

# Healthy Communities

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# Goal 1: Protect Against Adverse Outcomes Among Children And Youth, Adults And Seniors

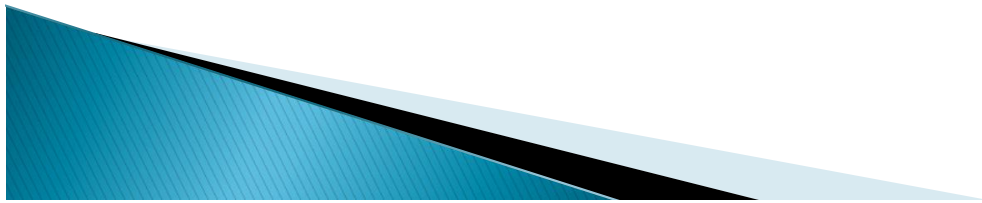
# Children and Youth

Objective 1.1.1: Identify the community portals that would provide access options for children and youth requiring services.

- ▶ Update: 2-1-1

Objective 1.1.2: Develop a community-based triage to identify the appropriate system of care to service the need.

- ▶ Update: 2-1-1



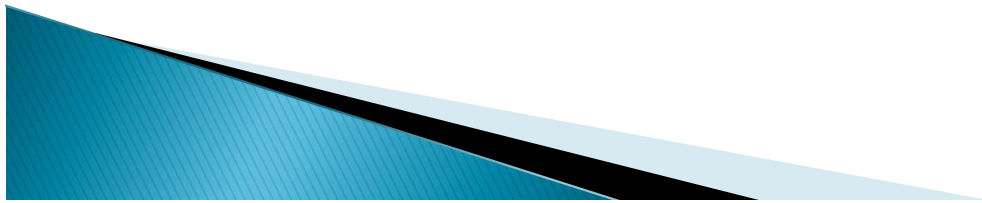
# Adults

Objective 1.2.1: Identify the community portals that would provide access options for adults requiring services.

- ▶ Update: 2-1-1

Objective 1.2.2: Develop a community-based triage to identify the appropriate system of care to service the need.

- ▶ Update: 2-1-1



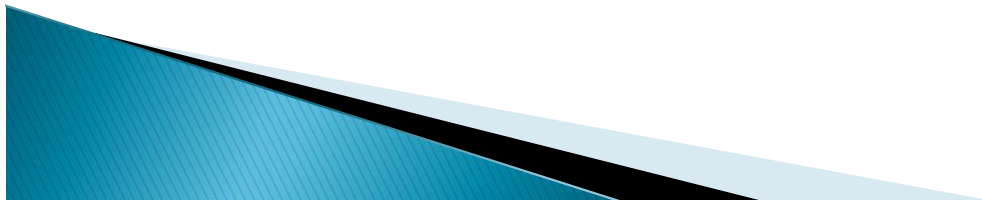
# Seniors

Objective 1.3.1: Identify the community portals that would provide access options for seniors requiring services.

- ▶ Update: 2-1-1

Objective 1.3.2: Develop a community-based triage to identify the appropriate system of care to service the need.

- ▶ Update: 2-1-1

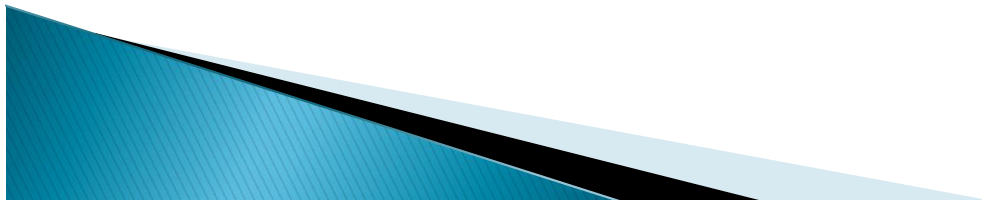


# Project 1.1 – Children and Youth

- ▶ 1.1.3 – Develop an outreach and education plan to reduce children and youth’s exposure to substance abuse and domestic violence in the home.
  - ▶ 1.1.4 – Provide Prevention and Early Intervention Services to the Transition Age Youth (TAY) population up to age 24 years, to reduce entry into the Adult System of Care.
  - ▶ 1.1.5 – Develop a scope of services to meet the unique individual needs that focus on resiliency, education and family engagement.
- ❖ **Project 1.1 is attempting to build upon all of the great things happening in the community and working to fill gaps where they exist.**

