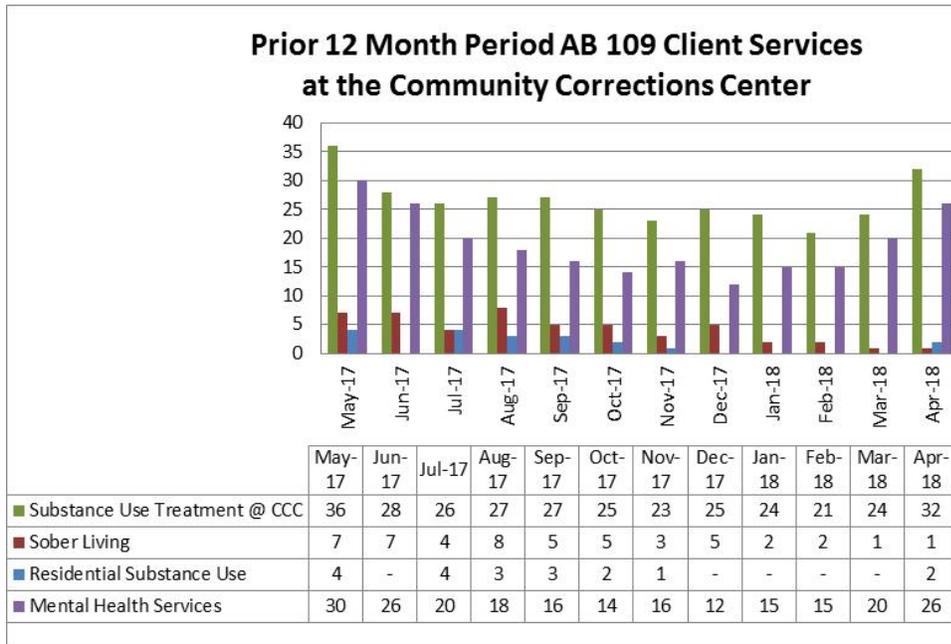
	May-17	Jun-17	Jul-17	Aug-17	Sep-17	Oct-17	Nov-17	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18
Active Participants	8	5	6	7	7	7	6	6	5	5	4	4
Sober Living	1	3	1	1	5	1	1	1	1	1	1	1
Residential Substance Use	0	0	0	0	0	0	0	-	-	-	-	2

Prior 12 Month Period Behavioral Health Court - SLT



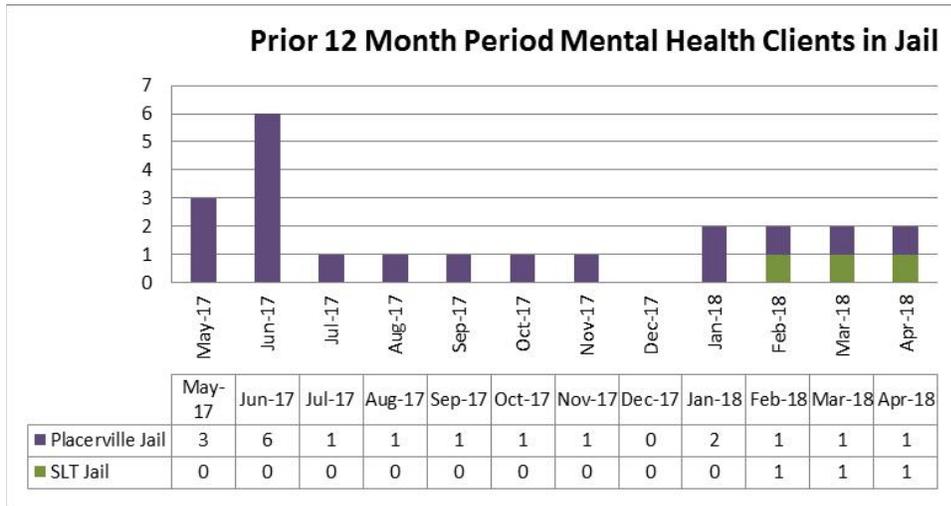
	May-17	Jun-17	Jul-17	Aug-17	Sep-17	Oct-17	Nov-17	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18
Active Participants	6	6	7	6	7	6	6	6	7	5	5	6
Sober Living	3	1	4	4	0	1	3	3	2	2	2	3
Residential Substance Use	0	0	1	0	1	1	0	-	-	-	-	-

