



**County Name**

El Dorado

**Work Plan Title**

**Work plan #1: Youth and Family Strengthening Program**

**Population to Be Served**

At risk youth - including 1. those at risk of out of home placement ; 2. youth who are not succeeding at school, and 3. those who are involved with juvenile justice system - and their families with the goals of family strengthening and re-unification.

The local characteristics of the under-served youth that fall within this group include the Latino and Native American populations, youth in grades K-6 who are at risk of out of home placement, and transition age youth (16-17). Families with mentally ill parents and TAY at risk of homelessness and Native American male youth were also identified as high risk and under-served. All ages included.

**Work Plan Description**

*MHSA Wraparound (Outreach and Engagement and FSP program – 10 clients/year)*

The target population for the FSP Wraparound Program continues to include both Medi-Cal and non-Medi-Cal (“scholarship”) youth and families. These at-risk youth typically are in grades K through 6 and their out-of-home placement option usually is foster care, not a group home, rendering them ineligible for the SB163 program as defined in this County. These Wraparound services will be available to at least five full service partnerships distributed county-wide as need arises and capacity allows. Generally, we anticipate that the treatment course for this high level of care will be approximately 6 months and therefore we anticipate serving at least 10 families per year. Outreach and engagement services as well as other supportive activities, such as food, youth activities, and transportation, may be funded by MHSA for stabilization purposes.

*Family Strengthening Academy (General Systems Development program – 200 clients/year)*

A second youth service involves the establishment of a county-wide Family Strengthening Academy in which a range of promising, best, and evidence-based practices (including but not limited to the Incredible Years, Aggression Replacement Treatment and Trauma-Focused Cognitive Behavioral Therapy) will be offered in a variety of settings to promote family unification in a cost-effective manner (Outreach and Engagement and General Systems Development funded). MHSA funds will also be used to provide a limited number of “scholarships” for uninsured or under-insured youth and families to participate. Food, household items, childcare and transportation to and from groups may be offered. It is estimated that 200 youth and families will be served by this modality per year county-wide.

*Transitions Project (General Systems Development program – 120 clients/year)*

In an effort to support and strengthen the families of detained, at-risk transition age youth, discharge planning and family-reunification services will be provided for juvenile hall wards in both the SLT and WS regions of the County. This strategy is designed to engage transition age youth and their families in mental health, addiction and other specialized treatment services upon the youth’s release, in order to reduce recidivism and out-of-home placements. It is estimated that 120 youth and families will be served by this modality per year.

**COMMUNITY SERVICES AND SUPPORTS**

Annual Number of Clients to Be Served

  330   Total

Number of Clients By Funding Category

    10   Full Service Partnerships

   320   System Development

    10   Outreach & Engagement

**PREVENTION AND EARLY INTERVENTION**

Annual Number to Be Served

           Total

Number of Clients By Type of Prevention

           Early Intervention

           Indicated/Selected

           Universal