# Project 1.1 – Children and Youth

- ▶ Implementing the Drug Medi-Cal Organized Delivery System
- ▶ Domestic Violence Protocol
- ▶ Continuing to identify the needs of the Transition Age Youth (TAY) population
- ▶ Coordinating with the Hubs Leadership



# Project 1.2 – Adults

- ▶ 1.2.3 – Develop a scope of services to meet the unique individual needs that focus on employment, community, peer and family supports.
- ❖ **Project 1.2 is focused on “Getting People Engaged and Connected,” by identifying potential community and natural support systems.**
- ▶ Collaborate with “Connections One Stop” regarding employment readiness
- ▶ Family support groups in the community
- ▶ Peer lead support groups
- ▶ Focus on the populations that need connection
- ▶ Coordinating with the Hubs, Probation, Law Enforcement, Hospitals, Jail, HHS Partners



# Project 1.3 – Seniors

- ▶ 1.3.3 – Provide mobile services to include Eligibility and Access to peer Support in rural parts of the County.
- ▶ 1.3.4 – Develop and/or enhance services that focus on creating and building connections to assist seniors in staying engaged in the community.
  
- ❖ **Project 1.3 is focused on multiple access points, increasing awareness of/outreach to rural communities, understanding local informal supports and taking services to the Community.**
  
- ▶ ASK: We ask the Board to consider changing “Seniors” to “Older Adults”

# Project 1.3 – Seniors

- ▶ Targeting outreach and data collection specific to rural communities
- ▶ Evaluating various data and assessments (i.e. senior services data, Community Hubs, etc.)
- ▶ Reviewing the Hubs Community Health Assessment for data specific to seniors and their needs
- ▶ Organizing meetings, focus groups and surveys to identify community/informal supports, needs and barriers to services in the rural communities

# Project 1.3 – Seniors

- ▶ Identifying outreach efforts to seniors
- ▶ Ensuring information and materials utilized by programs is consistent; regardless of access point
- ▶ Expanding awareness and outreach efforts made possible by the EDAAP funding
- ▶ Exploring opportunities with Commission on Aging Outreach Team
- ▶ Developing a fact sheet of County specific demographic information of seniors for use in strategic planning, decision making, awareness campaigns, project development

# Goal 2: Provide Effective Programs To Assist Individuals And Families In Achieving Self Sufficiency

Objective 2.1.1: Promote and enhance the availability of education opportunities that address work and career readiness and specialized skill training.

- ▶ Exploring current educational opportunities
- ▶ Identifying “in demand” occupations and middle skills
- ▶ Reviewing information from the Business Walk in South Lake Tahoe and partners within the Workforce Innovation and Opportunity Act to better understand the needs of employers
- ▶ Learning from and evaluating the ADVANCE Group model in SLT

**Objective 2.1.2: Promote access and support to educational opportunities with the goal of increasing the number of adults who earn a high school diploma or equivalency – Completed 2-16-2018.**

- ▶ Compared El Dorado County to other Jurisdictions
- ▶ Evaluated opportunities for residents to take a high school equivalency exam
- ▶ Identified barriers to taking and pass the exam
- ▶ Created resources links on the Health and Human Services website and the Welldorado website

## Objective 2.1.3: Promote the need for high-quality care providers with the goal of increasing the availability and options for those seeking care.

- ▶ Reviewing regulations and oversight requirements
- ▶ Researching the availability of ongoing and continuing education opportunities for care providers
- ▶ Identifying opportunities for ongoing training, to include El Dorado County Office of Education, Marshall Medical Center, Barton Health, and Health and Human Services
- ▶ Focusing on promoting access to ongoing trainings to support care providers to be able to provide high quality care
- ▶ Creating and promoting additional trainings

## Objective 2.1.4: Enhance self-sufficiency pathways for youth, families, adults and seniors, through community collaboration and partnerships – Completed 1-29-2018.

