

**Behavioral Health Division Update  
Behavioral Health Commission  
DECEMBER 2021 Data  
January 19, 2022 Meeting**

**BH DIRECTOR & DEPUTY DIRECTOR UPDATES**

**(Nicole Ebrahimi-Nuyken/Amy Haynes)**

- Compassion Pathways, our new Social Rehabilitation Facility, provider has secured a property lease for a six-bed facility in El Dorado County. The next steps include renovating the property and obtaining DHCS licensure. Once licensed, the facility will be able to start accepting new referrals.

**EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING**

- **New Hires:**
  - None
- **Recruitments:**
  - Ongoing
    - WS Mental Health Clinicians (Extra Help and Regular)
    - WS Mental Health Clinician - Substance Use Disorder Program
    - WS Medical Office Assistant
    - SLT MH Clinicians
    - SLT MH Clinician - Substance Use Disorder Program
    - SLT MH Clinician (Extra Help)
    - SLT Extra Help Workers and Aides
    - SLT Extra Help Psychiatric Technician/LVN
    - WS Psychiatric Technician
    - WS Administrative Analyst
    - WS Administrative Technician
  - New
    - WS Health Educator - Substance Use Disorder Program
- **Separations:**
  - None
- **Position Changes:**
  - None
- **Promotions:**
  - Kathy Langley, from WS Forensic Team Clinician to Mental Health Program Coordinator for PES

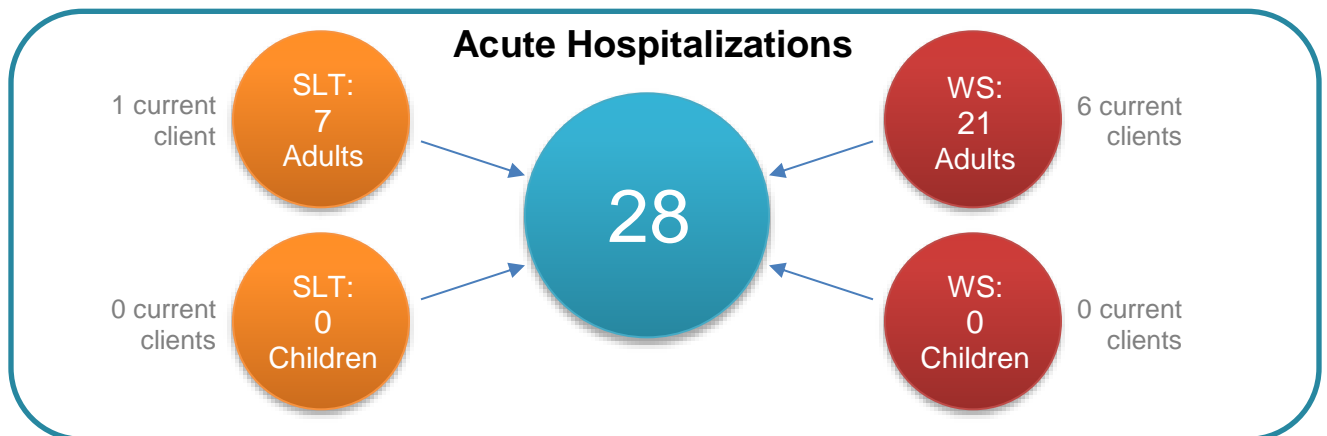
**Filled and Vacant Clinician and Clinical Support Positions (as of 1/12/2022)**

Position Category	Status	SUDS	MHSA	Traditional	Total
Clinician	Filled	2.00	14.55	3.95	20.50
	Vacant WS	1.00	6.35	0.65	8.00
	Vacant SLT	1.00	2.00	1.00	4.00
Clinician Total		4.00	22.90	5.60	32.50
Clinical Support	Filled	8.27	20.20	2.28	30.75
	Vacant WS	1.00	1.00	--	2.00
	Vacant SLT	--	6.00	--	6.00
Clinical Support Total		9.27	27.20	2.28	38.75
Total		13.27	50.10	7.88	71.25

“Clinical Support” includes all Health Education Coordinators (even if assigned to Prevention activities), Program Assistants, Mental Health Workers, Mental Health Aids, and Psychiatric Technicians.

