

MARSHALL FOUNDATION FOR COMMUNITY HEALTH

Request for Funding Proposal
Community Health Grant

2008 Area of Focus:

1) Diabetes 2) Mental Health 3) Nutritional Health

Name of Community Organization: El Dorado County Senior Day Care Services

Name of Fiscal Agent, if applicable: N/A

Name of Program/Services: El Dorado County Senior Day Care Services

Address: 935A Spring Street, Placerville, CA 95667

Contact Person: Wanda Demarest Phone: 530-621-6180 Email address: wdemarest@co.el-dorado.ca.us

Amount of Request: \$ 2520.

Responses to these questions may not exceed this page

What are your organization's mission, goals and services?

It is the mission of the El Dorado County Senior Day Care Services program to provide adult day services that enable impaired adults to function at their maximum level of independence in an atmosphere that provides them the respect and care they deserve, while emphasizing a positive self-image and a belief in the possibility of improvement through continued stimulation of body, mind and spirit. In addition, it is our mission to be a support to families throughout their caregiving journey.

It is our goal to prevent premature institutionalization of older adults and to reduce the burden felt by caregivers through our services which include: a comprehensive assessment, care plan development and management, on-going assessments, specialized dementia care, assistance with medication and personal care, transportation, and group and individual exercises/activities designed to add meaning to our participants' lives, improve mental and physical functioning, and to increase their sense of worth. Individual counseling is provided to our caregivers in addition to multiple monthly support groups and educational workshops.

Describe briefly how funds are to be used:

Funds will be used to provide free day care services to family caregivers who do not have and/or cannot afford to pay someone to provide care and supervision of their loved one while they attend one of the support groups or educational workshops offered each month throughout the County by various groups including the Family Caregiver Support Program, Elder Options, and Senior Day Care Services.

How will healthcare and our community benefit from this program? Approximately how many people will be served?

A large and growing body of evidence reveals that the stress of providing care for a chronically ill person can have harmful physical, mental, and emotional consequences for the caregiver. As families struggle to care for others, their own health is put in danger. However, research also demonstrates its effects can be alleviated at least partially by caregiver education and support programs and with respite to reduce caregiver burden. With funds from Marshall Foundation for Community Health, we will be able to provide 120 hours of respite care allowing 60 EDC caregivers the opportunity to break out of their isolation, get helpful advice and better preserve their own mental health by taking part in support groups and educational workshops.

Please include the following with your request:

History of organization and Area Served

501(c)(3) IRS Letter of Determination, if applicable

Project budget

Letters of Support

Other Sources of Financial or Collaborative Support

List of board and/or Advisory Committee Members

Signature of Person Submitting Request:  Date 10/22/08

Foundation Approval: _____ Date _____

History of Organization and Area Served

The Senior Day Care Services Program (SDC), a program of the El Dorado County Department of Human Services, has been serving El Dorado County residents on the Western Slope since 1989. SDC provides an essential alternative for families who want to keep their relative in the community as long as possible, but may not be able to provide 24-hour care. SDC has served over 2,000 clients and their families.

501(c) (3) IRS Letter of Determination (if applicable)

N/A - The tax ID number for El Dorado County is: 94-6000511

Project Budget:

\$2,520

\$42 per respite session (from 2 to 4 hours each) for 60 caregivers

Letters of Support:

Enclosed are letters of support from Partners in Care, Del Oro Caregiver Resource Center, and National Family Caregiver Support Program.

Other Sources of Financial Support

Family Caregiver Support Program (FCSP) has some limited funding that can be used to provide respite services for caregivers who wish to participate in support groups and/or workshops. However, to be eligible one must be a client of the FCSP. No other sources of funding are available at this time.

List of Board or Committee Members

El Dorado County Board of Supervisors

District 1:	Rusty Dupray
District 2:	Helen K. Baumann
District 3:	Jack Sweeney
District 4:	Ron Briggs
District 5:	Norma Santiago

Director, Department of Human Services:

Doug Nowka, Jr.

Assistant Director, Dept. of Human Services:

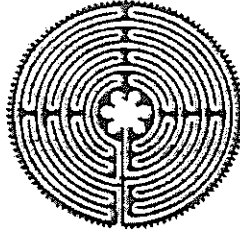
Janet Walker-Conroy

Health Program Manager:

Wanda Demarest

Audited Financial Report (if available):

N/A



Partners In Care

Easing the Path of Serious Illness

PO Box 845, Placerville, California 95667

Phone (530) 344-0700, Fax (530) 344-0707

Marshall Foundation for Community Health

P.O. Box 1996

Placerville, CA 95667

Dear Foundation Board,

It is a pleasure to write this letter in support of the El Dorado Senior Day Care program and funding for respite services for caregivers of patients with memory loss. As a program that works very closely with seriously ill clients in our community and their loved ones, we at Partners in Care recognize the importance of supportive services and providing services that "care for the caregiver"; giving them the resources they need to sustain them and carry out their very critical role.

