

El Dorado County Board of Supervisors: Application for New Board, Commission or Committee

Submitted on	14 March 2025, 7:11PM
Receipt number	113
Related form version	4

Instructions

Board or Commission Applying For	Commission on Aging
Vacant Position or Title	Member at Large
First Name	Julie
Last Name	Akin Bauer
Email Address	
Primary Residential Address	
Residential City	Placerville
Residential ZIP Code	95667
Daytime Telephone	
Mobile Telephone	
Occupation/Title	Retired
Employer	N/A
List all County boards, commissions or committees to which you are/were appointed. Please include dates of service.	Gold Trail Union School Board Trustee (elected) 2010-current

Summary of qualifications	Having cared for elderly parents and grandparents, I understand the many challenges our seniors face. From respite care, advocating for their needs with the medical community, to more basic services such as making meals and keeping up with all the tasks that come with living independently while navigating physical and mental challenges. I have extensive experience (7+years) with handling finances, attending doctors appointments, ER visits with elderly parents, managing long hospital stays, arranging for in-home therapy services, working with insurance companies to cover charges, and ensuring the home environment is safely maintained and adapted as needed. I'm also over 60, which gives me a more realistic life view.
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Affiliations with professional and/or community groups

Current groups include:
El Dorado Gold 1848, member
El Dorado Museums Foundation, member
Fat Kitty City Humane Society, volunteer
People to People El Dorado County, member

All of these are non-profit groups

Why do you seek appointment?

Seniors are often at a loss when their health takes a turn and suddenly they need services to help them live independently. I care deeply about the elderly population and would like to help in any way I can to see them treated fairly, with dignity, and help them find the resources to be able to stay in their homes as long as possible. Or, perhaps help them transition to a different living arrangement of their choice. I would like to see our seniors direct their own futures and have access to resources to support their families and individual choices. I've learned much over the past decade or so and believe my experiences could be valuable to the Commission on Aging.

Additional Information


I've attended several workshops on aging, dementia, and received training from healthcare professionals on various therapies such as OT, PT, speech, and safety. I find myself as the 'go-to' person when friends are needing help with a parent who may need services or simply advice on caregiving. My personal interest is helping our seniors connect with programs they need, and protecting them against abuse, financial or otherwise. Additionally I'm concerned about the epidemic of loneliness and the effect that has on the health and quality of life in our older population.

If known, indicate the member of the Board of Supervisors who will receive a copy of this application

Maybe Lori Parlin? I'm in district 4.

File Attachments

Signature of Applicant

A handwritten signature in black ink, appearing to read "John A. Bar". The signature is written in a cursive style with a large, stylized initial "J".

[Link to signature](#)