



# Community Health Assessment & Community Health Improvement Plan

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# What are these...

**...Community Health Assessment (“CHA”)**

**...Community Health Improvement Plan (“CHIP”)**

- Required for public health accreditation
- Best practices
- Something we should be doing anyway...
- ...and were already doing... sort-of





# First: CHA Development



- A methodical process
- Various means of acquiring assessments
- “MAPP” process selected\*

\* **M**obilizing **A**ction through  
**P**lanning and **P**artnerships



# Advisory Committee

- ➔ Alexis Zoss  
HHSA – Administration
  - ➔ Christopher Weston, MPH  
HHSA – Public Health
  - ➔ Doris Jones, MA  
HHSA – Mental Health
  - ➔ Jenn Taylor, MS, CTRS  
HHSA – Public Health
  - ➔ Josefina Solano  
HHSA – Public Health (SLT)
  - ➔ Kasey Lonbaken, R.N.  
Shingle Springs Health & Wellness
  - ➔ Kathi Guerrero  
First 5
  - ➔ Susan Forrester  
HHSA – Public Health
  - ➔ Kristine Oase-Guth, MPH  
HHSA – Public Health ★
  - ➔ Lindell Price  
Bicycle/Pedestrian Advocate
  - ➔ Nancy Williams, MD, MPH  
HHSA – Public Health
  - ➔ Ren Scammon  
HHSA – Mental Health
  - ➔ Terri Stratton, MPH  
Community Health Center
  - ➔ Woodrow Deloria  
Transportation Commission
  - ➔ Kathy Lang  
HHSA - Administration
- ★ Now with HHSA-Community Services



# Four MAPP Assessments

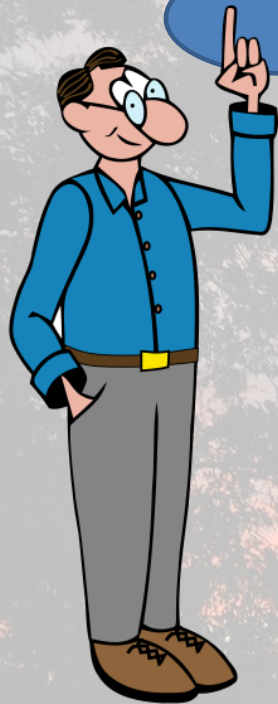


- Community Health Status Assessment (CHSA, the statistical data part of the CHA)
- Community Themes and Strengths Assessment
- Forces of Change Assessment
- Local Public Health System Assessment



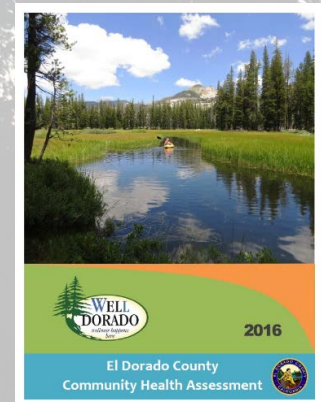


So, what did we learn from the **CHA**?



To view or download the CHA...

1. Go to [welldorado.org](http://welldorado.org).
2. Click on 'Community Health Assessment' to the right of the photo.
3. Click on the title page → → → → →









# Community Health Survey Responses



**“What are the three most important health issues in El Dorado County?”**





# Examples from the CHSA part of the CHA...



## SUBSTANCE ABUSE

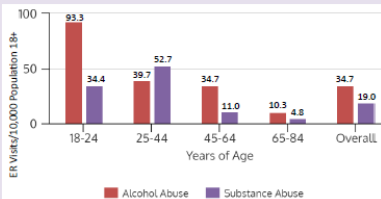
Substance abuse is a major public health issue that has strong impact on individuals, families and communities. The use of illicit drugs, abuse of alcohol and addiction to pharmaceuticals is linked to serious health conditions such as heart disease, cancer and liver diseases, costing over \$60 billion annually in lost work productivity, healthcare and crime.

