



Jenkinson Lake, Pollock Pines, CA

EL DORADO COUNTY
MHSA FY 2023/24-2025/26 Three Year Plan
Community Planning Process (CPPP) Action Plan

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Wednesday, October 19, 2022 Behavioral Health Commission: Discussion/approval of the Mental Health Services Act (MHSA) Community Program Planning Process (CPPP) for the FY 23/24 Three Year Plan (15 minutes)

FY 23-26 Three Year Plan Community Planning Process (CPPP) Action Plan

The annual Community Program Planning Process (CPPP) is a required aspect of the MHSA. Expectations are laid out in [Title 9 of the California Code of Regulations \(CCR\) section 3300 \(Appendix A\)](#) and the Welfare and [Institutions Code section 5848 \(Appendix B\)](#).

Action Plan Overview

- ❖ On July 26, 2022 the MHSA Team held its kick off meeting to discuss the FY 23/24 CPPP process.
- ❖ In August, the MHSA Coordinator met with Behavioral Health Managers to discuss potential changes and additions to county operated Projects.
- ❖ Throughout September and October, current providers, several interested providers, and other community collaborators were offered meeting times with the MHSA Coordinator. These meetings were to develop stronger collaborative partnership, better understand the work they are doing, discuss potential changes in the Three Year Plan and clearly communicate the timeline for the rest of the process. In total twenty (22) meetings have been held.
- ❖ CPPP Community meetings have been scheduled as a training tool to help the community better understand what MHSA can do for the community, what is required of the county and the limitations of the funding based on the regulations.
- ❖ A survey was developed and distributed with the CPPP Press Release as one avenue for confirming community support for new projects concepts.

Community Meetings

- ❖ Providers were asked to host CPPP meetings throughout October to December in order to tap into their existing networks. So far seven (7) Provider hosted meetings have been scheduled. And several more are anticipated. Meetings may be in person, virtual or a hybrid format depending on the host provider's preference.
- ❖ Three (3) virtual public meetings hosted by the MHSA Team have been scheduled. Meetings will be webinar format with the option for the community members to access via computer or dial in. The meeting information was distributed via Press Release. *See Outreach Plan for a list of what entities will be sent public meeting information with a request to post and disseminate through their communication avenues.
 - Friday, October 21 at 9:00 am
 - Tuesday, November 8 at 12:30 pm
 - Monday, December 12 at 4:30 pm
 - Supplemental meetings will be scheduled if a need is identified.
- ❖ Topics Presented by Behavioral Health Staff
 - MHSA history and regulations
 - MHSA components (PEI, CSS, INN, WET, CFTN)
 - Newly proposed project concepts
 - Budget considerations
 - Innovation concepts



- There will also be opportunity for questions and answers for items relevant to MHSA and the Three Year Plan development.

Survey

- ❖ Distributed via Press Release. See [Appendix C](#)
- ❖ Seven (7) demographic questions have been developed to better capture the populations that we've been able to reach and analyze if additional outreach is necessary to obtain feedback from alternative community groups.
- ❖ Seven (5) questions are intended to gauge current community perspectives on Behavioral health needs.
- ❖ Two (2) questions were developed to confirm community support of new project concepts.

Timeline

July

- ❖ MHSA Team Kickoff meeting

August

- ❖ MHSA meetings with County Staff providing MHSA services

September

- ❖ MHSA meetings with contracted and perspective providers
- ❖ Innovation concept brainstorming

October

- ❖ Survey questions developed
- ❖ Press Release distributed
- ❖ Innovation "Concept Paper" submitted to MHSOAC
- ❖ Hold CPPP meetings

November

- ❖ Hold CPPP meetings
- ❖ Innovation Project development

December

- ❖ Hold CPPP meetings
- ❖ Begin Drafting Three Year Plan
- ❖ Begin budget analysis



- ❖ Innovation Project development

January

- ❖ Hold CPPP meetings (as necessary)
- ❖ Review Draft with providers
- ❖ Innovation Project development

February

- ❖ Complete Draft Three Year Plan
- ❖ Contract Development

March

- ❖ Draft Three Year Plan posted for 30-days – Next public opportunity for review and feedback

April/May

- ❖ Public Hearing by the Behavioral Health Commission

June

- ❖ Final FY 23-26 Three Year Plan to the Board of Supervisors

July 1

- ❖ Plan implementation

Outreach Plan

A Press Release has been release and has been, or will be, distributed to the following resources as well as any other interested parties identified throughout the process.

