

**Behavioral Health Division Update  
Behavioral Health Commission  
August 2021 Data  
October 15, 2021 Meeting**

**BH Director & DEPUTY DIRECTOR UPDATES  
(Nicole Ebrahimi-Nuyken)**

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**EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING**

- **New Hires:**
  - Emilie Streif-WS Mental Health Worker-8/2
  - Brandi Ferrier-WS Mental Health Aide-8/2
  - Meredith Zanardi - WS Sr. Administrative Analyst - 8/30
- **Promotions:**
  - None
- **Recruitments:**
  - Ongoing
    - WS Mental Health Clinicians (Extra Help and Regular)
    - WS Mental Health Clinician - Substance Use Disorder Program
    - WS Medical Office Assistant
    - SLT MH Clinicians
    - SLT MH Clinician - Substance Use Disorder Program
    - SLT MH Clinician (Extra Help)
    - SLT Extra Help Workers and Aides
    - SLT Extra Help Psychiatric Technician/LVN
    - WS Psychiatric Technician
    - WS Administrative Analyst
    - WS Administrative Technician
  - New
    - WS Medical Records Technician
- **Separations:**
  - Sascha Bowlin, EH MH Clinician
  - Arturo Rangel, EH MH Clinician
  - Rachel Montiel, LMFT, MH Clinician II
- **Position Changes:**
  - None

## Filled and Vacant Clinician and Clinical Support Positions (as of 6/4/2021)

**PLEASE DO NOT DELETE THE NUMBERS IN THE TABLE - THANKS.**

Position Category	Status	SUDS	MHSA	Traditional	Total
Clinician	Filled	3.00	13.25	4.25	20.50
	Vacant WS	--	4.80	1.20	6.00
	Vacant SLT	1.00	4.05	0.95	6.00
Clinician Total		4.00	22.30	7.20	32.50
Clinical Support <sup>1</sup>	Filled	9.27	23.02	1.21	33.50
	Vacant WS	--	3.00	1.25	4.25
	Vacant SLT	--	1.00	--	1.00
Clinical Support <sup>1</sup> Total		9.27	27.02	2.46	38.75
<b>Total</b>		<b>13.27</b>	<b>49.12</b>	<b>8.86</b>	<b>71.25</b>

<sup>1</sup> Clinical Support includes all Health Education Coordinators (even if assigned to Prevention activities), Mental Health Workers, Mental Health Aids, and Psychiatric Technicians.

## PLACEMENTS

### Board and Care / IMDs / Secure Placements (Nicole Cable)

- **24** IMD beds
- **1** State Hospital
- **10** Enhanced Board and Care beds
- **19** Board and Care - Sacramento & Galt
- **Total:**
  - **48** Out of County Placements
  - **6** In County Placements

### Transitions Treatment Program

(Danielle Bogan/Nicole Cable and Jody Kwachak-Hall/Chris Kernes)

- **WS:** **15** of 19 beds filled:
  - T1 **2** openings (can fill 1),
  - T2 **1** openings,
  - T3 **1** openings (no physical bed),
  - T4 **0** openings
- **SLT:** **\_\_** of 6 beds filled: See September 2021 Division Report

### Permanent Supportive Housing

(Heather Longo and Jody Kwachak-Hall/Chris Kernes)

#### West Slope

Clients receive services from the Wellness and Recovery team or from community based supports

- **5** of 5 units occupied
- Wait List:
  - 1 bedroom: **9**
  - 2 bedroom: **7**
  - 3 bedroom: **1**

#### South Lake Tahoe

Clients receive ICM team coverage

- **6** of 6 units occupied
- Wait List: unknown
  - This development is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