**15.9% of Adults and 10.8% of Adolescents**

in El Dorado County are **Current Smokers**

(Does not include e-cigarettes or vapes)

Age Adjusted ER Rate Alcohol/Substance Abuse by Age



Alcohol and substance abuse are associated with a variety of **negative health and safety outcomes**, including alcohol-related traffic accidents and other injuries, employment problems, family disputes and other interpersonal problems, which can result in **injury or death**.

**44%**  
of motor vehicle crash **deaths** in El Dorado County involve **alcohol**

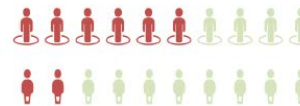
**"Adults Who Smoke"**  
Healthy People 2020 Target:



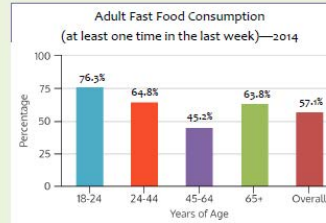
Source: WellDorado.org 2016

## NUTRITION & WEIGHT

A lack of access to healthy foods is often a significant barrier to healthy eating habits. People living farther away from grocery stores are more likely to consume unhealthy foods that may be readily available at convenience stores and fast food outlets.



**Over half of adults and fewer than a quarter of adolescents** in El Dorado County are **overweight or obese**.



Being overweight or obese affects quality of life and puts individuals at risk for developing many diseases, especially heart disease, stroke, diabetes and cancer.



Source: WellDorado.org 2016

**"Adults Who are Obese"**  
Healthy People 2020 Target:



Source: WellDorado.org 2016





# Side benefits of CHA



- Fulfills “Conduct & disseminate assessments” accreditation requirement
  - Domain 1/Standard 1: participate in/conduct collaborative process, develop comprehensive CHA
- Fulfills “Community Engagement” accreditation requirement
  - Domain 4/Standard 4.1: Engage with public health system & community to identify/address health problems through collaboration

