

**Behavioral Health Division Update  
Behavioral Health Commission  
October 2022 Data  
November 16, 2022, Meeting**

**BH DIRECTOR & DEPUTY DIRECTOR UPDATES**  
**(Nicole Ebrahimi-Nuyken)**

- The unexpected death of one of our Program Managers has deeply impacted the staff throughout our Division. Lesly Van Sloten worked for the BH Division since August of 2015. She was a fiercely dedicated clinician, always focused on providing the highest quality care to our beneficiaries. She embraced the belief that recovery is achievable and challenged her staff to do the same. Lesly interacted and collaborated with many partner agencies in our community and was instrumental in creating and maintaining a system of care to improve the lives of those we serve. She was a highly valued and supportive leader who cared about each one of her staff.

**EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING**

- **New Hires:**
  - Chere Ashmead, WS Mental Health Worker
- **Promotions:**
  - Debbie Metoyer-Spieth – MH Program Coordinator - SUDS
- **Recruitments:**
  - Ongoing
    - WS Mental Health Clinicians (Extra Help and Regular)
    - WS Mental Health Clinician – Substance Use Disorder Services
    - SLT Mental Health Clinicians (Extra Help and Regular)
    - SLT Mental Health Clinician – Substance Use Disorder Services
    - SLT Extra Help Mental Health Workers and Aides
    - SLT Extra Help Psychiatric Technician/LVN
    - SLT Psychiatric Technician
  - New
    - WS MH Program Coordinator, Quality Improvement and Utilization Review
    - WS Manager of Mental Health Programs
    - WS Health Educator: Advanced Level SUD Counselor
    - SLT Manager of Mental Health Programs
    - SLT Substance Use Disorder Treatment and Prevention Supervisor
- **Separations:**
  - Kimberly Price, WS Mental Health Worker
  - Hector Reyes, SLT Substance Use Disorder Treatment and Prevention Supervisor

