

**Behavioral Health Division Update  
Behavioral Health Commission  
October 2021 Data  
November 17, 2021 Meeting**

**BH Director & DEPUTY DIRECTOR UPDATES**  
**(Nicole Ebrahimi-Nuyken)**

- During the 11/09/21 Board of Supervisor meeting, the Board decided to approve the HHSA American Rescue Plan Act (ARPA) funding request. El Dorado County was allocated approximately \$37.46 million. The County received approximately \$18.7 million in June 2021 and is scheduled to receive an additional \$18M in June/July 2022. The ARPA funds must be obligated by December 31, 2024 and spent by December 31, 2026. Behavioral Health requested \$7,264,000. The Board approved this request, which will provide necessary funding to meet many current and future behavioral health needs of adults and children in El Dorado County.
- Summitview's Adult Residential Facility, Silver Ridge, closed their operations on November 15th. Successful placement was found for four of the individuals at a lower level of care and one individual is in a short-term solution while waiting for placement at another ARF or SRF. The vendor that was awarded the RFP to build a new Social Rehabilitation Facility has a facility in Sacramento. On November 9th, EDC now has a contract in place to utilize that facility. The new vendor is excited to start developing the new program in EDC and there should be updates in the next month or two on this.

**EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING**

- **New Hires:**
  - Veronica Vanderwyk, Medical Records Technician
- **Promotions:**
  - None
- **Recruitments:**
  - Ongoing
    - WS Mental Health Clinicians (Extra Help and Regular)
    - WS Mental Health Clinician - Substance Use Disorder Program
    - WS Medical Office Assistant
    - SLT MH Clinicians
    - SLT MH Clinician - Substance Use Disorder Program
    - SLT MH Clinician (Extra Help)
    - SLT Extra Help Workers and Aides
    - SLT Extra Help Psychiatric Technician/LVN
    - WS Psychiatric Technician
    - WS Administrative Analyst

- WS Administrative Technician
- **Separations:**
  - Kim Jones, Mental Health Worker, SLT
  - Melissa Fisk, Mental Health Worker, SLT
- **Position Changes:**
  - Krystal Hogan, Mental Health Clinician- Promoted to Interim Mental Health Program Coordinator

**Filled and Vacant Clinician and Clinical Support Positions (as of 11/02/2021)**

Position Category	Status	SUDS	MHSA	Traditional	Total
Clinician	Filled	2.00	15.55	3.95	21.50
	Vacant WS	1.00	5.35	0.65	7.00
	Vacant SLT	1.00	2.00	1.00	4.00
Clinician Total		4.00	22.90	5.60	32.50
Clinical Support	Filled	9.27	22.02	2.28	33.75
	Vacant WS	--	2.00	--	2.00
	Vacant SLT	--	3.00	--	3.00
Clinical Support Total		9.27	27.20	2.28	38.75
Total		13.27	50.10	2.28	71.25

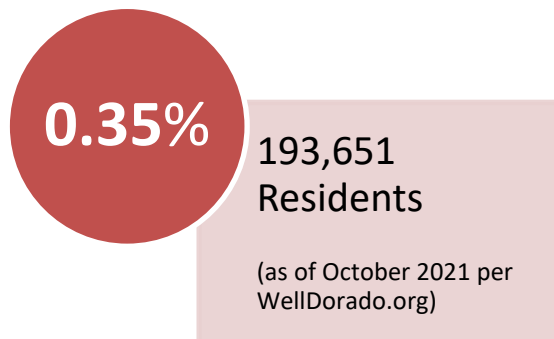
“Clinical Support” includes all Health Education Coordinators (even if assigned to Prevention activities), Program Assistants, Mental Health Workers, Mental Health Aids, and Psychiatric Technicians.

