



El Dorado County

Ron "Mik" Mikulaco
Supervisor District III
(530) 621-5650

MEMO

Date: June 19, 2013

To: Members of the Board of Supervisors

RE: BOS Agenda 6/25/2013, #13-0784 – Senior Day Care Center El Dorado Hills

Supervisor Mikulaco is recommending to the Board consider the existing Senior Center in El Dorado Hills expand it's service to include a Senior Day Care Center. This facility currently has capacity that is unused. The proposed program would mirror and be a part of the existing Senior Day Care Center in Placerville.

The recommendation Supervisor Mikulaco is bringing forth for the board to consider is in three parts:

- 1) That the board authorize the Interim Director of Health and Human Services Agency to implement a Senior Day Care Satellite Center at 990 Lassen Way, El Dorado Hills, CA.
- 2) That the board authorize El Dorado County Counsel to move forward with procuring funds from the Ramona L. Gilmore Revocable Trust.
- 3) That the board authorize a general fund increase of no more than \$265,000 in Fiscal Year 2013/14 for equipment, supplies and additional staffing costs to prepare for 24 clients.

El Dorado County has 11,735 residents over the age of 75 years as indicated by the 2013 CA Department of Aging and our population is aging as a whole. EDC residents aged 85+ most vulnerable and likely to need services is estimated to increase 300-400% from 1990-2020. The number of people with Alzheimer's disease is expected to increase by 142%. It is conservatively estimated that El Dorado Hills Senior Day Care Center would open with an immediate need for 16 and increase to 20 during FY 13/14.

By participating in the Senior Day Care Center program, clients can expect an increase (or decrease of loss) in their physical, cognitive, social, functional, and emotional impairments within the first 3 months. They receive a comprehensive assessment of the above and are more apt to be more active, need less assistance and experience less confusion at home when participating in the program.

Caregivers for this vulnerable and needy population struggle under the weight of caring for these individuals with dementia, spending 84 hours a week caring for them 20% of them for a decade or more. This stress leads to a very significant increase in depression, disease and drug usage and a very significant increase in death when compared to non-caregivers.

Our community will benefit from another Senior Day Care Center in a location closer to many of our needy as our Placerville location is usually at or over max capacity. Generally, the caregivers are elderly themselves and are unable to drive to Placerville or take Transit which is about a 1 hour trip from those coming from El Dorado Hills to Placerville.