AB 109 (John Schumacher)



- 6 clients are receiving Substance Use Education services in the South Lake Tahoe jail.
- 0 clients are receiving Substance Use Disorder treatment in Placerville Jail. (jail SUD services on hold pending staffing change; 14 receiving Moral Reconciliation Therapy services)
- 0 client is receiving treatment from a contracted community provider in SLT.
- 10 clients are receiving treatment from a contracted community provider in Placerville.

Mental Health Clients in Jail (Jamie Samboceti)



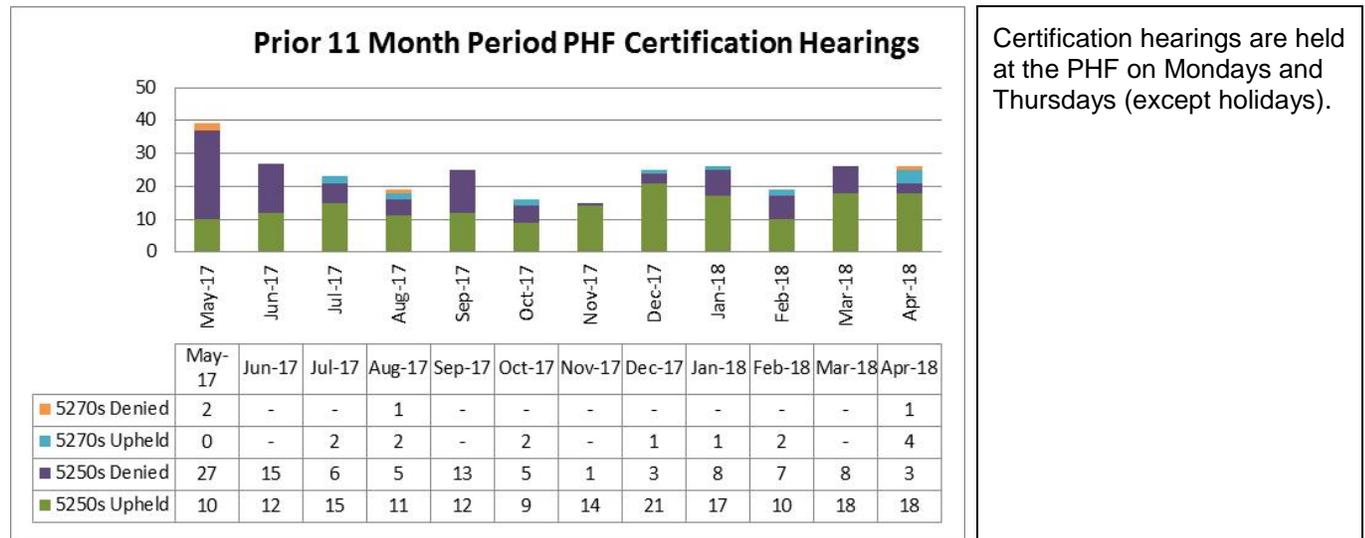
Count of Behavioral Health's existing clients that were receiving Specialty Mental Health Services at the time of their incarceration in the Placerville or SLT Jails only.

Restoration of Competency (Rhapsody Flores)

- 1 Outpatient ROC referrals
- 0 Jail ROC referral
- 0 client receiving ROC Outpatient services
- 0 client receiving ROC Inpatient services (CPT)

QUALITY ASSURANCE & PATIENT RIGHTS

Patients' Rights Advocate (Ren Scammon)



Quality Improvement/Utilization Review (Ren Scammon)

