

**Behavioral Health Division Update  
Behavioral Health Commission  
September 2022 Data  
October 19, 2022, Meeting**

**BH DIRECTOR & DEPUTY DIRECTOR UPDATES**

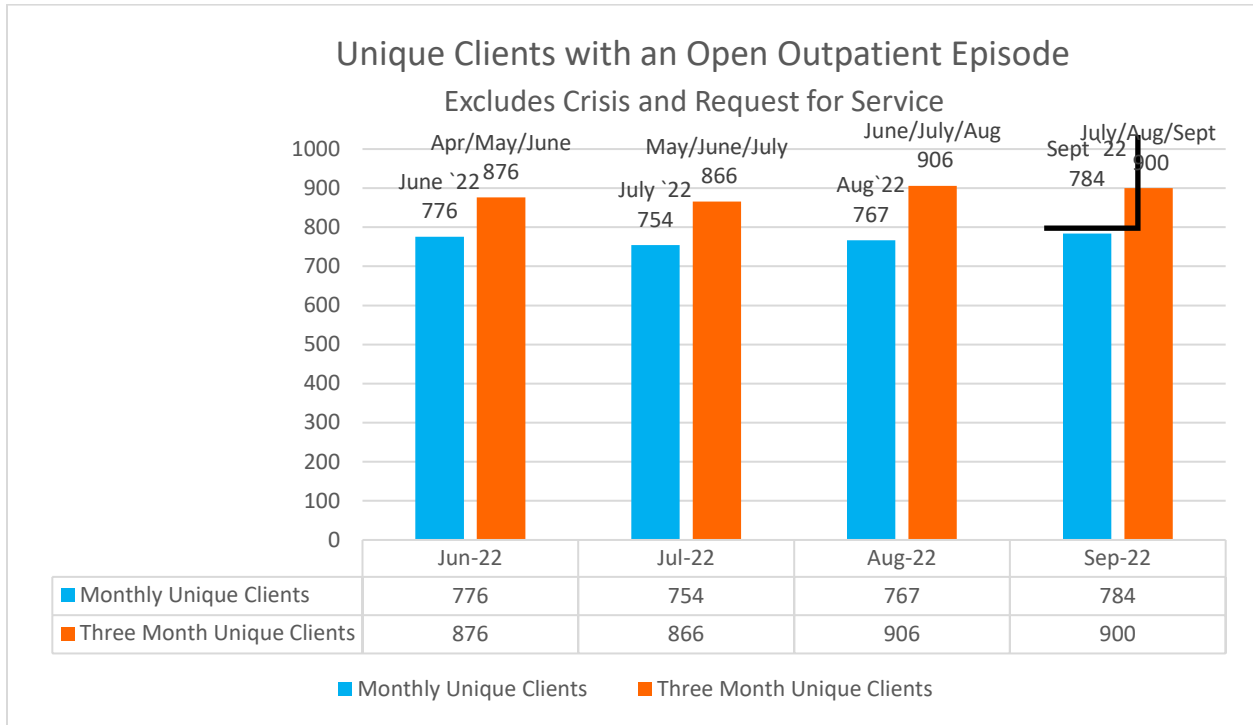
**(Nicole Ebrahimi-Nuyken)**

- Evelyn Schaeffer, HHSA Director, started with El Dorado County on September 24<sup>th</sup>. Daniel Del Monte, Interim HHSA Director, has moved back to his position as HHSA Chief Assistant Director effective the same date.
- Meredith Zanardi, MHSA Program Coordinator, John Schumacher, Adult Services Program Coordinator, and Nathaniel Houston participated in the California State University at Sacramento job fair on 9/28/22 to represent the Behavioral Health Division. 50 –75 students were engaged in discussions and 39 provided contact information.

