



County of El Dorado

Area Agency on Aging
937 Spring Street
Placerville, CA 95667
530-642-4833

Minutes - Draft Commission on Aging

See Below for Meeting
Location

Bob Kamrath, Chair, Community Representative
Steven Shervey, Vice Chair, City of Placerville
Raelene Nunn, Member, District I
Linda Grimoldi, Member, District II
Roger Berger, Member, District III
Lisbeth Powell, Member, District IV
Loreen Sanchez, Member, District V
Scott Coffin, Member at Large
Keith Roberts, City of South Lake Tahoe
Tita Bladen, Community Representative
Jim Wassner, Community Representative
Raymond Wyatt, Community Representative
Joan Fuquay, Community Representative
Gail Lohmann, Community Representative

Thursday, November 21, 2024

9:30 AM

<https://edcgov-us.zoom.us/j/84783100062>

330 Fair Lane - Conference Room D, Placerville, CA

PUBLIC PARTICIPATION INSTRUCTIONS: The Commission meeting room will be open to the public. The meeting will be live-streamed via Zoom. By participating in this meeting, you acknowledge that you are being recorded.

Members of the public may address the Commission in-person or via Zoom to make a public comment. The public should call into 530-621-7603 or 530-621-7610. The Meeting ID is 84783100062. Please note you will not be able to join the live-stream until the posted meeting start time. To observe the live stream of the Commission meeting go to <https://edcgov-us.zoom.us/j/84783100062>.

If you are joining the meeting via zoom and wish to make a comment on an item, press the "raise hand" button. If you are joining the meeting by phone, press *9 to indicate a desire to make a comment. Speakers will be limited to 3 minutes.

Although the County strives to offer remote participation, be advised that remote Zoom participation is provided for convenience only. In the event of a technological malfunction, the only assurance of live comments being received by the Commission is to attend in person. Except for a noticed teleconference meeting, the Commission reserves the right to conduct the meeting without remote access if there is a malfunction.

If you choose not to observe the Commission meeting but wish to make a comment on a specific agenda item, please submit your comment in writing. You are encouraged to submit your comment in writing by 4:00 PM on the day before the meeting to ensure the Commission has adequate time to review. Please submit your comment to the Clerk of the Board at edc.cob@edcgov.us. Your comment will be placed into the record and forwarded to Commission members.

PROTOCOLS FOR PUBLIC COMMENT

Public comment will be received at designated periods as called by the Commission Chair.

Individuals will have three minutes to address the Commission. Except with the consent of the Commission, individuals shall be allowed to speak to an item only once.

It is the intent of the Commission to have additional flexibility depending upon the nature of the issue. Individual Commission members may ask clarifying questions but will not engage in substantive dialogue with persons providing input to the Commission.

If a person providing input to the Commission creates a disruption by refusing to follow Commission guidelines, the Commission Chair may take the following actions:

Step 1. Request the person adhere to Commission guidelines. If the person refuses, the Commission Chair may turn off the speaker's microphone.

Step 2. If the disruption continues, the Commission Chair may order a recess of the Commission meeting.

Step 3. If the disruption continues, the Commission Chair may order the removal of the person from the Commission meeting.

A. CALL TO ORDER/SALUTE TO THE FLAG/ROLL CALL

The meeting was called to order at 9:35am with a quorum present.

Present: 11 - Commissioner Grimoldi, Commissioner Nunn, Commissioner Shervey, Commissioner Bladen, Commissioner Wassner, Commissioner Wyatt, Commissioner Kamrath, Commissioner Berger, Commissioner Fuquay, Commissioner Sanchez and Commissioner Lohmann

Absent: 2 - Commissioner Powell and Commissioner Coffin

B. ADOPTION OF THE AGENDA AND APPROVAL OF CONSENT CALENDAR

A motion was made by Raelene Nunn and seconded by Loreen Sanchez to approve the Consent Calendar. The motion was approved

Yes: 11 - Commissioner Grimoldi, Commissioner Nunn, Commissioner Shervey, Commissioner Bladen, Commissioner Wassner, Commissioner Wyatt, Commissioner Kamrath, Commissioner Berger, Commissioner Fuquay, Commissioner Sanchez and Commissioner Lohmann

Absent: 2 - Commissioner Powell and Commissioner Coffin

CONSENT CALENDAR

[24-2043](#) The Commission on Aging to review and approve the October 17, 2024 Commission on Aging Minutes.