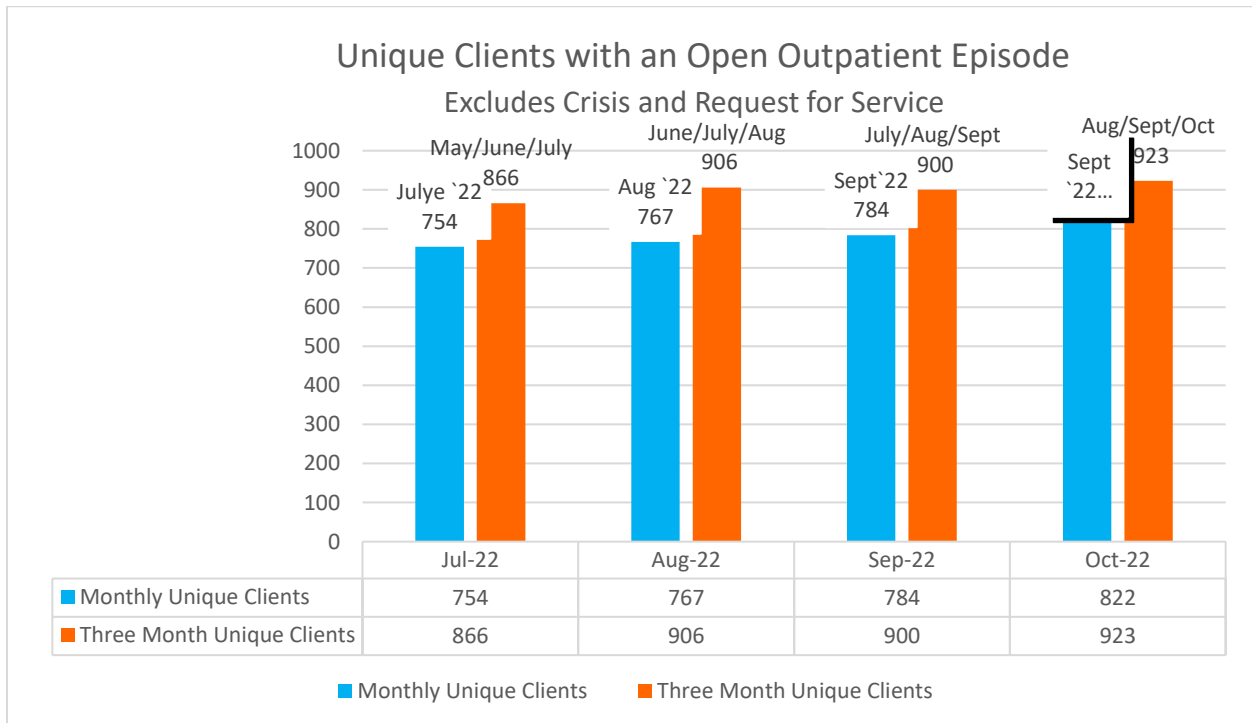
- **Position Changes:**
  - None

**Filled and Vacant Clinician and Clinical Support Positions (as of 10/10/2022)**

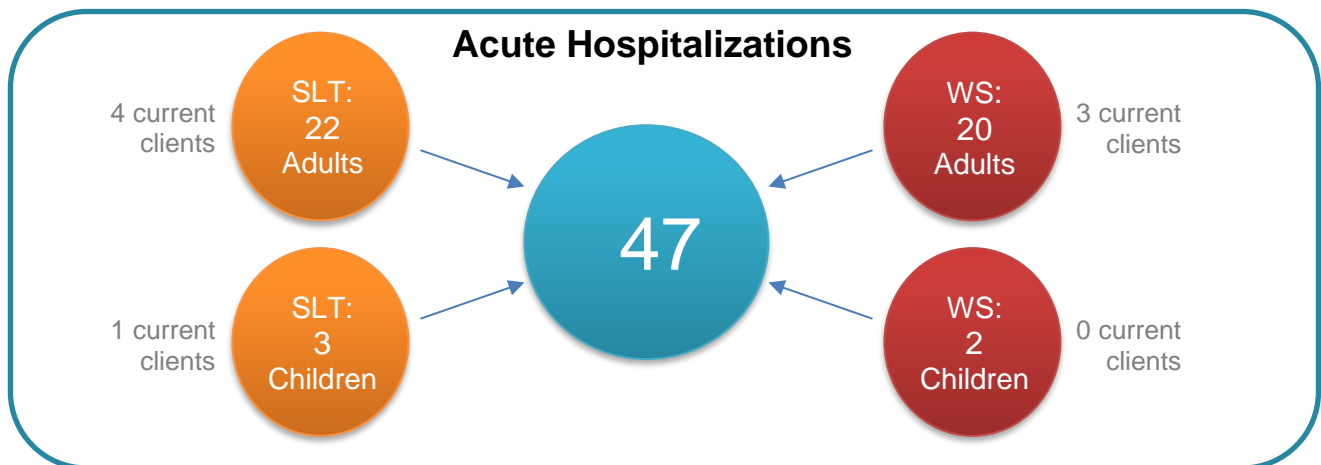
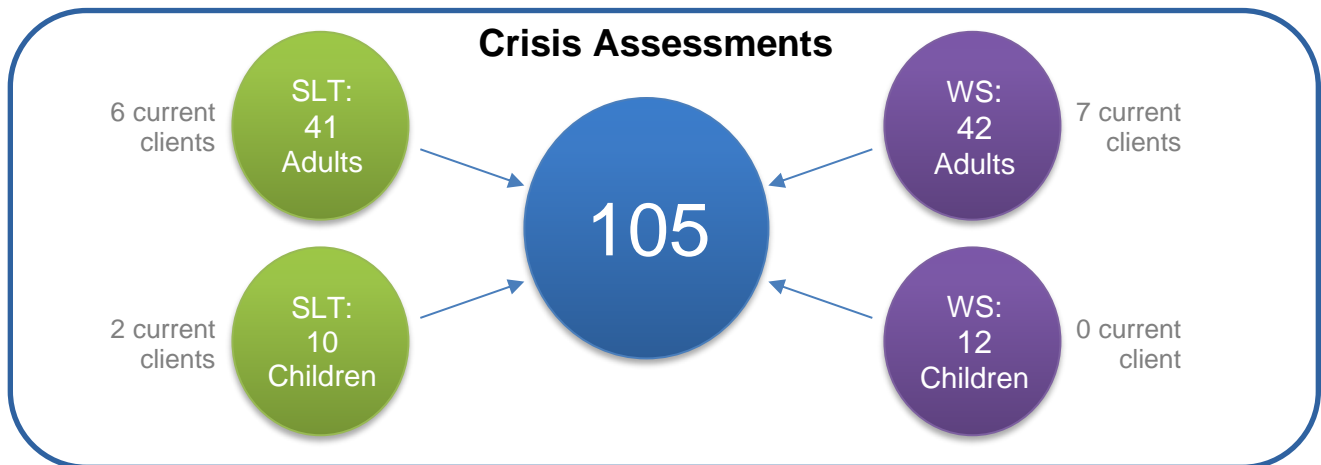
Position Category	Allocated	Filled	Vacant	Vacancy %
MH Clinician	24.5	12.5	12	<b>26%</b>
MH Worker	20	19	1	
Sup. MH Worker	1	0	1	
Sr. OA	3	2	1	
Medical OA	4	3	1	
MH Aid	6.25	5	1.25	
Psych Tech	3	2	1	