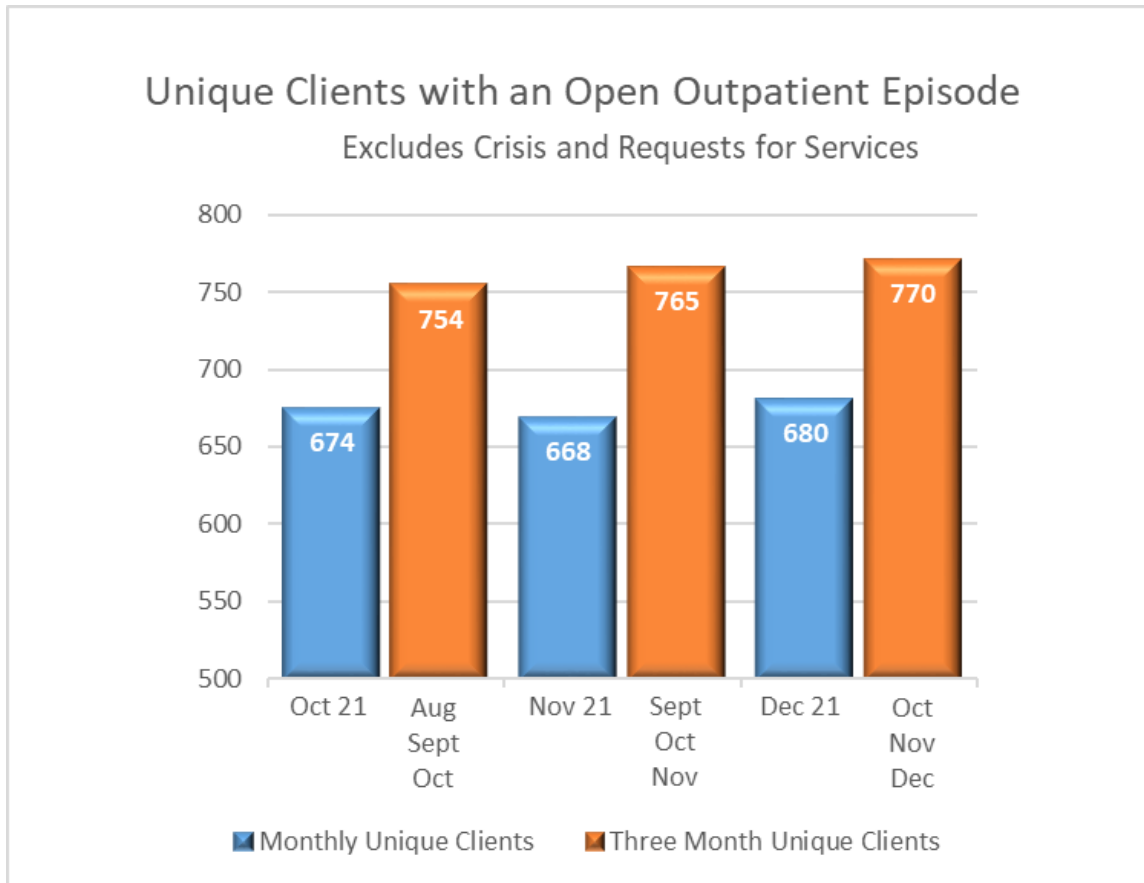
## THIS MONTH'S SERVICES BY THE NUMBERS...

### Psychiatric Emergency Services (PES) (Crisis Services)



The MHP is contracted with the State to provide Psychiatric Emergency Services to any individual within the boundaries of the County, regardless of insurance or residency status.

## Outpatient Clients



## PLACEMENTS

### Board and Care / IMDs / Secure Placements (Lesly Van Sloten)

- **\_30\_** IMD beds
- **\_1\_** State Hospital
- **\_9\_** Enhanced Board and Care beds
- **\_10\_** Board and Care - Sacramento & Galt
- **Total:**
  - **\_49\_** Out of County Placements
  - **\_14\_** In County Placements

### Transitions Treatment Program (Danielle Bogan/Lesly Van Sloten and Jody Kwachak-Hall/Chris Kernes)

- **WS:** **\_15\_** of 19 beds filled:
  - T1 **\_0\_** openings,
  - T2 **\_1\_** openings,
  - T3 **\_2\_** openings,
  - T4 **\_1\_** openings
- **SLT:** **\_6\_** of 6 beds filled:
  - T1 openings: **\_0\_** openings

