

## LET'S EXCHANGE NEWS

The California 4-H International Exchange Program  
[www.ca4h.org/Projects/Citizenship/International/](http://www.ca4h.org/Projects/Citizenship/International/)

A family-based experience that brings the world to individuals, families, & communities

### CALIFORNIA 4-H INTERNATIONAL EXCHANGE SHARING THE U.S. WITH AN EXCHANGE STUDENT

#### Host an International Student!

2011 is a hosting year for the California 4-H International Exchange. Students from Costa Rica, Japan, and Norway will be living in California with a 4-H family for one month during the summer.

Would you enjoy an opportunity to learn about another culture? Are you looking for a low-cost project or experience



the whole family can participate in and learn from - together? Consider the California 4-H International Exchange Month-Long Hosting Program. The program allows families to gain the benefits of international travel right here at home by hosting an exchange delegate from Costa Rica, Japan, or Norway.

California 4-H is looking for all types of families - urban families, rural families, single-parent families, older couples, singles, couples without children, and families from various religious and ethnic backgrounds - to give as broad a perspective as possible of life in the U.S. Households with children ages 10 - 19 can host a youth of the same gender and similar age (age will vary with each program). A household with no children can host a chaperone for 2 weeks to a month.

Being a 4-H international host family is fun, rewarding, and educational. You welcome the delegate into your home and treat the young person like one of the family. The delegate will join in everyday activities, help with chores, and otherwise fit in as a brother, sister, son, or daughter. No special activities need to be planned, although many families enjoy trips to local attractions and landmarks. Host families appreciate the chance to develop friendships which reach around the world.

The California 4-H Program provides an educational experience for youth to develop positive cross-cultural attitudes and communication skills. The program encourages lifelong friendships and mutual understanding. Through this experience, families often find they are drawn closer together and see their lives in a whole new perspective. They find that the project not only teaches them to see another way of life, but also to understand and appreciate their own.

For more information contact Pat English at [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu) or 530-754-8520 or your County 4-H office.