“Clinical Support” includes all Health Education Coordinators (even if assigned to Prevention activities), Program Assistants, Mental Health Workers, Mental Health Aids, and Psychiatric Technicians.

**THIS MONTH’S SERVICES BY THE NUMBERS**



## Psychiatric Emergency Services (PES) (Crisis Services)



The MHP is contracted with the State to provide Psychiatric Emergency Services to any individual within the boundaries of the County, regardless of insurance or residency status.

## PLACEMENTS

### Board and Care / IMDs / Secure Placements (Adult Team)

- **21** IMD beds
- **1** State Hospital
- **19** Enhanced Board and Care beds
- **16** Board and Care - Sacramento & Galt
- **Total:**
  - **57** Out of County Placements
  - **0** In County Placements

## Transitions Treatment Program (Danielle Bogan and Jody Kwachak-Hall/Chris Kernes)

- **WS: 6** of 17 beds filled:
  - T1 **1** openings,
  - T2 **3** openings,
  - T3 **4** openings,
  - T4 **11** openings
- 4 clients moved out of the T houses this month. 2 clients secured an apartment and are now roommates. 1 client graduated and returned home with family. 1 client left the T house without informing staff. We have 5 new clients scheduled to move to the T houses in November. 4 Clients are conserved and will be stepping down from a higher level of care.
- **SLT: 4** of 5 beds filled:
  - T1 openings: 1 opening

## Permanent Supportive Housing (Meredith Zanardi and Jody Kwachak-Hall/Chris Kernes)

### West Slope

Clients receive services from the Wellness and Recovery team or from community based supports

- **5** of 5 units occupied
- Wait List:
  - 1 bedroom: 9
  - 2 bedroom: 7
  - 3 bedroom: 1