Press Release

- ❖ We have worked with Maggie Williams with the Health and Human Services Agency (HHS) Communication Services to develop a Press Release ([Appendix D](#)) to announce the CPPP and public meetings. The Press Release has been distributed to local news outlets, email distribution lists, posted on <https://www.edcgov.us/County%20Press%20Releases>, and other avenues listed below.



Email Distribution Lists

Behavioral Health maintains lists of churches, schools and other interested community members that have been used to communicate the upcoming CPPP meetings and availability of the CPPP survey. Additional points of contacts in these areas have been explored and are listed below.

Social Media

We will communicate with the following groups with existing social media presence in an attempt to have our notice of meetings posted through their resources.

- ❖ [EDC Health & Human Services](#)
- ❖ [El Dorado County Sheriff's Office](#)
- ❖ [El Dorado County, CA – Government](#)
- ❖ [El Dorado County District Attorney](#)
- ❖ [El Dorado County Library \(Placerville\)](#)
- ❖ [Pollock Pines Library](#)
- ❖ [Georgetown Library](#)
- ❖ [South Lake Tahoe Library](#)
- ❖ [El Dorado Hills Library](#)
- ❖ [CAL FIRE Amador-El Dorado Unit](#)
- ❖ [El Dorado County Veterans Alliance](#)
- ❖ [LGBTQA+ El Dorado County](#)
- ❖ [Foothill Indian Education Alliance](#)

Current vendors

Mental Health Services

- ❖ [New Morning Youth and Family Services](#)
- ❖ [Sierra Child and Family Services](#)
- ❖ [Stanford Youth Solutions](#)
- ❖ [Summitview Child and Family Services](#)
- ❖ [Telecare Corporation](#)
- ❖ [Tahoe Coalition for the Homeless](#)
- ❖ [Senior Peer Counseling](#)
- ❖ [Arts and Culture El Dorado](#)
- ❖ [Big Brothers Big Sisters of Northern Sierra](#)
- ❖ [Family Resource Center](#)
- ❖ [Infant Parent Center](#)
- ❖ [Only Kindness](#)
- ❖ [Tahoe Youth and Family Services](#)
- ❖ Foothill Indian Education Alliance



Substance Use Disorder (SUDs) Services

- ❖ [Granite Wellness Centers, Inc.](#)
- ❖ [Aegis](#)
- ❖ [WellSpace](#)
- ❖ [Volunteers of America](#)

Community partners

Advocacy groups

- ❖ [NAMI El Dorado](#)
- ❖ Foster and Kinship Support Group
- ❖ Resource Families and Foster Parent Group
- ❖ [PFLAG](#)
- ❖ [El Dorado County 211](#)
- ❖ [Race Counts El Dorado](#)
- ❖ [Child Advocates of El Dorado County](#)
- ❖ Western Slope Collaborative - aalk@edcoe.org

Hospitals

- ❖ [Marshall Medical Center](#)
- ❖ [Barton Health](#)

Faith Based Organizations

- ❖ [St. Patrick's](#)
- ❖ [Federated Church](#)
- ❖ [Bayside Church](#)
- ❖ [Cold Springs](#)
- ❖ [Vantage Point Church](#)
- ❖ [Green Valley Church](#)
- ❖ [Church of Jesus Christ of Latter-day Saints](#) (Placerville, Camino, El Dorado Hills, Georgetown)
- ❖ [St. Stephen's Lutheran](#)
- ❖ [Holy Trinity](#)
- ❖ River Pines Bible Church

Chamber of commerce

- ❖ [El Dorado County](#)
- ❖ [El Dorado Hills](#)
- ❖ [Tahoe Chamber](#)
- ❖ [Coloma-Lotus Business Council](#)



