

YC Wellness Resource Survey

1. Welcome & Thank You for your participation!

Thank you for participating in our Wellness Resource Survey. The goal of this survey is to gather student input on awareness of the resources currently being provided and utilized on your campuses in support of tobacco prevention, college and career readiness, mental health and bullying and hate speech. All data is anonymous. Your honest feedback is appreciated.

1. Please Indicate Your School:

2. Please tell us your grade level:

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2. Tobacco Prevention, Including Vaping

1. How aware are you of information, resources and/or activities addressing vaping and/or nicotine addiction on your school campus?

- Not aware of any services provided
- Somewhat aware that services are offered
- Aware of services but have never used them
- Aware of services and sometimes use them
- Aware of services and use them on a regular basis
- Other (please specify)

2. Please check all resources that you are aware of:

- Office visit/Direct conversation with staff
- Assistant principal visit/direct conversation
- On-site tobacco cessation classes
- Referral to tobacco cessation class with local medical provider
- Health education about the dangers & long-term health effects of vaping
- Health education about the dangers and long-term health effects of tobacco usage
- Referral to hotline
- Support group on campus
- Other (please specify)

3. How were you made aware of services? (Please check all that apply)

- Presentations to students by outside agencies
- Presentations/information provided by peers
- Paper copy handouts
- Parents researched and shared information
- Posters on campus
- Staff member on campus
- Haven't heard of any services
- Other (please specify)

4. Please rank the following outreach suggestions to effectively address vaping on campus:

	Less/Not Effective	Somewhat Effective	Most Effective
More direct information to students about the health dangers of vaping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
More direct information to students from local law enforcement about vaping being illegal for minors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Increased student supervision on campus from campus monitors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
More information & outreach about the health and legal dangers of vaping at middle school campuses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

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3. College & Career Readiness

1. How aware are you of information, resources and/or activities/support about college and career readiness?

- Not aware of any services provided
- Somewhat aware that services are offered
- Aware of services but have never used them
- Aware of services and sometimes use them
- Aware of services and use them on a regular basis
- Other (please specify)

2. Have you participated in any of the following services at your school? (please check all that apply)

- College entrance exam preparation (PreSAT/SAT/ACT)
- Meeting with school counselors/staff to discuss career possibilities
- Meeting with school counselors/staff about college how to apply for college
- Meeting with school counselors/staff about how to apply for scholarships
- Attend a college and career fair on campus
- Counseling about understanding the classes and credits necessary to graduate from high school
- Other (please specify)

3. On your school campus, do you feel that there is at least one staff member you can reach out to for assistance with applying for a job, program, scholarship, or college?

- Yes
- No
- Unknown

4. After you finish high school, what do you expect to do next? (check all that apply)

- Attend a 4-year college
- Attend a 2-year junior college
- Attend a trade school
- Work full time at a job
- Join the military
- I'm not sure
- Other (please specify)

5. How strongly do you agree or disagree with the following statements? (1=strongly disagree, 5=strongly agree)

	1 (strongly disagree)	2 (disagree)	3 (neutral)	4 (agree)	5 (strongly agree)	N/A
My school has helped me develop the skills and knowledge I will need for college-level classes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My school has helped me understand the steps I need to take in order to apply to college	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My school has helped me figure out which careers match my interests and abilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My school has helped me understand the steps I need to take to have the career that I want	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My school helped me develop a trade that will provide a full-time job	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Please rank the following outreach suggestions to effectively provide college and career readiness information on your campus:

	Less/Not Effective	Somewhat Effective	Most Effective
Scholarship application workshop for students during school lunch	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
College and career fairs for students and parents to attend in the evenings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Job applicant workshop for students during lunch	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
College and career applicant workshop for students and parents to attend in the evening	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Informative class to all high school juniors and seniors about their options after graduation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Informative class for graduating seniors parents/guardians about options after graduation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Virtual class/Webinar available to all high school students about applying for jobs, schools, scholarships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

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4. Bullying/Hate Speech

1. How aware are you of information, resources and/or activities/support for addressing bullying and hate speech on your campus?

- Not aware of any services provided
- Somewhat aware that services are offered
- Aware of services but have never used them
- Aware of services and sometimes use them
- Aware of services and use them on a regular basis
- Other (please specify)

2. How strongly do you agree or disagree with the following statements? (1=strongly disagree, 5=strongly agree)

	1 (strongly disagree)	2 (disagree)	3 (neutral)	4 (agree)	5 (strongly agree)
I feel like a part of my school's community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can usually be myself around other students at this school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most students at this school are friendly to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Students bully each other for a lot of reasons – and being bullied is not your fault. To help schools understand the problem, why do you think it happens? (please check all that apply)

- How someone looks
- Race or skin color
- Sexual Orientation
- Sexual Identity
- Financial wellbeing of an individual's family
- Disabilities
- Religion
- Other (please specify)

4. Please rank the following outreach suggestions to effectively address bullying and hate speech on campuses:

Less/Not Effective

Somewhat Effective

Most Effective

More direct information to students about the harmful mental health effects of bullying

Increased student supervision on campus from campus monitors

Peer to peer counseling and outreach to support students that experience bullying/hate speech

Other (please specify)

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5. Mental Health

1. How aware are you of information, resources and/or activities supporting student mental health and wellness on your school campus?

- Not aware of any services provided
- Somewhat aware that services are offered
- Aware of services but have never used them
- Aware of services and sometimes use them
- Aware of services and use them on a regular basis
- Other (please specify)

2. Have you participated in any of the following services at your school? (please check all that apply)

- On-site Wellness Center
- Referral to hotline
- Referral to local agency
- Talking with school counselor/staff
- Talking with school administrative leadership
- Talking with a staff member
- STOPit app
- Peer to peer support group on campus
- Other (please specify)

3. On your school campus, do you feel that there is at least one staff member or peer you can reach out to when feeling emotional and/or mental stress?

- Yes
- No
- Unknown

4. Please rank the following suggestions for effectively providing mental health and wellness resources on your school campus:

	Less/Not Effective	Somewhat Effective	Most Effective
Confidential peer to peer counseling/support groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Campus posters/activities/outreach promoting the importance of mental health and wellness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Increased access to school counselors/staff	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Increased access to Wellness Center	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Direct information to students about county-wide services available to help	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Direct information to parents about county-wide services available to help	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

5. Outside of your school campuses, how aware are you of accessing mental health and wellness resources in our community?

- Not aware of any services provided
- Somewhat aware that services are offered
- Aware of services but have never used them
- Aware of services and sometimes use them
- Aware of services and use them on a regular basis
- Other (please specify)