

**EXHIBIT "B"**

**EL DORADO COUNTY  
MENTAL HEALTH DEPARTMENT**

**POLICY/PROCEDURE**

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| <b>SUBJECT:</b> Adherence to the Mental Health Services Act (MHSA) Guiding Principles | <b>POLICY NUMBER:</b> |
| <b>APPROVED BY:</b><br><br>Barry Wasserman, LCSW, Interim Director                    | <b>DATE:</b><br><br>  |

**Background:**

In November 2004, California voters passed Proposition 63, the Mental Health Services Act (MHSA), to expand funding for a comprehensive, community-based mental health system for seriously emotionally disturbed youth and seriously mentally ill adults. A key intent was to “transform” the existing public mental health delivery system on a number of levels. This document specifies how the El Dorado County Mental Health system and its contract providers will embrace the vision and put into practice the guiding principles for the MHSA identified by California stakeholders and the State Department of Mental Health (see California Department of Mental Health Vision Statement and Guiding Principles for DMH Implementation of the Mental Health Services Act, February 16, 2005, Attachment A).

**Policy:**

The El Dorado County Mental Health Department supports the vision, guiding principles, and essential elements for use of the Mental Health Services Act (MHSA) funding put forward by the State Department of Mental Health as a result of the state-level stakeholder process—including the requirement that services are voluntary in nature (see Attachment A and A Readers Guide to MHSA CSS Three-Year Program and Expenditure Plan Requirements, Attachment B). These parameters will be applied in the planning, program implementation and evaluation process of MHSA service delivery, and apply to community providers who are awarded MHSA service contracts.

Vision

El Dorado County Mental Health joins with state stakeholders and county community members in striving “to create a state-of-the art, culturally competent system that promotes recovery/wellness for adults and older adults with severe mental illness and resiliency for children with serious emotional disorders and their families.” Along with DMH, EDCMH commits to looking “beyond business as usual to help build a system where access will be easier, services are more effective, out-of-home and

institutional care are reduced and stigma toward those with severe mental illness or serious emotional disturbance no longer exists (see Attachment A).

### Guiding Principles

The El Dorado County Mental Health Department will utilize the following guiding principles as a means to work toward the above vision (paraphrased from Attachment A):

In order to look beyond “business as usual”, we will:

1. Increase participation of clients and families in all aspects of the mental health service delivery system;
2. Increase consumer-operated services;
3. Adopt an approach to services in which clients and families participate in the development of their individualized plan of service that is client and family-driven, strengths-based and culturally competent;
4. Explore the needed changes in service location to ensure increased access in a timely fashion;
5. Eliminate ineffective policies, practices, and services in favor of values-driven, evidenced-based approaches that are responsive to clients and produce positive outcomes;
6. Increase treatment options and ensure informed choice for our clients improving the attainment of our clients’ goals;
7. Create integrated screening, assessment, and unified treatment plans at all points of entry into the service delivery system for persons with both mental illness and substance abuse problems;
8. For youth, ensure meaningful collaboration with child welfare, juvenile justice, education and primary healthcare, in order to provide comprehensive services and attain positive outcomes;
9. For transitional age youth, ensure a point of contact for youth transitioning from the youth to adult system and unique programming to address their developmental needs;
10. For adults, ensure meaningful collaboration with local resources in order to provide integrated services with the goals of adequate healthcare, independent living, and self-sufficiency;
11. For older adults, implement strategies for community-based care that is integrated with physical healthcare, with the ability to reside in their community of choice as a fundamental objective;
12. Reduce the negative effects of untreated mental illness, such as institutionalization, homelessness, incarceration, suicide and unemployment;
13. Increase collaborative and integrated opportunities for clients in education, employment, housing, social relationships, and meaningful contribution to community life through community partnerships;
14. Reduce disparities in service access and utilization;
15. Implement culturally competent assessments and services;
16. Routinely employment outcome monitoring and use of data at the consumer, system, and community level to assist in program planning;
17. Create a structure and process whereby changes in service array result from intended outcomes—including the necessary training and support for the mental health staff to make this process effective; and,

18. Adopt effective service delivery approaches, use of standard performance indicators, data measurement and reporting strategies to ensure the achievement of MHSA accountability goals.

#### Five Essential Elements

The El Dorado County Mental Health Department will apply the five essential elements of the MHSA in all MHSA program planning, implementation and evaluation processes.

These elements are:

- Community collaboration
- Cultural competency
- Client/family-driven services
- Wellness focus
- Integrated services.

#### **Procedure:**

- This policy will be reviewed in the All Staff meetings upon publication.
- Supervisors will review this policy with all new employees as part of their orientation process to the Department.
- MHSA contract providers will be trained in the content of this policy and their contract will require compliance with and support of this policy.
- These important elements, the Vision, Guiding Principles, and Essential Elements, will be incorporated in new program development training as the MHSA CSS programs are implemented.
- The content of this policy will serve as a benchmark for all MHSA programs. Annual reports and contract reviews must address these elements to demonstrate compliance and progress in these areas.
- All EDCMH employees and contract providers are expected to comply with this policy.
- The MHSA Project Management Team, EDCMH Contracts Officer, the EDCMH Program Managers, and the Department Director are responsible for ensuring compliance with this policy.