Schools

- ❖ [Black Oak Mine Unified School District](#), K-12
- ❖ [Buckeye Union School District](#), K-8
- ❖ [Camino Union School District](#), K-8
- ❖ [Charter Alternative Programs](#), K-12
- ❖ [El Dorado County Office of Education](#)
- ❖ [El Dorado Union High School District](#), 9-12
- ❖ [Folsom Lake College and El Dorado Center](#)
- ❖ [Gold Oak Union School District](#), K-8
- ❖ [Gold Trail Union School District](#), K-8
- ❖ [Indian Diggings School District](#), K-8
- ❖ [Lake Tahoe Community College District](#)
- ❖ [Lake Tahoe Unified School District](#), K-12
- ❖ [Latrobe School District](#), K-8
- ❖ [Mother Lode Union School District](#), K-8
- ❖ [Pioneer Union School District](#), K-8
- ❖ [Placerville Union School District](#), K-8
- ❖ [Pollock Pines School District](#), K-8
- ❖ [Rescue Union School District](#), K-8
- ❖ [Silver Fork School District](#), K-8

News outlets

- ❖ [Tahoe Tribune](#)
- ❖ [Georgetown Gazette](#)
- ❖ [Mountain Democrat](#)
- ❖ [La Rancheria](#) (Radio - Placerville)
- ❖ [News 93.1 KFBK](#) (Radio – Pollock Pines)
- ❖ [Wild102.9](#) (Radio – South Lake Tahoe)

Other

- ❖ Tahoe Behavioral Health Network
- ❖ Barton CHS
- ❖ Opiate Coalition
- ❖ [Access El Dorado \(ACCEL\)](#)
- ❖ Community Strengthens

El Dorado County resources

EDC Boards and Commissions

- ❖ [EDC Board of Supervisors](#)
- ❖ [Behavioral Health Commissioners](#)
- ❖ [Commission on Aging](#)
- ❖ [Human Rights Commission](#)



- ❖ [Child Abuse Prevention Council](#)
- ❖ [Commission for Youth and Families](#)
- ❖ [Youth Commission](#)
- ❖ [First 5 El Dorado Children and Families Commission](#)
- ❖ [In-Home Supportive Services \(IHSS\) Advisory Committee](#)
- ❖ [Library Commission](#)
- ❖ [Veteran Affairs Commission](#)

Libraries/HUBS

Other

- ❖ Communications and Outreach Director – Carla Hass

Out of county resources that may include EDC residents:

- ❖ Folsom churches
- ❖ Sac State
- ❖ Capital Public Radio

Appendix A

9 CCR § 3300

§ 3300. Community Program Planning Process.

(a) The County shall provide for a Community Program Planning Process as the basis for developing the Three-Year Program and Expenditure Plans and updates.

(b) To ensure that the Community Program Planning Process is adequately staffed, the County shall designate positions and/or units responsible for:

(1) The overall Community Program Planning Process.

(2) Coordination and management of the Community Program Planning Process.

(3) Ensuring that stakeholders have the opportunity to participate in the Community Program Planning Process.

(A) Stakeholder participation shall include representatives of unserved and/or underserved populations and family members of unserved/underserved populations.

(4) Ensuring that stakeholders that reflect the diversity of the demographics of the County, including but not limited to, geographic location, age, gender, and race/ethnicity have the opportunity to participate in the Community Program Planning Process.

(5) Outreach to clients with serious mental illness and/or serious emotional disturbance, and their family members, to ensure the opportunity to participate.

(c) The Community Program Planning Process shall, at a minimum, include:

(1) Involvement of clients with serious mental illness and/or serious emotional disturbance and their family members in all aspects of the Community Program Planning Process.

(2) Participation of stakeholders, as stakeholders is defined in Section 3200.270.

(3) Training.

(A) Training shall be provided as needed to County staff designated responsible for any of the functions listed in 3300(b) that will enable staff to establish and sustain a Community Program Planning Process.

(B) Training shall be offered, as needed, to those stakeholders, clients, and when appropriate the client's family, who are participating in the Community Program Planning Process.

(d) Beginning with Fiscal Year 2006-07, or in fiscal years when there are no funds dedicated for the Community Program Planning Process, the County may use up to five (5) percent of its Planning Estimate, as calculated by the Department for that fiscal year, for the Community Program Planning Process.

