



LATE DISTRIBUTION

DATE 8/26/14 #3

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Agenda Item 3, 8-26-14 \$60,000 Swimming Pool Money

1 message

Joe Harn <joe.harn@edcgov.us>

Tue, Aug 26, 2014 at 8:59 AM

To: The BOSFIVE <bosfive@edcgov.us>, The BOSFOUR <bosfour@edcgov.us>, The BOSONE <bosone@edcgov.us>, The BOSTHREE <bosthree@edcgov.us>, Theresa Daly <theresa.daly@edcgov.us>, Jim Mitrisin <jim.mitrisin@edcgov.us>, Laura Schwartz <laura.schwartz@edcgov.us>

I would like this item to be continued until after the budget hearings.

Joe Harn
Auditor-Controller
El Dorado County

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AQUATICS/TOT/YOUTH ACTIVITIES

Pool Schedule

Beginning August 11 until September 14; may extend weekends if staffing and demand allows

Public Swim

M-F 4-8P/**
 Sat & Sun 1-5P and
 Monday Sept 2 – Labor Day 1-5P
 *Shallow area will be closed Tuesday and Thursday from 6:30 to 7:15P for water exercise classes in August and September. No access during this time.
 ** Beginning August 13 – six lanes will be used during public swim for Aquasol for swim practice.

Admission Fees:

| | |
|--------------|--------|
| 2yrs & under | Free** |
| Youth (3-17) | \$4.00 |
| Adult (18+) | \$5.00 |
| Senior (62+) | \$4.00 |

**With adult admission
 All persons must pay to enter the pool area. Children under the age of 11 must be accompanied by a paying adult.

Lap Swim

Beginning August 11 till August 29:
 Open to all swimmers 16 years and older. A pace clock will be on deck.
 M-F 7-10A**
 Depending on usage time may change to 8:30-10:30A Tuesday, Wednesday and Thursday only
 Drop in Fee: \$4 per visit
 Ten punch pass card: \$35
 **lap swim hours subject to change.

NEW! Last Chance Swim Lessons

One week swim lessons offered (four classes – 4 student max per class)
Session 1 – August 25-29 (Monday – Thursday)
 420201.09 Guppy – ages 3-5 3-3:25P
 420204.09 Starfish – ages 5 + 3-3:25P
 420205.09 Seahorse – ages 5 + 3:30-3:55P
 420206.09 Seals – ages 5 + 3:30-3:55P
Session 2 – September 2-5 (Tuesday – Friday)
 420201.10 Turtle – 6mo - 36mo 3-3:25P
 420201.10 Guppy – ages 3-5 3-3:25P
 420207.10 Stingray – ages 7 + 3:30-3:55P
 420205.10 Seahorse – ages 5 + 3:30-3:55P
Session 3 – September 8-11 (Monday – Thursday)
 420201.11 Guppy – ages 3-5 3-3:25P
 420204.11 Starfish - ages 5 + 3-3:25P
 420205.11 Seahorse – ages 5 + 3:30-3:55P
 420206.11 Seals – ages 5 + 3:30-3:55P
 Location: Community Pool
 Fee: \$30/\$25 with CP resident discount

NEW! Junior Swim Fit

Conditioning class designed to keep kids fit. Good cross training for all athletes. Focus on technique, skill building and Fun!
 220103.08 M/W 9/3-9/29 3-4P
 220103.09 M/W 10/1-10/29 3-4P
 Location: Pool - Community Center
 Fee: \$54/\$48 with CP resident discount
 Instructor: Susie Keema



Water Exercise

14 +
 Come and join us for an enjoyable total body workout. We are offering a variety of classes, so get in the water and tone-up and get fit! It's easy to do and lots of fun. These classes are great for all ages. Drop in and try a class or purchase a punch card.
Water Aerobics – T/TH 9-9:55A
Water Aerobics – T/TH 6:30-7:15P
 A variety of techniques done on land such as jogging, kicking, jumping jacks, etc, but in the water. The water will provide added resistance to your work out.