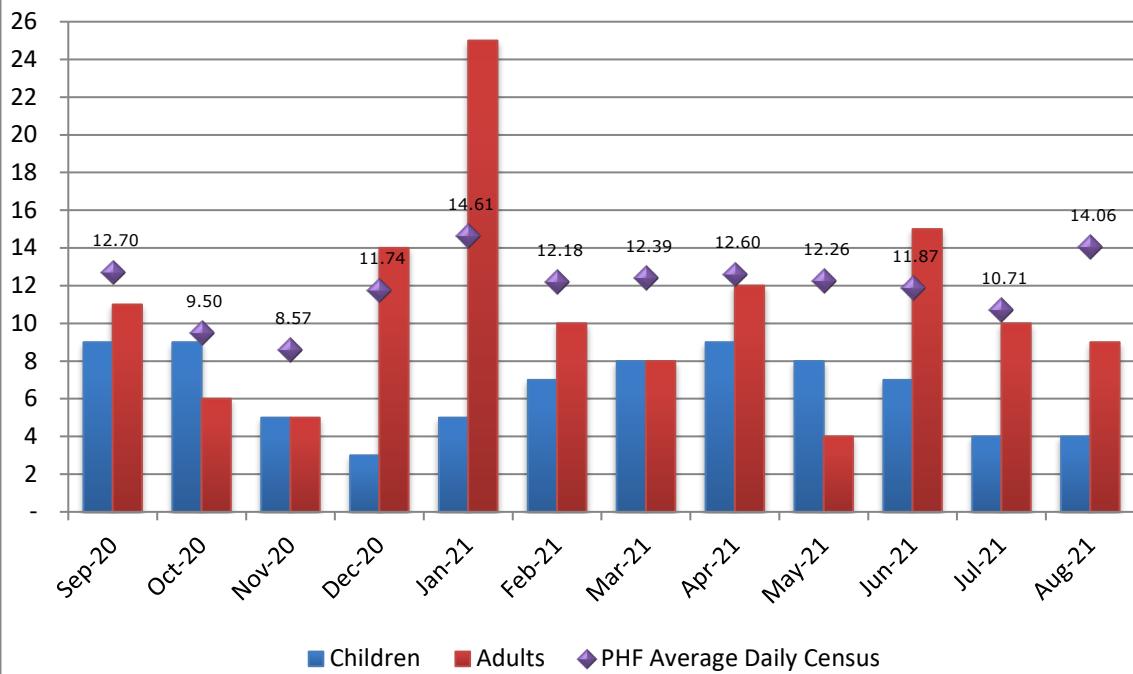
## Psychiatric Health Facility (Nicole Cable)

- There were **25** Admissions; **23** Admissions were El Dorado County residents and **2** were Out of County residents.
- There were **20** El Dorado County residents discharged; **13** to Home with Support, **0** to Home without support, **0** MHRC/IMD, **1** Board and Care, **2** to ICM T-House, **0** to Shelter, **4** to Other, and **0** to Emergency Department.
- Upon discharge, **Unk.** El Dorado County residents were insured and **Unk.** El Dorado County residents were pending insurance.
- There were **1** Seclusion Episodes, **0** Physical Restraint Episodes (**0** minutes), **2** Assaults (**3** clients – patient to patient), **0** Elopements, **4** Medication Errors (**1** medication errors with no patient involvement), Client Surveys **19**
- There were **1** denials of El Dorado County referrals: CPAP
- Average daily census was **14.06** (range 11 - 16) with **14.3** average length of stay of days.
- Concurrent Reviews resulting in no medical necessity found. **0**

## Out-of-County Acute Psychiatric Hospitalizations (Medi-Cal Beneficiaries Only) (Moriah Weldy)

### Prior 12 Month Period Out-of-County Hospitalizations

Note: Historical data may change if delayed notifications are received



## CRISIS SERVICES

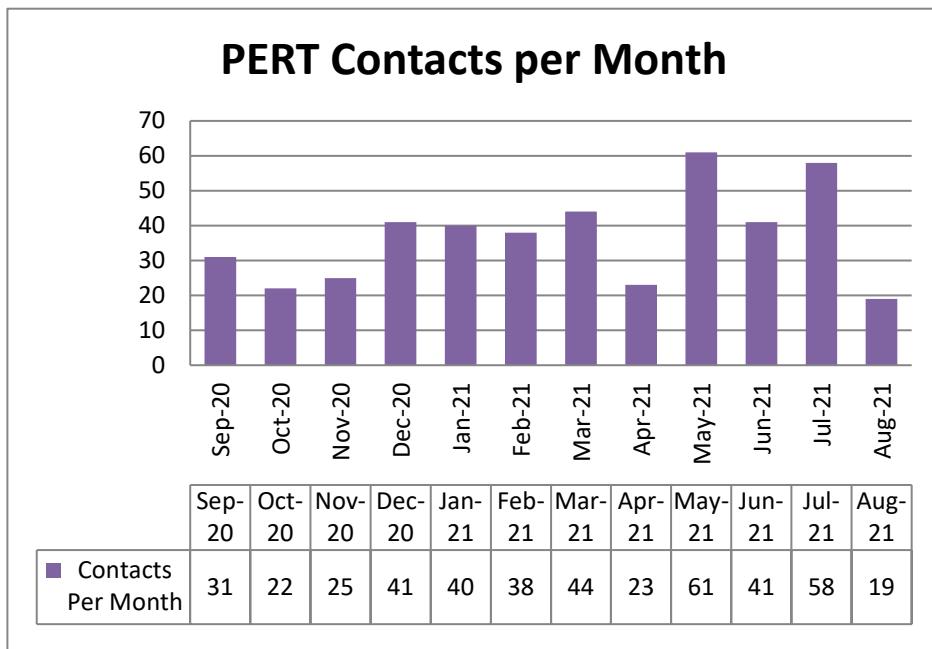
### Crisis Intervention Teams (CIT)