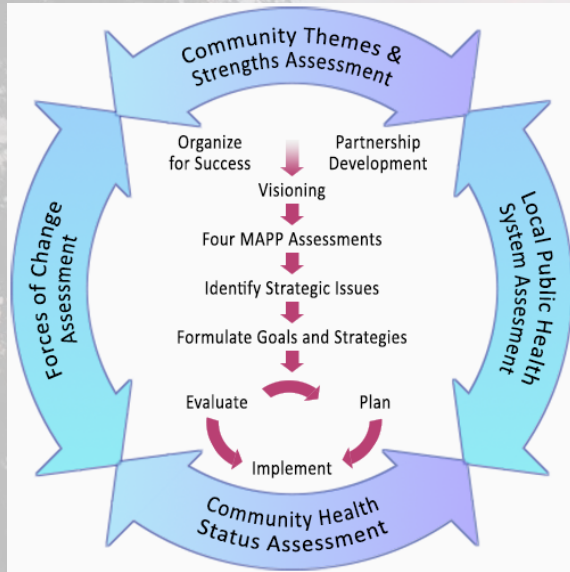




# Continuous cycle

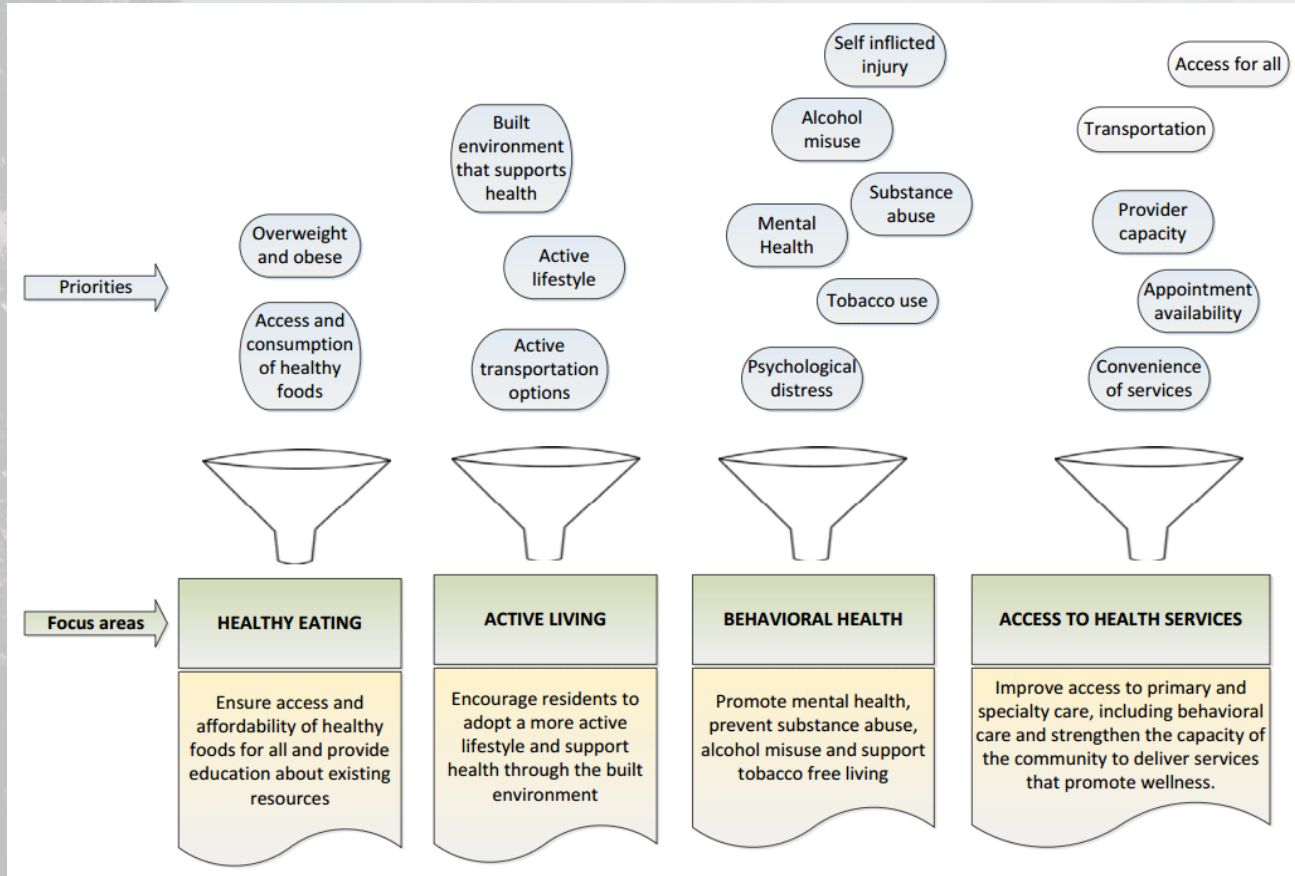


Repeat process at least every 5 years





# CHA Advisory Committee recommendations for CHIP





# What is the CHIP?



- Intended to improve community's health
- Outlines community health focus areas
- Based on CHA and community/partner input
- Action-oriented
- Establishes health priorities, goals, timelines, roles/responsibilities, health indicators
- Applies evidence-based strategies

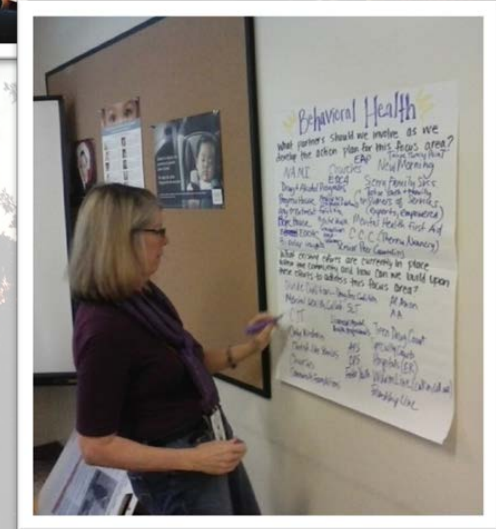




# From CHA to CHIP



- Present proposed focus areas
- Identify potential partners to leverage existing resources
- Identify current activities
- Form teams to work on every focus area
- Develop plan for improvement strategies
- Monitor progress through [WellDorado.org](http://WellDorado.org)