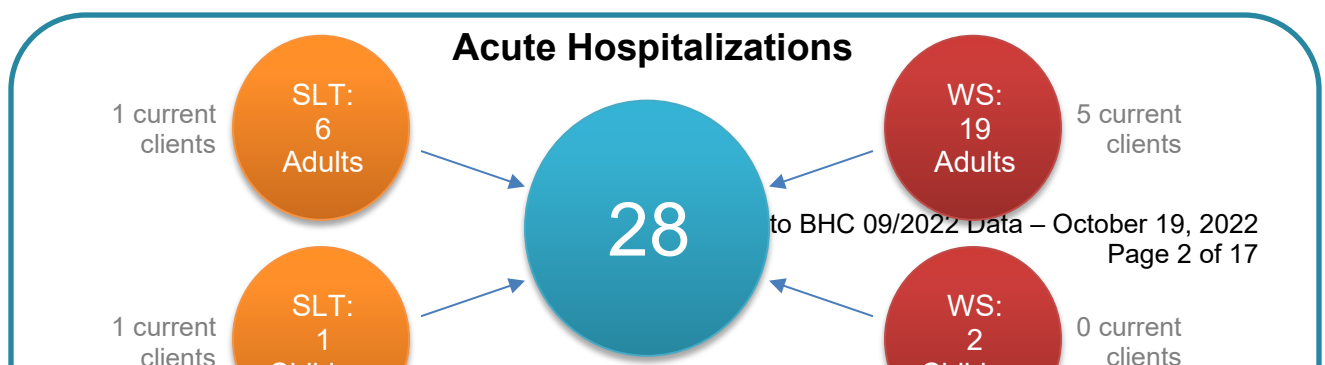
**EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING**

- **New Hires:**
  - Jennifer Hawkins, SLT MH Clinician
  - Jessica Sinetos, WS Mental Health Aide
- **Promotions:**
  - None
- **Recruitments:**
  - Ongoing
    - WS Mental Health Clinicians (Extra Help and Regular)
    - WS Mental Health Clinician – Substance Use Disorder Services
    - SLT Mental Health Clinicians (Extra Help and Regular)
    - SLT Mental Health Clinician – Substance Use Disorder Services
    - SLT Extra Help Mental Health Workers and Aides
    - SLT Extra Help Psychiatric Technician/LVN
    - SLT Psychiatric Technician
  - New
    - WS Mental Health Program Coordinator, Quality Improvement and Utilization Review
    - WS Manager of Mental Health Programs
    - WS Health Educator: Advanced Level SUD Counselor (2 positions)
- **Separations:**
  - Katherine Meyers, WS Senior Office Assistant
- **Position Changes:**
  - None
- **Promotions:**
  - Debbie Metoyer-Spieth, MH Program Coordinator, Substance Use Disorder Services Division

## THIS MONTH'S SERVICES BY THE NUMBERS



## Psychiatric Emergency Services (PES) (Crisis Services)



The MHP is contracted with the State to provide Psychiatric Emergency Services to any individual within the boundaries of the County, regardless of insurance or residency status.

## PLACEMENTS

### Board and Care / IMDs / Secure Placements (Lesly Van Sloten)

- **16** IMD beds
- **1** State Hospital
- **18** Enhanced Board and Care beds
- **9** Board and Care - Sacramento & Galt
- **Total:**
  - **44** Out of County Placements
  - **8** In County Placements

## Transitions Treatment Program

(Danielle Bogan/Lesly Van Sloten and Jody Kwachak-Hall/Chris Kernes)

- **WS: 9** of 16 beds filled:
  - T1 **0** openings,
  - T2 **1** openings,
  - T3 **4** openings,
  - T4 **2** openings
- **SLT: 4** of 6 beds filled:
  - T1 openings: **2** openings

### West Slope:

- 4 clients graduated from the T house program in August and September.
- 3 clients were able to secure an apartment and one client found a job with live in benefits.
- We are in the process of graduating 4 more clients by next month.
- In the month of September, we had 3 new clients move in the T house 2 of which were exited due to substance use and not agreeable to SUDS services but continue to receive FSP services while living in the community.
- 1 client out of the 3 that moved in remains and is doing great in the program.
- Although the number for the past few months are similar regarding open beds there has been movement as far as clients moving on to Independent Living and new clients moving in.
- We have several upcoming interviews for T house placements and continue to work with the PHF to assess clients for T house appropriateness and placement.
- During the months April through September the number of occupants in the T house is generally less as the weather is warmer and suitable for those to live homeless. During the months of October through March the referrals and request for T house placements increase as the weather becomes cold and unmanageable to live in.
- We are working with the LPS team to step several clients down from high levels of care into the T houses within the next few months.

## Permanent Supportive Housing (Meredith Zanardi and Jody Kwachak-Hall/Chris Kernes)

### West Slope

Clients receive services from the Wellness and Recovery team or from community based supports

- **5** of 5 units occupied
- Wait List:
  - 1 bedroom: **9**
  - 2 bedroom: **7**
  - 3 bedroom: **1**

