

How Can I Help?

There are a variety of ways that you can show your support, give donations, or volunteer your time at Tahoe Youth & Family Services.

- Become a Safe Place
- Gifts of goods and services
- Financial contributions
- Shop at our South Lake Tahoe Thrift Shop, *Hope's Closet*
- Volunteer at *Hope's Closet*
- Contributions on behalf of an employee, client, or loved one
- Capital gifts and contributions
- Host a fundraising event or dinner
- Volunteer at our office or Drop In Center

Contact Alissa Nourse at
(775) 782-4202
alissa@tahoeyouth.org



Tahoe Youth & Family Services is supported by:

Administration for Children and Families
AECOM (Formally EDAW, Inc.)
American Century Insurance
Big George Ventures
Borges Carriage & Sleigh Rides
California Governor's Office of Emergency Services
Carson Valley Community Food Closet
Christmas Cheer All Year
Community Foundation of Western Nevada
Douglas County School District
Edgewood Companies (Formally Park Cattle Company)
El Dorado County Health Services Department:
(Mental Health & Public Health Divisions)
El Dorado County Human Services Department
El Dorado County Office of Education
El Dorado Savings Bank
Embassy Suites-Lake Tahoe Hotel & Ski Resort
Family Support Council
Foster Family Services
Heavenly Lake Tahoe-Vail 360°
Kiwanis Club of Tahoe Sierra
Lake Tahoe Gaming Alliance
Lake Tahoe Unified School District
Lake Tahoe South Shore Chamber of Commerce
Mathewson Charitable Lead Trust Two
MontBleu Resort Casino & Spa
National Safe Place
NBC Sports
Partnership of Community Resources
Planned Parenthood Mar Monte
Safeway Foundation
Sierra Pacific Power Company
Soroptimist International of South Lake Tahoe
Soroptimist International of Tahoe Sierra
Southwest Gas Corporation
Substance Abuse Prevention & Treatment Agency (Nevada)
Tahoe Daily Tribune
Tahoe Douglas Rotary
Tahoe Kiwanis Sunrisers
Tahoe Youth & Family Services Board of Directors
The Moore Family Foundation
The Record Courier
United Way of Northern Nevada & the Sierra
V-Day, South Lake Tahoe
And Many More!

"Let's put our minds together and see what life we can make for our children."
- Sitting Bull



T A H O E
YOUTH & FAMILY
S E R V I C E S
A SAFETY NET OF SERVICES FOR YOUTH AND FAMILIES

Contact Us

California Office & Drop In Center

1021 Fremont Ave.
South Lake Tahoe, CA 96150
Tel: (530)-541-2445
Fax: (530)-541-0517

Nevada Office

1422 Mission St.
Gardnerville, NV 89410
Tel: (775)-782-4202
Fax: (775)-782-5055

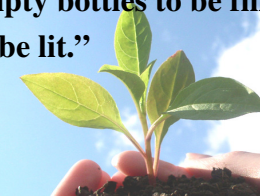
Ranchos Drop In Center

791 Tillman Ln. Unit B
Gardnerville, NV 89460
Tel: (775)-782-4202

www.tahoeyouth.org

"We must view young people not as empty bottles to be filled, but as candles to be lit."

-Robert Shaffer



T A H O E
YOUTH & FAMILY
S E R V I C E S
A SAFETY NET OF SERVICES FOR YOUTH AND FAMILIES

"The tragedy is not that things are broken. The tragedy is that they are not mended again."

- Alan Paton



Contact Us:

California: (530)-541-2445

Nevada: (775)-782-4202

Crisis Line: (800)-870-8937

www.tahoeyouth.org

Tahoe Youth & Family Services is a non-profit organization that has been serving youth and families in the South Lake Tahoe community since 1971 and the Douglas County, Nevada area since 2005.

Our mission is to promote the healthy development of the children, youth, and families of our community by providing counseling, education and support services.

Our primary goal is to provide a safety net of services. We serve families through professional and confidential individual and family counseling, community outreach, mentoring, Project Safe Place, emergency youth shelter, and a 24-hour crisis line.



Two Mentor Programs

Mentors are trained, screened, and matched in a one to one relationship with a youth age 4-18. Our **South Lake Tahoe, CA** Mentor Program helps those youth who have a parent who is incarcerated. Our **Alpine County, CA** Mentoring Program helps *any* youth age 4-18 who needs a mentor. Our goal is to provide these children and their families with connections to community resources and to support them in successful peer and family relationships.



Individual and Family Counseling

Our counselors are trained clinical therapists, serving the 0-18 population. We offer bi-lingual services to address the needs of the Spanish speaking community within Lake Tahoe and Douglas County. Onsite and offsite crisis and transitional counseling, solution focused services and family reunification programs are available.

Play Therapy

Therapists work with young children's social and emotional development as well as resolving early trauma.

Theraplay

The focus is strengthening the attachment and bond between the parent and their young children to promote resiliency and healthy development.

Adolescent Outpatient Drug & Alcohol Services

Our therapists and counselors aid families and youth who are struggling with substance abuse in individual and group settings. The primary goal is prevention and intervention services.

Lifeskills Group

This group covers conflict resolution, drug and alcohol education, family issues, values clarification, choices and consequences.

Adolescent Recovery Group

On-going support and relapse prevention for youths overcoming substance abuse and addiction.

Juvenile Treatment Center Counseling Services

TYFS is pleased to offer one on one and group substance abuse counseling to youth as part of their court ordered recovery program.

Street Outreach Program

Youth and adult teams provide education, outreach and referrals to local youth. The goal is to inform youth about the available resources in the South Lake Tahoe and Douglas communities and how to access them. They also strive to educate youth on issues of teen pregnancy, drugs and alcohol, homelessness, gang involvement and much more.

Drop In/Resource Centers

Located at both **TYFS** addresses on the back of this brochure, our Drop In/Resource Centers offer youth ages 13-24 an opportunity to **"Get Recharged, Get Resources, Get Respect."** We offer tokens for laundry, showers, food, shelter and resources for employment and a variety of other support services.

24-Hour Crisis Line (800)-870-8937

Contact a trained staff member anytime of the day or night to access support and emergency shelter for youth (10-18). Crisis counseling is provided for children, youth and parents.

Safe Place

This nationally acclaimed community collaboration project makes it possible for any youth to access help at various locations including fast food restaurants, convenience stores, fire stations, libraries and city buses which display the Safe Place sign. Safe Place connects youth in crisis or at risk to immediate help and safety and offers supportive services to both youth and their families. Currently, there are over 125 safe places in South Lake Tahoe and Douglas County.



Designed like a boutique, priced like a thrift store!

We carry quality, discounted clothes for babies, toddlers, kids, teens and adults. Special features include a women's collection of Dress for Success pieces, formal wear and a variety of Plus Sizes including great women's business suits. We carry house wares, toys, books and much more! Our merchandise is clean, unique and ready to be cherished again!

Location

In the charming log cabin building, 2277 Lake Tahoe Blvd., next to Enterprise, in front of Keys Cafe.

Store Hours

Mon.-Sat. 10am-6pm
Donation drop offs accepted:
Mon.-Sat. 10am-5:30pm
530-541-TYFS (8937)

Half Off Days Schedule

Monday-Skirts
Tuesday-Women's casual pants & jeans
Wednesday-All sweaters
Thursday-Shoes (Doesn't include boots)
Friday-Books & videotapes
Saturday-Short Sleeved shirts & t-shirts

**All proceeds from Hope's Closet benefit
Tahoe Youth & Family Services**