- The annual External Quality Review was held on March 22, 2018. During the review, there were no surprise issues identified, but the final report won't become available for a couple months. The Mental Health Plan continues to experience challenges in all areas related to lack of staffing.
- From March 14 through March 16, Ren Scammon attended the California Quality Improvement Coordinators (CalQIC) conference in Monterey. This annual conference brings together Quality Improvement staff from across California to learn about current practices and upcoming changes to the Utilization Review and Quality Improvement/Assurance roles for Behavioral Health programs. The conference included in-depth presentations related to the DMC-ODS Waiver, Performance Outcome Measures, Department of Health Care Services (DHCS) Annual Protocol/Enhanced Monitoring Tool and Approach, External Quality Review Organization (EQRO), "Mega Reg" Elements (42 Code of Federal Regulations, Part 438), and AB 1299 (Presumptive Transfer).
- On March 30, the Behavioral Health Division submitted the required Network Adequacy Certification Tool (NACT) to the State pursuant to the requirements in the State's Mental Health and Substance Use Disorder Services (MHSUDS) Information Notice 18-011. The NACT will be submitted to the State on a quarterly basis going forward. Information submitted included:
 - Specialty Mental Health Service Providers in the County (the Behavioral Health Division and its contracted providers);
 - Policies and Procedures related to network adequacy; and
 - Supplemental documents related to contracts, grievances, appeals, and interpreter services.

Grievances/Appeals/Hearings (Ren Scammon)

Month Filed	Month Completed	Type	Topic	Location	Outcomes
03-2018		Grievance	Communication with family member.	WS	
04-2018		Grievance	PHF discharge.	WS	
04-2018		Grievance	Information in medical record.	WS	

PERFORMANCE IMPROVEMENT METRICS (reported quarterly)

Next Report Period: Quarter 3 (January through March 2018)

Reporting Month: June 2018

PROGRAM ACTIVITY UPDATES

ALCOHOL AND DRUG SERVICES / SUBSTANCE USE DISORDERS (Salina Drennan)

Tahoe:

- ADP has dedicated staff time to serving the SUD outpatient needs in South Lake Tahoe. Staff offer a SUD TX outpatient group, a relapse prevention outpatient group, and a co-occurring disorder outpatient group. ADP will continue to work hard to meet client needs as best we can. ADP will soon release an RFQ to identify providers for the ODS. We look forward to recruiting more providers through the RFQ process.

West Slope:

- This past month, Behavioral Health hired a Sr. Dept. Analyst who has worked with Behavioral Health in the past to complete policies and procedures, and is now working with the Alcohol and Drug Programs to complete documents for the State to review prior to implementation of DMC-ODS.

MENTAL HEALTH SERVICES ACT (MHSA) (Heather Longo/Tami Smith)

- Heather Longo and Tami Smith attended a 2-day “MHSA Bootcamp” conference, sponsored by the County Behavioral Health Directors Association (CBHDA). The conference covered the history of MHSA, component-specific information (PEI, CSS, Innovation, etc.), and legislation.
- The MHSA Team hosted a meeting with Only Kindness and the El Dorado County Veterans Affairs Department regarding the referral process and implementation of the PEI Veterans Outreach project.
- Heather Longo met with the Behavioral Health Commission’s MHSA Annual Update Ad Hoc Committee.

OUTPATIENT SERVICES

(Sabrina Owen and Karen Naegeli (SLT); Lesly Van Sloten and Rhapsody Flores (WS))

Wellness Center Activities:

Tahoe:

- Now that the weather has improved, we have seen an increase in the number of participants as they are not as hampered by transportation issues.

West Slope:

- The Peer Volunteers are working on their summer schedule for the Wellness Center.

ICM Activities:

Tahoe:

- Now that the weather is warmer, ICM clients have been engaging in activities such as hiking and frisbee golf. Several ICM clients make the extra effort to attend the Saturday Friends 'n Fitness group as they have expressed they enjoy learning and participating in social, recreational and prosocial activities.

West Slope:

- ICM staff are always finding fun ways to work with the clients. The TTP residents are busy spring cleaning the Transitional Houses with the support of ICM staff. Throughout the month, ICM staff took clients to Union Valley Lake for a picnic. They also took a road trip to South Lake Tahoe.