### South Lake Tahoe

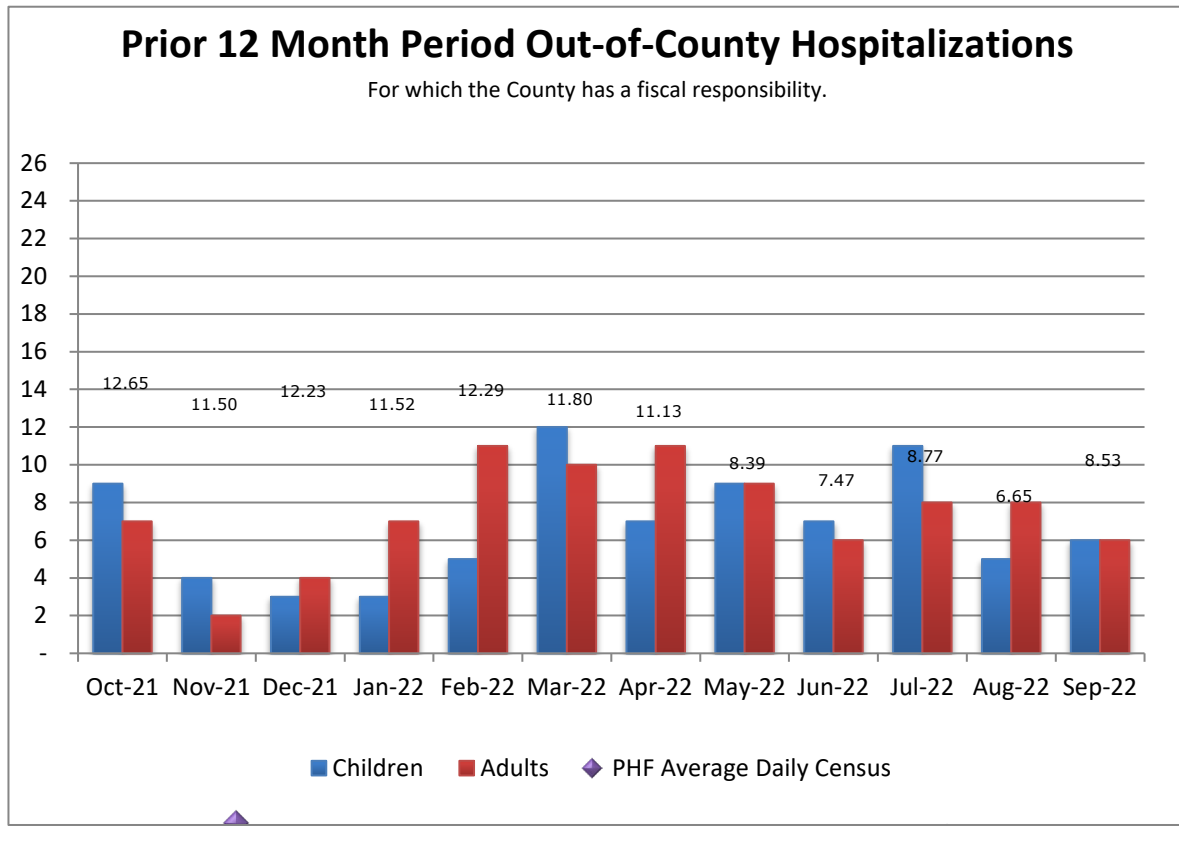
Clients receive ICM team coverage

- **6** of 6 units occupied
- Wait List: unknown
  - This development is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

## Psychiatric Health Facility (Lesly Van Sloten)

- There were **25** Admissions; **17** Admissions were El Dorado County residents and **8** were Out of County residents.
- There were **16** El Dorado County residents discharged; **8** to Home with Support, **0** to Home without support, **0** MHRC/IMD, **1** Board and Care, **0** to ICM T-House, **0** to Shelter, **7** to Other, and **0** to Emergency Department.
- Upon discharge, **15** El Dorado County residents were insured and **1** El Dorado County residents were pending insurance.
- There were **5** Seclusion Episodes, **5** Physical Restraint Episodes (**1** minutes), **3** Assaults, **1** Elopement, **0** Medication Errors, Client Surveys **23**
- There were **3** denials of El Dorado County referrals: Medical complications, Methadone, CPAP
- Average daily census was **8.53** (range **6 - 12**) with **6.48** average length of stay of days.
- Concurrent Reviews resulting in no medical necessity found. **0**