### South Lake Tahoe

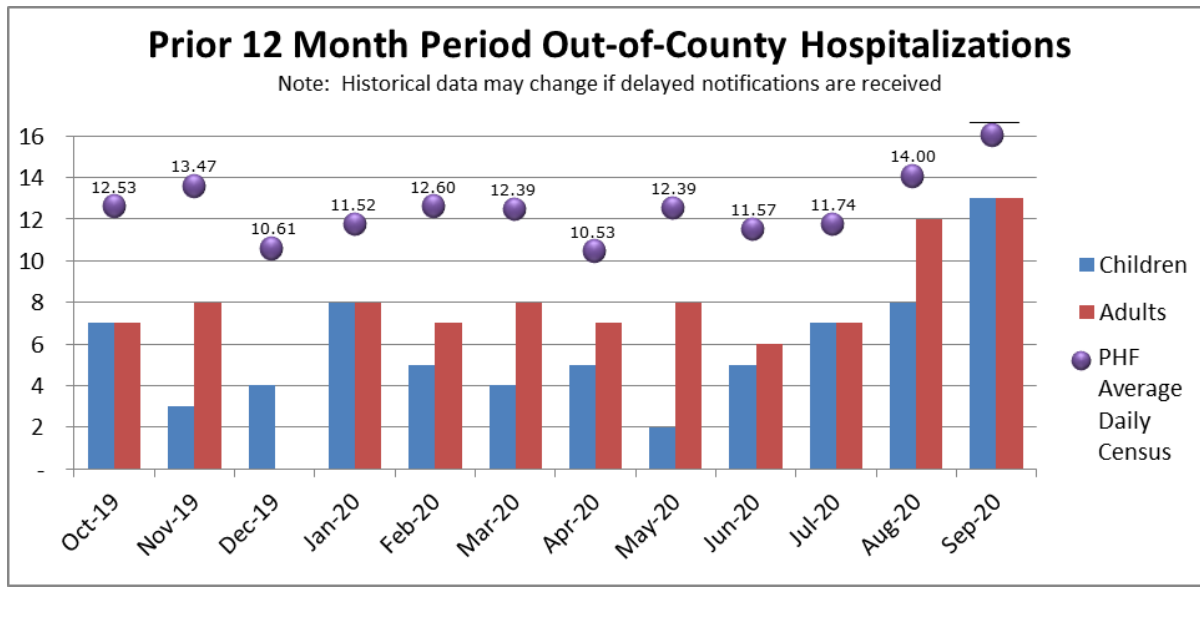
Clients receive ICM team coverage

- **6** of 6 units occupied
- Wait List: unknown
  - This development is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

### Psychiatric Health Facility (Lesly Van Sloten)

- There were **37** Admissions; **22** Admissions were El Dorado County residents and **15** were Out of County residents.
- There were **21** El Dorado County residents discharged; **13** to Home with Support, **0** to Home without support, **0** MHRC/IMD, **2** Board and Care, **1** to ICM T-House, **4** to Shelter, **1** to Other, and **0** to Emergency Department.
- Upon discharge, **17** El Dorado County residents were insured and **4** El Dorado County residents were pending insurance.
- There were **2** Seclusion Episodes, **2** Physical Restraint Episodes (**10** minutes), **5** Assaults (**2** clients – patient to patient), **0** Elopements, **2** Medication Errors (**0** medication errors with no patient involvement), Client Surveys **39**
- There were **10** denials of El Dorado County referrals: Private insurance, wound care, medical complications (CPAP, Methadone, Detoxification)
- Average daily census was **10.87** (range **4 - 14**) with **6.81** average length of stay of days.
- Concurrent Reviews resulting in no medical necessity found. **0**

### Out-of-County Acute Psychiatric Hospitalizations (Medi-Cal Beneficiaries Only) (Moriah Weldy)



## CRISIS SERVICES

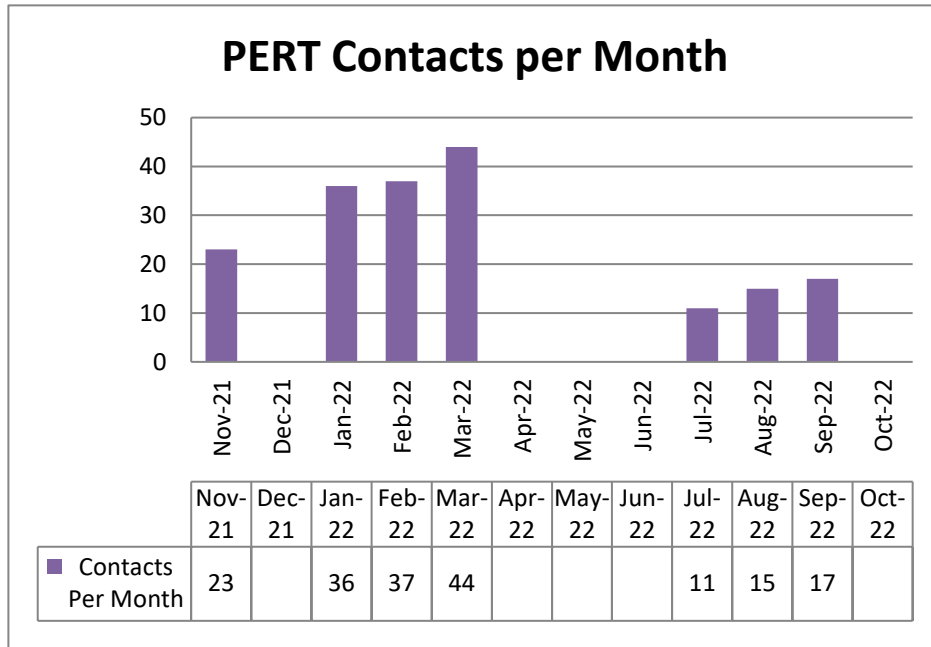
### Crisis Intervention Teams (CIT)

(Angelina Larrigan and Jody Kwachak-Hall/Chris Kernes)

- **SLT:** CIT meeting is on hold. BH continues to have regular meetings with Barton Hospital, Homeless Coalition and STACS when need arise.