## SERVICES BY THE NUMBERS...

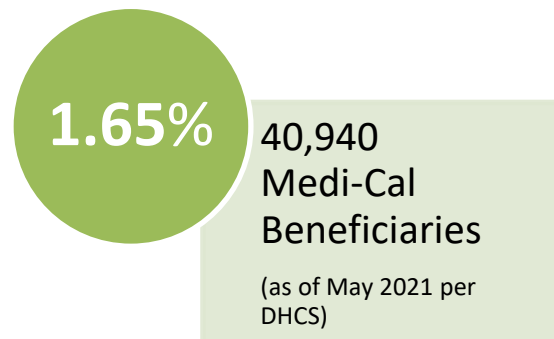
### Penetration Rates

674 Outpatient Clinic and LPS Clients this Month

#### Entire County Population:



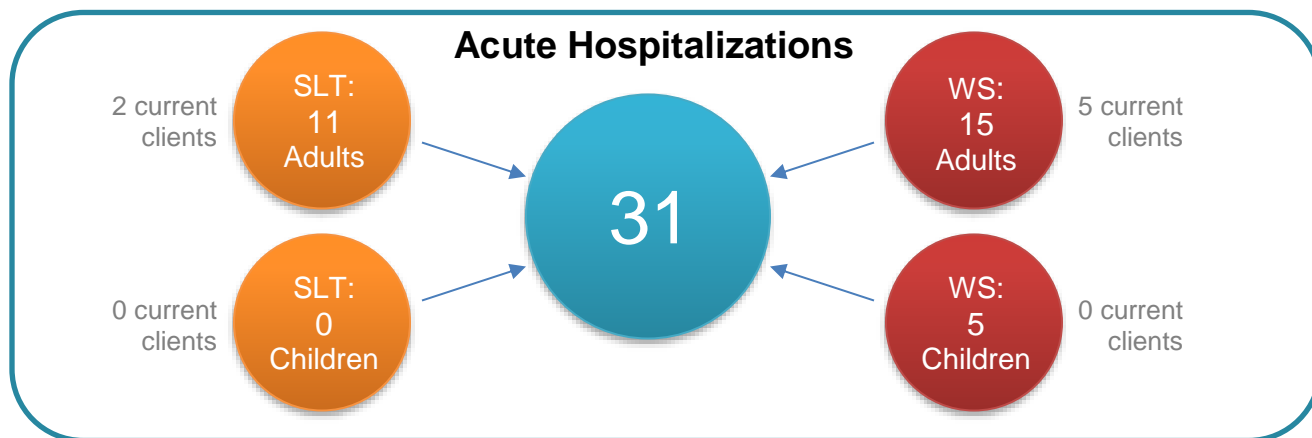
#### Medi-Cal Beneficiaries:



The MHP is contracted with the State to provide Specialty Mental Health Services to Medi-Cal beneficiaries and those without insurance only.

### Psychiatric Emergency Services (PES) (Crisis Services)

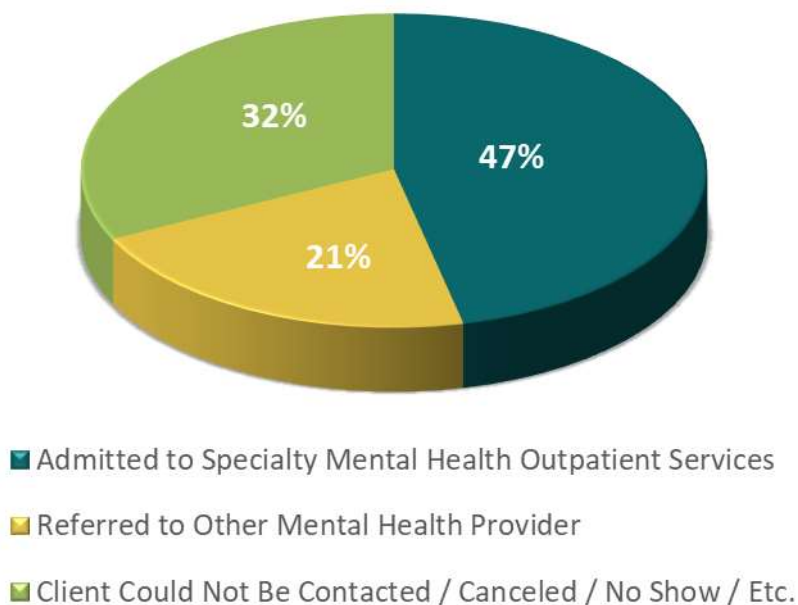




The MHP is contracted with the State to provide Psychiatric Emergency Services to any individual within the boundaries of the County, regardless of insurance or residency status.