Children’s Services (Angie Larrigan)

- Behavioral Health and Child Welfare Services are working together to develop the Children’s System of Care. The Children’s System of Care embraces the “no wrong door” approach to serve Children and Youth experiencing complex inter-related combinations of needs that require services spanning multiple disciplines and agencies.
- Together, with the support of Child Welfare Services and our community partners, the Behavioral Health Division has implemented the Children and

Family Team service per AB 403, Continuum of Care Reform. A Child and Family Team is defined as group of individuals who are convened by the placing agency and who are engaged through a variety of team-based processes to identify the strengths and needs of the child or youth and his or her family, and to help achieve positive outcomes for safety, permanency, and well-being.

- Child Welfare Services and the Behavioral Health Division partnered and implemented a procedure and formal documents to initiate and receive AB 1299 Presumptive Transfer and Waiver of Presumptive Transfer. Presumptive Transfer ensures that foster children placed outside of their county of original jurisdiction are able to access mental health services in a timely manner. Presumptive transfer, or waiver of transfer of responsibility, is required for providing or arranging for mental health services to a foster child from the county of original jurisdiction to the county in which the foster child resides. A waiver of Presumptive Transfer is made when it has been determined that the transfer of mental health services would disrupt continuity of care or timely access to services. AB 1299 requires the mental health plan in the host county to assume responsibility for the authorization and provision of mental health services, and payments for services, upon the presumptive transfer. The impact to El Dorado County from the presumptive transfer requirement is not yet known.
- The Behavioral Health Division and Child Welfare Services continue to collaborate in preparation for awaited guidance surrounding AB 403 Short-Term Residential Therapeutic Program (STRTP) and Therapeutic Foster Care (TFC) Continuum of Care Reform stages.
- Monthly meetings have been taking place between the Central Region Children's System of Care coordinators to discuss strengths and barriers identified with the implementation of the various CCR expectations.

TAY DBT/FEP Program (Sabrina Owen and Lesly Van Sloten)

Tahoe

- Two DBT groups in process, one at Tallac and the other at CCC. STHS group postponed to allow for a meeting between STHS/Tallac staff and EDCBH to discuss the group structure, reducing the academic impact, engagement/retention and ideas for implementation for next year. Three current FEP/TAY FSP clients, engagement and substance use are biggest identified barriers to treatment.

ADULT OUTPATIENT GROUP SCHEDULES

WS Adult Outpatient Services

Monday	
BHC/Wellness - Check In Group	10:30 am - 11:30 am
Anger Management	1:15 pm - 2:00 pm (Open to clients)
Ted Talks	1:15 pm - 2:00 pm (Wellness/Peer Led)
Exercise Group	2:00 pm - 3:00 pm (Wellness/Peer Led)
Basic Conversation Skills	2:00 pm - 3:00 pm (Wellness)
Stress Reduction	3:00 pm - 4:00 pm (Open to clients)
Play a Game Group	3:00 pm - 4:00 pm (Wellness)
Life Skills	3:00 pm - 4:00 pm
Tuesday	
Dried Mangoes Rehearsal Music Group	10:00 am - 11:00 am (Wellness)
Ted Talks	1:15 pm - 2:00 pm (Wellness/Peer Led)
Women's Co-Occurring Recovery Group	1:15 pm - 2:45 pm (ADP)
Art Group with Jan from NAMI	1:30 pm - 3:00 pm (Wellness/Peer Led)
Healthy Pleasures	1:30 pm - 2:30 pm (Staff and Peer Led)
Job Connections Group	1:30 pm - 3:30 pm (Wellness)
Smoking Cessation	3:00 pm - 4:00 pm (Wellness)
Wednesday	
DBT Skills Group - Skills Training	10:00 am - 12:00 pm
Transitional Housing Independent Living Skills	12:00 pm - 1:00 pm
Dual Recovery Anonymous - Peer Support Group	1:00 pm - 2:00 pm (Wellness/Peer Led)
Ted Talks	1:15 pm - 2:00 pm (Wellness/Peer Led)
Self-Care/ADLS Group	1:30 pm - 3:30 pm (Wellness)
Soothing Techniques	2:00 pm - 3:00 pm (Wellness)
Anger Management Group	2:00 pm - 3:00 pm
MH Peer Leadership Academy	2:00 pm - 4:00 pm
Thursday	
Seeking Safety Group	10:30 am-12:00 pm
Improv Music Group	10:00 am - 11:00 am (Wellness/Peer Led)
Women's Co-Occurring Recovery Group	1:15 pm - 2:45 pm (Seeking Safety, ADP)
Healthy Pleasures	1:30 pm - 2:30 pm (Wellness)
TAY DAY	2:00 pm - 4:00 pm (Wellness)
Anxiety and Depression Group	2:30 pm - 3:30 pm (Wellness/Peer Led)
Friday	
DBT Group - Skills Training	10:00 am - 12:00 pm (Closed)
Men's Co-Occurring Recovery Group	10:15 am - 11:45 am (ADP)
Ted Talks	1:30 pm - 2:00 pm (Wellness/Peer Led)
DBT Group - Skills Training	1:30 pm - 2:30 pm
Cinema Club	2:00 pm - 4:00 pm (Wellness)
Mindfulness Group (On hold)	2:45 pm - 3:30 pm (Wellness)