## Out-of-County Acute Psychiatric Hospitalizations (Medi-Cal Beneficiaries Only) (Krystal Hogan, Kevin Willard)



## CRISIS SERVICES

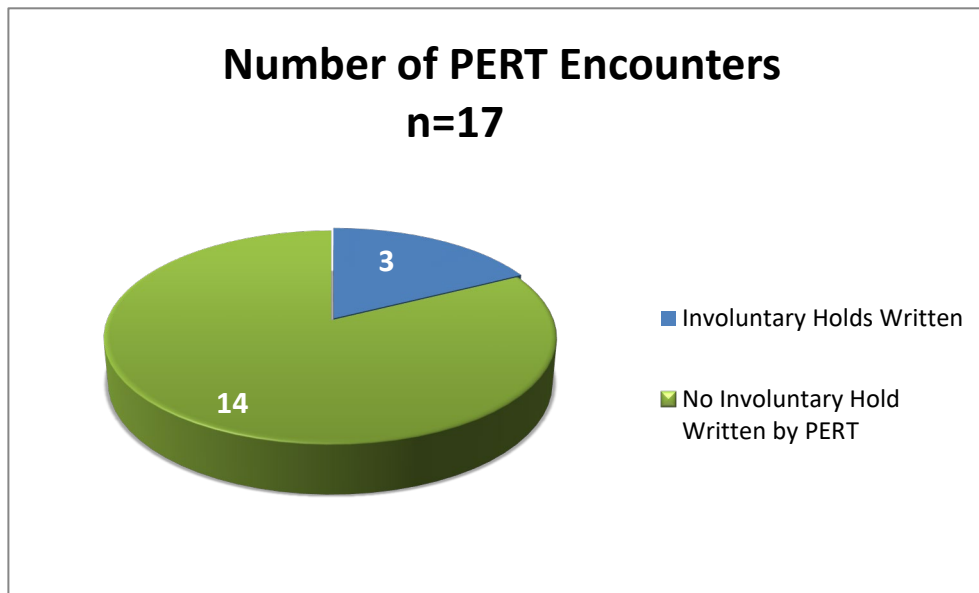
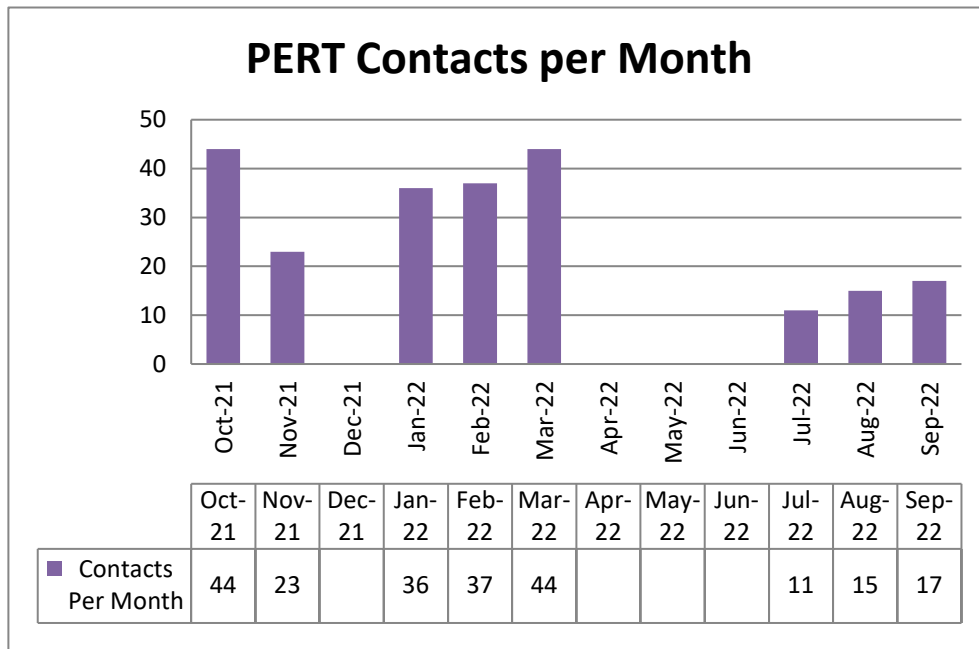
### Crisis Intervention Teams (CIT)

(Angelina Larrigan and Jody Kwachak-Hall/Chris Kernes)

- **SLT:** No formal meeting is being held at this time.
  - In SLT, we are able to provide PES to the community with the help of our existing staff (program manager, program coordinator and 1 MH clinician).
  - To address the gap in coverage due to staffing shortage, we are utilizing Locum Tenens psychologists.
- **WS:** Monthly CIT meeting was held March 3rd. The meeting was well attended by EDSO, Jail, Justice services, APS, EDC BH and Public Guardian.

## Psychiatric Emergency Response Team (PERT) (Angelina Larrigan)

PERT services were minimal the month of September due to the Mosquito fire support needs. PERT worked 14 days in September.



