

County of El Dorado

See meeting locations below

Minutes - Final Behavioral Health Commission

Norma Santiago, Chair- Term Expiration 10/26/2024
Dr. Richard Lynn, Vice Chair - Term Expiration 11/16/2024
Wendy Thomas, Board of Supervisors Representative, Vice
Chair - Term Expiration 01/01/2024
Lauryn Sumimoto, Secretary - Term Expiration 04/12/2025
Debra Thornburgh, Commissioner - Term Expiration 12/07/2024
Dr. Stephen Clavere, Commissioner - Term Expiration
01/01/2026

Kathryn Hamilton, Commissioner - Term Expiration 08/11/2024 John Taylor, Commissioner - Term Expiration 1/1/2026 James Abram, Commissioner - Term Expiration 8/15/2026 Vacant (7), Commissioner

Wednesday, September 20, 2023

5:00 PM

Meeting Locations (in person and connected via tele/video-conferencing):
• 330 Fair Lane, Bldg. A, Placerville, CA

 Mental Health Office, 1900 Lake Tahoe Blvd., Suite 103, South Lake Tahoe, CA

https://edcgov-us.zoom.us/j/88921058905

5:00 P.M. CALLED TO ORDER AND ROLL CALL

Note: Commissioner Hamilton arrived at 5:02 P.M., after roll call.

Present: 7 - Debra Thornburgh, Richard Lynn, Norma Santiago, Lauryn Sumimoto, John Taylor,

Stephen Clavere and James Abram

Absent: 2 - Kathryn Hamilton and Wendy Thomas

ADOPTION OF THE AGENDA AND APPROVAL OF CONSENT CALENDAR

The Commission may make any necessary additions, deletions or corrections to the agenda including moving items to or from the Consent Calendar and adopt the agenda and the Consent Calendar with one single vote. A Commission member may request an item be removed from the Consent Calendar for discussion and separate action. At the appropriate time as called by the Commission Chair, members of the public may make a comment on matters on the Consent Calendar prior to Commission action.

NO COMMISSIONER COMMENTS. NO PUBLIC COMMENTS.

Yes: 8 - Kathryn Hamilton, Debra Thornburgh, Richard Lynn, Norma Santiago, Lauryn Sumimoto, John Taylor, Stephen Clavere and James Abram

Absent: 1 - Wendy Thomas

CONSENT CALENDAR

1.	<u>23-1781</u>	Commission Chair recommends the Behavioral Health Commission to approve the minutes from the July 19, 2023, regular meeting of the Behavioral Health Commission
2.	23-1782	Commission Chair recommends the Behavioral Health Commission to approve the minutes from the August 16, 2023, regular meeting of the Behavioral Health Commission
3.	<u>23-1783</u>	In accordance with AB 2449 (2022) Commission Chair accepts any commissioner request to participate remotely according to Just Cause or Emergency Circumstances allowances pursuant to Title 5 Government Code, Division 2, Part 1, Chapter 9, 54953(f)(2) and take action on any requests

Commission Chair recommends the appointment of Brynn Barton as a full

member of the El Dorado County Behavioral Health Commission (5

END OF CONSENT CALENDAR

23-1784

PUBLIC COMMENT (ITEMS NOT ON AGENDA)

made.

minutes)

23-1785 Presentation by Substance Use Disorder (SUD) Staff on National Recovery Month (15 minutes)

Commissioner Lynn: Asks if the 24/7 800 number is contracted out.

Shaun O'Malley, Supervising Health Education Coordinator: Yes, after-hours call center receives calls. If caller states cannot wait until next day to talk to someone, call is transferred to one of our SUD Health Educators or Clinicians.

Commissioner Abram: Asks what MAT stands for?

Shaun O'Malley, Supervising Health Education Coordinator: Medically Assisted Treatment.

Commissioner Abram: How is referenced monitoring done?

Shaun O'Malley, Supervising Health Education Coordinator: Provided overview of annual and quarterly monitoring.

Commissioner Abram: How often -while the client is being served-does monitoring occur -as process progresses, to ensure things are happening as planned?

Shaun O'Malley, Supervising Health Education Coordinator: Provided overview of monitoring; majority of people are regularly monitored by care coordinators because they are also on County caseload -along with being in treatment with a contracted provider.

Commissioner Abram: Which provider on list provides residential treatment?

Shaun O'Malley, Supervising Health Education Coordinator: Space Health and Granite Wellness are two withdrawal management and residential treatment providers.

Commissioner Abram: And who provides intensive outpatient services?

Shaun O'Malley, Supervising Health Education Coordinator: Recovery Medical Group -which is an all-telehealth outpatient provider, and Recovery in Action. Also the county- West Slope and South Lake Tahoe sites are outpatient sites.

Commissioner Abram: Is the MOU with Marshall Hospital brand new?

Shaun O'Malley, Supervising Health Education Coordinator: It is two-months old.

Commissioner Abram: When someone comes into [Marshall Hospital] under the influence, then they make a referral to you?

Shaun O'Malley, Supervising Health Education Coordinator: Previously a referral would be made from the Emergency Department to a Substance Use Navigator, and then a referral would be made to us to do the assessment. With the new MOU, the County -as the quality assurance body- now credentials and trains Substance Use Navigators so they can make the assessment.

Commissioner Abram: What is the time frame from the initial evaluation to actual placement in a program with a service provider.

