

Clubhouse working group, June 2022

Clubhouse El Dorado

A community of opportunity, hope and new beginnings.

What is a Clubhouse?

The Clubhouse Model of Psychosocial Rehabilitation is...

primarily a supportive community of people sharing work and purpose, and creating opportunities for individual growth and development for people with serious mental illness.



Clubhouse El Dorado is based on the Clubhouse International model and standards, a validated, proven, successful program.

Our Vision:

Clubhouse El Dorado, located in El Dorado county, will be a working community for people experiencing mental health challenges, where opportunities for skill development, friendship, and employment are the means by which members pursue their health, dreams, and goals.



Mental Illness In our County

- *the estimated prevalence of serious mental illness is 5.6%, or 10,808 of our neighbors*
- *40%, or about 4,320, do not receive treatment.*
- *25% of people with mental illness have been arrested at some point in their lifetime.*
- *40% of adults in jail or prison have a history of mental illness.*
- *70% of youth in the juvenile justice system have a mental health condition.*
- *Societal costs for untreated mental illness (hospitalization, emergency calls, police involvement, court system involvement, overload on the behavioral health system) outweigh the costs of constructive solutions.*

Why is a Clubhouse needed?

Impacts of Mental Illness:

- *education interrupted*
- *work /career plans interrupted*
- *relationships damaged / lost*
- *obstacles to obtaining effective treatment*
- *substance abuse / legal issues*
- *family caregivers burn out*

A Clubhouse can be a constructive outlet, where members find social interaction, engaging activities, means of self-expression, and feeling valued for their unique skills, talents, and interests.



The Startup Team:

Diane Rabinowitz, National Alliance on Mental Illness El Dorado County

Frank Porter, Housing El Dorado

Gary Romanko, EDC Probation Department

James Reed, PhD, NAMI EDC

Steven Meadows, Chef Assistant

Scott Richmond, California Retired Disabled Workers

Jan Melnicoe, NAMI EDC

Michael Boyd, EDC Probation Department

Lesly VanSloten, EDC Department of Behavioral Health

Scott Fisher, EDC Department of Behavioral Health

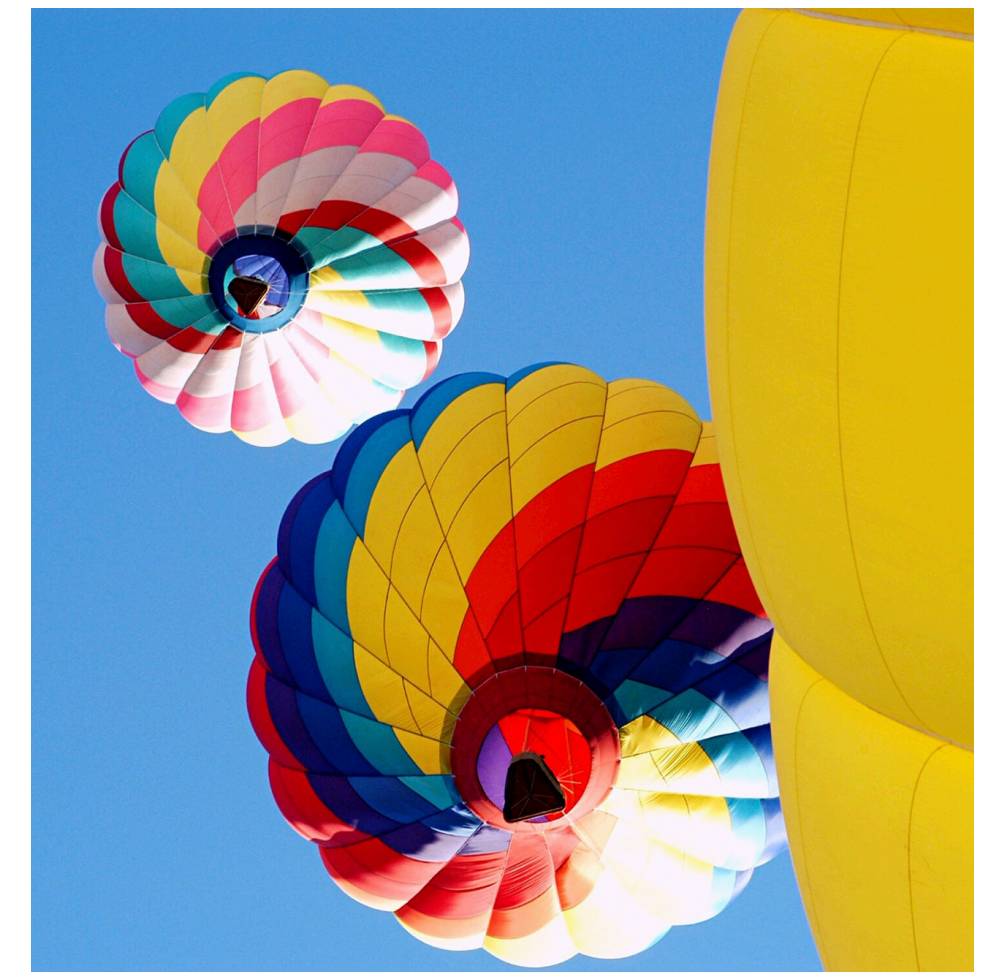
Sharon O'Sullivan, CA Department of Rehabilitation, Placerville

Kimberly Geddes, CA Department of Rehabilitation, Auburn

Michael Boyd, EDC Probation Department

Colleen Black, Placer Independent Resource Services

Aerius Franklin, Placer Independent Resource Services



How is a Clubhouse structured?

Meaningful Work

- Daily activities are organized around a structured schedule known as the **Work-Ordered-Day**.
- The Work-Ordered-Day in a Clubhouse **parallels typical business hours**. Usually 8 hours.
- Members and staff work **side-by-side** to do the work.
- **Members volunteer** to do as much or as little work as they feel ready to do.



What types of work make up the “work-ordered day?”

- Food Prep
- Administration
- Public Relations
- Outreach
- Accessing Community Support Services
- Resuming Education
- Program Planning



Supported Employment

Three types of employment

- Supported employment
- Transitional
- Independent

All Clubhouse employment is at the employer's place of business and pays the prevailing wage for the required work.



What have we accomplished so far?

- Completed two-day Startup training with Clubhouse International
- 2 visits to our Mentor Clubhouse in Contra Costa County
- Explored potential locations, one co-locating with one of our partners PIRS (Placer Independent Resource Services)
- Completed a Draft Budget
- Identified two potential program directors with prior Clubhouse experience who are interested in our project



Our to-do list:

- Interview potential Program Directors
- Public Outreach Campaign
- Develop a formal board
- Form working committees
- Website Development
- Obtain Startup Funds
- Formalize relationship with umbrella Nonprofit (NAMI)



How you can help

Help us build a thriving community organization:

- Invite us to speak at your organizational meeting
- Offer employment to members
- Join our Startup Group —> Board
- Donate funds or supplies
- Network



If you'd like to help

contact us at:

DianeR@namieladoradocounty.org

or

fspsm520@gmail.com