**Additional PERT Data:**

Safety Plans	4
Law Enforcement Holds Written during PERT Shift	3
Voluntary Transports to Emergency Department	0
Law Enforcement Holds Written	31
Behavioral Health Outpatient Holds Written	0
Other/Unable to Locate/Inaccurate Report for Service	4
Substance Use Admitted/Confirmed	0
Adult Protective Services (APS) Referrals	0
“Fit For” Jail Crisis Risk Assessments Conducted by PERT	3

**South Lake Tahoe Alternative Collaboration Services (STACS)  
(Chris Kernes)**

- Formal STACS meetings have been put on hold; however, each participating STACS community member continues to communicate and collaborate as needed and appropriate.
- We are holding bi-weekly meetings with Tahoe Coalition for the Homeless and monthly meetings with Barton Hospital Leadership .

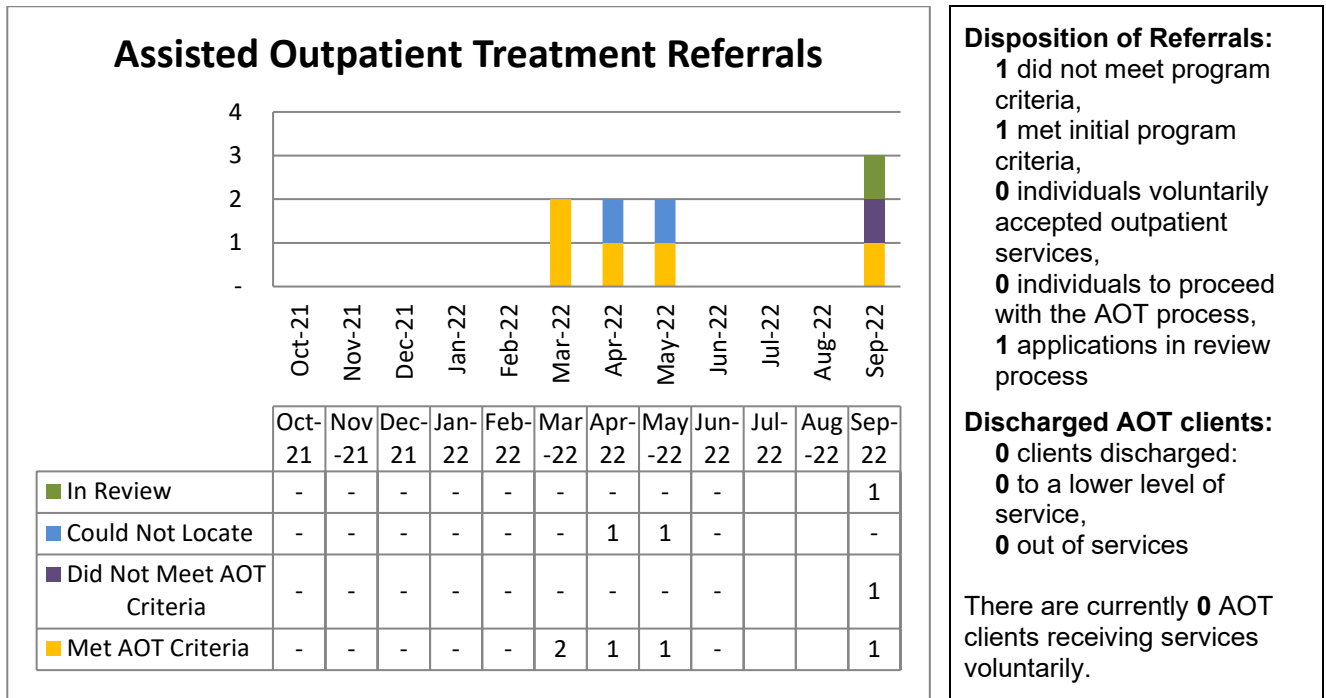
**JUSTICE SERVICES**

**Restoration of Competency (Lesly Van Sloten)**

- **0** Outpatient ROC referrals
- **0** Jail ROC referral
- **0** client receiving ROC Outpatient services
- **0** client receiving ROC Inpatient services