# Identify partners & activities



**Access to Health Services**  
 What partners should we involve as we develop the action plan for this focus area?  
 CDC BC coalition, School Nurses, PAIN, WIC, CCS, Local Providers, Senior services, Multi-act eligibility, Dental, Managed care plans, What existing efforts are currently in place within the community and how can we build upon these efforts?  
 Chiropractors, New morning program, Member, these, (CFC, Barton, Marshall, Shipton), insurance, transportation, pharmacist

**Active Living**  
 What partners should we involve as we develop the action plan for this focus area?  
 Parks & Rec, Boys & Girls Club, Bike trail agency, Schools, Pet Hawk, Churches, Lofts Gym, Sacramento State, University, Community Health Center, Transportation Commission (EDCTC), Foundation (Tanner), Marshall

**Behavioral Health**  
 What partners should we involve as we develop the action plan for this focus area?  
 NAMI, Churches, Drug + Alcohol Programs, Progress House, Hope House, EDCHC, Bi polar insights, Sierra Family Spcs., EAP, New Morning, Taking Time Point, on Summers of Services (experts, empowered), Mental Health First Aid, C.C.C. (Theresa Nancy), Senior Peer Councilors, What existing efforts are currently in place within the community and how can we build upon these efforts to address this focus area?  
 Divide Coalition - Drug Free Coalition, Mental Health Collab. SLT, C.I.T., Only Kindness, Christ-like Services, Churches, Community Foundations, Licensed Mental Health Professionals, Teen Drug Court, Specialty Courts, Hospitals (ER), Warm Line (Call or text), Friendship Line, AA

**Healthy Eating**  
 What partners should we involve as we develop the action plan for this focus area?  
 SNAP - Ed, Food Bank, Farmers Markets, Christmas cheer (SNAP), Cal - PEP, Nutrition (meals), C-NAP, Breakfasting Coalition, SNAP - WIC, CWD, LWD, We farmers meet coupons, Elder food pantries + distribution, Bread distribution, Marshall Health Room - nutrition classes, Outreach, food presentation (master gardeners), What existing efforts are currently in place within the community + how can we build upon these efforts to address this focus area?  
 EDCHC, Childhood programs, Public Health, Community gardens, Farm 2 Fork, arroyos (GO Assoc), Food pantries, Churches, SHARES, upper room, home delivered, pump loan program, nutrition class + education, Ag in classroom, school / community garden





# CHIP Process



- Identify potential partners to leverage existing resources.
- Form CHIP steering committee.
- Form work teams for each focus area
- Develop plan for improvement strategies
- Monitor progress through [WellDorado.org](http://WellDorado.org)