## Requests for Services

**Disposition of Requests for Services**  
Total This Month: 99



## PLACEMENTS

### Board and Care / IMDs / Secure Placements (Lesly Van Sloten)

- **22** IMD beds
- **1** State Hospital
- **13** Enhanced Board and Care beds
- **10** Board and Care - Sacramento & Galt
- **Total:**
  - **40** Out of County Placements
  - **2** In County Placements

### Transitions Treatment Program

(Danielle Bogan/Lesly Van Sloten and Jody Kwachak-Hall/Chris Kernes)

- **WS:** 17 of 19 beds filled:
  - T1 **1** openings,
  - T2 **0** openings,
  - T3 **1** openings,
  - T4 **0** openings

\*Two (2) new beds have been order, currently unable to fill one bed at both T1 and T3.
- **SLT:** 5 of 6 beds filled:
  - T1 openings: 1 openings

### Permanent Supportive Housing

(Meredith Zanardi and Jody Kwachak-Hall/Chris Kernes)

#### West Slope

Clients receive services from the Wellness and Recovery team or from community based supports

- **5** of 5 units occupied
- Wait List:
  - 1 bedroom: 9
  - 2 bedroom: 7
  - 3 bedroom: 1

#### South Lake Tahoe

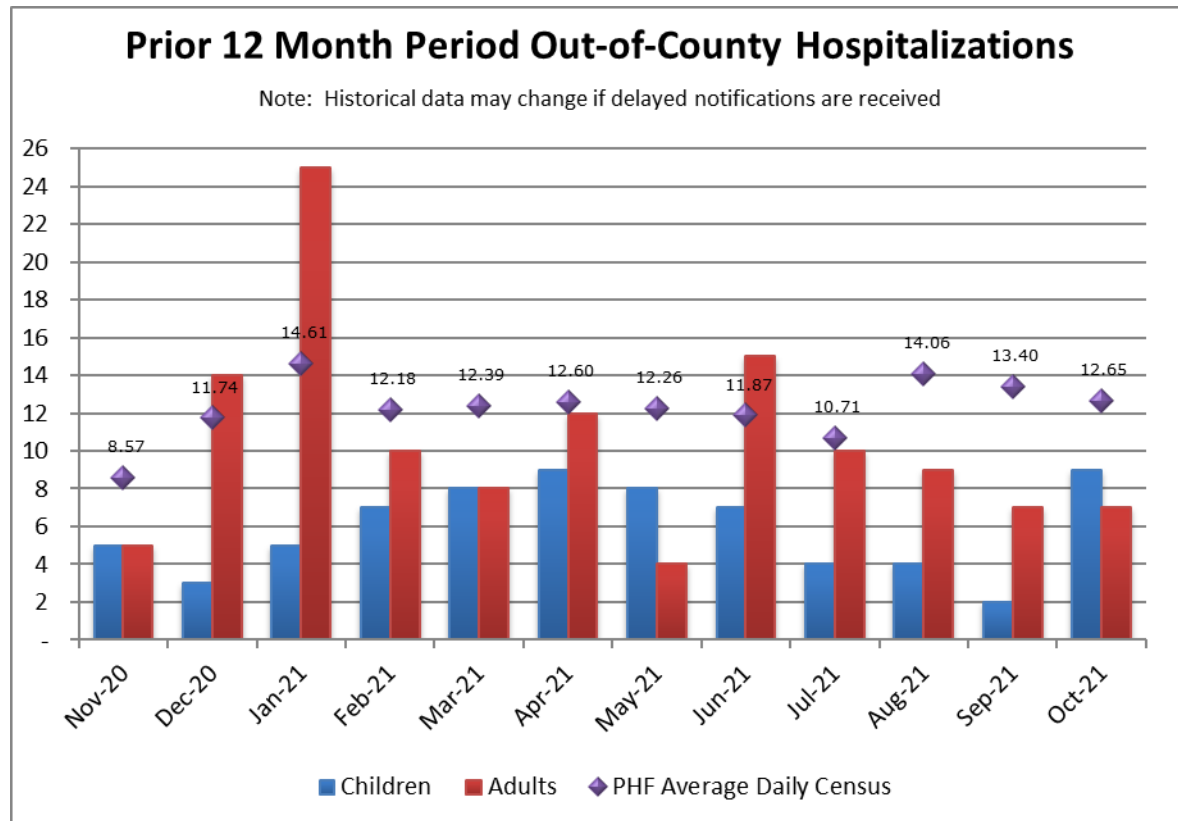
Clients receive ICM team coverage

- **6** of 6 units occupied
- Wait List: unknown
  - This development is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

