



## Proclamation

of the El Dorado County Board of Supervisors

### Proclaiming the Month of May, 2018 as National Bike Month

**WHEREAS**, for more than a century, the bicycle has been an important part of the working and recreational lives of Americans; and,

**WHEREAS**, today, millions of Americans engage in bicycling as a viable and environmentally-sound form of transportation that effectively improves air quality, reduces traffic congestion and noise, increases physical activity, conserves energy, and serves as an excellent form of healthy, fun, and affordable family recreational activity; and,

**WHEREAS**, medical research has well established the fact that a minimum of 150 minutes of moderate physical activity each week can reduce incidents of heart disease, obesity, diabetes, and hypertension and improve mental health and cardio-vascular fitness; and,

**WHEREAS**, in El Dorado County, from El Dorado Hills to South Lake Tahoe, a growing population of recreational and commuter cyclists are actively involved in shaping county, city, regional and national transportation policies by working toward the expansion of bike lanes, trails and cycling incentives; and,

**WHEREAS**, by engaging in bicycling as an alternative form of transportation, the environmental impacts of motor vehicles are minimized thereby preserving the natural treasures of El Dorado County and improving the quality of life for residents and visitors; and,

**NOW, THEREFORE, BE IT PROCLAIMED**, that the Board of Supervisors for the County of El Dorado does herewith proclaim May, 2018, to be **NATIONAL BIKE MONTH** and encourages county and city residents to join them on the **GREAT BIKE RIDE** on Tuesday, May 8, 2018, from 11:30am to 1:00 p.m. on the Forni to Missouri Flat section of the El Dorado Trail.

**PASSED AND ADOPTED** by the Board of Supervisors of the County of El Dorado at a regular meeting of said Board, held the 24th day of April, 2018.

**Attest:**

James S. Mitrison  
Clerk of the Board of Supervisors

By: \_\_\_\_\_

Deputy Clerk

Michael Ranalli, Chair, Board of Supervisors