### Permanent Supportive Housing (Meredith Zanardi and Jody Kwachak-Hall/Chris Kernes)

#### West Slope

Clients receive services from the Wellness and Recovery team or from community based supports

- **5** of 5 units occupied
- Wait List:
  - 1 bedroom: **\_9\_**
  - 2 bedroom: **\_7\_**
  - 3 bedroom: **\_1\_**

#### South Lake Tahoe

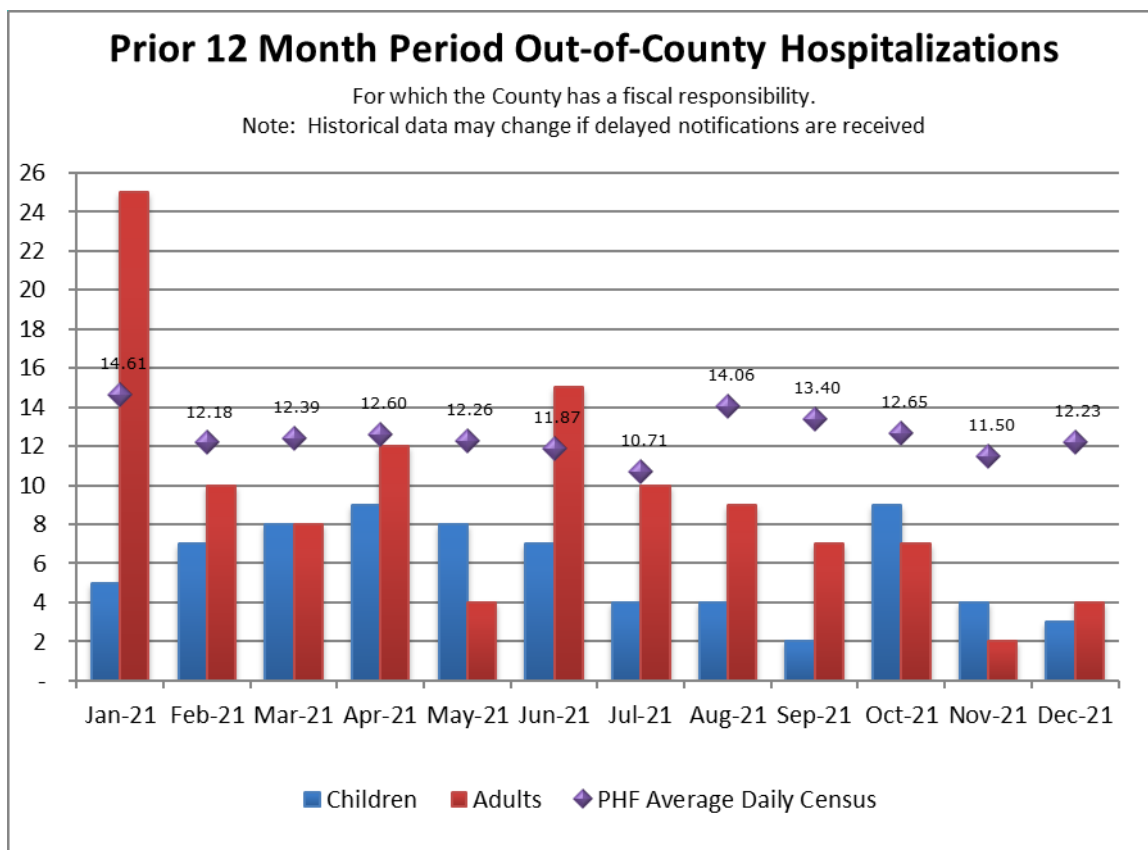
Clients receive ICM team coverage

- **6** of 6 units occupied
- Wait List: unknown
  - This development is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