### Psychiatric Health Facility (Lesly Van Sloten)

- There were **23** Admissions; **18** Admissions were El Dorado County residents and **5** were Out of County residents.
- There were **23** El Dorado County residents discharged; **11** to Home with Support, **0** to Home without support, **0** MHRC/IMD, **3** Board and Care, **1** to ICM T-House, **0** to Shelter, **8** to Other, and **0** to Emergency Department.
- Upon discharge, **20** El Dorado County residents were insured and **3** El Dorado County residents were pending insurance.
- There were **5** Seclusion Episodes, **1** Physical Restraint Episodes (**unknown** minutes), **10** Assaults (**unknown** clients), **0** Elopements, **3** Medication Errors (**unknown** medication errors with no patient involvement), Client Surveys **n/a**
- There were **unknown** denials of El Dorado County referrals: N/A
- Average daily census was **12.65** (range 10 - 15) with **15.09** average length of stay of days.
- Concurrent Reviews resulting in no medical necessity found. **0**

### Out-of-County Acute Psychiatric Hospitalizations (Medi-Cal Beneficiaries Only) (Moriah Weldy)



## CRISIS SERVICES

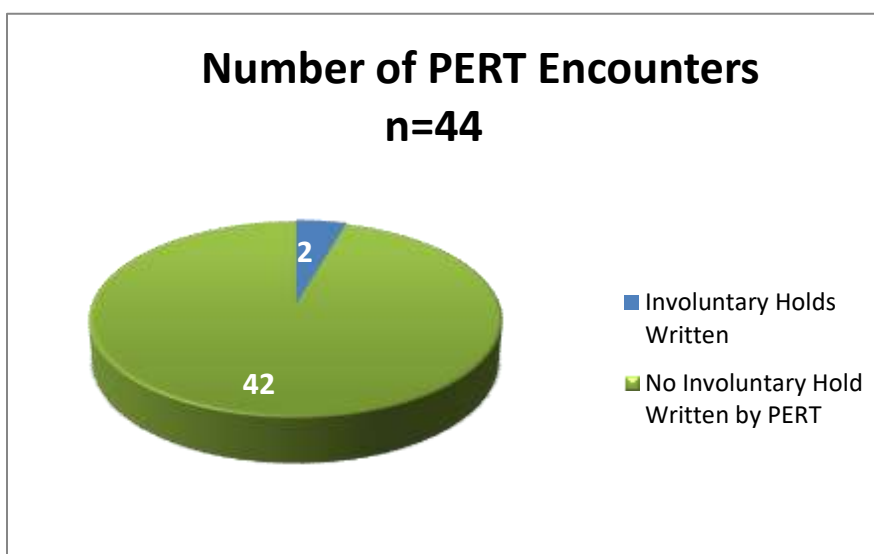
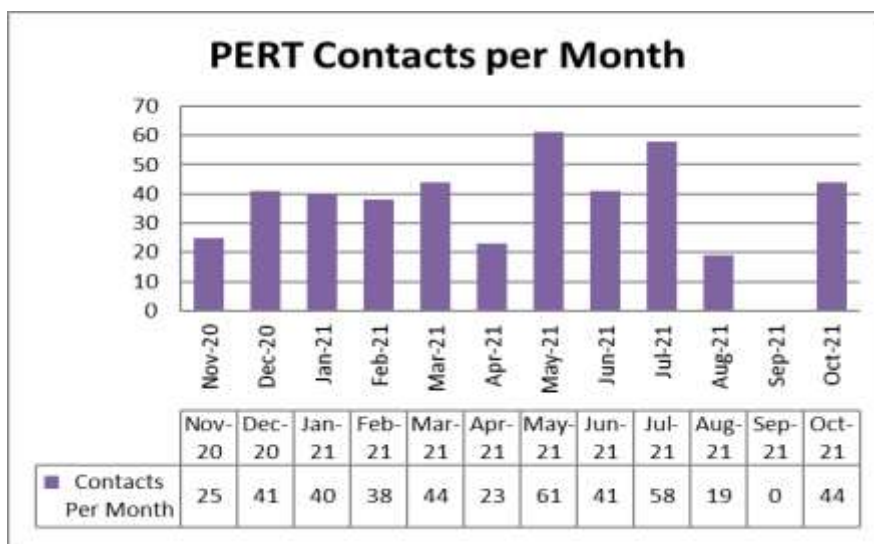
### Crisis Intervention Teams (CIT)

(Lesly VanSloten and Jody Kwachak-Hall/Chris Kernes)

- **SLT:** 3 clinicians rotating as crisis workers for SLT from 8am-5pm weekdays and 16 hours on Saturday and Sunday. The Program Manager is covering on-call crisis for SLT Mon-Fri 5PM-12AM and participates in the Manager on-call rotation for SLT & WS
- **WS:** Crisis Intervention Team for WS did not meet in October due to further Caldor Fire coordination.