## ASSISTED OUTPATIENT TREATMENT (AOT) (Lesly Van Sloten)



## QUALITY ASSURANCE & PATIENT RIGHTS

### Quality Improvement / Utilization Review (Ren Strong / Krystal Hogan)

- As indicated in last month's report, the Triennial System Review Audit was conducted virtually on 9/13 and 9/14 with DHCS staff and the QA team and key EDC BH personnel as well as staff from IDEA Consulting. The focus of the two-day review was on the adequacy of the documentation submitted to DHCS in August. During this review, DHCS requested additional documents be submitted within 5 days to help support achieving system compliance. We would like to thank everyone who was involved in both the system review and the subsequent efforts in gathering the additional requested documents. DHCS will provide a Findings Report which will indicate our level of compliance for each category outlined in the System Review Protocol as well as the steps required to achieve compliance in any deficient areas. CalAIM is a large reform with multiple implementation dates that we continue to meet internally about; we created a CalAIM Team Meeting involving other programs such as Fiscal, IT, and SUDS. We are beginning to discuss the Documentation Reform changes that will come in July, and strategies to see how we can ensure we are in compliance.
- During the on-site review, DHCS also requested some additional documentation for the Chart Documentation Review which were gathered and submitted to DHCS. The on-site Chart Review with DHCS will be conducted virtually on 10/12 and 10/13.

- Behavioral Health Quality Improvement Program (BHQIP) is another major undertaking that QA/UR staff and staff from other divisions have been working on. BHQIP is a program with the goal of helping us with the implementation of the CalAIM initiative. BHQIP has outlined deliverables to be produced and the milestones and deadlines for the submission of those deliverables. If these milestones and deadlines are met, participating programs are entitled to incentive payments from the State once DHCS confirms that the submissions are CalAIM compliant. The first deadline for deliverables was 9/30/2022. Prior to that deadline, DHCS released a notice which extended deadlines for many of the milestones until 3/1/2023. Three of the milestone deadlines were not extended and thanks to the hard work of many staff from several divisions, those deliverables were submitted by the 9/30 deadline.
- 274 Provider Network Data Reporting Update: QA/UR and our IT staff continue to make progress with this endeavor and are working hard to overcome the various challenges that we are presented with. We are currently waiting for communication from DHCS re their receipt and review of our submission so that we may proceed. We are already working on Phase 3 with our IT as well as with the assistance of the county's Central IT to develop a data import tool that will greatly streamline importing all of the required information into our EHR. This process will save us a lot of time and we are grateful to Central IT for their contribution.

### Patients' Rights Advocate (Christina Hammel)

Hearing Type	Upheld	Denied	Writs Filed
5250	14	1	3
5270	1	0	0
<i>Total</i>	15	1	3

## Grievances/Appeals/Hearings (Christina Hammel / Ren Strong)

Month Filed	Month Completed	Type	Topic	Location	Outcomes (Appeals / Hearings Only)
			<b>NO OPEN GRIEVANCE INVESTIGATIONS SINCE MAY 2022</b>		

## PROGRAM ACTIVITY UPDATES

### SUBSTANCE USE DISORDER SERVICES (Salina Drennan)

- Quality Assurance Supervisor and Manager focused work on CalAIM deliverables due by 9/30/2022. This included updates to and creation of training plans and new policies. In addition, staff has been working with contract providers to provide CalAIM training to each provider in the network. SUDS leadership will continue to work on aligning our system with CalAIM requirements in order to meet future deadlines for DHCS.

### MENTAL HEALTH SERVICES ACT (MHSA) (Meredith Zanardi/Moriah Weldy)

- Held meetings with contract providers and community partners as part of initial Community Program Planning Process (CPPP)
- Participated in various conference calls, webinars, and meetings related to items of interest to MHSA.
- Began scheduling CPPP meetings hosted by providers to utilize their existing community networks and identified three dates for meetings hosted by our MHSA Team

### SUICIDE PREVENTION (Meredith Zanardi / Nicole Ebrahimi-Nuyken)

- Continued work on Suicide Prevention Coordinator Contract
- Attended virtual Suicide Prevention Summit

## ADULT OUTPATIENT SERVICES

### (Jody Kwachak-Hall (SLT); Doris Jones (WS))

Tahoe:

- The SLT Outpatient Clinicians and Mental Health Workers actively work with Clients to provide MH services in the office, in Clients' homes, by telephone and by telehealth. The Clinicians and Mental Health Workers provide services in community settings. Any face-to-face meetings are conducted with safety as a priority, ensuring that COVID precautions and current guidelines are adhered to.

SLT has 4.5 Clinicians, and 4 FT, and 2 PT Mental Health Workers providing services to 137 outpatient Clients.

West Slope:

- Adult Outpatient Clinicians are actively working with Clients to maintain their stability in the community, keep them from needing a higher level of care and working with them to reduce incarceration. They also run billable groups through the Wellness Center. Due to low staffing levels, FSP Clinicians have taken on Adult Outpatient Clients, and they seem to enjoy working with less complex care needs clients. This collaboration is also helping to reduce burn-out from FSP Clinicians. To assist our collaborative partners at probation, one half-time TAY Clinician and two Mental Health Workers have been assisting the BH/SUD Program at the CCC by providing clinical care, assessments and two groups a week, on a temporary basis, until that full-time position is filled.