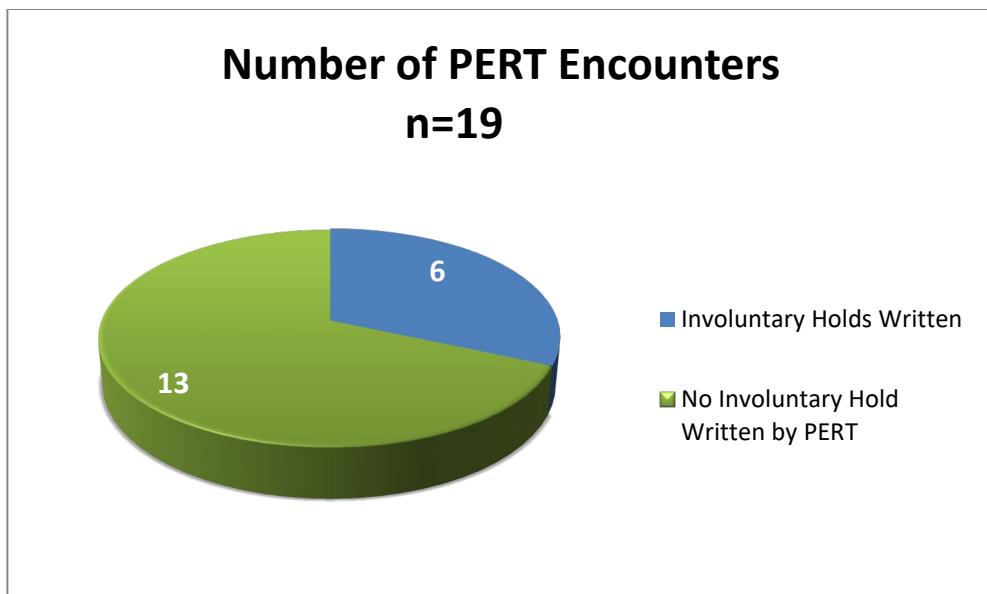
(Nicole Cable/Lesly VanSloten and Jody Kwachak-Hall/Chris Kernes)

- **SLT:** See September 2021 Division Report
- **WS:** Monthly MDT meeting was held via zoom on August 5, 2021

### Psychiatric Emergency Response Team (PERT)

(Doris Jones)





**Additional PERT Data:** PERT was on duty 7 days in August due to Deputy at training, on vacation, and then assigned to Caldor Fire. Some PERT July stats from EDSO are unavailable due to working Caldor Fire.

Safety Plans	19
Law Enforcement Holds Written during PERT Shift	--
Voluntary Transports to Emergency Department	13
Law Enforcement Holds Written	6
Behavioral Health Outpatient Holds Written	--
Other/Unable to Locate/Inaccurate Report for Service	0
Substance Use Admitted/Confirmed	--
Adult Protective Services (APS) Referrals	0
“Fit For” Jail Crisis Risk Assessments Conducted by PERT	1

