



SACRAMENTO REGION

MAY IS BIKE MONTH

RIDE YOUR  DURING THE MONTH OF MAY

LOG MILES

CHALLENGES EVENTS PRIZES/AWARDS RESOURCES SHOP DINE

REGISTER | LOGIN

BIKE TO SCHOOL DAY MAY 4



WEEKLY ROUNDUP

- 5:30pm Midtown Cruise
- 6:00pm Second Saturday at
- Friday, March 18**
- 8:00am Folsom Bike MTB ri
- 9:00am Women on Wheels I
- Saturday, March 19**
- 8:00am Midtown Farmer's M
- 9:15am Flat Tire Repair and
- Friday, March 25**
- 8:00am Folsom Bike MTB ri

Calendar

NEWS

Pedal Safely and with Confidence

The League of American Bicyclist's **Five Rules of the Road** prepare you for a safe and fun bicycling no matter where you're riding.

1. FOLLOW THE LAW

Your safety and image of bicyclists depend on you. You have the same rights and responsibilities as drivers. Obey traffic signals and stop signs. Ride with traffic; use the rightmost lane headed in the direction you are going.

2. BE PREDICTABLE

Make your intentions clear to everyone on the road. Ride in a straight line and don't swerve between parked cars. Signal turns, and check behind you well before turning or changing lanes.

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Growing a Pedal Powered Inspired Small Business

If Oak Park is home, then it won't be a surprise to see someone biking with a small tree or plant. Angela Pratt, Owner & Operator of The Plant Foundry, chooses bicycles for her business deliveries. The Plant Foundry Nursery & Store serves Sacramento's vibrant Oak Park community and is a fun destination nursery for people who love edible and ornamental plants, artisan goods, organic gardening, quality tools, supplies and gifts.

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CHALLENGE FRIENDS



www.mayisbikemonth.com
6,345 likes

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www.mayisbikemonth.com shared
Sacramento Republic FC's event.
April 12 at 2:48pm

Sacramento Republic FC are huge bicycle fans and May is Bike Month supporters. We bet they'd love it if you biked to their MLS Block party this Thursday April 14th.



MLS Block Party
Apr 14 11:00am - 15:00pm

mayisbikemonth.com 

INVITE FRIENDS

2 Million Mile Challenge



PLEDGES

Total Miles: 0.0
Registered Cyclists: 4,279
Miles Pledged: 978,633.0
[View Complete Stats](#)

2015 TOP MILES: TRIP REPLACEMENT

[View Complete Stats](#)

- Individuals ▶
- Small Employers (1-100) ▶
- Medium Employers (101-499) ▶
- Large Employers (500+) ▶
- Bike Clubs/Teams ▶
- Schools ▶

Registration is Open!

Cue the bike bells, May is Bike Month registration is now open! Ding ding. It's time to dust off your bikes, pump up your tires and join your neighbors and co-workers in bicycling for work, school, shopping, recreation or training this May during the Sacramento region's 12th Annual May is Bike Month Campaign.

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Hub and Spokes for MIBM 2016: FAQs

1. How do I register...
 - o My Team/Club?
 - o Employer?
 - o As an Individual?
 - o Student/Child?

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Growing a Pedal Powered Inspired Small Business - Plant Foundry Nursery & Store @plantfoun...

Tweets by @mayisbikemonth

 **May is Bike Month**
@mayisbikemonth

Looking for your Twitter badge?
Register at mayisbikemonth.com
and then click this goo.gl/kELWV1

14 Apr

May is Bike Month
Retweeted

 **Sacramento County**
@SacCountyCA

It is almost @mayisbikemonth!
Registration now open. Ditch your car, dust off your bike. List of

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Travel Info



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