

## SPEAKERS AND TOPICS

- Nancy Wilson, Supervisor of EDC Senior Day Care, spoke on the achievements and activities which are taking place at the Senior Day Care and discussed plans for future events.
- Cody Naylor with the California Public Utilities Commission (CPUC) presented information on the functions of the CPUC and some of their programs and discussed scams oriented towards seniors.
- Deb Johnston, Ombudsman, presented on the history of the Long-Term Care Ombudsman Program (LTCOP) and described the role of an Ombudsman and what an Ombudsman does.
- Laura Walny, Program Manager, reported on elder suicide statistics. She discussed trainings and programs available to approach the issue of suicide, such as Mind over Matter and Safe Talk, and Each Mind Matters.
- Arline June Gordon from South Lake Tahoe Senior Citizens, Inc. gave a history of the group along with an outline of their plans for the future.
- Laura Walny, Tami Smith, and Brandi Reid presented information on the County Mental Health Services Act programs and provided information on the Three Year Planning Process.
- Carolyn Washington, Education and Outreach Coordinator, HICAP Services of Northern California, distributed PowerPoint information on Senior Medicare Patrol: Fighting Medicare Fraud and discussed the 3-Step Approach to Medicare Fraud.

## COMMISSION ON AGING COMMISSIONERS AS OF DECEMBER 2016

BOS Appointed Commissioners		COA Appointed Commissioners
Open	District I	Jim Wassner
John Hovey	District II	Horace Homes
Greg Gollihur	District III	Brian Reeves
Vicki Ludwig	District IV	Roger Berger
Ron Zehren	District V	Ray Wyatt
Roberta Rimbault	Member at Large	Lisbeth Powell
City Appointed Commissioners		
Steve Shervey	City of Placerville	
Gerri Grego	City South Lake Tahoe	



## 2016 ANNUAL REPORT

for the El Dorado County  
Area Agency on Aging

Planning and Service Area (PSA)29

In accordance with the provisions of  
Title III of the **Older Americans Act of 1965**

### Purpose of the Commission on Aging (COA) (from the El Dorado County COA By-laws)

- 2.1: In accordance with provisions of the Title III of the Older Americans Act, The Commission on Aging serves the following advisory functions to the Area Agency on Aging:
- 2.2: To advise and make recommendations for appropriate action to the El Dorado County Board of Supervisors, on all matters relating to the development and administration of the Area Plan and operations conducted thereunder.
- 2.3: To advise the Area Agency on Aging on all matters relating to the development and administration of the Area Plan and operations conducted thereunder.
- 2.4: To advise the Area Agency on Aging by provision of support and input in ascertaining the changing needs of the elderly throughout the County.
- 2.5: To serve as the principal advocate body in El Dorado County on behalf of older persons, especially the frail and vulnerable elderly as defined in the Older Americans Act.
- 2.6: To hold public hearings on the Area Plan, with no less than ten (10) days public notice.

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*Report Prepared by Steve Shervey, Chairperson 2016*

## ACHIEVEMENTS, ACCOMPLISHMENTS AND HIGHLIGHTS

Progress on Commission Objectives as outlined in the  
2012-2016 Area Agency on Aging Plan

- **Cameron Park Meal Site**  
The Commission on Aging assisted in getting the program re-started after it was terminated when one of the partnering members withdrew.
- **Older Americans Day**  
Commissioners participated in celebrations at the Senior Nutrition congregate meal sites, on May 18, 2016. Jack and Mary Pratt were selected as the “Seniors of the Year”. They were honored at the May 17, 2016 meeting of the El Dorado County Board of Supervisors.
- **South Lake Tahoe Collaborative**  
Commissioners Brian Reeves, Gerri Grego, and Ron Zehren spent time supporting objectives in a collaborative effort to understand the on-going Senior Center property ownership situation.
- **Commission Planning Retreat**  
The first of what is hoped to be an annual retreat was held in November 4, 2016 in Coloma. This was an opportunity for Commissioners to discuss their views about senior issues and how the Commission could best advocate for these issues.
- **PowerPoint Presentation**  
Jim Wassner developed a power point presentation which can be used for new COA member orientation and training.
- **Area Agency on Aging (AAA) Monitoring**  
Jim Wassner and Lisbeth Powell volunteered for the task of revising the monitoring report structure; developing templates that will set a structured report for this year’s report, and all future monitoring.
- **Committee Additions and Revisions**
  - \***Planning Committee (Greg Gollihur-Chair)**  
This committee was developed to better support the Area Plan and COA Objectives; working closely with EDC Staff involved with the Area Plan.
  - \***Education Committee (Vicki Ludwig-Chair)**  
Look at new strategies that will help to educate the COA on how to best advocate for seniors.

### **\*Outreach and Promotion (Brian Reeves-Chair)**

Set goals to increase community outreach individually and as a whole including events in which the Commission can participate.

## AS COMMISSION REPRESENTATIVES

- Roberta Rimbault was involved with the Cameron Park Community Services District Meetings, Mature Leadership, and the Sierra Renaissance Society.
- Ken Deibert, Special Advocate, was involved with the Gene Chappie Memorial Highway dedication.
- Lisbeth Powell attended the WellDorado and Fall Prevention meetings.
- Steve Shervey met with the Placerville City Council to give updates on COA activities and issues.
- Ron Zehren attended the South Lake Tahoe Senior Center organizational meetings and social events.
- Jim Wassner spoke on Home Safety at the Fall Prevention Class and attended the Stepping On class.
- Vicki Ludwig – Education Committee-conducted the Matter of Balance session in El Dorado Hills through the El Dorado Hills Community Services District and spoke about the Stepping On class at Marshall Hospital.
- Roger Berger attended the Diamond Springs El Dorado Fire Protection District Meetings.
- John Hovey attended the Friends of Seniors meetings.
- Brian Reeves participated on the Community Action Council.
- Ray Wyatt and Horace Holmes attended the Senior Legislature meetings to bring the COA the most current information on senior issues.
- Gerri Grego attended the South Lake Tahoe Collaborative meetings.

## REPORTS

- Area Agency on Aging Director Reports were given by Michelle Hunter and Kristin Brinks.
- Ray Wyatt (CSL Senator) and Horace Holmes (CSL Assemblyman) gave their California Senior Legislature (CSL) reports.
- Janet Kenneweg, Recreational Supervisor at the El Dorado Hills Senior Center gave reports on the various activities being held at the El Dorado Hills Community Services District.
- Ron Zehren reported on the activities at the South Lake Tahoe Senior Center; he and Gerri Grego gave updates in regards to property ownership.
- Lindell Price, Special Advocate presented reports on transportation issues affecting seniors.
- Yasmin Hichborn presented updates on the Area Plan.