**South Lake Tahoe Alternative Collaboration Services (STACS)  
(Amy Haynes / Salina Drennan / Chris Kernes)**

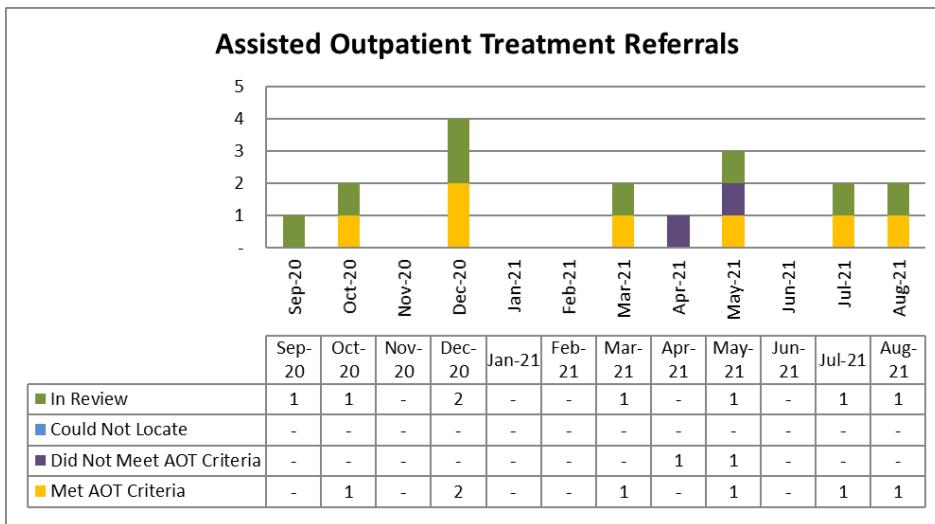
- See September 2021 Division Report

## JUSTICE SERVICES

### Restoration of Competency (Nicole Cable)

- **0** Outpatient ROC referrals
- **0** Jail ROC referral
- **0** client receiving ROC Outpatient services
- **0** client receiving ROC Inpatient services

### ASSISTED OUTPATIENT TREATMENT (AOT) (Nicole Cable)



**Disposition of Referrals:**  
**0** did not meet program criteria,  
**1** met initial program criteria,  
**0** individuals voluntarily accepted outpatient services,  
**0** individuals to proceed with the AOT process,  
**1** applications in review process

**Discharged AOT clients:**  
**0** clients discharged:  
**0** to a lower level of service,  
**1** out of services

There are currently **0** AOT clients receiving services voluntarily.

New referral, client no known address, have been in contact with the referral source.

## QUALITY ASSURANCE & PATIENT RIGHTS

### Quality Improvement / Utilization Review (Angelina Larrigan / Ren Strong)

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### Grievances/Appeals/Hearings (Christina Hammel / Ren Strong)

Month Filed	Month Completed	Type	Topic	Location	Outcomes (Appeals / Hearings Only)

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## PROGRAM ACTIVITY UPDATES

### SUBSTANCE USE DISORDER SERVICES (Salina Drennan)

- SUDS has submitted an application for supplemental funding through the Coronavirus Response and Relief Supplemental Appropriations Act (CRRSAA) and American Rescue Plan Act (ARPA). If approved, plans for these funds include an expansion of services which include perinatal outreach, SUD prevention and youth development, and funding for SUD recovery residences (formerly called transitional houses) for those participating in treatment. Plans also include use of digital therapeutics and development of youth SUD treatment services.

### MENTAL HEALTH SERVICES ACT (MHSA) (Heather Longo/Tami Smith)

- See September 2021 Division Report

### SUICIDE PREVENTION (Ren Strong)

- See September 2021 Division Report

## ADULT OUTPATIENT SERVICES

### (Jody Kwachak-Hall (SLT); Doris Jones (WS))

Tahoe:

- See September 2021 Division Report

West Slope:

- Outpatient Clinicians, Mental Health Workers and Mental Health Aides continue to provide services to clients with increasing numbers receiving in-person services while adhering to current COVID & AQI guidelines and precautions.
- Staff cross training continues for Outpatient, FSP/ICM, Wellness Center, Diversion and T-House programs to increase program, policy, procedures knowledge and understanding, service delivery and provision, and to build in work assignment and opportunity versatility.
- The Outpatient Clinic Program Coordinator continues to provide services in the community, at the EDC jail and over the telephone as PERT Clinician on an ongoing and on call basis

- Subsequent to surveying clients for input and feedback, staff continue to plan for and add Therapy and Rehab Groups that will be offered at the Behavioral Health Outpatient Clinic and Wellness Center.

