



T A H O E

YOUTH & FAMILY

S E R V I C E S

A SAFETY NET OF SERVICES FOR YOUTH AND FAMILIES

OUR MISSION

Our mission is to promote the healthy development of the children, youth, and families of our community through counseling, education and support programs.



Changing Lives

“Well, my experience was incredible. My daughter really got the help she needed. Melissa improved tremendously. She seems like a different girl. **She is more active and has confidence in herself.** Nicole (TYFS therapist) made a big difference in our lives. She is a wonderful therapist. Thank you Tahoe Youth & Family Services for helping my daughter and I to heal ourselves. **This really changed our lives.**”



Tahoe Youth & Family Services

SUPPORTS OUR COMMUNITIES

- **South Lake Tahoe, CA (1971)**
- **Douglas County, NV (2005)**
- **Alpine County, CA (2008)**



Mentor Program

Mentoring is a structured and trusting relationship that brings young people together with caring individuals who offer guidance, support and encouragement aimed at developing the competence and character of the mentee.



Who Mentored You?

Thank them. Pass it on. Mentor a child.

Some of America's most prominent people discuss important mentors in their lives -- family members, teachers, coaches, friends, neighbors -- who provided support, showed them the ropes, and helped them become who they are today.

All kids have mentors. Are they the right ones? Too many young people do not have a caring adult mentor to provide encouragement and support.

**Share what you know. Become a Mentor.
January is National Mentoring Month**



Family and Individual Counseling

- Low and no cost
- Crisis Intervention
- 24 Hour Crisis Line
- Individual and Group Parenting
- Young Children ages 0-9
- Adolescents ages 10-21



Adolescent Substance Abuse

Prevention, Intervention, Treatment

- ❑ Young Women's Lives Curriculum
- ❑ Young Men's Work Curriculum
- ❑ Project Alert Prevention Curriculum
 - ❑ Anger Management Group
 - ❑ Life Skills Group
 - ❑ Juvenile Drug Court
 - ❑ Juvenile Treatment Center
- ❑ Adolescent Recovery Group & Relapse Prevention
 - ❑ Individual and Family Counseling



Client Testimony

"Through the garbage I've been through your services were always there for me. They (TYFS staff) showed me you don't always have to sleep to dream. I found character & strength through this whole experience and that's all I'll ever need to fight life's demons. I've been inspired, now I'm going to create my own path way of happiness."



Street Outreach Program



- School Outreach
- Street/Weekend Outreach
- Community Events
- Shelter for youth in host homes
- 24 hour Crisis Line

Vital, relevant information from young people, to young people.



Project Safe Place

- Community Collaboration
 - Immediate help and safety for youth and families
 - Crisis Counseling, Help and Information for Parents and Teens
 - 24 hour crisis line 1-800-837- TYFS (8937)
 - Shelter for youth through host homes
- 97 Safe Place sites in **South Lake Tahoe**
 - 35 Safe Place sites in **Douglas County**
 - 6 Safe Place sites in **Alpine County**
 - Blue Go and City of South Lake Tahoe buses designated Safe Places



Drop-In Centers

Tahoe Youth &
Family Services

**DROP IN
CENTER**



**Get Recharged
Get Resources
Get Respect**

Come inside and check it out!

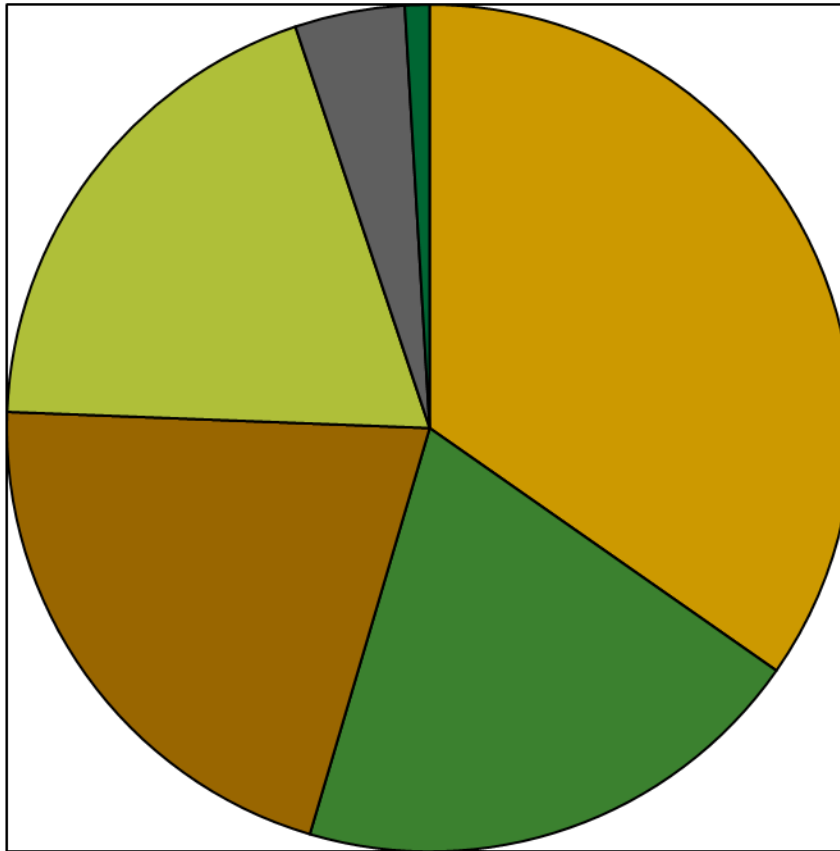
Hours: 1-5

Tues.-Fri.

**Get Recharged
Get Resources
Get Respect**



Funding Sources



- Federal funding**
- El Dorado County funding**
- Nevada funding**
- Private Sources**
- Alpine County funding**
- Client Fees**

Tahoe Youth & Family Services

“Let’s put our minds together and see what life we can make for our children.”

-Sitting Bull

