

Winning the Battle is a nationally recognized training seminar designed to help police officers, military personnel, their spouses, friends and family, to deal with issues that result from their chosen professions. Clarke and Tracie Paris place their hearts on their sleeves as they share research, studies, and their experiences, both personal and professional, which are the result of more than five decades in the EMS/First Responder/Police/Military world.

Another powerful and dynamic element of 'Winning the Battle' is the option for an evening presentation of 'Spousal and Family Involvement'. Attendees in this portion of the seminar will learn why their officers behave the way they do as well as the importance of family communication and support.

Rather than overload officers, civilians, and military personnel with unnecessary information, the presenters apply their personal touch and cultivate credibility with the attendees which allows them to trust both Clarke and Tracie as well as relate to their experiences.

Upon conclusion of the seminar, personnel will be able to recognize signs of PTSD/Cumulative Stress, and Depression, not only within themselves but in peers, supervisors and subordinates. They will learn of several resources and different types of psychological help available as well as why those resources are utilized and how they are effective. Officers will know that should they be struggling, they are not alone, and that the help already in place does work.

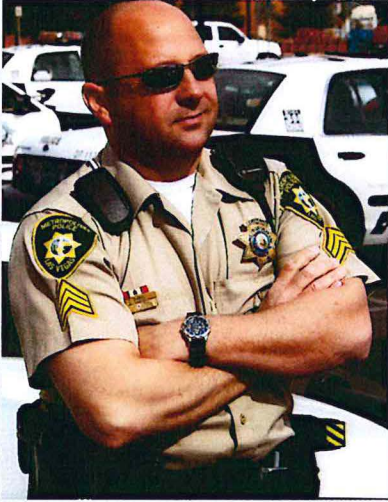
More police officers and military personnel commit suicide than are killed by assailants each year, not because the help does not work or is not available, but because:

- **They believe the help does not work**
- **They are afraid of appearing weak**
- **Lack of trust**
- **They don't know where to get help**

Some of the most common statements made after a presentation of *Winning the Battle* are "This training should be mandatory", "I felt like you were telling my story", "You changed my life", and "I wish I would have brought my spouse".

It is not the Critical Incidents such as Officer Involved Shootings and Vehicle Pursuits that are driving a wedge between police agencies and their communities but the lesser incidents which have been overlooked as such since the inception of police work; Incidents that ruin the reputations and trust of police departments and the lives of their employees. This unique seminar addresses issues that have a direct impact on Officer Involved Domestic Violence (Failed Relationships), Use of Force, IAB Complaints, Insubordination, Substance Abuse/Alcoholism, Work Performance/Abuse of Sick Leave, Personal Health, and even Suicide.

This one day seminar does many things including repairing/maintaining public relations between agencies and their communities (result of mentally healthy personnel). Most importantly... it saves lives!



Clarke Paris served 27 years as a police officer with the Las Vegas Metropolitan Police Department (19 years as a supervisor) and is the President of The Pain Behind The Badge Training Seminars L.L.C. He has worked as a Vice/Narcotics Detective, Field Training Officer, Field Training Sergeant, Special Events Supervisor, Traffic Officer/Sergeant (Motorcycle), and a Bicycle Sergeant on the Las Vegas Strip. He has supervised hundreds of officers during his tenure as an officer and sergeant. He has investigated everything from Officer Involved Domestic Violence and Officer Involved Shootings to Sexual Assault, Murder, and Suicide.

Clarke had the honor of being selected as one of the *Most Distinguished Men of Southern Nevada* (Library of Congress) and was selected as *Police Officer of the Year* for the state in 1998. He received the *LVMPD Community Service Award* for his contributions to his community and in 2010, he was honored by the *International Police Association* for his contributions to law enforcement worldwide.

IN 2007, Clarke, as a result of his own work related struggles, created and produced the award winning documentary feature film on police stress and suicide, *'The Pain Behind The Badge'*, in an attempt to help police officers worldwide. This film won *'Best Documentary'* at the *Las Vegas International Film Festival* and *'Honorable Mention'* at the *Accolade Film Festival*. In 2011, he released his latest book on police stress and suicide, *My Life For Your Life*. *My Life For Your Life* became a hit in the Law Enforcement Community and is now required reading for all students enrolled in the Law Enforcement Program at the University of Minnesota Mankato. Clarke has also been a POST approved instructor for 18 years and is a member of the International Law Enforcement Educators and trainers Association (ILEETA).



