

APPLICATION FOR COUNTY OF EL DORADO BOARD OF SUPERVISORS BOARD, COMMISSION, OR COMMITTEE

Clerk of the Board of Supervisors 330 Fair Lane, Placerville, CA 95667 (530) 621-5390 | edc.cob@edcgov.us

Board or Commission Applying For First Five Commission	Vacant Position or Title Medical Representative	
First Name Rachel	Last Name Yakar	
Email Address		
Primary Residential Address	Residential City South Lake Tahoe	Residential ZIP Code 96150
Daytime Telephone	Mobile Telephone	
Occupational Therapist	Employer Owner, Summit Therapy Solutions	
List all County boards, commissions or committees to which you are/were appointed. Please include dates of service. None.		
Summary of qualifications		
Rachel is a licensed and registered occupational therapist in California and Nevada (since 2012). She has worked with people of all ages, but specializes in pediatrics. She uses her professional role to encourage children and families to achieve their goals. Her professional experience includes working at Barton Health (2012-2015) in acute care, rehabilitation and pediatrics. There, she developed a pediatric occupational therapy program for children in South Lake Tahoe. In 2015, Rachel contracted with Alta Regional Center to provide early intervention (birth-3) services to children and families in their natural environment. She maintains her contract with ALTA. From 2015-2021, Rachel worked for El Dorado County's Medical Therapy Program, as an occupational therapist, specializing in evaluation and treatment of children with eligible medical diagnoses (neurological and physiological). She served on the statewide professional committee, Knowledge Translation, to guide colleagues to use appropriate and reliable research for practice. Currently, Rachel administers her private practice, provides Parent Consult/Coaching services, evaluates and treats children in their home/school/office. She also contracts with a well-established private practice in Southern California, providing tele-health services to children and families. Her favorite part of her job is to "hold space" for children and families experiencing challenges and find creative solutions to support them to engage in meaningful activities (preschool, toileting, feeding, school, recreation, etc.).		
Affiliations with professional and/or community groups		
El Dorado Community Foundation Grants Allocation Committee, Bijou Community School Parent Teacher Association, Temple Bat Yam, California Board of Occupational Therapists, Nevada Board of Occupational Therapy, National Board for Certification in Occupational Therapy		
Why do you seek appointment? The committee and projects are directly aligned with my professional values of working to encourage families to engage with meaningful resources in their community to develop successful strategies for health, growth, and development. As a professional and parent, I have directly engaged with First 5 projects; both the Hub and Library initiatives. I work with children and families to prepare them for "next steps," including school preparation, routine-based activities, healthy social relationships, and community engagement. I believe that communities are more successful when families are supported through larger initiatives, like the Hubs, public health, and others. I have a unique voice and perspective as an allied health professional who works with families in the community and their homes. This gives me insight in to their natural environments and their specific needs. I look forward to listening and learning about current initiatives and the strengths and challenges, and sharing my expertise related to growing the opportunities for children and families in our community.		
Additional Information		
Please see my website for additional information about my services, bio, and occupational therapy: www.rachelyakar.com		
If known, indicate the member of the Board of Supervisors who will receive a copy of this application Unknown		
File Attachments		
Signature of Applicant*	Date 05/01/2023	
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^{*} You consent and agree that you are signing this document electronically. You further agree that your electronic signature is as valid as if you manually signed the document in writing. 03/30/2022 02:49:27, ID: 248, URL: https://www.edcgov.us/Government/BOS/CommissionsAndCommittees/Pages/Application-Form.aspx