Aqua Zumba

M/W/F 9-9:55A (no class 8/13-8/18)
 Just add water and shake! Splash your way into shape with an invigorating low-impact aquatic exercise. Known as the Zumba "Pool Party" the aquatic Zumba program gives new meaning to the idea of a refreshing workout. This workout is cardio-conditioning, body toning, and the most of all exhilarating beyond belief!
 Location: Cameron Park Community Pool
 Fee: \$6 drop-in or \$50 - 10 punch card
 Instructors: Lynn McCarty and Jan Lowry

Water Aerobics classes may continue in September

Dance

Baby Ballet

(Ages 1 - 3)
 Students will learn the basic moves in all types of dance. Props to create the right moves will be used and we will learn a small dance at the end of the six week session (bring your cameras, the pictures are a true treasure). Pink ballet slippers and black leotards. No big skirts or costumes at class. Hair should be tightly secured.
 120622-08 F 8/15-9/19 10-10:30A
 120622-09 F 9/26-10/31 10-10:30A
 120622-11 F 11/07-12/19* 10-10:30A
 *No class 11/28/2014
 Location: Dance Studio - Community Center
 Fee: \$65/\$60 with CP resident discount
 Instructor: Come Dance with Me

Pre Ballet/Tap

(Ages 3 - 5)
 Children learn proper ballet etiquette, technique and terminology in a fun, high energy, and age appropriate setting. The last portion of each class will be featured as an intro to tap dance- a fun percussive dance. Ballet attire is required- black leotard, pink tights, ballet shoes and hair up (Out of face).
 Shoes Available for purchase. Tap shoes not required but highly recommended.
 120608-08 F 8/15-9/19 10:30-11:15A
 120608-09 F 9/26-10/31 10:30-11:15A
 120608-11 F 11/07-12/19* 10:30-11:15A
 *No class 11/28/2014
 Location: Dance Studio - Community Center
 Fee: \$65/\$60 with CP resident discount
 Instructor: Come Dance with Me

NEW! Children's Beginning Hula

(Ages 5-7)
 Aloha - beginning Hula. This class is for children who want to learn the basics of Hawaiian Dance and how to tell the stories of each song and dance with their eyes, hands and body language. Great for a little education on the language too. "Aloha, Mahalo, Kaholo, Ami" and much more...
 Bring a "wrap around" for the hips (sarong)
 120618-09 Tu 9/9-9/30 5-5:45P
 120618-10 Tu 10/7-10/28 5-5:45P
 120618-11 Tu 11/4-11/25 5-5:45P
 Location: Dance Studio - Community Center
 Fee: \$45/\$40 with CP resident discount
 Instructor: Rosalie Stearns



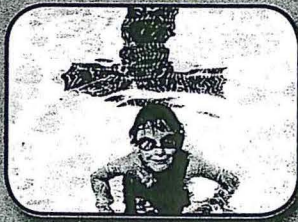
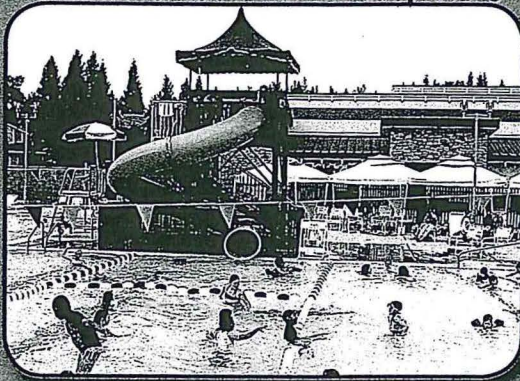
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m. Cahill BOS 8/26/14

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2014 Aquatics

For more information call
530-677-2231 or visit
cameronpark.org



- Swim Lessons
- Water Exercise
- Pool Parties

- Private Swim
- Public Swim
- And More!

Cameron Park Community Center

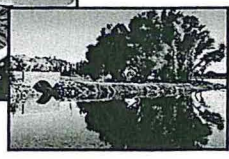
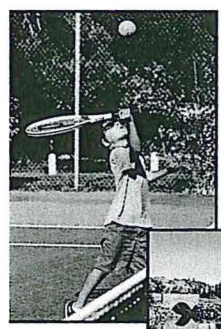
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