### Psychiatric Emergency Response Team (PERT)

(Doris Jones)



**Additional PERT Data:**

Safety Plans	30
Law Enforcement Holds Written during PERT Shift	0
Voluntary Transports to Emergency Department	2
Law Enforcement Holds Written	26
Behavioral Health Outpatient Holds Written	0
Other/Unable to Locate/Inaccurate Report for Service	10
Substance Use Admitted/Confirmed	4
Adult Protective Services (APS) Referrals	1
"Fit For" Jail Crisis Risk Assessments Conducted by PERT	1

**South Lake Tahoe Alternative Collaboration Services (STACS)  
(Amy Haynes / Salina Drennan / Chris Kernes)**

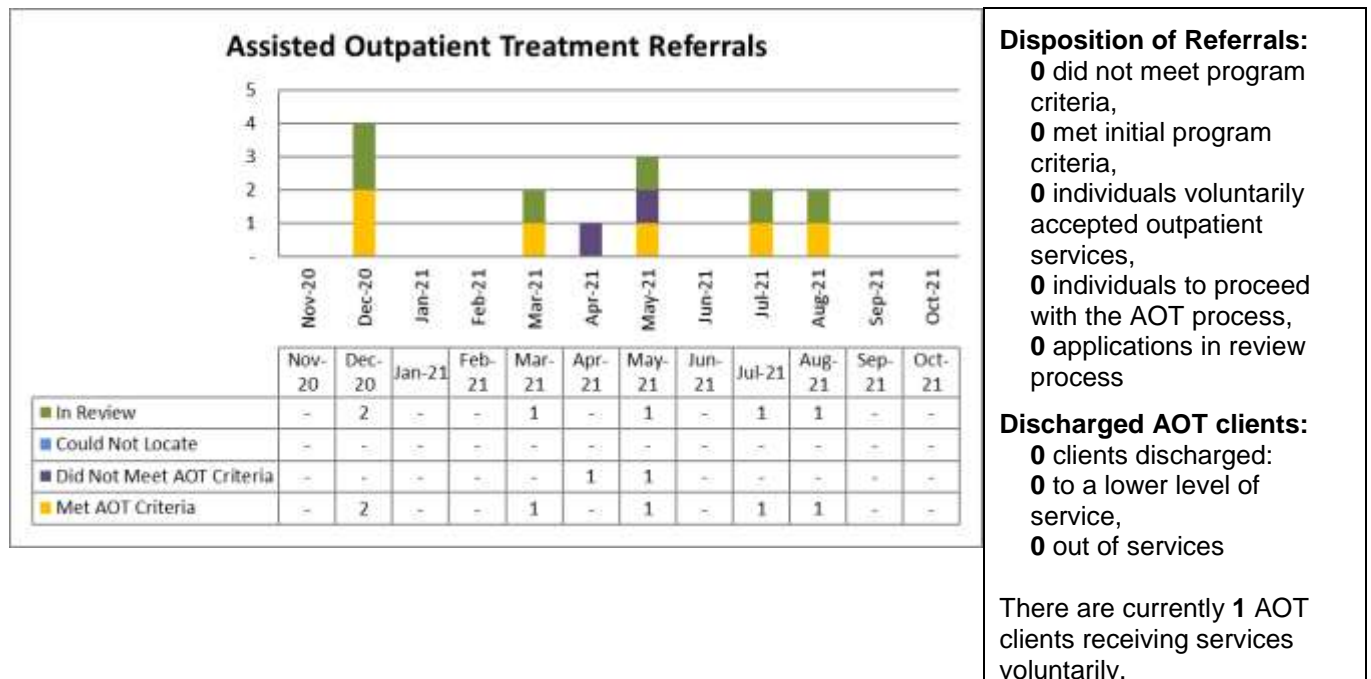
- Attended the monthly STACS meeting. No infield or outreach for the month of October.
- SLTPD plans to invest on tablets to be used to link individuals to EDCBH for infield crisis.