- CIT team holds regular meetings to discuss crisis issues, support needs, scheduling, client support, etc.
- **WS:** CIT meeting took place October 6, 2022.

**Psychiatric Emergency Response Team (PERT)  
(Angelina Larrigan)**



PERT Data for October is unavailable at this time.

**South Lake Tahoe Alternative Collaboration Services (STACS)  
(Chris Kernes)**

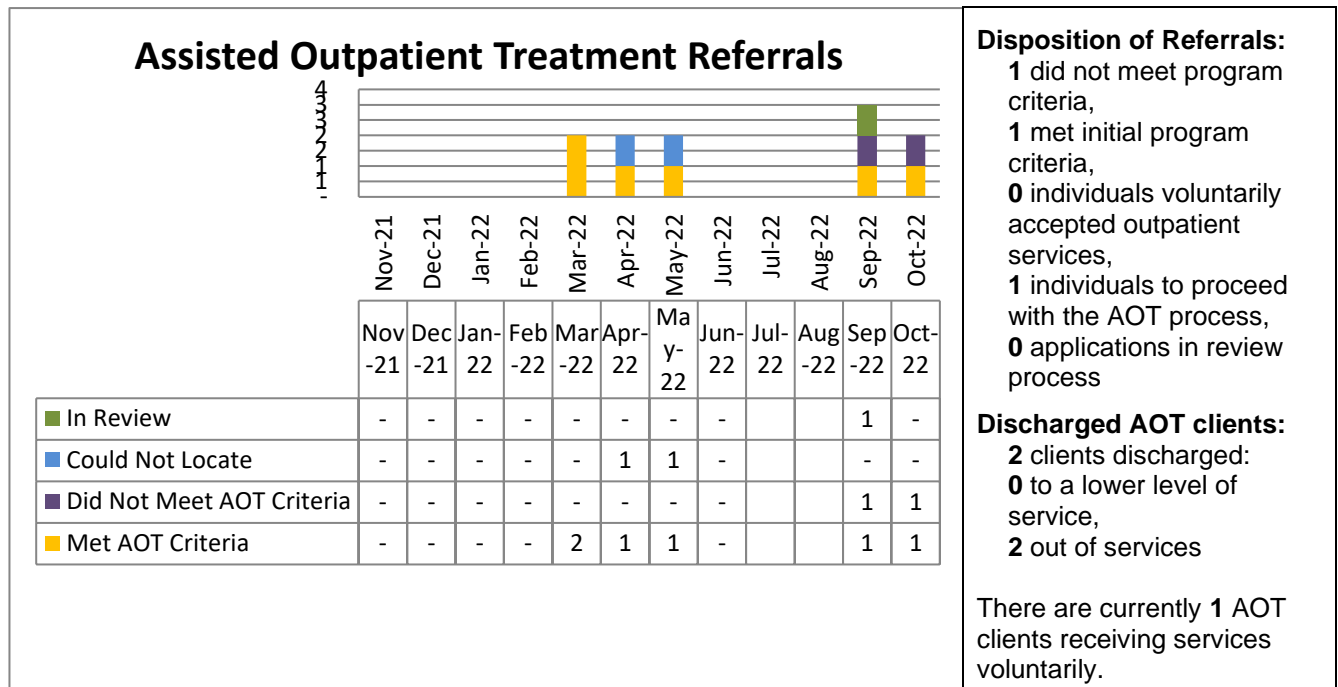
- Formal STACS meetings have been put on hold; however, each participating STACS community member continues to communicate and collaborate as needed and appropriate.
- We are holding bi-weekly meetings with Tahoe Coalition for the Homeless and monthly meetings with Barton Hospital Leadership

**JUSTICE SERVICES**

**Restoration of Competency (Lesly Van Sloten)**

- **0** Outpatient ROC referrals
- **0** Jail ROC referral
- **0** client receiving ROC Outpatient services
- **0** client receiving ROC Inpatient services

