

MENTAL HEALTH TASK FORCE MEETING

November 24, 2009 1:00 pm

Mental Health Clinic

1900 Lake Tahoe Blvd. South Lake Tahoe

Attendees: Bernadette Woodford Reyes, Carla Calkin, Jackie Norlie

Topics to be discussed:

What is working at Mental Health?

What worked in the past that we no longer have?

What types of services would you like to see at Mental Health?

Are there times or types of groups that you feel would work better?

Bernadette was the only consumer in attendance but she recently spoke with many others in the Mental Health community & brought a list of their comments

- 1) The clients appreciate staff that care
- 2) The groups Amy conducted worked. This was a process group where clients could mention what was on their mind but could pass if they didn't wish to speak.
- 3) They would like to have more education about diagnosis & disorders (psycho-education)
- 4) No funding for transition housing is a concern. There is no safety net for people without income resources.
- 5) It would be nice for clients to receive bus tokens to get to group.
- 6) Of concern is individual time with case workers is very rare.
- 7) The clients miss the monthly Community meetings. They enjoyed getting awards & the raffle prizes.
- 8) They really miss the Day Rehab program.
- 9) The clients are anxious for the Wellness Center to get going. Many of the clients are bored.
- 10) Having a choice of groups & programs is ideal.
- 11) Client outings are important & fun.
- 12) Community integration (outside activities) after hours would be good.
- 13) Address rumors that the Clinic is closing down.
- 14) The Crisis Line needs to be better advertised in the phone book.

Discussion then changed to what could be done to get more clients input for the Task Force in the future.

- 1) Offer to pick up clients so they can attend.
- 2) Post flyers.
- 3) Have the meeting on a Tues. afternoon.
- 4) Put a suggestion box in the lobby.