- ▶ Explored WellDorado's website to identify accessible indicators to monitor self-sufficiency over time, reflecting increases or decreases in statistics
- ▶ Identified 2 – 3 indicators for each of the 4 individual subgroups, as well as a list of overarching indicators to target for this project
- ▶ Compiled a list of available services throughout the county that would have an effect on the indicators
- ▶ Categorized the services by one or more of the subpopulations in which they serve
- ▶ Created a WellDorado webpage providing quick links to the identified indicators as well as the list of services and links available throughout the region



# Goal 3: Improve Access To Services For All Communities

# Improve Access To Services For All Communities

- ▶ 3.1.1 – Develop a plan to provide primary prevention and early intervention services for pregnant women and families with children 0–18 years through Community Hubs and mobile outreach – Completed 6–30–2017 and Ongoing.
- ▶ 3.1.2 – Implement a plan to provide primary prevention and early intervention services for pregnant women and families with children 0–18 years through Community Hubs – Completed and Ongoing.
- ▶ 3.1.3 – Implement a plan to provide primary prevention and early intervention services for pregnant women and families with children 0–18 years in socially–isolated communities through mobile outreach – Completed 6–30–2017 and Ongoing.
- ▶ 3.1.4 – Produce a sustainability plan identifying additional resources and collaboration to sustain Community hubs and mobile outreach to socially–isolated areas.

# Improve Access To Services For All Communities

Community Hub Teams in place Fall of 2017

## Successes:

- ▶ Developed Needs Assessments and Outreach Plans
- ▶ Tailored Hub Outreach Plans by Supervisorial District
- ▶ Building Relationships, Increasing Service Access

## Opportunities:

- ▶ Stabilizing Public Health Nursing Staff
- ▶ Increasing Family Engagement Staff
- ▶ Expanding Library Operations

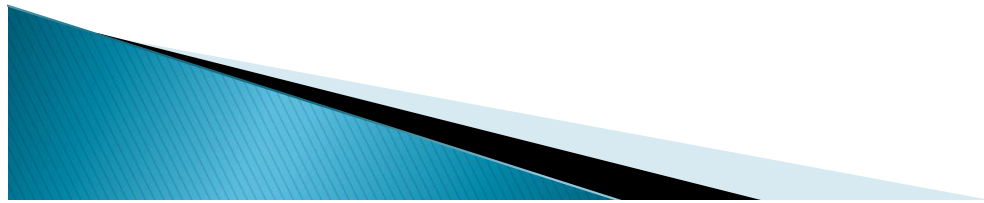
# IMPACT: Community Hub 4

Building and reinforcing the importance of positive relationships helps families manage stress.

The staff in Hub 4 understand the isolated nature of the region and reach families where they are.

*Hub Team Members assisted by:*

- ▶ Connecting families with health and mental health services
- ▶ Facilitating access to basic needs including food, clothing, housing, health and mental health services



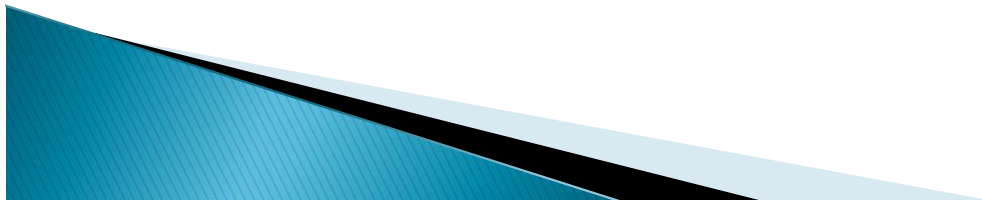
# IMPACT: Community Hub 1

Encouraging social connections with bilingual staff reduces isolation and increases family resiliency.

The Community Hub teams are working to address these issues and better serve families by linking them to community resources.

*Hub Team Members assisted by:*

- ▶ Connecting bilingual families to the Hub
- ▶ Facilitating developmental screening tools to uncover maternal depression



# IMPACT: Community Hub 5

Bilingual staff are developing positive relationships, building upon families' strengths, and developing community partnerships.

The South Lake Tahoe Library Hub has recently been renovated and is a hotspot for local residents to convene.

*Hub Team Members assisted by:*

- ▶ Connecting families to community services
- ▶ Facilitating access to family supports, food, clothing, education and employment

# Sustainability: Community Hubs

Community Hub Leadership seeks to identify sustainable funding to ensure critical services are available to children and families in their neighborhoods.