## ASSISTED OUTPATIENT TREATMENT (AOT) (Scott Fisher)



## QUALITY ASSURANCE & PATIENT RIGHTS

### Quality Improvement / Utilization Review (Kevin Willard/Doris Jones)

- DHCS staff, select EDC BH staff, and representatives from IDEA Consulting participated in the Triennial Chart Documentation Review on October 11<sup>th</sup> and 12<sup>th</sup>. During this review DHCS was very complementary of our policies and procedures regarding chart documentation, offering kudos on several occasions and stating, in one instance, that a particular policy met the State’s “Gold Standard”. The State did discuss, with EDC BH personnel, some areas where there was room for improvement, however the current policies and procedures showed our efforts to amend past practice.
- With both the System and Chart reviews behind us, we are now waiting for DHCS to provide us with their Findings Report.
- QA /UR staff have made two submissions to the state in the last two weeks. One for Program Integrity and one for Annual County Monitoring Activities (ACMA), formerly Ongoing Monitoring Activities (OCM). Program Integrity reported on our staff involved with compliance and the resolution of grievances. The ACMA submission included an attestation that our MHP has certain processes, policies, and procedures in place to ensure compliance with specific state requirements.
- QA/UR and HHSA IT staff continue to make progress with 274 Provider Network Data Reporting requirement and anticipate meeting the early 2023 deadline.



## PATIENT RIGHTS

### Patients' Rights Advocate (Moriah Weldy/Debra McCartney)

Hearing Type	Upheld	Denied	Writs Filed
5250	6	0	0
5270	0	0	0
<i>Total</i>	6*	0	0

- \*3 Additional patients were moved to voluntary status prior to hearing, and remained on the unit for continued treatment.

### Grievances/Appeals/Hearings (Christina Hammel / Ren Strong)

Month Filed	Month Completed	Type	Topic	Location	Outcomes (Appeals / Hearings Only)
N/A	N/A	N/A	NO OPEN GRIEVANCE INVESTIGATIONS	N/A	N/A

## PROGRAM ACTIVITY UPDATES

### SUBSTANCE USE DISORDER SERVICES (Salina Drennan)

- SUDS QA has started the annual monitoring on-site visits and working with fiscal to complete the fiscal monitoring as required by DHCS
- SUDS Counselor provided screening and assessment services at the recent HOT Team event at Walmart
- SUDS QA supervisor has initiated the process to start working with Marshall and Barton emergency departs to look at developing a formal process for referrals from the ER to County SUDS for those that are discharged from the ER and have an identified SUD.

### MENTAL HEALTH SERVICES ACT (MHSA) (Meredith Zanardi/Moriah Weldy)

- Community Program Planning Process (CPPP)
  - Began holding MHSA Community Meetings to provide training about MHSA and solicit input about the FY 23-26 Three Year Plan
  - Held meetings with contract providers and community partners

- Met with department contract development staff to identify strategies and establish timeline for FY 23/24 contract submittals
- Released CPPP Survey
- Participated in SOGI (Sexual Orientation and Gender Identity) training through Community Mental Health Equity Project
- Participated in various conference calls, webinars, and meetings related to items of interest to MHSA.

## **SUICIDE PREVENTION (Meredith Zanardi / Nicole Ebrahimi-Nuyken)**

- Continued work on Suicide Prevention Coordinator contract
- Participated in Workforce Wellness Coalition meeting coordinated by Veterans Administration (VA) Suicide Prevention team

## **ADULT OUTPATIENT SERVICES**

**(Jody Kwachak-Hall (SLT); Danielle Bogan / John Schumacher (WS))**

Tahoe:

- The SLT Outpatient Clinicians and Mental Health Workers actively work with Clients to provide MH services in the office, in Client's homes, by telephone, and by telehealth. The Clinicians and Mental Health Workers provide services in community settings. Any face-to-face meetings are conducted with safety as a priority, ensuring that COVID precautions and current guidelines are adhered to. SLT has 4 F/T & 1 extra help clinicians, and 4 F/T & 2 P/T Mental Health Workers providing services to 154 clients.

West Slope:

- Adult Outpatient Clinicians are actively working with Clients to maintain their stability in the community, keep them from needing a higher level of care and working with them to reduce incarceration. They also run billable groups through the Wellness Center. Due to low staffing levels, FSP Clinicians have taken on Adult Outpatient Clients, and they seem to enjoy working with less complex care needs clients. This collaboration is also helping to reduce burn-out from FSP Clinicians. To assist our collaborative partners at probation, one half-time TAY Clinician and two Mental Health Workers have been assisting the BH/SUD Program at the CCC by providing clinical care, assessments and two groups a week, on a temporary basis, until that full-time position is filled.