### Psychiatric Health Facility (Lesly Van Sloten)

- There were 25 Admissions; 20 Admissions were El Dorado County residents and 5 were Out of County residents.
- There were 24 El Dorado County residents discharged; 16 to Home with Support, 0 to Home without support, 0 MHRC/IMD, 1 Board and Care, 0 to ICM T-House, 2 to Shelter, 0 to Other, and 0 to Emergency Department.
- Upon discharge, 19 El Dorado County residents were insured and 0 El Dorado County residents were pending insurance.
- There were 0 Seclusion Episodes, 1 Physical Restraint Episodes (4 minutes), 0 Assaults, 0 Elopements, 3 Medication Errors (0 medication errors with no patient involvement), Client Surveys 23
- There were 0 denials of El Dorado County referrals: N/A
- Average daily census was 12 (range 10 - 14) with average length of stay of 8 days.
- Concurrent Reviews resulting in no medical necessity found. 0

### Out-of-County Acute Psychiatric Hospitalizations (Medi-Cal Beneficiaries Only) (Moriah Weldy)



## CRISIS SERVICES

### Crisis Intervention Teams (CIT)

(Angelina Larrigan and Jody Kwachak-Hall/Chris Kernes)

- **SLT:** Crisis services in SLT are being covered with the help of WS staff and contracted Psychologists.
- **WS:** There was not a CIT meeting held in December 2021.

### Psychiatric Emergency Response Team (PERT)

(Angelina Larrigan)

#### PERT Calendar Year 2021 Data:

Initial Contacts for Year (Calls for Service)	417
Follow Up Contacts-Phone	334
Safety Plans	255
PERT Holds Written	44
LE Patrol Holds Written during PERT Shift	7
Voluntary Transports to Emergency Department	17
EDSO (non PERT) Total Yearly Holds	321
Other/Unable to Locate/Inaccurate Report for Service	63
Substance Use Admitted/Confirmed	41
Adult Protective Services (APS) Referrals/Collaboration	15
“Fit For” Jail Crisis Risk Assessments Conducted by PERT	20

- PERT duties took place 127 days in 2021.
- PER EDSO data, there were 979 PERT contacts. This includes calls for service, follow ups and any calls patrol responds to which generated a report and was forwarded to the CIT queue.

### South Lake Tahoe Alternative Collaboration Services (STACS)

(Chris Kernes)

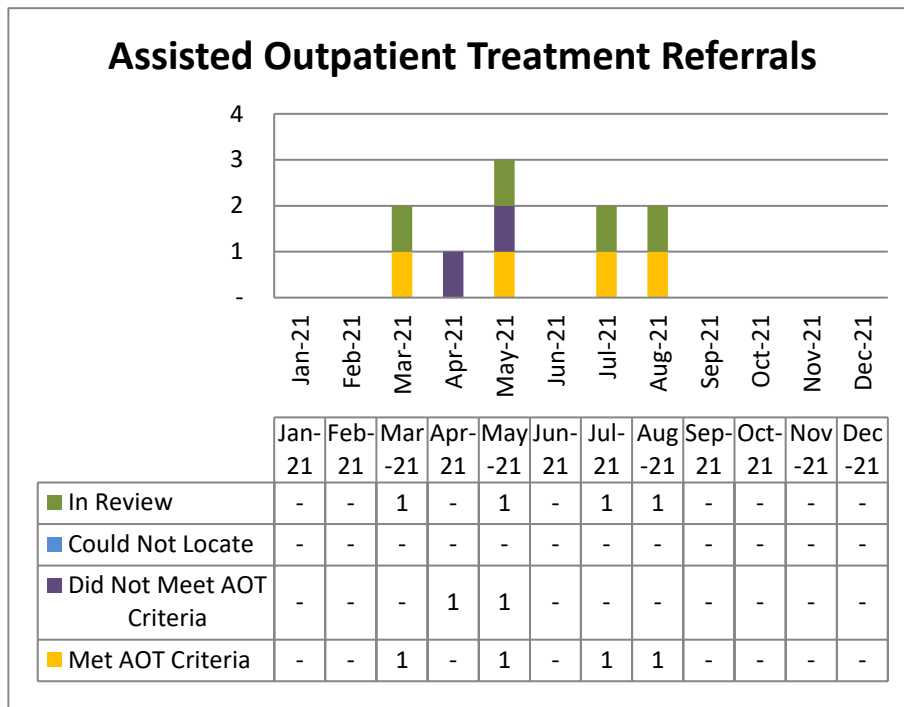
- Participates in the monthly STACS meeting and coordinates in field with SLTPD as appropriate. No in-field visit for December.

