

Car-lite October

31 ways in 31 Days

to

Let it Go!

1. Park and Walk
2. Park and Ride
3. Park and Bike
4. Just walk
5. Just bike
6. Ride a horse
7. Telecommute
8. Ride Bike to Transit
9. Take Transit
10. Stay In
11. Stay local
12. Carpool with a friend
13. Combine trips
14. Combine errands
15. Combine office errands
16. Pick up Lunch for a Co-worker
17. Brown bag it
18. Conference in or simply call-in
19. Look for carpooling opportunities to off-site meetings
20. Walk or bike to the store
21. Walk or bike to pick up your mail
22. Walk from store-to-store within a shopping center
23. Walk your garbage cans up the driveway
24. Walk your neighbor's garbage cans back up the driveway
25. Make it a weekend thing
26. Walk in to avoid fast food drive thru's
27. Complete errands online
28. Map your trip
29. Skip the gym – exercise outdoors
30. Skip the gym – ride your bike
31. Commit to 1 car-free day a week