

ANNUAL REPORT 2022



Our Vision:

**An El Dorado County where all older adults
live safe, secure, and productive lives.**

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*This report is inclusive from March 2020 to
June 2022*



OUR MISSION

To ensure our older adults, especially the frail and vulnerable, have access to services and support that promotes their independence and well-being.

OUR CORE VALUES

Advocacy: In that we listen, give voice to, and act to ensure that the needs, desires and concerns of the older adults of the county are understood and respected.

Advising: In that we act to ensure that the governing bodies responsible for policy and service delivery organizations responsible for implementation and aligned with the needs, desires, and concerns of older adults.

Adapting: In that we are able to pivot when a new or immediate issue may require our focus and attention, while retaining our strategies and plans.

ACCOMPLISHMENTS

- The **COA** is an integral part of the AAA and assists in the development and completion of many of the goals and objectives contained within the Area Plan.
- The **COA** developed and approved new Mission, Vision and Values statements as the first step forward in creating a comprehensive Strategic Plan that will guide the future actions and activities of the commission as a whole and its committees. The Strategic Plan will incorporate new systems for ensuring the sustainability of Commission objectives.
- The **COA** held its first in-person meetings on February 17, 2022 and March 17, 2022. This is a trend that the COA hopes to continue. Meetings are conducted in various venues throughout the county and are open to the public. Prior to that time all COA meetings were cancelled starting in March 2020. The meetings converted to the virtual platform, Zoom. Commissioners were provided training on the different features and have increased their expertise in virtual meetings. Some of the committees continue to meet via Zoom; others are meeting in-person.
- The **COA** held its annual retreat on February 17, 2022. This retreat was held in person and attended by a majority of the COA Commissioners. We focused on developing the priorities and direction for 2022 and what the new “normal” might entail.

- The **COA** Commissioner who resides in one of the remote areas, identified the need for increased access to food delivery programs. This Commissioner worked with the Senior Nutrition Program to develop an organizational model to provide the needed home delivered meals. The geography of El Dorado County is rural and contains many very remote and isolated areas. As people age in place, the need for services in the remote areas will increase. This model will be evaluated for appropriateness and implementation in other isolated areas of the county.
- The **COA** members appointed by the Board of Supervisors are expected to meet regularly with their District Supervisor to share information regarding the needs of their older adult constituents and keep the Board of Supervisors apprised of the COA activities, successes, and challenges. In addition, the COA also provides input to the two incorporated cities within the County: South Lake Tahoe and Placerville.
- The **COA** and the AAA have provided input to the City of South Lake Tahoe on their plans for the proposed new “Multigenerational” facility which will incorporate senior services and activities.
- The **COA**, after a two-year hiatus due to COVID-19, in collaboration with the AAA, reinstated the Senior-of-Year award. There were three awards presented in 2022: Annual Senior-of-the-Year, Lifetime Volunteerism, and Community Strength. The AAA coordinates the press releases announcing the event, application process, and the announcement of the winner by the Chair of the Board of Supervisors. The Commission on Aging reviews the applications, selects the winners, and hosts a reception for all nominees and their families.
- The **COA** participated in the 2022 El Dorado County Fair at the Health & Human Services Agency booth to meet with older adults and families to advocate for older adult programs.
- The **COA** members are authoring monthly articles for publication in the Senior Times.

- The **COA** was honored to elect both a Senator and an Assembly Person to the California Senior Legislature which meets annually to propose laws to the state legislators and/or members of Congress. Both are members of the Rural Caucus and the Senator is on the Transportation Committee.
- The **COA** participates in The Triple-A Council of California to share ideas for programs and advocacy throughout the state.
- The **COA** regularly welcomes new members with a comprehensive orientation consisting of a printed reference manual and personal tour of the Placerville Senior Center and introductions to the staff of the Area Agency on Aging.
- The **COA** promotes volunteerism for Senior Services programs

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Our future will continue the upward spiral of involvement through ideas relating to senior transportation; in-person events; analytics; providing education in technology; the evolution of senior center facilities; and, collaboration with other groups related to older adult issues.

"Volunteers are not paid - not because they are worthless - but because they are PRICELESS!"

ACTIVITIES

The COA members regularly participate in community events in support of AAA staff:

National Night Out
El Dorado Hills Trunk or Treat
Events for Caldor Fire victims
Veteran's Virtual Flight
Volunteer Appreciation Day Ice Cream Social

Our members have:

Helped teach exercise and balance classes
Distributed emergency medical information packets
Presented information at the Human Rights Commission and the
Community Action Council
Moderated a national program on positive thinking and philosophy
Actively participated and regularly constitute a quorum
Completed appropriate EDC training modules
Sent informational letters regarding the COA and available Senior
Services to licensed care facilities for follow-up when pandemic
conditions allow

"In the end, it's not the years in your life that count. It's the life in your years." – Abraham Lincoln

AD HOC COMMITTEES

Outreach/Education	Chair – Raelene Nunn
South Lake Tahoe	Chairs – Barbara Kaufman Penny Huber
Affordable Housing	Chair – Marian Washburn
Aging in Place	Chairs – Steve Shervey Ray Wyatt
Disaster Preparedness	Chair – Jim Wassner
Community Action Council	Barbara Raines, Member
Triple-A Council of California	Tita Bladen, Member
California Senior Legislature	Raelene Nunn, Senator Tita Bladen, Representative

“I never dreamed about success. I worked for it.” —Estée Lauder

MEMBERS OF THE EL DORADO COUNTY COA

Lisbeth Powell, Chair	District 4
Steve Shervey, Vice-Chair	City of Placerville
Barbara Kaufman	City of South Lake Tahoe
Raelene Nunn	District 1
<u>Linda Grimoldi</u>	District 2
<u>Marian Washburn</u>	District 3
Penny Huber	District 5
Connell Persico	BOS Member at Large
Jim Wassner	Community Member
Barbara Raines	Community Member
Tita Bladen	Community Member
Craig Kuehn	Community Member
Ray Wyatt	Community Member
Vacant	Community Member

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