### **Wellness Center Activities:**

Tahoe:

- Wellness is open four days per week providing groups to enhance Clients' lives (games, snacks, outings, art, independent living skills, symptom management and skills educational groups, and more). This month's Wellness program included a Nature Trail Walk, Yoga, Pickle Ball, and field trips to Carson City and a Reno Aces Baseball game.

West Slope:

- Wellness is open four days a week providing groups and activities to promote socialization, independent living skills, psychoeducation, and symptom management. Client come to the Wellness Center and participate in cooking group which they serve the food to their peers. Clients are loving the Art group facilitated by a former client. Clients are diving into the garden group. Peer leaders are volunteering in the Wellness Center gaining job skills and working on their socialization skills. We are bringing back fun Fridays in the Wellness Center which include Karaoke, Bingo, and client game day. We placed a jar for client ideas for Fun Friday as well. Clients are helping plan for holiday events at the Wellness Center.

### **ICM Activities:**

Tahoe:

- Outings to: Carson City, Reno Aces game, Nature Trail Walk, Exercise activities: Yoga, Pickle Ball, Behavioral Health skills groups, and Expressive Arts through painting.

West Slope:

- In September clients attended outings to a Car show, Gold Bug Park, Community Church outing, and a trip to the bowling alley. We are planning the upcoming Holiday Events at the Wellness Center and in the T houses. We are looking to

bring back the Thanksgiving Holiday Event at the Fireman's Hall. We are also working on a local camping trip with staff and clients.

### **CHILDREN'S SERVICES (Angelina Larrigan)**

- Sierra Children and Family Services is currently serving 141 clients with SMHS received 15 referrals in September.
- Sierra Children and Family Services has identified two more schools in South Lake Tahoe for Wellness Centers. This will bring the South Lake Tahoe Wellness Center total to 3. Additionally, wellness center services are being expanded at Black Oak Mine Unified School District.
- New Morning is currently serving 24 clients with SMHS and they received three referrals in September.
- Stanford is currently serving 31 clients with SMHS and they received two referrals in September.
- Summitview is currently serving 69 clients and they received five referrals in September.

### **DBT/FEP Program (Jody Kwachak-Hall)**

Tahoe:

- DBT groups are not being provided at this time.
- DBT skills education and practice is done on an individual basis.

## INITIALS & DEFINITIONS

<b>Initials</b>	<b>Definition</b>
AB	Assembly Bill
ACEs	Adverse Childhood Experiences
ADL	Activities of Daily Living
ADP	Alcohol and Drug Programs
AMFT	Associate Marriage and Family Therapist
AOT	Assisted Outpatient Treatment
APCC	Associate Professional Clinical Counselor
APS	Adult Protective Services
ARF	Adult Residential Facility
ARPA	American Rescue Plan Act of 2021
B&C	Board and Care
BHC	Behavioral Health Court
BHD	Behavioral Health Division (formerly the Mental Health Division)
BOMUSD	Black Oak Mine Unified School District
BSCC	Board of State and Community Corrections
CalAIM	California Advancing and Innovating Medi-Cal
CalMHSA	California Mental Health Services Authority
CalQIC	California Quality Improvement Coordinators
CANS	Child and Adolescent Needs and Strengths
CBHDA	County Behavioral Health Directors Association of California
CBO	Community Based Organization
CBT	Cognitive Behavior Therapy
CCC	Community Corrections Center or California Conservation Corps
CCP	Community Corrections Partnership
CCR	Continuum of Care Reform
CDCR	California Department of Corrections and Rehabilitation
CDSS	California Department of Social Services
CEU	Continuing Education Unit
CFMG	California Forensic Medical Group
CFR	Code of Federal Regulations
CFT	Children and Family Teams
CFTN	Capital Facilities and Technology Needs
CHP	California Highway Patrol
CIT	Crisis Intervention Team
CMS	Centers for Medicare & Medicaid Services
CPP	Community Planning Process
CPS	Child Protection Services
CPT	California Psychiatric Transitions
CRRSAA	Coronavirus Response and Relief Supplemental Appropriations Act, 2021