Appendix B

Welfare and Institutions Code section 5848

(a) Each three-year program and expenditure plan and update shall be developed with local stakeholders including adults and seniors with severe mental illness, families of children, adults and seniors with severe mental illness, providers of services, law enforcement agencies, education, social services agencies, veterans, representatives from veterans organizations, providers of alcohol and drug services, health care organizations, and other important interests. Counties shall demonstrate a partnership with constituents and stakeholders throughout the process that includes meaningful stakeholder involvement on **mental health policy, program planning, and implementation, monitoring, quality improvement, evaluation, and budget allocations**. A draft plan and update shall be prepared and circulated for review and comment for at least 30 days to representatives of stakeholder interests and any interested party who has requested a copy of the draft plans.

Appendix C

FY 23/24 CPPP Survey

MHSA Community Program Planning Process (CPPP) Survey - Fiscal Year 2023/24

Thank you for taking our survey. Your feedback is important!

California voters passed Proposition 63, the Mental Health Services Act (MHSA), in November 2004 and the MHSA was enacted into law January 1, 2005. The MHSA places a one percent (1%) sales tax on personal incomes in excess of \$1,000,000. The funds are distributed to counties throughout the State.

El Dorado County's Behavioral Health Division needs your feedback about mental health services to develop the Fiscal Year 2023/24 to 25/26 MHSA Three Year Program and Expenditure Plan.

You may also email a completed survey to MHSA@edcgov.us or you may mail a completed survey to:

El Dorado County Behavioral Health

Attn: MHSA Team

768 Pleasant Valley Rd, Suite 201

Diamond Springs, CA 95619

Thank you for helping to keep El Dorado resilient!



Respondent Demographics

Questions one (1) through seven (7) are demographic questions that allow us to assess what populations we are reaching and receiving feedback from. This information supports our ongoing efforts as we continue this year's Community Program Planning Process (CPPP) to better identify what additional community groups we need to connect with to better understand the needs of the County as a whole.

1. What area(s) do you represent relative to mental health issues? (Check all that apply)

- Consumer
- Family of Consumer
- Veteran
- Veteran Organization
- Law Enforcement
- Student
- Parent of Student
- Education Provider
- Mental Health Provider
- Healthcare Provider
- Substance Use Disorder Provider
- Social Services Agency
- General Interest in Mental Health Issues
- Declined to state
- Other

2. Where do you live? (choose only one)

- West County (Cameron Park, El Dorado Hills, Rescue, Shingle Springs)
- Placerville Area (Diamond Springs, El Dorado, Placerville, Pleasant Valley)
- North County (Coloma, Cool, Lotus, Garden Valley, Georgetown, Greenwood, Kelsey, Lotus, Pilot Hill)
- South County (Fair Play, Grizzly Flats, Mt. Aukum, Somerset)
- Mid County (Camino, Cedar Grove, Echo Lake, Pollock Pines, Kyburz, Pacific House, Riverton)
- Tahoe Basin (Meyers, South Lake Tahoe, Tahoma)
- Out of County, but I work in El Dorado County

Declined to state

3.What is your race? (choose only one)

American Indian or Alaskan Native

Asian

Black or African American

Native Hawaiian or other Pacific Islander

White

Multiracial

Declined to state

Other

4.What is your ethnicity? (choose only one)

Hispanic or Latino

Non-Hispanic or Non-Latino

Declined to state

Other

5.What is your age? (choose only one)

0-15 Years

16-24 Years

25-59 Years

60+ Years

Declined to state

6.What is your military affiliation? (choose all that apply)

Service Member

Parent of Service Member

Child of Service Member

Active Duty

Reservist

Veteran

Does not apply

Decline to State

7. What is your gender identity?

- Female
- Male
- Trans male/trans man
- Trans female/trans woman
- Genderqueer/gender non-conforming
- Declined to state
- Other

General Perspective of Mental Health Needs

The next section of questions allows us to better understand the general mental health needs of the county.

8. The Department of Health Care Services (DHCS) defines seven (7) negative outcomes of untreated mental illness.

In your opinion, what are the most negative outcomes in El Dorado County?
(Ranking)

Prolonged suffering
School failure or dropout
Removal of children from their homes
Incarceration
Unemployment
Suicide
Homelessness

9. In your opinion, what groups of people are in the greatest need of additional support by the current MHSA projects in El Dorado County?