Attachments: [COA Minutes - October 2024](#)

END CONSENT CALENDAR

C. CHAIRPERSON'S REPORT

Bob Kamrath provided the Chairperson's report. The Commission held a moment of silence to honor Supervisor John Hidahl for his support in the community.

D. GUEST SPEAKER - JOHN THOMAS, CERTIFIED TRAINER OF OLDER ADULTS

John Thomas provided a PowerPoint presentation highlighting the benefits of exercise for older adults and reviewed the common issues experienced by older adults. John also included strength training exercises and highlighted areas that are needed in everyday life such as picking up things and standing up, pulling, pushing/reaching, balancing, and carrying.

E. AAA DIRECTOR'S REPORT, QUESTIONS, AND ANSWERS

Yvette Wencke was unable to attend the meeting due to a conflicting meeting with C4A and the California Department of Aging.

Jordan Brushia provided the report for Yvette. The AAA is actively recruiting for Senior Nutrition and The Clubs Older Adult Day Services. The Supervisor for The Club in El Dorado Hills has transferred to another position and Yvette will be providing support at the El Dorado Hills site until another Supervisor is hired.

Jordan also provided an update on the Fall Prevention Program which ended on September 30, 2024. This program is being rolled into an Aging-in-Place program. Community Services Block Grant (CSBG) is being utilized to provide Transportation/Assisted Transportation to low-income individuals. Due to the expiration of additional funding grants, the FCSP respite budget has substantially been reduced and will limit the number of hours available to caregivers. A mini-series held in January. I&A continues to meet with clients on Thursdays at the Tahoe Senior Center.

F. HHSA MANAGEMENT REPORT

No report was given.

G. COMMITTEE REPORTS

Executive Committee - Bob Kamrath

No report given.

Policy & Legislation Committee - Raelene Nunn/Tita Bladen

Raelene Nunn and Tita Bladen provided the report. The CSL is searching for legislators to sponsor and support the CSL's proposals.

H. AD HOC COMMITTEES

Outreach and Education Team - Raelene Nunn

Raelene Nunn provided the report. The El Dorado Hills Trunk or Treat was the last outreach event for 2024. Tita and Raelene felt they made some good contacts and were able to provide needed information to families.

South Lake Tahoe - Loreen Sanchez & Keith Roberts

Loreen Sanchez provided the report. A very productive informational meeting was recently held at the Tahoe Senior Center.

Membership Committee - Steve Shervey

Steve Shervey reported that Keith Roberts was elected to the South Lake Tahoe City Council and has resigned from the Commission. The City of South Lake Tahoe will appoint a new Commissioner.

Community Action Council - Rebecca Johnson

No report was given.

Aging Independently - Steve Shervey/Ray Wyatt

No report was given.

TACC Report - Tita Bladen

Tita Bladen attended the TACC meeting in November. The Master Plan on Aging was discussed.

Housing for Seniors - Jim Wassner

Jim Wassner provided the report. The Affordable Housing Task Force is looking at adding affordable housing to new housing developments. Housing El Dorado has a program to assist seniors to make upgrades that will keep them in their mobile home.

I. UNFINISHED BUSINESS

1. Update on Progress of the COA Annual Monitoring of Senior Programs

A few Commissioners have not completed their monitoring visits and reports.

[24-2044](#)

The Commission on Aging will receive an update on the Annual Monitoring of the Senior Programs.

J. NEW BUSINESS

1. Election of the 2025 COA Chair and Vice Chair

Joan Fuquay was elected as Chair for 2025 and Ray Wyatt was elected as Vice Chair.

[24-2045](#)

Election of the 2025 Commission on Aging Chair and Vice Chair positions. The Nominating Committee will present the Slate of Nominees. Nominees may also be taken from the Floor.

K. OPEN FORUM

Open Forum is an opportunity for members of the public to address the Commission on subject matter that is not on their meeting agenda and within their jurisdiction. Public comments during Open Forum are limited to three minutes per person. The Commission Chair may limit public comment during Open Forum.

L. TOPICS FOR NEXT MEETING/ACTION ITEMS

M. ADJOURN

The meeting adjourned at 12:00pm. The next meeting will be on January 16, 2025 at the EDC Government Center, Conference Room D, 330 Fair Lane, Placerville.

Next Meeting: January 16, 2025 EDC Government Center, Conference Room D