Shaun O'Malley, Supervising Health Education Coordinator: Looking at new data, approximately 14-days. If not for resident provider wait lists, would be much quicker.

Commissioner Sumimoto: Will there continue to be a student representative role in the tobacco use prevention education program.

Shaun O'Malley, Supervising Health Education Coordinator: Will seek information to provide follow-up on this question.

Commissioner Taylor: Asks if Substance Use Navigators at Marshall are available 24/7?

Shaun O'Malley, Supervising Health Education Coordinator: No, if there is not a Navigator there, they reach out the next day.

Commission Chair Santiago: Are there plans to expand the pilot program you have with Marshal to Barton Hospital?

Shaun O'Malley, Supervising Health Education Coordinator: Substance Use Navigator must be at a minimum certified through one of the certification bodies for substance use counseling -confirms would do the same, enter MOU with Barton if they have someone with a certification to be able to provide assessments. Will follow up to see if Barton has plans to pursue qualification for the program.

Commission Chair Santiago: Requests information about what happens when someone calls in through the hot line, walks in or an assessment is done- to see who it is they would go through that would manage their case in the future, given the list of contract providers we have, and that each of them have a specific focus.

Shaun O'Malley, Supervising Health Education Coordinator: Provided overview of process.

Commissioner Abram: Does DMC ODS completely fund all the SUD service providers?

Nicole Ebrahimi-Nuyken, Director of Behavioral Health: DMC ODS funds the majority, and 2011 Realignment is used for the non-federal match.

Commissioner Hamilton: Is the prenatal services for 18 and over or for youth? Tracking by age groups?

Shaun O'Malley, Supervising Health Education Coordinator: Perinatal services for both youth and adult. We do not have a contracts youth perinatal residential provider unlike with adult services. Data is tracked, however all perinatal services in the last couple years have been adults.

Commissioner Clavere: Requests information as a framework for what can be expected, about types of regularly collected SUDS financial and service data,

which can continue to be reported to the Behavioral Health Commission on a regular basis -either in a monthly form or consolidated for a single presentation-to support their oversight of DMC ODS.

Nicole Ebrahimi-Nuyken, Director of Behavioral Health: Proposes BH staff use the next month to review and propose to the Commission as to what is realistic in bringing data back.

Commissioner Clavere: Agrees.

NO PUBLIC COMMENT.

6. 23-1786 Presentation by SUD Staff to provide update on Department of Health Care Services (DHCS) Audit and Corrective Action Plan (CAP) (15 minutes)

PUBLIC COMMENT:

Debra Reischel-Cree: When is the June 2023 monitoring released for view?

Shaun: Waiting on finalized Corrective Action Plan. Do not believe information gets posted, but can find out.

Debra Reischel-Cree: Statistics released in the findings?

Shaun O'Malley, Supervising Health Education Coordinator: DHCS releases it to us, I do not know if they release it for public. The Commission has access to both reports by clicking on it on slide 13, but I do not know if it is released to the public.

7. 23-1787 Discussion regarding Mental Health Services Act (MHSA) Reform and Senate Bill 326 (Eggman) (15 minutes)

General discussion of Mental Health Services Act (MHSA) Reform and Senate Bill 326, which proposes expansive changes to MHSA and beyond. It is anticipated to be signed by the Governor, and going to vote in March of 2024 -with first initial changes being seen as early as July 1, 2024, and more extensive changes by January 1, 2025.

8. 23-1788 Presentation by Division Staff: Consumer testimonial or lived experience (5 minutes)

Item continued to next month, as testimonial was not available.

23-1789 Review/Discussion/Questions of Behavioral Health Director's Report (10 minutes)

Commissioner Abram: What are the reasons for the out of county placements instead of the PHF?

Chris Kernes, Deputy Director of Behavioral Health: Reviewed various reasons an individual adult may not be admitted to the PHF.

Commissioner Abram: Comments average numbers for facility admissions are showing below our capacity. Asks about CIT/5150 training at EDSO.

Nicole Ebrahimi-Nuyken, Director of Behavioral Health: Requests joint operation information to be discussed at November meeting with EDSO present.

Commissioner Taylor: Requests report to reflect PHF bed capacity.

Nicole Ebrahimi-Nuyken, Director of Behavioral Health: 16-beds, yes- we can include that.

Hamilton: Page 13, Correction: "Groups offered in April" should be "Groups offered in August".

Clavere: Asks why Sierra Child and Family Services is closing their El Dorado Hills office.

Barry Harwell: Financial uncertainty with CalAIM funding.

COMMISSIONER COMMENT

Commissioner Hamilton: Suggests consideration for Alternate Commissioners.

Commissioner Lynn: Supports for limiting Commission meetings to 1.5-hours.

Commissioner Santiago: October meeting will have presentation from EDCOE, seeks Commissioner feedback for topic idea.

Commissioner Hamilton: Supports EDCOE presentation agenda topic.

Commissioner Abram: Supports Commission meetings running up to two hours.

Commissioner Clavere: Supports Commission meetings running however long it takes to get the job done.

Commission Chair Santiago: Wants meetings to be fruitful, informative, interactive, and for Commissioners to learn a lot and be excited about being on the Commission.

Commissioner Taylor: Requests future topic on bringing in patients from other counties and sending out patients on the 5150, as brought up a few months ago.

NEXT BEHAVIORAL HEALTH COMMISSION MEETING DATE: October 18, 2023

ADJOURNED AT 6:43 P.M.