SLT Adult Outpatient Services

Monday	
DBT Co-Occurring	11:00 am-12:00 pm
Women's Group	1:00 pm- 2:30 pm
DBT -Mindfulness (modified)	1:00 pm- 2:30 pm
DBT - Skill Building	1:30 pm - 2:30 pm (Wellness)
TED Talks - Information & Conversation	3:00 pm – 3:30 pm (Wellness)
Current Events Discussion	3:35 pm – 4:00 pm (Wellness)
Tuesday	
DBT - Mindfulness	1:00 pm - 2:30 pm
Health Awareness/Cooking	1:30 pm - 2:30 pm (Wellness)
Peer Leadership	3:00 pm - 3:30 pm (Wellness)
Just One Thing (Mindfulness)	3:35 pm - 4:00 pm (Wellness)
Wednesday	
DBT- Emotional Regulation	10:30-12:00 pm
DBT – Interpersonal Effectiveness	1:00 pm – 2:30 pm
Recovery Through Art	1:30 pm - 2:30 pm (Wellness)
Refuge Recovery	3:00 pm – 3:30 pm (Wellness)
Healthy Relationship Skills	3:35 pm – 4:00 pm (Wellness)
Thursday	
Co-occurring Women's group	10:30 am-12pm (Substance use)
Community Excursions	1:00 pm – 4:00 pm (Wellness)
Movement Mindfulness	1:30 pm - 2:30 pm (Wellness)
Stress Management/Coping Skills	3:00 pm - 3:30 pm (Wellness)
Social Awareness	3:35 pm - 4:00 pm (Wellness)
Friday	
BHC Group	12:30 pm - 1:00 pm
Volunteering	1:00 pm - 4:00pm (Wellness)
Anger Management	1:30 pm - 2:30 pm (Wellness)
Leisure Skills	3:00 pm – 3:30 pm (Wellness)
Paths to Recovery (Book Study)	3:35 pm - 4:00 pm (Wellness)
Men's Wellness	2:30 pm - 4:00 pm
Saturday	
Friends 'n Fitness	11:00 am - 12:30 pm