- Children 0-5
- School Age Children
- TAY (ages 16- 25)

- Adults
- Older Adults (ages 60+)
- LGBTQIA+
- Parents / Family Members
- Justice- Involved on Probation or Parole
- Homeless/At Risk of Homelessness
- BICOP (black, Indigenous and people of color)
- Persons with Mental Health Needs (Consumers)
- Other

10. What concerns do you continue to have, or have started to experience since the declaration of the Public Health Emergency due to the Coronavirus? (Note: All concerns cannot necessarily be addressed with MHSA programs.)

- Financial Stress
- Mental Health Issues
- Childcare Challenges
- Isolation
- Distance Learning Issues
- Physical Health Issues
- Substance Use
- Education Challenges
- Other

11. What areas do you continue to be impacted by the Caldor Fire or Mosquito Fire as El Dorado County continues its recovery efforts?

- Finding Housing
- Mental Health issues
- Job assistance
- Financial Impact
- Navigating State and Federal Support
- Other

12.To what extent do the following barriers create challenges for individuals and family member(s) with mental health issues to access mental health services?

Very Challenging Somewhat Challenging No added challenge

Appointment availability
Communication between providers
Embarrassed to ask for help
Did not want help
Legal concerns
Level of services did not match needs
No Insurance
Provider changes
Resources (e.g. financial)
Safety concerns
Services not in my community
Services not culturally appropriate (e.g. not in my language)
Stigma around mental health illness in their community
Slow response time
Transportation

Inpatient Socialization to Stepdown Project - Provide structured, supervised outings for select individuals currently in inpatient care as an opportunity to re-integrate into the community and rebuild socialization skills to prepare for transition to lower level of care

Nature Therapy for Youth Project - Utilize nature therapy techniques as a means to lower stress, and increase connectedness for El Dorado County youth (a subset of the youth population has yet to be identified for this project)

The Mind, The Body and The Gut Project - Explore the connection between mental health, physical health and the foods we eat as a path towards a healthier community (a subset of the population has yet to be identified for this project)

Housing related project that is yet to be identified

Appendix D

Press Release

NEWS RELEASE	
	<i>El Dorado County</i> HEALTH & HUMAN SERVICES AGENCY
For Immediate Release: October 11, 2022	
CONTACT: <i>Margaret Williams</i> (530) 642-7164	

COMMUNITY INVITED TO PROVIDE INPUT ON MENTAL HEALTH SERVICES ACT (MHSA) PROGRAM AND EXPENDITURE PLAN FOR FISCAL YEAR 2023-2026

(Placerville, CA) - The El Dorado County Health and Human Services Agency, Behavioral Health Division invites the public to provide input on the Fiscal Year 2023-26 Mental Health Services Act (MHSA) Three-Year Program and Expenditure Plan. Community members can provide input by attending an upcoming community meeting or submitting an online survey or an email. Currently scheduled community meetings will be held virtually via zoom and can be accessed online through one of the links below or by calling (669) 900-6833 and entering the Webinar ID and passcode. Community meetings to receive input for the MHSA Annual Update are scheduled as follows:

- **Friday, October 21, 2022, at 9:00 a.m.**
<https://tinyurl.com/MHSA-CPPP-102122>
Webinar ID: 826 5522 0916
Passcode: 546195
- **Tuesday, November 8, 2022, at 12:30 p.m.**
<https://tinyurl.com/MHSA-CPPP-110822>
Webinar ID: 825 9461 2602
Passcode: 901633
- **Monday, December 12, 2022, at 4:30 p.m.**
<https://tinyurl.com/MHSA-CPPP-121222>
Webinar ID: 834 1780 4600
Passcode: 769934

California voters passed MHSA (Proposition 63) in November 2004; the law was enacted on January 1, 2005. MHSA places a 1% tax on personal incomes over \$1,000,000. Counties receive funds through the State, intending to transform the public mental health system into one that is consumer-friendly, recovery-oriented, accessible and culturally competent. For copies of the current and prior year MHSA Plans, please visit: https://www.edcgov.us/government/mentalhealth/mhsa/pages/mhsa_plans.aspx.

To provide input on the MHSA Three-Year Plan for FY 2023-2026 via an online survey, go to:
<https://forms.office.com/q/615R8cH6Ku>.

Additional input can be submitted via email to MHSA@edcgov.us or via U.S. Mail to 768 Pleasant Valley Road, Suite 201, Diamond Springs, CA 95619. For more information regarding the MHSA or Community Program Planning Process, please contact Meredith Zanardi at (530) 621-6340.

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