### **Wellness Center Activities:**

Tahoe:

- Wellness is open four days a week providing groups and activities to enhance Clients' lives (games, snacks, outings, art, independent living skills, symptom management, and skills educational groups, and more). This month's Wellness program included hikes, field trip to Carson City, activities such as pickle ball, yoga, disc golf, beanie knitting, and a trip to Sacramento to attend the Out of the

Dark Mental Health event at the state capital. A groups trip was also taken to Placerville where four clients received Dental Care.

West Slope:

- The Wellness Center is open four Days a week currently. Full lunches have been provided. No new groups have been added. The Wellness Center held a graduation celebration for a client, with many congratulations and compliments given from their peers. We had a Halloween Party support by our recently reactivated Peer Leaders, with “Mummy Dogs” and lots of treats, with dancing, costumes, and Karaoke. At this time the Peer leaders are planning the entertainment for the Thanksgiving Party which the Dried Mangos will providing entertainment and some of the Wellness Center patrons have written a poem based on a rap song they wrote and another playing a improvised session with his Virtual Harp.

### ICM Activities:

Tahoe:

- Outings to: Carson City, Sacramento’s “Out of the Dark” suicide prevention event, nature/waterfall hike. Exercise activities including Yoga and Pickle Ball. Behavioral Health skills groups, and Expressive Arts through knitting.

West Slope:

- Outings to local parks for BBQ and trail walks. Clients attended outing to Folsom to attend local vendor fair. Halloween event was a success. Many clients participated in a costume and dance contest. ICM is beginning to plan the holiday events.

### CHILDREN’S SERVICES (Angelina Larrigan)

- Summitview is currently providing SMHS to 77 children and youth.
- New Morning is currently providing SMHS to 28 children and youth.
- Stanford Sierra Youth and Families is currently providing SMHS to 41 children and youth.
- Sierra Children and Family Services is currently providing SMHS to 154 youth

### DBT/FEP Program (Jody Kwachak-Hall)

Tahoe:

- DBT groups are provided in Wellness at this time.
- DBT skills education and practice is done on an individual basis.

## INITIALS & DEFINITIONS

<b>Initials</b>	<b>Definition</b>
AB	Assembly Bill
ACEs	Adverse Childhood Experiences
ADL	Activities of Daily Living
ADP	Alcohol and Drug Programs
AMFT	Associate Marriage and Family Therapist
AOT	Assisted Outpatient Treatment
APCC	Associate Professional Clinical Counselor
APS	Adult Protective Services
ARF	Adult Residential Facility
ARPA	American Rescue Plan Act of 2021
B&C	Board and Care
BHC	Behavioral Health Court
BHD	Behavioral Health Division (formerly the Mental Health Division)
BOMUSD	Black Oak Mine Unified School District
BSCC	Board of State and Community Corrections
CalAIM	California Advancing and Innovating Medi-Cal
CalMHSA	California Mental Health Services Authority
CalQIC	California Quality Improvement Coordinators
CANS	Child and Adolescent Needs and Strengths
CBHDA	County Behavioral Health Directors Association of California
CBO	Community Based Organization
CBT	Cognitive Behavior Therapy
CCC	Community Corrections Center or California Conservation Corps
CCP	Community Corrections Partnership
CCR	Continuum of Care Reform
CDCR	California Department of Corrections and Rehabilitation
CDSS	California Department of Social Services
CEU	Continuing Education Unit
CFMG	California Forensic Medical Group
CFR	Code of Federal Regulations
CFT	Children and Family Teams
CFTN	Capital Facilities and Technology Needs
CHP	California Highway Patrol
CIT	Crisis Intervention Team
CMS	Centers for Medicare & Medicaid Services
CPP	Community Planning Process
CPS	Child Protection Services
CPT	California Psychiatric Transitions
CRRSAA	Coronavirus Response and Relief Supplemental Appropriations Act, 2021
CSS	Community Services and Supports
CWS	Child Welfare Services
DBT	Dialectical Behavior Therapy
DHCS	Department of Health Care Services (California)