INITIALS & DEFINITIONS

Initials	Definition
AB	Assembly Bill
ACEs	Adverse Childhood Experiences
ADL	Activities of Daily Living
ADP	Alcohol and Drug Programs
AOT	Assisted Outpatient Treatment
APS	Adult Protective Services
ARF	Adult Residential Facility
B&C	Board and Care
BHC	Behavioral Health Court
BHD	Behavioral Health Division (formerly the Mental Health Division)
BOMUSD	Black Oak Mine Unified School District
BSCC	Board of State and Community Corrections
CalMHSA	California Mental Health Services Authority
CalQIC	California Quality Improvement Coordinators
CBHDA	California Behavioral Health Directors Association
CBO	Community Based Organization
CBT	Cognitive Behavior Therapy
CCC	Community Corrections Center or California Conservation Corps
CCP	Community Corrections Partnership
CCR	Continuum of Care Reform
CFMG	California Forensic Medical Group
CFR	Code of Federal Regulations
CFT	Children and Family Teams
CFTN	Capital Facilities and Technology Needs
CHP	California Highway Patrol
CIT	Crisis Intervention Team
CMS	Centers for Medicare & Medicaid Services
CPP	Community Planning Process
CPS	Child Protection Services
CPT	California Psychiatric Transitions
CSS	Community Services and Supports
DBT	Dialectical Behavior Therapy
DHCS	Department of Health Care Services (California)
DMC-ODS	Drug Medi-Cal Organized Delivery System
Dx	Diagnosis
ED	Emergency Department
EDC	El Dorado County
EDCMH	El Dorado County Mental Health
EDCSO	El Dorado County Sheriff's Office
EDSO	El Dorado Sheriff's Office
EDCVC	El Dorado Community Vision Coalition
EH	Extra Help
EPSDT	Early and Periodic Screening, Diagnosis and Treatment
EQRO	External Quality Review Organization
ER	Emergency Room
FEP	First Episode Psychosis
FSP	Full Service Partnership
FTE	Full-Time Equivalent
FY	Fiscal Year

HHSA	Health and Human Services Agency
HOT	Homeless Outreach Team
ICC	Intensive Care Coordination
ICM	Intensive Case Management
IHBS	Intensive Home-Based Services
IMD	Institution for Mental Disease (facility)
ITWS	Information Technology Web Services
Katie A.	<i>Katie A. vs. Bonta</i> Lawsuit and/or resulting programs/services
LCSW	Licensed Clinical Social Worker
LL	Laura's Law
LOCUS	Level of Care Utilization System
LPS	Lanterman Petris Short
LT	Limited Term
LTCC	Lake Tahoe Community College
MAR	Medication Administration Record
MDT	Multi-Disciplinary Team
M-F	Monday through Friday
MH	Mental Health
MHD	Mental Health Division
MHOAC	Mental Health Oversight and Accountability Commission
MHRC	Mental Health Rehabilitation Center (facility)
MHSA	Mental Health Services Act
MHSUDS	Mental Health and Substance Use Disorder Services, a division of the State's Department of Health Care Services (DHCS)
MHW	Mental Health Worker
MIOCR	Mentally Ill Offender Crime Reduction
MOA	Medical Office Assistant
MRT	Moral Reconciliation Therapy
NACT	Network Adequacy Certification Tool
NM	New Morning Youth & Family
OP	Outpatient
PA	Physician Assistant
PATH	Projects for Assistance in Transition from Homelessness
PCP	Primary Care Physician
PD	Police Department
PEI	Prevention and Early Intervention
PERT	Psychiatric Emergency Response Team
PES	Psychiatric Emergency Services
PG	Public Guardian
PHF	Psychiatric Health Facility
PIP	Primary Intervention Program or Program Improvement Plan
POC	Plan of Correction
PPD	Placerville Police Department
QI	Quality Improvement
QI/UR	Quality Improvement/Utilization Review
QIC	Quality Improvement Committee
RIF	Reduction in Force
RFI	Request for Information
RFP	Request for Proposal
ROC	Restoration of Competence
RV	Remi Vista
SAMHSA	Substance Abuse and Mental Health Services Administration
SB	Senate Bill

SCF	Sierra Child & Family
SLT	South Lake Tahoe
SLTPD	South Lake Tahoe Police Department
SO	Sheriff's Office
STHS	South Tahoe High School
STRTP	Short-Term Residential Therapeutic Program
SUD	Substance Use Disorders
SV	Summitview Child & Family
SYS	Stanford Youth Solutions
T-House	Transitional Housing
TAY	Transitional Age Youth
TBD	To Be Determined
TFC	Therapeutic Foster Care
TYFS	Tahoe Youth and Family Services
Tx	Treatment
TY	Tahoe Youth & Family
UR	Utilization Review
WET	Workforce Education and Training
WIA	Workforce Investment Act
WOIA	Workforce Innovations and Opportunities Act
WS	West Slope