El Dorado County Senior Day Care program has provided exemplary service to their clients with memory loss and their families for many years. The socialization, physical and mental stimulation and respite provided for the families is fundamental to maintaining their well-being and quality of life.

I strongly support the consideration of funding for respite care for caregivers so that they may attend support groups that will enhance their coping, health and well-being as they navigate the difficult path of caregiving for a loved one with memory loss.

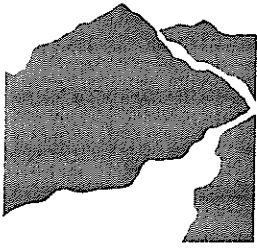
If I can provide further information, please don't hesitate to contact me at 530-344-0700.

Sincerely,

Cindy Rice

Cindy Rice, RN CHPN

Executive Director



**DEL ORO
CAREGIVER
RESOURCE CENTER**

**CARING FOR
FAMILIES WHO CARE**

Serving Gold Country Counties:

Alpine
Amador
Calaveras
Colusa
El Dorado
Nevada
Placer
Sacramento
San Joaquin
Sierra
Sutter
Yolo
Yuba

October 24, 2008

Wanda Demarest
El Dorado County Senior Day Care Services
935A Spring Street
Placerville, CA 95667

Dear Wanda:

Del Oro Caregiver Resource Center is pleased to support the application of the El Dorado County Senior Day Care to the Marshall Foundation for Community Health to expand your services to family caregivers. Del Oro CRC has worked with the Senior Day Care since 1987 providing high quality care to people with Alzheimer's disease and related dementias and their family caregivers. Del Oro provides supportive services to caregivers of cognitively impaired adults and the frail elderly residing in Northern California to relieve these caregivers of the daily burden of care, educate them regarding the disease process, and connect them with resources to master the challenge of caregiving. The Senior Day Care is an integral part of the support system for caregivers coping with dementia. Staff has always been generous in providing time and expertise to the mutual clients we serve.

Del Oro Caregiver Resource Center and the El Dorado Senior Day Care have had a long history of collaboration on many projects including caregiver trainings on dementia and increasing the public awareness regarding Alzheimer's Disease, treatment options, and support for caregivers.

Del Oro CRC strongly supports your application, and we look forward to continued collaboration on projects of benefit to patients and their families in the future.

Sincerely,

Michelle Nevins
Executive Director

Main Office:

5723A Marconi Avenue
Carmichael
California 95608
916.971.0893
800.635.0220
916.971.9446 (Fax)

Grass Valley Office:

471 Sutton Way, Suite 210
Grass Valley
California 95945
530.274.1005
530.274.2458 (Fax)



EL DORADO COUNTY
DEPARTMENT OF HUMAN SERVICES
Family Caregiver Support Program (FCSP)
Friendly Visitor Program
Tammy Bragg, Program Coordinator

937 Spring Street
Placerville, Ca 95667
(530) 621-6151
Fax: (530) 295-2714
tbragg@co.el-dorado.ca.us

October 31, 2008

Marshall Foundation for Community Health
PO Box 1996
Placerville, CA 95667

RE: El Dorado County Alzheimer's Senior Day Care Services

Dear Foundation Members,

This letter is in support of a grant request to provide free day care services to family caregivers so they may attend support groups and caregiver educational workshops.

As Program Coordinator for the El Dorado County Family Caregiver Support Program, I can advocate enthusiastically for the need to provide day care services to family caregivers during their much needed and often overlooked time for themselves. This service is beneficial to both the caregiver and care receiver, as often times this becomes a very isolating and sense of overwhelming time during a person's journey into their care giving role.

This respite will enable caregivers to attend support groups and educational workshops that provide caregivers the opportunity to share and empower each other while obtaining a vast knowledge of strategies to improve the lives of both caregivers and care receivers experiencing the effects of this challenging disease.

This continued community collaborative effort to provide support, education, and well being for caregivers in our community is worthy of your contribution. As you so well know, El Dorado County's elderly population continues to grow far above the state and national average. The need for continued support and encouragement is crucial to the well-being of this population.

Sincerely,

Tammy Bragg
Program Coordinator
El Dorado County Department of Human Services