



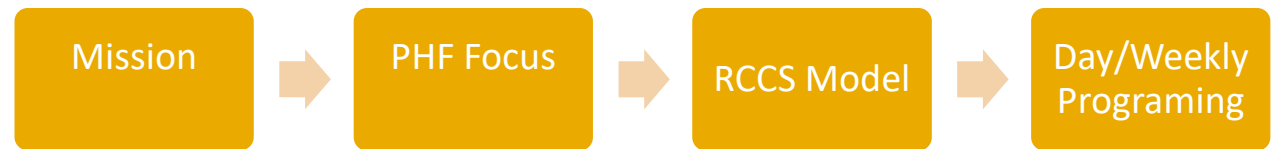
Behavioral Health Council Presentation

June 19, 2024

Jared Nyagol, Administrator

Dr. Laura Kenkel, MD Psychiatrist

Agenda



A woman wearing a red wide-brimmed hat, sunglasses, and a red t-shirt with a graphic and the text "Annual Picnic 2017" is holding a colorful beach ball. She is smiling and looking towards a person in a wheelchair. The person in the wheelchair is wearing a blue shirt and a black protective helmet, and has their hands raised to catch the ball. They are on a grassy field with trees and a building in the background.

Telecare's Mission

Deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes, and dreams.

The Focus of Our El Dorado PHF Work

- Telecare has been devoted to the **recovery of individuals who are most in need, those with complex behavioral health challenges. We have been part of the Placerville community at El Dorado PHF since 2015.**
- We provide intensive mental health and psychiatric treatment services in a safe welcoming environment for adults experiencing a mental health emergency. We believe that recovery is a deeply personal experience.
- Our secure 16-bed facility has a multidisciplinary team that includes a psychiatrist, social workers, a rehabilitation therapist, registered nurses, recovery specialists, food services staff and peer support specialists.
- We are uniquely qualified to deliver successful results for the clients and communities we serve because of our **comprehensive array of inpatient programing**, our **diverse professional workforce** of employees, our **recovery-centered clinical system**, and our **track record of doing whatever it takes to support a patients recovery journey during their time with us.**

Recovery-Centered Clinical System (RCCS)

- Staff are trained in **Telecare's Recovery Centered Clinical System (RCCS)**, including the Recovery Conversations that encompass five components: identity, hope, choice, harm, and connection.
- Telecare's RCCS provides services that **awaken each individual's hopes** and dreams for a life worth living, while teaching skills that lead to self-control and self-responsibility.
- The RCCS incorporates **evidence-based and best practices**, including Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Motivational Interviewing, Harm Reduction and Trauma Informed Care.

Daily Programming-Services & Supports

Services are provided directly by our staff; these include but are not limited to:

- Collaborative treatment planning with a recovery focus incorporating Person-centered and Trauma informed approach
- Comprehensive evaluation and risk assessment
- Daily Groups- Community council, Recreational therapy, medication support and education, coping, substance abuse, crisis planning etc.
- Nutrition- Integrated patient involvement in choices and options
- Supportive counseling on a group and Individual basis
- Discharge planning, including linkage with community services and support

Daily Programming-Services & Supports

Typical Day

- 6:15 AM: Breakfast
- 8:30 AM: Community Meeting
- 9:45 AM: Morning Group
- 10:30 AM: Morning Recreation
- 11:30 AM: Lunch
- 1:00 PM: Afternoon Group
- 3:00 PM: Rehab Therapist Group
- 4:30 PM: Dinner
- 5:00 PM: Wrap-up Group

Current Initiatives

- **Telecare's CHEI Commitment:**

- Telecare Corporation is committed to advancing cultural diversity, humility, equity, and inclusion (CHEI) at El Dorado PHF.
- We lead with our deepest values to **advocate for change on a broader scale** — and **transform our own system of care to reduce inequities and healthcare disparities** while increasing our accountability, transparency, and inclusiveness.
- We are committed to **ensuring all diverse groups** — including all races and ethnicities, all expressions of gender identity and sexual orientation, religion, and members of any protected group — **feel supported, valued, and have a sense of belonging within Telecare PHF.**
- **Restraint Elimination:** We respect the rights and dignity of each patient and continue to create a physical, social, and cultural environment in which the use of restraints is an exceptional event and not a routine response to a certain behavior at the El Dorado PHF.



Questions

- Hours of Operation
24 hours-Day, 7-days-a week

Thank you!

Contact Information

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