## JUSTICE SERVICES

### Restoration of Competency (Lesly Van Sloten)

- 0 Outpatient ROC referrals
- 0 Jail ROC referral
- 0 Client receiving ROC Outpatient services
- 0 Client receiving ROC Inpatient services

## ASSISTED OUTPATIENT TREATMENT (AOT) (Lesly Van Sloten)



#### Disposition of Referrals:

0 did not meet program criteria,  
 0 met initial program criteria,  
 0 individuals voluntarily accepted outpatient services,  
 0 individuals to proceed with the AOT process,  
 0 applications in review process

#### Discharged AOT clients:

0 clients discharged:  
 0 to a lower level of service,  
 0 out of services

There are currently 0 AOT clients receiving services voluntarily.

## Quality Improvement / Utilization Review (Ren Strong)

- The Quality Assurance / Utilization Review (QA/UR) team will soon have a full-time Program Coordinator assigned to it. The program is reviewing priorities and establishing timelines as part of this transition.
- Behavioral Health continues to prepare for the launch of the first phase(s) of the CalAIM, a broad-based service transformation to better serve Medi-Cal beneficiaries, with “Go-Live” dates from January 1, 2022 into 2027.



CalAIM's Goals are (<https://www.dhcs.ca.gov/CalAIM/Documents/CalAIM-Infographic.pdf>):

- Implement a whole-person care approach and address social drivers of health.
- Improve quality outcomes, reduce health disparities, and drive delivery system transformation.
- Create a consistent, efficient, and seamless Medi-Cal system.

CalAIM has an extensive list of [timeline components](#), however some key areas and timelines for Behavioral Health are:

- Available Now: The Behavioral Health Quality Improvement Program (BHQIP) is an incentive program that allows counties to earn incentive payments by achieving certain CalAIM implementation milestones. See [Behavioral Health Information Notice No: 21-074](#) for details.
- January 2022: Changes to the Criteria for Services for Specialty Mental Health Services. See: [Behavioral Health Information Notice \(BHIN\) No: 21-073](#) for details.
- July 2022: Implementation of “No Wrong Door”, which allows Medi-Cal beneficiaries to access mental health and Substance Use Disorder Services, regardless of where they initially seek care. The State is preparing guidance for this area (see [Draft Behavioral Health Information Notice](#) for details). See “[CalAIM Initiatives Launch Timeline as of November 2021](#)”.
- January 2023: Behavioral Health Documentation Redesign. “Revised, simplified, and streamlined mental health documentation requirements implemented to align with medical provider requirements, improve efficiency and decrease provider burnout.”
- July 2023: Behavioral Health Payment Reform. The State is preparing guidance for this area. At this time, Counties are working with CalMHSA and DHCS to provide information regarding their costs.
- Starting in February 2022, the Quality Improvement Committee meetings will change to a monthly meeting rather than a quarterly meeting.
- EQRO is scheduled for April 6, 2022. Documents will be due to the State’s EQRO contractor in early March.

### Grievances/Appeals/Hearings (Christina Hammel / Ren Strong)

Month Filed	Month Completed	Type	Topic	Location	Outcomes (Appeals / Hearings Only)
10/2021		Grievance	Quality of care – Treatment and Staff Behavior Concerns	SLT PES	

## PROGRAM ACTIVITY UPDATES

### SUBSTANCE USE DISORDER SERVICES (Salina Drennan)

- SUDS has been notified that the annual DHCS monitoring will be conducted in May 2022.
- SUDS EQRO Sessions will be held in January and will provide the opportunity for SUDS to demonstrate to DHCS the improvements made over the past 12 months related to service delivery to our beneficiaries and make plans for future performance improvements.