### **Wellness Center Activities:**

Tahoe:

- See September 2021 Division Report

West Slope:

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### **ICM Activities:**

Tahoe:

- See September 2021 Division Report

West Slope:

- Luau September 22 for all the t houses.
- Monitoring caseloads and transferring some cases to outpatient
- Cross training employees with outpatient/FSP/wellness staff
- Fully staffed!
- Groups have started and clients are attending

## **CHILDREN'S SERVICES (Angie Larrigan)**

All Children's contractors have been impacted by the Caldor Fire at both the employee and program level.

### **Summitview update:**

- Agency wide approximately 15-20 staff evacuated, 3 thus far with total house loss
- Multiple outpatient families have been evacuated.
- No-shows have increased - out of 221 services, there have been 53 no shows or cancellations.
- Our schools we have contracts with for Wellness Centers are anticipating high need once they re-open the schools.
- Two residential houses have been evacuated since early on.

### **Sierra Child and Family Services Update:**

- SCFS is providing services to students in the Camino satellite school located at the library. Attendance at this site has been good and many have utilized the support SCFS has available.
- Adjusted the Wellness Center EHR to capture data relating to Caldor evacuees. We are hoping to see what we can learn from our response once the fire subsides, and adjust for future events.
- Both locations are heavily impacted by the fire. SLT office is performing most operations remotely or in the WS office

### **Stanford Update:**

- Two staff currently evacuated (both in the Grizzly Flats area) and several families that have been evacuated between the prevention and specialty mental health programs. Stanford is experiencing an increase in cancellations due to the evacuations but has had communication with all consumers. Stanford reports the El Dorado community has stepped up in big ways and they do not have any unmet needs and are constantly hearing about new resources to link our families with during this time. Air quality continues to have an impact on services in the community but we are being creative to meet with families when it is safe.

### **New Morning Update**

- 10 staff members are evacuated and multiple families are as well. New Morning staff are meeting with consumers in shelters and are providing services at the Location Assistance Center at the local community college.
- Due to the increase in COVID cases, New Morning is trying to meet with consumers virtually when possible.

## **DBT/FEP Program (Chris Kernes)**

Tahoe:

- See September 2021 Division Report

## ADULT OUTPATIENT GROUP SCHEDULES

### WS Adult Outpatient Services

Monday	
Tuesday	
Wednesday	
Thursday	
Friday	

## SLT Adult Outpatient Services

Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	

## INITIALS & DEFINITIONS

<b>Initials</b>	<b>Definition</b>
AB	Assembly Bill
ACEs	Adverse Childhood Experiences
ADL	Activities of Daily Living
ADP	Alcohol and Drug Programs
AMFT	Associate Marriage and Family Therapist
AOT	Assisted Outpatient Treatment
APCC	Associate Professional Clinical Counselor
APS	Adult Protective Services
ARF	Adult Residential Facility
B&C	Board and Care
BHC	Behavioral Health Court
BHD	Behavioral Health Division (formerly the Mental Health Division)
BOMUSD	Black Oak Mine Unified School District
BSCC	Board of State and Community Corrections
CalMHSA	California Mental Health Services Authority
CalQIC	California Quality Improvement Coordinators
CANS	Child and Adolescent Needs and Strengths
CBHDA	County Behavioral Health Directors Association of California
CBO	Community Based Organization
CBT	Cognitive Behavior Therapy
CCC	Community Corrections Center or California Conservation Corps
CCP	Community Corrections Partnership
CCR	Continuum of Care Reform
CDCR	California Department of Corrections and Rehabilitation
CDSS	California Department of Social Services
CEU	Continuing Education Unit
CFMG	California Forensic Medical Group
CFR	Code of Federal Regulations
CFT	Children and Family Teams
CFTN	Capital Facilities and Technology Needs
CHP	California Highway Patrol
CIT	Crisis Intervention Team
CMS	Centers for Medicare & Medicaid Services
CPP	Community Planning Process
CPS	Child Protection Services
CPT	California Psychiatric Transitions
CSS	Community Services and Supports
CWS	Child Welfare Services
DBT	Dialectical Behavior Therapy
DHCS	Department of Health Care Services (California)
DMC-ODS	Drug Medi-Cal Organized Delivery System
DUI	Driving Under the Influence
Dx	Diagnosis
ED	Emergency Department
EDC	El Dorado County
EDCMH	El Dorado County Mental Health
EDCOE	El Dorado County Office of Education
EDCSO	El Dorado County Sheriff's Office
EDSO	El Dorado Sheriff's Office
EDCVC	El Dorado Community Vision Coalition