CSS	Community Services and Supports
CWS	Child Welfare Services
DBT	Dialectical Behavior Therapy
DHCS	Department of Health Care Services (California)
DMC-ODS	Drug Medi-Cal Organized Delivery System
DUI	Driving Under the Influence
Dx	Diagnosis
ED	Emergency Department
EDC	El Dorado County
EDCMH	El Dorado County Mental Health
EDCOE	El Dorado County Office of Education
EDCSO	El Dorado County Sheriff's Office
EDSO	El Dorado Sheriff's Office
EDCVC	El Dorado Community Vision Coalition
EH	Extra Help
EHR	Electronic Health Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment
EQRO	External Quality Review Organization
ER	Emergency Room
FAQs	Frequently Asked Questions
FEP	First Episode Psychosis
FFPSA	Families First Prevention Services Act
FSP	Full Service Partnership
FTE	Full-Time Equivalent
FURS	Foster Youth Urgent Response System
FY	Fiscal Year
HHSA	Health and Human Services Agency
HOT	Homeless Outreach Team
Hubs	Reference to the Innovation Program "Community-Based Engagement and Support Services", also called "Community Hubs"
IA	Intergovernmental Agreement
ICC	Intensive Care Coordination
ICM	Intensive Case Management
IHBS	Intensive Home-Based Services
IMD	Institution for Mental Disease (facility)
ITWS	Information Technology Web Services
Katie A.	<i>Katie A. vs. Bonta</i> Lawsuit and/or resulting programs/services
LCSW	Licensed Clinical Social Worker
LL	Laura's Law
LOCUS	Level of Care Utilization System
LPCC	Licensed Professional Clinical Counselor
LPS	Lanterman Petris Short
LT	Limited Term
LTCC	Lake Tahoe Community College
MAR	Medication Administration Record
MDT	Multi-Disciplinary Team

M-F	Monday through Friday
MH	Mental Health
MHBG	Mental Health Block Grant
MHD	Mental Health Division
MHRC	Mental Health Rehabilitation Center (facility)
MHSA	Mental Health Services Act
MHSSA	Mental Health Student Services Act
MHSOAC	Mental Health Oversight and Accountability Commission
MHSUDS	Mental Health and Substance Use Disorder Services, a division of the State's Department of Health Care Services (DHCS)
MHW	Mental Health Worker
MIOCR	Mentally Ill Offender Crime Reduction
MOA	Medical Office Assistant
MOU	Memorandum of Understanding
MRT	Moral Reconciliation Therapy
NACT	Network Adequacy Certification Tool
NM	New Morning Youth & Family
NMD	Non-Minor Dependent
NOABD	Notice of Adverse Benefit Determination
NTE	Not-to-Exceed
NTP	Narcotic Treatment Program
OAC	Mental Health Services Oversight and Accountability Commission, also MHSOAC
OP	Outpatient
PA	Physician Assistant
PATH	Projects for Assistance in Transition from Homelessness
PCP	Primary Care Physician
PD	Police Department
PEI	Prevention and Early Intervention
PERT	Psychiatric Emergency Response Team
PES	Psychiatric Emergency Services
PG	Public Guardian
PHF	Psychiatric Health Facility
PIP	Primary Intervention Program or Program Improvement Plan
PL	Public Law
POC	Plan of Correction
PPD	Placerville Police Department
PPE	Personal Protective Equipment
PSC-35	Pediatric Symptom Checklist
QA/UR	Quality Assurance/Utilization Review
QI	Quality Improvement or Qualified Individual
QI/UR	Quality Improvement/Utilization Review
QIC	Quality Improvement Committee
RIF	Reduction in Force
RFI	Request for Information
RFP	Request for Proposal



RFQ	Request for Qualifications
ROI	Authorization for Release of Information
ROC	Restoration of Competence
RV	Remi Vista
SABG	Substance Abuse Prevention and Treatment Block Grant
SAMHSA	Substance Abuse and Mental Health Services Administration
SB	Senate Bill
SCF	Sierra Child & Family
SLT	South Lake Tahoe
SLTPD	South Lake Tahoe Police Department
SO	Sheriff's Office
STACS	South Tahoe Alternative Collaborative Services
STHS	South Tahoe High School
STRTP	Short-Term Residential Therapeutic Program
SUD	Substance Use Disorders
SUDS	Substance Use Disorder Services
SV	Summitview Child & Family
SYS	Stanford Youth Solutions
T-House	Transitional Housing
TAY	Transitional Age Youth
TBD	To Be Determined
TCH	Tahoe Coalition for the Homeless
TFC	Therapeutic Foster Care
TYFS	Tahoe Youth and Family Services
Tx	Treatment
TY	Tahoe Youth and Family Services
UR	Utilization Review
VA	United States Department of Veterans Affairs
WET	Workforce Education and Training
WIA	Workforce Investment Act
WOIA	Workforce Innovations and Opportunities Act
WS	West Slope