We are here





# CHIP Teams



CHIP Steering Committee

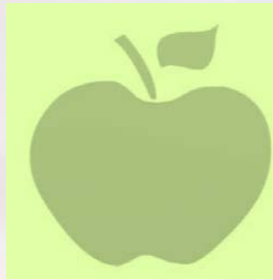
Four Focus Areas



## Access to Health Services

Improve access to and capacity to deliver health care services

Team Lead & Members



## Healthy Eating

Ensure access to healthy affordable food and existing resources

Team Lead & Members



## Active Living

Improve the community environment to support an active lifestyle for all

Team Lead & Members



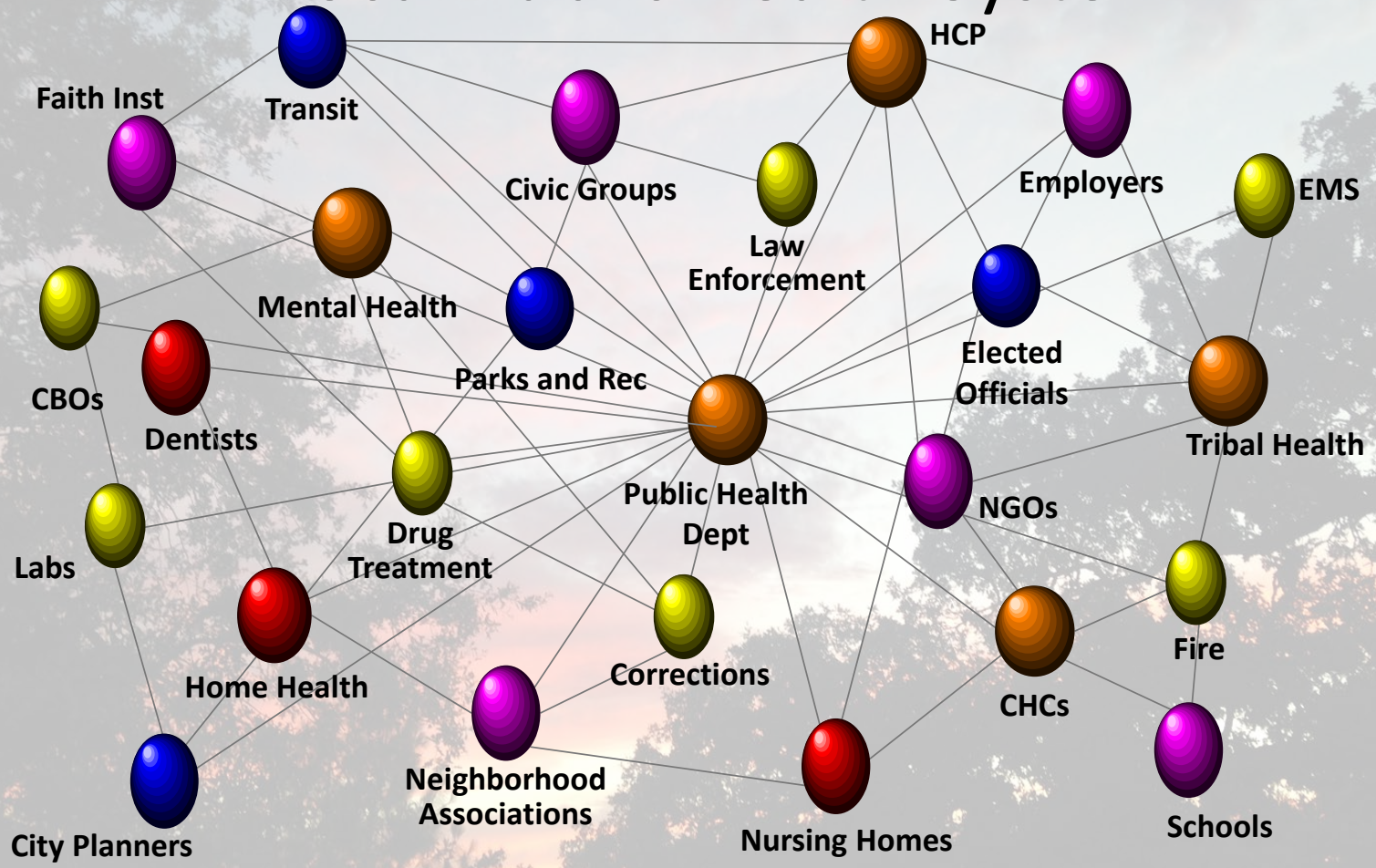
## Behavioral Health

Promote mental health, prevent substance abuse and support tobacco free living

Team Lead & Members



# Big Picture... Local Public Health System







# CHIP Tracking



Steering committee responsible for posting status updates on [WellDorado.org](http://WellDorado.org) website

The screenshot shows the WELL DORADO website interface. At the top, there is a banner with the text "WELL DORADO" and "Wellness happens here!" above a mountain range. Below the banner are four navigation links: "FIND DATA", "GET INVOLVED", "FIND RESOURCES", and "ABOUT US". A large landscape image of a forest and mountains is on the left. On the right, there is a vertical menu with four items: "Community Health Assessment", "Community Health Improvement Plan" (highlighted in dark teal with a red arrow pointing to it), "HHS Service Integration", and "Annual Quality Improvement Projects". Below the menu, there is a welcome message: "Welcome to the WELL DORADO website! We invite you to use this site as a tool to support collaboration, promote best practices, identify local resources, and drive decisions based on data."

