



HEALTH AND HUMAN SERVICES AGENCY

Board of Supervisors Presentation
March 7, 2017

Behavioral Health Division Workshop



Objective of Presentation

- Educate the community and the Board of Supervisors on the issues related to the Behavioral Health Division and the Community impacts.
- Participants include representatives from:
 - HHSA
 - Hospital Council
 - Marshall Hospital
 - Barton Hospital
 - EDC Probation
 - EDC Sheriff
 - Mental Health Commission



Areas of Focus

- What is Behavioral Health?
- Discuss growing need and changes in system delivery at Regional and National levels
- Challenges of a Rural County
- Impact on Community Partners
- What is exists currently
- What can we do differently



What is Behavioral Health?

The behavioral health system is part of the Health and Human Services Agency.

Services include:

- Mental Health Services
- Substance Use Disorder Services

Mental Health Services

Who We Are

- * Contracted with State as the “Mental Health Plan” to provide Specialty Mental Health Services to eligible individuals.
- * Eligible individuals are entitled to a specialty mental health service if the service is both a **covered** service under the Medi-Cal program, **and** is **medically necessary**.

Who We Serve

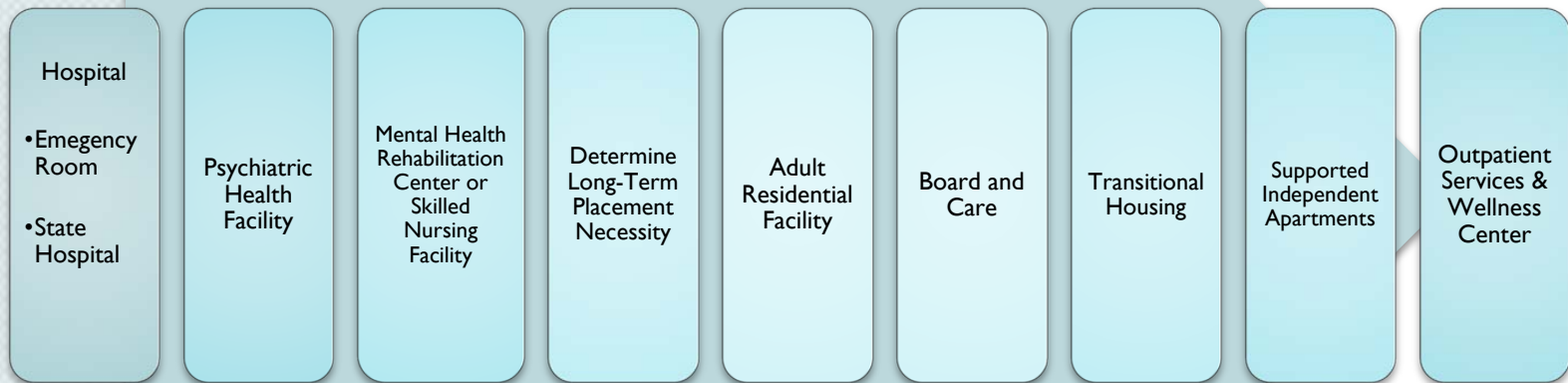
- * Medi-Cal and Indigent persons who meet medical necessity criteria/Title9, chap11, 1830.210:
 - * Chronic and severe mentally ill adults
 - * Severely emotionally disturbed children or adolescents
- * Need an array of services such as: assessment, plan development, individual/group therapy, case management, collateral, med support, crisis services.



Mental Health Services

- Medically necessary, specialty mental health services for:
 - Seriously mentally ill adults (often significantly disabled)
 - Seriously emotionally disturbed children (with impaired functioning)
- Services designed to ensure the appropriate level of care based on the level of need
- Services are wellness/recovery oriented and driven by client/family needs.

Phases in the Mental Health Continuum of Care



Psychiatric Emergency Services (PES) – 24/7 emergency support and consultations in the Community and to Marshall and Barton Hospitals.



Substance Use Disorder Services

Designed to provide an array of evidence-based services with the mission of leading efforts in the community to prevent and reduce alcoholism and drug addiction by developing, administering and implementing prevention, treatment and recovery programs.

Substance Use Disorder Services

Prevention

- Friday Night Live
- Teen Court
- Every 15 Minutes
- Casey's Pledge
- Community Organization Partnership

Problem Solving Court

- Adult Drug
- Dependency Drug
- Juvenile Drug Court
- DUI Treatment
- Adult Felony
- Behavioral Health

Criminal Justice Courts

- AB 109 Treatment Services

Continuing Education

- Monthly Classes taught by UCLA



What is happening at the regional and national levels?