**JUSTICE SERVICES****Restoration of Competency (Lesly Van Sloten)**

- 0 Outpatient ROC referrals
- 0 Jail ROC referral
- 0 client receiving ROC Outpatient services
- 0 client receiving ROC Inpatient services



## ASSISTED OUTPATIENT TREATMENT (AOT) (Lesly Van Sloten)



## QUALITY ASSURANCE & PATIENT RIGHTS

### Grievances/Appeals/Hearings (Christina Hammel / Ren Strong)

Month Filed	Month Completed	Type	Topic	Location	Outcomes (Appeals / Hearings Only)
09/2020	10/2020	Grievance	Quality of care – Staff Behavior Concern	PHF	
09/2020		Grievance	Quality of care – Treatment concern	Other Department	
09/2020	10/2020	Grievance	Quality of care – Staff Behavior	PHF	

## PROGRAM ACTIVITY UPDATES

### SUBSTANCE USE DISORDER SERVICES (Salina Drennan)

- SUDS is currently seeking community providers in the Western Slope and South Lake Tahoe areas to deliver Drug Medi-Cal SUD Outpatient and Intensive Outpatient Services for youth and adults. The Request for Proposal can be found here at Planetbids <https://pbsystem.planetbids.com/portal/48157/bo/bo-detail/86206>

## **MENTAL HEALTH SERVICES ACT (MHSA) (Meredith Zanardi/Moriah Weldy)**

- Continued planning for the Fiscal Year 2022/23 Annual Update Community Program Planning Process (CPPP) meetings.
- El Dorado County Behavioral Health is partnering with the El Dorado County office of Education (EDCOE) to apply for the Mental Health Student Services Act Partnership Grant. For this grant opportunity, counties are required to be the grantee of funds, however, the application and programming is being administered by EDCOE. No match is required for this grant.
- The Cultural Competence Workgroup has been updating our current Cultural Competence Plan to meet MHSA and DHCS requirements
- Participated in various conference calls, webinars, and meetings related to items of interest to MHSA.
- Continued implementation of activities related to the MHSA Three-Year Program and Expenditure Plan.
- Provided technical assistance to some PEI contracted providers.

## **Suicide Prevention (Ren Strong)**

- Update will be provided in December 2021.

## **ADULT OUTPATIENT SERVICES**

**(Jody Kwachak-Hall (SLT); Doris Jones (WS))**

Tahoe:

- Outpatient Clinicians and MH Workers are actively working with clients in person, in the field/community, by telehealth and telephone. All face-to-face meetings are handled in accordance with Covid-19 safety precautions adherence.

West Slope:

- Outpatient Adult Services welcomed a new licensed clinician Alexandra Masi who comes with many skills, including inpatient psychiatric health facility experience completing assessments, treatment, discharge and safety plans, providing crisis and placement services and resources, facilitating groups and drafting group curriculum with an emphasis on DBT and Trauma Informed Care and was also 5150 certified in Sacramento County.
- The Outpatient and FSP teams are working collaboratively to support and train Alexandra in El Dorado County Behavioral Health processes and procedures.
- An OP Clinician in collaboration with Wellness Center staff who have been providing ongoing and frequent support to a homeless behavioral health client who also struggles with a traumatic brain injury and gambling addiction with a personal goal of obtaining employment, stability and housing, secured a board and care placement through collaborative efforts between their OP Clinician, WC staff and an EDC APS Social Worker.

## Wellness Center Activities:

### Tahoe:

- The Wellness Center remains open to active clients. Due to limited staffing, frequency of groups were reduced from 5 days/week to 1 day/week.
  - 1st and 2nd week - Coping skills group and Symptom Management
  - 3rd week - Forensic group
  - 4th week - Socialization
- Our group attendance remains consistent.

### West Slope:

- The Wellness Center continues to be open on Monday, Tuesday, Thursday and Friday to T-House participants, clients who are brought in from out of county placements and clients by invitation only to ensure that COVID mandates and distancing requirements are maintained.
- Clients continue to actively engage in Wellness Center activities and provide positive feedback re The Center. Of note: The Community Events/What's Happening in El Dorado County group facilitated by Shyla Everett remains very popular and well attended. Shyla presents information on upcoming community events from a variety of sources and encourages client attendance, socialization and community involvement.
- Wellness Center staff are happy to report continued increases in groups attended by WC participants. Clients are participating in at least one, although most are attending and participating in two groups offered during WC hours.
- Wellness Center hosted a Halloween party in the Wellness Center with activities such as cookie decorating, pumpkin painting, karaoke, movie, bingo, guess # of pumpkin seeds in a pumpkin, bake pumpkin seeds, and Halloween Trivia complete with prizes for the winners. WC attendees were in high spirits as they socialized and participated in the activities and expressed their gratitude to Wellness Center staff for hosting this fun and lively event.
- Wellness Center staff interventions have resulted in program engagement by typically very introverted, isolative, shy clients who are now engaged, participating, socializing and flourishing with the support of our amazing Wellness Center Team! Client feedback regarding the activities, groups and the overall Wellness Center experience has been positive and inspiring!

