

- El Dorado County Community Action Committee and SSTAC (Social Service Transportation Advisory Council) Reports-**Brian Reeves**.
- The Area Agencies on Aging Council (TACC) Quarterly Report and Aging Councils of California on current programs and innovations-**Vicki Ludwig**.
- **AAA Programs Monitoring** reports by **Chairman Mike Roberts**.
- **City** reports by **Gerri Grego and Steven Shervey**.
- **Senior Transit and Planning** reports by **Lindell Price**.



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## SPEAKERS AND TOPICS

- Affordable Care Act by **Debbie Stack**.
- **Ren Scammon** on Mental Health funding and programs.
- Senior Peer Counseling by **Doug Gradall**.

## Commission on Aging as of December 2013

BOS Appointed Commissioners		COA Appointed Commissioners
Hal Erpenbeck	District I	Ken Deibert
Norm Smith, (moved) replaced by Liz Drummond	District II	Marlene Back
Mike Roberts	District III	Horace Holmes
Vicki Ludwig	District IV	Brian Reeves
Siubhan Stevens	District V	Roger Berger
Roberta Rimbault	Member at Large	Ray Wyatt
City Appointed Commissioners		
Steve Shervey	City of Placerville	
Gerri Grego	City S. Lake Tahoe	

## ANNUAL REPORT FOR THE PERIOD

**2013**

## Commission on Aging

**for the Area Agency on Aging**

Planning and Service Area 29 (El Dorado County)

In accordance with the provisions of  
Title III of the **Older Americans Act** of 1965

## PURPOSE of the Commission on Aging (COA)

- To advise, provide input, and make recommendations for action, to the El Dorado County Board of Supervisors and the Area Agency on Aging (AAA).
- To advise on the Area Plan on Aging, and to advocate for all older adults in El Dorado County.

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*Report Prepared by **Brian Reeves**, Chairperson, 2013*

## ACHIEVEMENTS AND ACCOMPLISHMENTS

### Progress on **Commission Objectives** as outlined in the **2012-2016 Area Agency on Aging Plan**

- **New Senior Day Care!!** The Commission conducted research, held meetings, and served as a catalyst in the development of a new Senior Day Care Program within the El Dorado Hills Senior Center. The **Western Slope Committee, Chaired by Hal Erpenbeck**, worked with local El Dorado Hills senior groups, the Board of Supervisors (especially District 1 Representative **Ron Mikulaco**), the AAA staff, the current Placerville Senior Day Care staff, and local businesses (who donated furniture) and provided the leadership to accomplish this plan Objective. An excellent example of the Board of Supervisors, the AAA staff, the Commission and all the community stakeholders working collaboratively on behalf of El Dorado County senior citizens.
- The Commission hosted a successful **Fall Prevention class** held at Cameron Park Community Center. Commission Vice- Chair **Roberta Rimbault** (gerontologist) organized and hosted the course, which was presented by a well-known Fall Prevention specialist.
- The **Placerville Metro Committee** conducted a **survey of users and staff** of the Placerville Senior Center. The committee is working with AAA staff to develop a plan for Senior Center improvements, utilizing funds from a private senior citizen's life insurance donation.
- Commissioners participated in **Older Americans Day** celebrations at various congregate meal sites in May 2013 and nominated **the Senior of the Year (Ruth Ann Morris)**.
- A **Senior Lifestyle Fair Committee** with **Ray Wyatt as Chairman** was established, including community members as well as Commissioners. An initial meeting with Senior Health Education Program staff was held and the Committee is brainstorming ideas and making connections in the community.
- **Employment** training opportunities and senior jobs service were advocated by the Commission. Area Agency on Aging staff assisted with the placement of a senior worker, funded by the

AARP Senior Community Services Employment Program. The senior worker was trained and is now assisting other seniors with their job searches at the Connections Resource Center (America's Job Center of California) in Placerville.

- An **Education Committee, chaired by Vicki Ludwig**, presented several senior education courses that included three in the Boomer 101 Series at the El Dorado Hills Senior Center. A 10-Course Program called Aging Well by Roberta Rimbault was begun at the Cameron Park Community Center and other classes were offered at the Marshall Medical Health Library.
- **Outreach and Advocacy** involved broader distribution of Senior Services Brochures (i.e. Library, Bookmobile, senior centers, senior housing), advertising in Around Here Magazine, and networking in the community. Commission members also established working relationships with Friends of El Dorado Seniors, the Community Foundation, the Cameron Park CSD, and the Georgetown Divide Recreation District. The website was maintained, and letters were sent in support of the Elder Court Program, and the reauthorization of the Older Americans Act.
- COA member from **North County** and local historian, **Ken Deibert**, helped local seniors work with the Georgetown Divide Recreation District to make a historical addition to the Georgetown Park sign. A new plaque will be added to honor Walter G. Drysdale, former County Chamber of Commerce Manager, and the donation of the land and funding for the park by his wife Amy Drysdale in 1969.

## REPORTS

- Area Agency on Aging Director Reports by **Jan Walker-Conroy, Mark Contois, and Michelle Hunter**.
- Health Insurance and Counseling Advocacy Program (HICAP) Quarterly Reports from meetings- **Marlene Back**.
- California Senior Legislature (CSL) Report- elected PSA 29 Representatives, **Connie Eaton and Horace Holmes**.