Click here



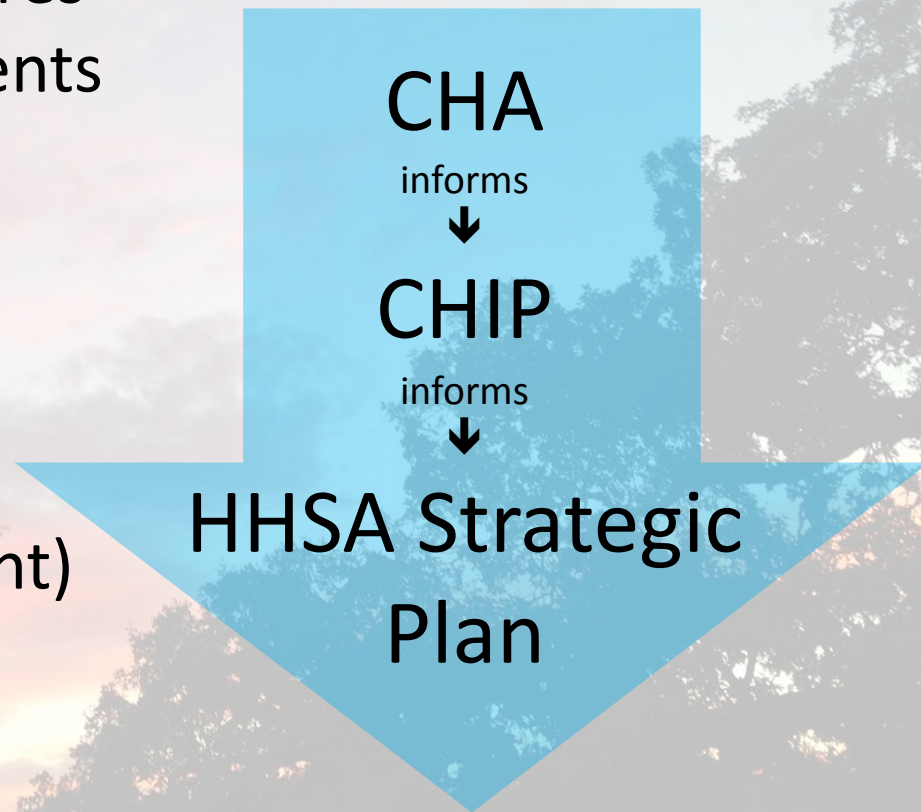


# HHSA's big picture



Accreditation requires three main documents

- CHA
- CHIP
- Strategic plan (for the public health department)





# Bigger picture is HHSA and partners



## HHSA roles

Contribute,  
compile, report

Participate in/  
lead teams,  
coordinate

Incorporate into  
HHSA Strategic  
Plan



## Partner roles

Contribute,  
advise

Participate in  
teams

Incorporate into  
own Strategic  
Plans

CHA

informs



CHIP

informs



HHSA Strategic  
Plan





# Now recruiting focus-area team members...



## Access to Health Services

Improve access to and capacity to deliver health care services



## Healthy Eating

Ensure access to healthy affordable food and existing resources



## Active Living

Improve the community environment to support an active lifestyle for all



## Behavioral Health

Promote mental health, prevent substance abuse and support tobacco free living

Express interest on <http://www.welldorado.org/> website.

Under the 'GET INVOLVED' pull-down menu, click on 'Become a Partner' then 'Contact Us'.





Thank you!

Questions?