### MENTAL HEALTH SERVICES ACT (MHSA) (Meredith Zanardi)

- Fiscal Year (FY) 2022/23 Annual Update Community Program Planning Process (CPPP)
  - Concluded three public CPPP meetings;
  - Met with key individual stakeholders;
  - Forced to cancel SLT Wellness Center CPPP meeting due to weather and the Team is considering other options;
  - Evaluating 200+ survey responses, with the survey set to close January 15, 2022;
  - The MHSA team has begun considering needed revisions to the Annual Update based on the survey responses received.
- Worked with the Cultural Competence Workgroup to complete annual update of the Cultural Competence Plan FY 21/22 to be submitted to the California Department of Mental Health (DMH)
- Participated in various conference calls, webinars, and meetings related to items of interest to MHSA.
- Continued implementation of activities related to the MHSA Three-Year Program and Expenditure Plan.
- Provided technical assistance to some PEI contracted providers

### SUICIDE PREVENTION (Ren Strong)

- The draft Suicide Prevention Strategic Plan has been distributed to the Suicide Prevention Workgroup Lead; MHSOAC's "Striving for Zero" learning collaborative contractor; MHSA Coordinator; Deputy Director of Behavioral Health; and Behavioral Health Director for review and comment.
- The Suicide Prevention Network, in collaboration with the South Lake Tahoe Library, is offer the "[Survivors of Suicide Loss Support Group](#)" on the first Thursday of each month from 5:30-7:00 pm. More information can be found on [Suicide Prevention Network's webpage](#).

## ADULT OUTPATIENT SERVICES

(Jody Kwachak-Hall (SLT); Doris Jones (WS))

Tahoe:

- The SLT Outpatient Clinician and Mental Health Workers continue to actively work with Clients in person at the office, in Clients' homes, by telephone, and by telehealth. The Clinician and Mental Health Workers continue to engage and provide services in community settings. Any face-to-face meetings are handled with safety as a priority, ensuring that COVID-19 precautions and guidelines are adhered to. Currently, SLT has one Clinician and two Mental Health Workers to provide comprehensive services to 92 outpatient Clients.

West Slope:

- The WS Outpatient Clinic staff continue to observe COVID safety guidelines and precautions as they actively work with Clients and Clients' natural and community supports in the Clinic, in the Wellness Center, in the community, via telephone and telehealth, individually and in groups, engage Clients in individualized behavioral health treatment, goal setting, treatment planning, and case management, support and consult with the Clinic Medication/ service providers, monitor caseloads, crisis contacts/interventions and inpatient admissions, provide individualized services, supports and referrals and complete Client check-ins to support continued behavioral health treatment, engagement, supports, and services as well as provide backup coverage when coworkers are off/out.

**Wellness Center Activities:**

Tahoe:

- On December 22, the Wellness Mental Health Workers, with the help of the Behavioral Health team, created a Holiday Celebration to share with approximately 20 Clients, where we shared a meal, played games (with fun prizes), and enjoyed holiday music.

West Slope:

- Tuesday, December 7: A MHSA Community Program Planning Process Meeting was held in our Wellness Center. MHSA staff facilitated the meeting for Wellness Center attendees. MHSA program information was shared, future plans and possible changes were discussed, and surveys were distributed and collected to obtain Wellness Center participants' feedback, comments, and suggestions.

Wellness Center Staff Margie Garcia supported the MHSA Community Planning Process meeting by providing participants with education about MHSA, reminding how valued participants are, how important their feedback is and that their completed surveys will be used to make needed and beneficial changes so that MHSA programs remain effective in supporting journeys to wellness. Attendees were also offered help to complete their surveys and were given the option to write letters to MHSA program staff. Several participants remarked that it was nice to hear that they are valued members of our community!

- Thursday, December 14: A Holiday Gift Shop Event was held for Wellness Center participants and was a huge hit! This 1st Annual Holiday Gift Shop Event was suggested by Nancy Callahan, I.D.E.A. Consulting and coordinated by t-

house staff Laura Volk with assistance from Dindy Williams, t-house staff, and Margie Garcia and Shyla Everett, Wellness Center Staff. The success of this event would not have been possible without the many generous donations of gift items, giveaways and baked goods received from staff. The Clients were extremely thankful and thoroughly enjoyed the opportunity to "shop" for the holidays!