DMC-ODS	Drug Medi-Cal Organized Delivery System
DUI	Driving Under the Influence
Dx	Diagnosis
ED	Emergency Department
EDC	El Dorado County
EDCMH	El Dorado County Mental Health
EDCOE	El Dorado County Office of Education
EDCSO	El Dorado County Sheriff's Office
EDSO	El Dorado Sheriff's Office
EDCVC	El Dorado Community Vision Coalition
EH	Extra Help
EHR	Electronic Health Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment
EQRO	External Quality Review Organization
ER	Emergency Room
FAQs	Frequently Asked Questions
FEP	First Episode Psychosis
FFPSA	Families First Prevention Services Act
FSP	Full Service Partnership
FTE	Full-Time Equivalent
FURS	Foster Youth Urgent Response System
FY	Fiscal Year
HHSA	Health and Human Services Agency
HOT	Homeless Outreach Team
Hubs	Reference to the Innovation Program "Community-Based Engagement and Support Services", also called "Community Hubs"
IA	Intergovernmental Agreement
ICC	Intensive Care Coordination
ICM	Intensive Case Management
IHBS	Intensive Home-Based Services
IMD	Institution for Mental Disease (facility)
ITWS	Information Technology Web Services
Katie A.	<i>Katie A. vs. Bonta</i> Lawsuit and/or resulting programs/services
LCSW	Licensed Clinical Social Worker
LL	Laura's Law
LOCUS	Level of Care Utilization System
LPCC	Licensed Professional Clinical Counselor
LPS	Lanterman Petris Short
LT	Limited Term
LTCC	Lake Tahoe Community College
MAR	Medication Administration Record
MDT	Multi-Disciplinary Team
M-F	Monday through Friday
MH	Mental Health
MHBG	Mental Health Block Grant
MHD	Mental Health Division

MHRC	Mental Health Rehabilitation Center (facility)
MHSA	Mental Health Services Act
MHSOAC	Mental Health Oversight and Accountability Commission
MHSUDS	Mental Health and Substance Use Disorder Services, a division of the State's Department of Health Care Services (DHCS)
MHW	Mental Health Worker
MIOCR	Mentally Ill Offender Crime Reduction
MOA	Medical Office Assistant
MOU	Memorandum of Understanding
MRT	Moral Reconation Therapy
NACT	Network Adequacy Certification Tool
NM	New Morning Youth & Family
NMD	Non-Minor Dependent
NOABD	Notice of Adverse Benefit Determination
NTE	Not-to-Exceed
NTP	Narcotic Treatment Program
OAC	Mental Health Services Oversight and Accountability Commission, also MHSOAC
OP	Outpatient
PA	Physician Assistant
PATH	Projects for Assistance in Transition from Homelessness
PCP	Primary Care Physician
PD	Police Department
PEI	Prevention and Early Intervention
PERT	Psychiatric Emergency Response Team
PES	Psychiatric Emergency Services
PG	Public Guardian
PHF	Psychiatric Health Facility
PIP	Primary Intervention Program or Program Improvement Plan
PL	Public Law
POC	Plan of Correction
PPD	Placerville Police Department
PPE	Personal Protective Equipment
PSC-35	Pediatric Symptom Checklist
QA/UR	Quality Assurance/Utilization Review
QI	Quality Improvement or Qualified Individual
QI/UR	Quality Improvement/Utilization Review
QIC	Quality Improvement Committee
RIF	Reduction in Force
RFI	Request for Information
RFP	Request for Proposal
RFQ	Request for Qualifications
ROI	Authorization for Release of Information
ROC	Restoration of Competence
RV	Remi Vista
SABG	Substance Abuse Prevention and Treatment Block Grant

SAMHSA	Substance Abuse and Mental Health Services Administration
SB	Senate Bill
SCF	Sierra Child & Family
SLT	South Lake Tahoe
SLTPD	South Lake Tahoe Police Department
SO	Sheriff's Office
STACS	South Tahoe Alternative Collaborative Services
STHS	South Tahoe High School
STRTP	Short-Term Residential Therapeutic Program
SUD	Substance Use Disorders
SUDS	Substance Use Disorder Services
SV	Summitview Child & Family
SYS	Stanford Youth Solutions
T-House	Transitional Housing
TAY	Transitional Age Youth
TBD	To Be Determined
TCH	Tahoe Coalition for the Homeless
TFC	Therapeutic Foster Care
TYFS	Tahoe Youth and Family Services
Tx	Treatment
TY	Tahoe Youth and Family Services
UR	Utilization Review
VA	United States Department of Veterans Affairs
WET	Workforce Education and Training
WIA	Workforce Investment Act
WOIA	Workforce Innovations and Opportunities Act
WS	West Slope