Tracie Paris is a Registered Nurse (R.N., B.S.N.) and has worked as a Registered Nurse for the past 29 years. Her resume includes tenure as a Trauma Nurse in the Trauma Unit and as a nurse in the Outpatient Surgery Unit. Tracie was honored as *Nurse of the Year* for the State of Nevada in 1999. She was also an integral part of creating and producing the documentary film, *The Pain Behind The Badge*. Tracie continues to play a significant role in training officers and speaking at seminars and conferences. She also wrote one of the most significant and powerful chapters in *My Life For Your Life*.



**VA TECH
2009**

Winning the Battle was presented to VA Tech PD officers and Area Officers after the 32 student massacre.



**LAKWOOD
2010**

Winning the Battle was presented to Lakewood Police Officers after 4 of them were murdered in a coffee shop.



**FLET
2011**

Winning the Battle was presented at nearly every Federal Law Enforcement Training Center Symposium in 2011. Topics addressed: Motivation, Police Stress Bi-Products including PTSD, Depression and Suicide.



**US NAVY
2012**

Clarke & Tracie Paris, at the request of the U.S. Navy, traveled to Bahrain where they presented 'Winning the Battle' to the Naval Special Warfare Unit #3 (SEALs).



This award winning presentation, as exhibited above, is a very powerful tool used to help first responders, police personnel, fire personnel, hospital personnel, military personnel, civilian employees and spouses to deal with tragedies commonly referred to as 'Critical Incidents'. It is even more effective in helping the same personnel to deal with the every day stressors associated with their chosen careers.

ADDITIONAL PAST CLIENTS

- Grand Forks Police Department (North Dakota)
- Atlanta Police Foundation (Georgia)
- Ada County Sheriff's Office (Boise, Idaho)
- Kansas State Law Enforcement Training Academy
- Missoula Police Department (Montana)
- International Conference of Police Chaplains-ICPC (Oregon)
- Arapahoe County Sheriff's Office (Colorado)
- Waukesha County Technical College (Wisconsin)
- Olmsted County Sheriff's Office (Minnesota)
- Gallatin County Sheriff's Office (Montana)
- Rialto Police Department (California)
- Federal Law Enforcement Training Center (FLET)
- Santa Fe Police Department (New Mexico)
- Washington State Department of Corrections (Monroe Facility)
- Dodge County Police Executives Conference (Wisconsin)
- Great Falls Police Department (Montana)
- Los Alamos Police Department (New Mexico)
- Jacksonville County Sheriff's Office (Florida)
- Association of Training Officers Minnesota

- Pennsylvania State Police (E.A.P. Conference)
- California State Sheriff's Association Foundation
- Denver Police Department (Colorado)
- Guilford Technical Community College (North Carolina)
- Helena Communications Center/Dispatchers (Montana)
- Prescott Police Department (Arizona)
- Lee County Sheriff's Office (Florida)
- Nye County Sheriff's Office (Nevada)
- Chandler Police Department (Arizona)
- VA Tech Police Department (Virginia)
- Connecticut Association to Benefit Law Enforcement-C.A.B.L.E.
- Kansas Bureau of Investigation
- Spokane County Sheriff's Office (Washington)
- Nebraska C.I.S.M. Conference
- Regional Conference ICPC (Pennsylvania)
- Massena Police Department (New York)
- Nebraska Sheriff and Police Association
- Henderson Police Department (Nevada)
- Las Vegas Metropolitan Police Department (Nevada)
- Lake Oswego Police Department (Oregon)
- Portland Police Bureau (Oregon)

- Mono County Sheriff's Office (California)
- FBI/NAA Annual Conference (Nevada)
- Lakewood Police Department (Washington)
- North Brunswick Police Department (New Jersey)
- Ravalli County Sheriff's Office (Montana)
- New York State Association of Chiefs of Police
- Oregon Police Supervisor's Conference
- Middlesex County Prosecutor's Office (New Jersey)
- Benton County Sheriff's Office (Oregon)
- ICPC International Conference
- Hobbs Police Department (New Mexico)
- Billings Police Department (Montana)
- Central Oregon Police Chaplaincy
- Washington State Law Enforcement Training Center (Academy)
- Minnesota State University Mankato
- New Mexico Chiefs Association
- S.T.A.R.S. Police Training Association (California)
- Butler Police Department/Metro Milwaukee (Wisconsin)
- Evansville Police Department (Indiana)
- Kansas Narcotics Officers Association