- Friday, December 17: The Wellness Center hosted a Holiday gathering and meal for Wellness Center participants. The Dried Mangoes Band played and sang seasonal songs live in the Wellness Center. Hot cocoa with a host of toppings, including candy canes, were served and enjoyed. Art activities were part of the festivities that included an ornament making station. Participants could choose to place the ornament on the Wellness Center tree or take it home. Attendees were very engaged and expressed their appreciation and thanks for such a joyful event and experience.
- Thursday, December 30: Wellness Center Brain Health & Brain Teasers. Information, education, discussion and activities were provided. Wellness Center participants were very interested and engaged in this new, fun option offered in our Wellness Center. It has been both beneficial and rewarding to see participants challenging themselves with the brain teaser activities as well as having friendly, fun competition to see who would finish first!
- Weekly Dried Mangoes Band Group & Improv Music Group at Wellness Center are regularly attended by 5 to 6 individuals.
- Donations of Warm Winter Coats continue to be accepted by t-house & Wellness Center staff for distribution to Clients in need. All other clothing donations are suspended at this time, but will resume prior to the Spring Clothes Closet Event TBA. Clients continue to have access to community clothes closets and resources.

#### **ICM Activities:**

##### Tahoe:

- Field trips to different locations are provided monthly as weather permits.
- This month a field trip was offered to Carson City where Clients engaged in grocery and holiday shopping.

##### West Slope:

- Staff worked on Christmas to provide all Clients with a home cooked meal and provided them with winter necessities.
- ICM staff has been providing outings on the weekends for t-house Clients and a few independent Clients.

### **CHILDREN'S SERVICES (Angelina Larrigan)**

- FURS had zero calls for service in December.
- Zero requests for FFPSA QI assessments in December.
- 1 FFPSA referral for Hi-Fidelity Wrap aftercare services.
- Planning for middle school student wellness centers continues to take place.
- Behavioral Health continues to prepare for the launch of the first phase(s) of the CalAIM broad based service transformation to better serve Medi-Cal beneficiaries which is scheduled to launch January 1, 2022.

### **DBT/FEP Program (Jody Kwachak-Hall)**

Tahoe:

- DBT groups are not being provided at this time.
- DBT skills education and practice is done on an individual basis.

## ADULT OUTPATIENT GROUP SCHEDULES

As a result of COVID-19 precautions, groups are being provided on a limited basis to active Clients only.

### INITIALS & DEFINITIONS

<b>Initials</b>	<b>Definition</b>
AB	Assembly Bill
ACEs	Adverse Childhood Experiences
ADL	Activities of Daily Living
ADP	Alcohol and Drug Programs
AMFT	Associate Marriage and Family Therapist
AOT	Assisted Outpatient Treatment
APCC	Associate Professional Clinical Counselor
APS	Adult Protective Services
ARF	Adult Residential Facility
ARPA	American Rescue Plan Act of 2021
B&C	Board and Care
BHC	Behavioral Health Court
BHD	Behavioral Health Division (formerly the Mental Health Division)
BOMUSD	Black Oak Mine Unified School District
BSCC	Board of State and Community Corrections
CalAIM	California Advancing and Innovating Medi-Cal
CalMHSA	California Mental Health Services Authority
CalQIC	California Quality Improvement Coordinators
CANS	Child and Adolescent Needs and Strengths
CBHDA	County Behavioral Health Directors Association of California
CBO	Community Based Organization
CBT	Cognitive Behavior Therapy
CCC	Community Corrections Center or California Conservation Corps
CCP	Community Corrections Partnership
CCR	Continuum of Care Reform
CDCR	California Department of Corrections and Rehabilitation
CDSS	California Department of Social Services
CEU	Continuing Education Unit
CFMG	California Forensic Medical Group
CFR	Code of Federal Regulations
CFT	Children and Family Teams
CFTN	Capital Facilities and Technology Needs
CHP	California Highway Patrol
CIT	Crisis Intervention Team
CMS	Centers for Medicare & Medicaid Services
CPP	Community Planning Process

