



EL DORADO COUNTY HEALTH AND HUMAN SERVICES AGENCY

Daniel Nielson, M.P.A.
Director

Mental Health Division

Contact: Sophie Cabrera
530 621-6340
sophie.cabrera@edcgov.us

COMMUNITY SERVICES AND SUPPORTS (CSS)

This component consists of programs, services and supports to serve unserved and/or underserved children and youth, transitional age youth, adults and older adults with severe mental illness/serious emotional disturbance.

Youth and Family Strengthening Program provides at-risk and under-served youth of all ages with a range of outreach programs, treatment options and general services. Targeted at-risk youth include those who are not succeeding at school as well as those at risk of out-of-home placement and those currently or previously involved with the juvenile justice system.

- **Wraparound Full Service Partnership (FSP)** services are typically but not exclusively available to youth in grades K through 6 who are at risk of out-of-home foster-care placement. These services may include outreach, engagement and treatment services as well as supportive activities, as needs arise and capacity allows.
- **Family Strengthening Academy** offers a range of promising, best, and evidence-based practices. These programs are designed to promote family unification and may be offered in a variety of settings.

Adult Wellness and Recovery Services include an array of programs designed to serve vulnerable adults, including older adults and transition aged youth.

- **Outreach and Engagement Services** are designed to reach at-risk individuals with serious mental illness who may be homeless, isolated, incarcerated, or have co-occurring disorders.
- **Assertive Community Treatment (ACT)** is implemented to assist adults with severe mental illness, by providing supports and services needed facilitate recovery and progress toward independent living.
- **Wellness Center and Clubhouse** activities provide a range of services including but not limited to medication, case-management, and evidence-based practice interventions offered both onsite and in community-based settings.
- **Crisis Residential Treatment (CRT) Facility** serves to engage individuals into various levels of treatment in order to avoid involuntary care when appropriate. CRT services include psychiatric assessment, medication stabilization services, individual, family and group counseling, life skills training, community integration activities and 24/7 clinical supervision and residential care.

PREVENTION AND EARLY INTERVENTION (PEI)

This component consists of programs intended to prevent serious mental illness/emotional disturbance by promoting mental health, reducing mental health risk factors and by intervening to address mental health problems early in its emergence.

Early Intervention Program for Youth is a screening that provides for early identification, assessment and referrals to appropriate PEI programs as well as other Medi-Cal and MHSA funded programs.

Primary Intervention Project (PIP) is a school based collaboration between the county school district and the mental health division that uses this evidence based practice to provide screening to identify children experiencing classroom difficulties and provide services that foster resilience and mental health.

Incredible Years Program is an evidence based program providing services for 2-12 year old children, their parents and school teachers.

Community Education Project promotes community mental health through knowledge, education and skills training and seeks to build the community's capacity to promote mental health through community education.

Wennem Wadati is a Native Path to healing is a culturally specific strategy to outreach to Native American Indian youth. A Native Path to healing uses a combination of early intervention strategies and traditional cultural teachings to engage and strengthen the mental health of youth and their families.

Wellness Outreach Program for Vulnerable Adults provides community based outreach, engagement and early intervention services, primarily to the older adult population.

Health Disparities Initiative addresses health disparities for the county's Latino population. The program uses the Promotora model and provides outreach, engagement and early intervention services. The initiative also involves use of Care Pathways to improve linkages between behavioral health, primary care, and natural community supports to facilitate health and well being for unserved and underserved individuals.

PREVENTION AND EARLY INTERVENTION (PEI) FUNDS FOR TRAINING, TECHNICAL ASSISTANCE AND CAPACITY BUILDING

Building on training originally offered by the CIMH-sponsored Learning Collaborative on Capacity Building Strategies with consultants John Ott and Rose Pinard., strategies for the use of these funds are focused on continued use of these consultants to engage a broader range of community partners, network with other counties, and operationalize the Community Capacity Building model in El Dorado County.

PREVENTION AND EARLY INTERVENTION (PEI) FUNDS FOR STATEWIDE PROJECTS

These funds must be assigned for use at a Statewide or multi-county level. El Dorado County joined the California Mental Health Services Authority (CalMHSA), a collaborative effort that was created as a means for counties to jointly develop and fund regional and statewide mental health services and education programs. CalMHSA will oversee the development, administration and implementation of the County's PEI Statewide programs in suicide prevention, student mental health, and reduction of stigma and discrimination related to mental illness. Additional information is available at <http://www.calmhsa.org/>

WORKFORCE, EDUCATION AND TRAINING (WET)

This component includes education and training programs and activities for staff and volunteers working in the public mental health system and for individuals interested in public mental health service.

Workforce Development provides resources necessary for training programs and activities to ensure the delivery of recovery oriented, culturally competent consumer driven services. E-learning technology is used to provide credentialed courses for licensed staff.

Workforce Development through Psychiatric Rehabilitation Training is a training program that teaches the critical skills needed by practitioners to assist consumers through the rehabilitation process.

Career Pathways to "Grow our Own" – Rural Mental Health MSW program allows students to maintain employment while acquiring their masters thereby targeting individuals who are established in the community and interested in retaining employment in the community upon graduation.

Workforce Development through a Volunteer Program recruits, orients and trains volunteers to support the individuals with serious mental illness in the clubhouses and the community.

INNOVATION

This component consists of programs that test a new or adapted mental health practice or approach for the purpose of discovering new best practices for the delivery of mental health services and supports.

Closing the Gap through Community Capacity Building addresses community unmet needs through the use of health system navigators and community navigators to develop and improve relationships with health partners and communities of natural supports, resulting in improvements in health and well-being within communities.

HOUSING

UNDER CONSTRUCTION

Sunset Lane Apartments, Shingle Springs: *Expected to open in the spring of 2013* - construction and operating subsidies for a new, affordable-housing complex consisting of 40 one-bedroom, two-bedroom, and three-bedroom units; 5 apartments will provide permanent, supported housing for MHSA clients

CAPITAL FACILITIES AND INFORMATION TECHNOLOGY (CF/IT)

This component addresses the infrastructure and/or technology needed to support the county mental health system.

Electronic Health Records (EHR) System Implementation will allow for the secure, reliable and immediate sharing of information across a secure and reliable environment and enhance communication between treating health care professionals.

Telepsychiatry and Videoconferencing Services provide an effective and efficient way of serving mental health consumers, family members and community partners in rural unserved/underserved areas of the county.

Electronic Outcome Measurement Tools will facilitate the treatment planning and track client treatment progress. These tools will measure and accurately score client needs resulting in more appropriate treatment recommendations and improved outcomes.

Electronic Care Pathways is health care technology that will be used in collaboration with community health partners and referral specialists. This technology will facilitate linkage between behavioral health and primary health care providers for persons with mental illness, chronic disease issues and/or co-occurring substance abuse.