### ICM Activities:

#### Tahoe:

- ICM team continues to meet with ICM Clients to provide MH support and independent living skills education in the office, in the T-House, in Wellness, on Wellness outings, and in other community settings. A recent outing included a field trip to Virginia City, which was a fun trip for the 11 Clients who participated. We have a MH Worker who will offer Thanksgiving festivities to the THouse Clients over the upcoming holiday.

#### West Slope:

- ICM is having a Thanksgiving Celebration on 11/19 for all T house clients and Independent clients (along with Wellness Center Staff). On Thanksgiving day staff has volunteered to make a full Thanksgiving dinner for each T house so that the clients that do not have family to go home to will get to have a nice dinner. ICM staff is working on collecting pajamas and small gift items for Christmas for the clients. Holiday dinner planning is underway. We are taking the client to see the Christmas lights at Bayside later this month.

### CHILDREN'S SERVICES (Angelina Larrigan)

- EDC BH continues to make progress towards FFPSA mandates, which require a considerable amount of attention and coordination to implement. The plan is to contract out these duties, however, this process will take time and internal EDC BH Access staff will need to provide the mandated services in the interim.
- FURS- Six staff on the WS have been fully trained for FURS and are managing all FURS related needs at this time.
- The director of Behavioral Health is working with education on plans for implementing Mental Health Student Services, which is centered on establishing comprehensive mental health programs within the school system.

### Transitional Age Youth (TAY) DBT/FEP Program (Chris Kernes)

#### Tahoe:

- We are not providing DBT groups at this time.
- DBT skills work is done individually in FSP/FEP/TAY/ and to our traditional Clients.

## INITIALS & DEFINITIONS

Initials	Definition
AB	Assembly Bill
ACEs	Adverse Childhood Experiences
ADL	Activities of Daily Living
ADP	Alcohol and Drug Programs
AMFT	Associate Marriage and Family Therapist
AOT	Assisted Outpatient Treatment
APCC	Associate Professional Clinical Counselor
APS	Adult Protective Services
ARF	Adult Residential Facility
ARPA	American Rescue Plan Act of 2021
B&C	Board and Care
BHC	Behavioral Health Court
BHD	Behavioral Health Division (formerly the Mental Health Division)
BOMUSD	Black Oak Mine Unified School District
BSCC	Board of State and Community Corrections
CalAIM	California Advancing and Innovating Medi-Cal
CalMHSA	California Mental Health Services Authority
CalQIC	California Quality Improvement Coordinators
CANS	Child and Adolescent Needs and Strengths
CBHDA	County Behavioral Health Directors Association of California
CBO	Community Based Organization
CBT	Cognitive Behavior Therapy
CCC	Community Corrections Center or California Conservation Corps
CCP	Community Corrections Partnership
CCR	Continuum of Care Reform
CDCR	California Department of Corrections and Rehabilitation
CDSS	California Department of Social Services
CEU	Continuing Education Unit
CFMG	California Forensic Medical Group
CFR	Code of Federal Regulations
CFT	Children and Family Teams
CFTN	Capital Facilities and Technology Needs
CHP	California Highway Patrol
CIT	Crisis Intervention Team
CMS	Centers for Medicare & Medicaid Services
CPP	Community Planning Process
CPS	Child Protection Services
CPT	California Psychiatric Transitions
CRRSAA	Coronavirus Response and Relief Supplemental Appropriations Act, 2021
CSS	Community Services and Supports
CWS	Child Welfare Services
DBT	Dialectical Behavior Therapy
DHCS	Department of Health Care Services (California)
DMC-ODS	Drug Medi-Cal Organized Delivery System
DUI	Driving Under the Influence
Dx	Diagnosis
ED	Emergency Department
EDC	El Dorado County
EDCMH	El Dorado County Mental Health
EDCOE	El Dorado County Office of Education