EH	Extra Help
EHR	Electronic Health Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment
EQRO	External Quality Review Organization
ER	Emergency Room
FAQs	Frequently Asked Questions
FEP	First Episode Psychosis
FSP	Full Service Partnership
FTE	Full-Time Equivalent
FURS	Foster Youth Urgent Response System
FY	Fiscal Year
HHSA	Health and Human Services Agency
HOT	Homeless Outreach Team
Hubs	Reference to the Innovation Program “Community-Based Engagement and Support Services”, also called “Community Hubs”
IA	Intergovernmental Agreement
ICC	Intensive Care Coordination
ICM	Intensive Case Management
IHBS	Intensive Home-Based Services
IMD	Institution for Mental Disease (facility)
ITWS	Information Technology Web Services
Katie A.	<i>Katie A. vs. Bonta</i> Lawsuit and/or resulting programs/services
LCSW	Licensed Clinical Social Worker
LL	Laura's Law
LOCUS	Level of Care Utilization System
LPCC	Licensed Professional Clinical Counselor
LPS	Lanterman Petris Short
LT	Limited Term
LTCC	Lake Tahoe Community College
MAR	Medication Administration Record
MDT	Multi-Disciplinary Team
M-F	Monday through Friday
MH	Mental Health
MHD	Mental Health Division
MHRC	Mental Health Rehabilitation Center (facility)
MHSA	Mental Health Services Act
MHSOAC	Mental Health Oversight and Accountability Commission
MHSUDS	Mental Health and Substance Use Disorder Services, a division of the State's Department of Health Care Services (DHCS)
MHW	Mental Health Worker
MIOCR	Mentally Ill Offender Crime Reduction
MOA	Medical Office Assistant
MOU	Memorandum of Understanding
MRT	Moral Reconation Therapy
NACT	Network Adequacy Certification Tool
NM	New Morning Youth & Family
NOABD	Notice of Adverse Benefit Determination
NTE	Not-to-Exceed
OAC	Mental Health Services Oversight and Accountability Commission, also MHSOAC
OP	Outpatient
PA	Physician Assistant
PATH	Projects for Assistance in Transition from Homelessness
PCP	Primary Care Physician

PD	Police Department
PEI	Prevention and Early Intervention
PERT	Psychiatric Emergency Response Team
PES	Psychiatric Emergency Services
PG	Public Guardian
PHF	Psychiatric Health Facility
PIP	Primary Intervention Program or Program Improvement Plan
POC	Plan of Correction
PPD	Placerville Police Department
PPE	Personal Protective Equipment
PSC-35	Pediatric Symptom Checklist
QA/UR	Quality Assurance/Utilization Review
QI	Quality Improvement
QI/UR	Quality Improvement/Utilization Review
QIC	Quality Improvement Committee
RIF	Reduction in Force
RFI	Request for Information
RFP	Request for Proposal
RFQ	Request for Qualifications
ROI	Authorization for Release of Information
ROC	Restoration of Competence
RV	Remi Vista
SAMHSA	Substance Abuse and Mental Health Services Administration
SB	Senate Bill
SCF	Sierra Child & Family
SLT	South Lake Tahoe
SLTPD	South Lake Tahoe Police Department
SO	Sheriff's Office
STACS	South Tahoe Alternative Collaborative Services
STHS	South Tahoe High School
STRTP	Short-Term Residential Therapeutic Program
SUD	Substance Use Disorders
SV	Summitview Child & Family
SYS	Stanford Youth Solutions
T-House	Transitional Housing
TAY	Transitional Age Youth
TBD	To Be Determined
TCH	Tahoe Coalition for the Homeless
TFC	Therapeutic Foster Care
TYFS	Tahoe Youth and Family Services
Tx	Treatment
TY	Tahoe Youth and Family Services
UR	Utilization Review
VA	United States Department of Veterans Affairs
WET	Workforce Education and Training
WIA	Workforce Investment Act
WOIA	Workforce Innovations and Opportunities Act
WS	West Slope