CPS	Child Protection Services
CPT	California Psychiatric Transitions
CRRSAA	Coronavirus Response and Relief Supplemental Appropriations Act, 2021
CSS	Community Services and Supports
CWS	Child Welfare Services
DBT	Dialectical Behavior Therapy
DHCS	Department of Health Care Services (California)
DMC-ODS	Drug Medi-Cal Organized Delivery System
DUI	Driving Under the Influence
Dx	Diagnosis
ED	Emergency Department
EDC	El Dorado County
EDCMH	El Dorado County Mental Health
EDCOE	El Dorado County Office of Education
EDCSO	El Dorado County Sheriff's Office
EDSO	El Dorado Sheriff's Office
EDCVC	El Dorado Community Vision Coalition
EH	Extra Help
EHR	Electronic Health Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment
EQRO	External Quality Review Organization
ER	Emergency Room
FAQs	Frequently Asked Questions
FEP	First Episode Psychosis
FFPSA	Families First Prevention Services Act
FSP	Full Service Partnership
FTE	Full-Time Equivalent
FURS	Foster Youth Urgent Response System
FY	Fiscal Year
HHSA	Health and Human Services Agency
HOT	Homeless Outreach Team
Hubs	Reference to the Innovation Program "Community-Based Engagement and Support Services", also called "Community Hubs"
IA	Intergovernmental Agreement
ICC	Intensive Care Coordination
ICM	Intensive Case Management
IHBS	Intensive Home-Based Services
IMD	Institution for Mental Disease (facility)
ITWS	Information Technology Web Services
Katie A.	<i>Katie A. vs. Bonta</i> Lawsuit and/or resulting programs/services
LCSW	Licensed Clinical Social Worker
LL	Laura's Law
LOCUS	Level of Care Utilization System
LPCC	Licensed Professional Clinical Counselor
LPS	Lanterman Petris Short

LT	Limited Term
LTCC	Lake Tahoe Community College
MAR	Medication Administration Record
MDT	Multi-Disciplinary Team
M-F	Monday through Friday
MH	Mental Health
MHBG	Mental Health Block Grant
MHD	Mental Health Division
MHRC	Mental Health Rehabilitation Center (facility)
MHSA	Mental Health Services Act
MHSOAC	Mental Health Oversight and Accountability Commission
MHSUDS	Mental Health and Substance Use Disorder Services, a division of the State's Department of Health Care Services (DHCS)
MHW	Mental Health Worker
MIOCR	Mentally Ill Offender Crime Reduction
MOA	Medical Office Assistant
MOU	Memorandum of Understanding
MRT	Moral Reconciliation Therapy
NACT	Network Adequacy Certification Tool
NM	New Morning Youth & Family
NMD	Non-Minor Dependent
NOABD	Notice of Adverse Benefit Determination
NTE	Not-to-Exceed
NTP	Narcotic Treatment Program
OAC	Mental Health Services Oversight and Accountability Commission, also MHSOAC
OP	Outpatient
PA	Physician Assistant
PATH	Projects for Assistance in Transition from Homelessness
PCP	Primary Care Physician
PD	Police Department
PEI	Prevention and Early Intervention
PERT	Psychiatric Emergency Response Team
PES	Psychiatric Emergency Services
PG	Public Guardian
PHF	Psychiatric Health Facility
PIP	Primary Intervention Program or Program Improvement Plan
PL	Public Law
POC	Plan of Correction
PPD	Placerville Police Department
PPE	Personal Protective Equipment
PSC-35	Pediatric Symptom Checklist
QA/UR	Quality Assurance/Utilization Review
QI	Quality Improvement or Qualified Individual
QI/UR	Quality Improvement/Utilization Review
QIC	Quality Improvement Committee



RIF	Reduction in Force
RFI	Request for Information
RFP	Request for Proposal
RFQ	Request for Qualifications
ROI	Authorization for Release of Information
ROC	Restoration of Competence
RV	Remi Vista
SABG	Substance Abuse Prevention and Treatment Block Grant
SAMHSA	Substance Abuse and Mental Health Services Administration
SB	Senate Bill
SCF	Sierra Child & Family
SLT	South Lake Tahoe
SLTPD	South Lake Tahoe Police Department
SO	Sheriff's Office
STACS	South Tahoe Alternative Collaborative Services
STHS	South Tahoe High School
STRTP	Short-Term Residential Therapeutic Program
SUD	Substance Use Disorders
SUDS	Substance Use Disorder Services
SV	Summitview Child & Family
SYS	Stanford Youth Solutions
T-House	Transitional Housing
TAY	Transitional Age Youth
TBD	To Be Determined
TCH	Tahoe Coalition for the Homeless
TFC	Therapeutic Foster Care
TYFS	Tahoe Youth and Family Services
Tx	Treatment
TY	Tahoe Youth and Family Services
UR	Utilization Review
VA	United States Department of Veterans Affairs
WET	Workforce Education and Training
WIA	Workforce Investment Act
WOIA	Workforce Innovations and Opportunities Act
WS	West Slope