EDCSO	El Dorado County Sheriff's Office
EDSO	El Dorado Sheriff's Office
EDCVC	El Dorado Community Vision Coalition
EH	Extra Help
EHR	Electronic Health Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment
EQRO	External Quality Review Organization
ER	Emergency Room
FAQs	Frequently Asked Questions
FEP	First Episode Psychosis
FFPSA	Families First Prevention Services Act
FSP	Full Service Partnership
FTE	Full-Time Equivalent
FURS	Foster Youth Urgent Response System
FY	Fiscal Year
HHSA	Health and Human Services Agency
HOT	Homeless Outreach Team
Hubs	Reference to the Innovation Program "Community-Based Engagement and Support Services", also called "Community Hubs"
IA	Intergovernmental Agreement
ICC	Intensive Care Coordination
ICM	Intensive Case Management
IHBS	Intensive Home-Based Services
IMD	Institution for Mental Disease (facility)
ITWS	Information Technology Web Services
Katie A.	<i>Katie A. vs. Bonta</i> Lawsuit and/or resulting programs/services
LCSW	Licensed Clinical Social Worker
LL	Laura's Law
LOCUS	Level of Care Utilization System
LPCC	Licensed Professional Clinical Counselor
LPS	Lanterman Petris Short
LT	Limited Term
LTCC	Lake Tahoe Community College
MAR	Medication Administration Record
MDT	Multi-Disciplinary Team
M-F	Monday through Friday
MH	Mental Health
MHBG	Mental Health Block Grant
MHD	Mental Health Division
MHRC	Mental Health Rehabilitation Center (facility)
MHSA	Mental Health Services Act
MHSOAC	Mental Health Oversight and Accountability Commission
MHSUDS	Mental Health and Substance Use Disorder Services, a division of the State's Department of Health Care Services (DHCS)
MHW	Mental Health Worker
MIOCR	Mentally Ill Offender Crime Reduction
MOA	Medical Office Assistant
MOU	Memorandum of Understanding
MRT	Moral Reconciliation Therapy
NACT	Network Adequacy Certification Tool
NM	New Morning Youth & Family
NMD	Non-Minor Dependent
NOABD	Notice of Adverse Benefit Determination

NTE	Not-to-Exceed
OAC	Mental Health Services Oversight and Accountability Commission, also MHSOAC
OP	Outpatient
PA	Physician Assistant
PATH	Projects for Assistance in Transition from Homelessness
PCP	Primary Care Physician
PD	Police Department
PEI	Prevention and Early Intervention
PERT	Psychiatric Emergency Response Team
PES	Psychiatric Emergency Services
PG	Public Guardian
PHF	Psychiatric Health Facility
PIP	Primary Intervention Program or Program Improvement Plan
PL	Public Law
POC	Plan of Correction
PPD	Placerville Police Department
PPE	Personal Protective Equipment
PSC-35	Pediatric Symptom Checklist
QA/UR	Quality Assurance/Utilization Review
QI	Quality Improvement or Qualified Individual
QI/UR	Quality Improvement/Utilization Review
QIC	Quality Improvement Committee
RIF	Reduction in Force
RFI	Request for Information
RFP	Request for Proposal
RFQ	Request for Qualifications
ROI	Authorization for Release of Information
ROC	Restoration of Competence
RV	Remi Vista
SABG	Substance Abuse Prevention and Treatment Block Grant
SAMHSA	Substance Abuse and Mental Health Services Administration
SB	Senate Bill
SCF	Sierra Child & Family
SLT	South Lake Tahoe
SLTPD	South Lake Tahoe Police Department
SO	Sheriff's Office
STACS	South Tahoe Alternative Collaborative Services
STHS	South Tahoe High School
STRTP	Short-Term Residential Therapeutic Program
SUD	Substance Use Disorders
SUDS	Substance Use Disorder Services
SV	Summitview Child & Family
SYS	Stanford Youth Solutions
T-House	Transitional Housing
TAY	Transitional Age Youth
TBD	To Be Determined
TCH	Tahoe Coalition for the Homeless
TFC	Therapeutic Foster Care
TYFS	Tahoe Youth and Family Services
Tx	Treatment
TY	Tahoe Youth and Family Services
UR	Utilization Review
VA	United States Department of Veterans Affairs

WET	Workforce Education and Training
WIA	Workforce Investment Act
WOIA	Workforce Innovations and Opportunities Act
WS	West Slope