- Crisis Intervention in the Emergency Rooms
- Lack of Available Beds
- Impact on Homelessness



Challenges of a Rural County

- Client hesitancy to seek assistance
- Geography
- Capacity
- Availability of Providers
 - Treatment Providers
 - Health Providers
- Insufficient Transportation Resources
- Insufficient Technological Resources



Impact on Community Partners

- Healthcare System Impact
- Law Enforcement
- Public Safety and Homelessness
- Economic Health and Wellness
- Community Development and Quality of Life



Healthcare System Impact

- Emergency Room Admissions impact wait times for all patients
- Mental Health Patients tend to be repeat visitors
- Safety issues for ER personnel
- Additional cost burden for security
- Patient length of stay increased due to lack of Mental Health bed available in region



Law Enforcement

- **Crisis Intervention**
 - Sheriff's CIT Program – patrol and custody
 - Statistical data – detainees and number that met criteria
- **Mental Health Evaluations**
 - CIT & 5150 Evaluations – Involvement in Process
 - In-Custody Evaluations
- **Behavioral Health in Jail System**
 - Statistical data – Persons with mental illness/receiving treatment
 - Mentally ill inmate management issues
 - CIT flagging and involvement



Law Enforcement

- **Staffing Impact**
 - Patrol staffing – contact time
 - Custody staffing – contact time/management
- **Case Management**
 - CIT program case management
- **Allied Agency Collaboration**
 - Meetings with other agencies
 - Action plan addressing issues



Public Safety and Homelessness

- Key Issues
 - Insufficient available affordable housing
 - Lack of knowledge regarding services
 - No structure to address chronic homelessness
 - Untreated mental illness and substance use disorder
- Definition of Chronic Homelessness
- “Opportunity Knocks”



Economic Health and Wellness

- Unemployment 4.7 %
 - Unemployment by City in EDC
 - Low = El Dorado Hills 3.3%
 - High = Placerville 6.4%, Pollock Pines 8.2%
- County Homeowners 56.3%
 - Homeowners by City in El Dorado County
 - Low = SLT 25%, Pollock Pines 59.3%
 - High = EDH 83.6%
- Families below poverty level 6.8%
 - Families below poverty level by City
 - Low = Diamond Springs 3.1%
 - High = South Lake Tahoe 9.7%, Pollock Pines 13.4%
- 1441 households without a car live more than a mile from grocery store
- SocioNeeds Index (need correlated to poor health outcomes)
 - Lowest = El Dorado Hills
 - Highest = Diamond Springs, South Lake Tahoe, Grizzly Flat



Community Development and Quality of Life

- We continue to grow our tourism industry, white collar jobs (70%), education jobs and health care jobs (largest employer). We are lacking blue collar jobs (15%), manufacturing, housing/affordable housing.
- Over-producing compared to State averages: Adults with disabilities, ER due to substance use, Teens who have used alcohol, Adults who smoke, Death Rate due to Drugs, High BP, Adults who need and received Behavioral Health Serv, ER visits due to mental health issues 18+, Pediatric ER MH, ER visits due to Adult suicide and intentional self-harm, Unintentional injury deaths, median age, over 65 pop, convenience stores per 10,000
- Under producing: Behavioral Health Providers, blue collar jobs, housing unit growth, family growth, children zero to 18, grocery stores

Quality of Life

- Basic need: include air, water, food
- Safety needs: job, home, financial, personal
- Social: intimacy, friendships, family, acceptance, trust
- Esteem: confidence, achievement, status
- Self-Actualization: personal fulfillment, world view, creative, reach human potential





What exists currently?

- Increase partner collaboration benefits other systems
- Lack of adequate Behavioral Health funding including unfunded State Mandates
- Mental Health Services Act funding volatility due to tax base changes
- Role of the Mental Health Commission



Role of the Mental Health Commission (MHC)

- Mandated by Welfare and Institution Code 5602
- Duty is to advise the Board of Supervisors on issues affecting County Mental Health
- MHC is the interface between the Behavioral Health Division and the Board of Supervisors and is part of the County governance



Role of the Mental Health Commission (MHC)

- Evaluation of current services
 - Co-Occurring treatment is paramount to a successful mental health system
 - Decrease in admittance to the PHF which can impact other partners within the health system
 - Lack of sufficient funding for services
 - Insufficient housing options
 - Successful use of the Crisis Intervention Team and the Multi-Disciplinary Task Force
 - Implementation of the Assisted Outpatient Treatment Program



What We Can Do Differently

- **Coordination and integration of services**
 - Healthy Community Strategic Plan
 - Increased access to services – Community Hubs
 - HHSA Service Integration
- **Service delivery system changes**
 - Whole Person Care
 - Stepping Up Initiative
 - Drug Medi-Cal Organized Delivery System Waiver
- **Increased funding opportunities**



What We Can Do Differently

- **Mental Health Commission**
 - Enhance billing to include Medicare clients to increase access to services
 - Improve communication with jail medical providers to ensure continuity of services
 - Increase available housing options
 - Explore feasibility of establishing a Mental Health Rehabilitation Center within the County
 - Behavioral Health has done a great job at improving programs specifically the FSP/ICM program and Children's Services
 - There are more possibilities to improve the system, however funding is limited



Conclusion

- Integrated Health Care Project Video
- <https://www.youtube.com/watch?v=doIwOhi0GMY>