First 5 El Dorado Commission has approved a Sustainability Plan with:

- ▶ Communications strategies that may include a countywide “Connections Matter” Campaign
- ▶ Policy strategies that may include creating a local network of “Affiliate Hubs” and increased school connections
- ▶ Fiscal strategies that may include ballot measures and recommendations within existing funding streams

**Goal 4: Promote Community  
Practices For A Safe Environment  
That Supports Positive Physical  
And Behavioral Health And  
Wellness Among Residents And  
Visitors**



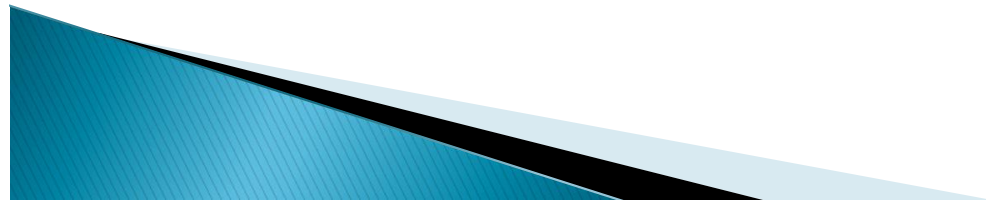
Objective 4.1.1 – Recommend a process that will integrate public health practice more effectively into the land use planning process.

- ▶ At our last meeting, General Plan Amendments was proposed
- ▶ Pursuing and recommending a more holistic, collaborative and comprehensive approach
- ▶ ASK: Recommending the Board pursue a “Health in All Policies” Board Policy

Objective 4.1.2 – Assess and evaluate best practices to prevent tobacco, alcohol and other drug use, and make policy recommendations to the Board for consideration.

▶ What we know...in El Dorado County

- 635 responded to a smoke-free and tobacco-free survey in August 2017
- 63% encounter smoke from tobacco products while at work
- 52% encounter secondhand smoke at their facility that bothers them
- 70% of respondents support the adoption of a smoke-free and tobacco-free campus



Objective 4.1.2 – Assess and evaluate best practices to prevent tobacco, alcohol and other drug use, and make policy recommendations to the Board for consideration.

▶ What we know...in El Dorado County

- 122 Health and Human Services Agency program participants responded to a Tobacco Use in Outdoor Areas Survey in October 2017 and January 2018
- 93% believe that secondhand smoke and aerosol vapors are harmful
- 75% of respondents have been bothered by secondhand smoke exposure in outdoor areas
- 87% of participants support restriction in outdoor areas
- Nearly 84% of El Dorado County residents do not smoke

Objective 4.1.2 – Assess and evaluate best practices to prevent tobacco, alcohol and other drug use, and make policy recommendations to the Board for consideration.

▶ What you can do...

- Reduce exposure to secondhand smoke
- Make smoking less convenient
- Reduce litter created by tobacco waste
- Promote positive role modeling (setting a good example for children and families)

Objective 4.1.2 – Assess and evaluate best practices to prevent tobacco, alcohol and other drug use, and make policy recommendations to the Board for consideration.

- ▶ Join other California Counties including; Yolo, Nevada, Solano, Sonoma and Contra Costa
- ▶ Eliminate smoking and tobacco use on the grounds of all County buildings
- ▶ ASK: We recommend the El Dorado County Board of Supervisors amend Ordinance No. 4190 to: “Prohibit smoking and tobacco use including electronic smoking devices in all outdoor areas owned or leased by the County, including parking lots, walkways, and the grounds of all buildings owned or leased by the County”

Objective 4.1.2 – Assess and evaluate best practices to prevent tobacco, alcohol and other drug use, and make policy recommendations to the Board for consideration.

- ▶ Tobacco Licensing Program
- ▶ ASK: We recommend the Board support the Tobacco Use Prevention Program exploring and developing a Tobacco Retail License Program

### Goal 4.1.3: Review, revise and/or develop operational plans to natural, man-made and health-related emergencies to assist El Dorado County in emergency response and recovery.

- ▶ Assessed current status of County-wide Emergency Response and Recovery Plans
- ▶ Identified and prioritized plans that can be updated or created to address County-wide coordinated Emergency Response and Recovery Plan
- ▶ County COOP update – Finalizing the draft plan for the CAO and Department Heads to review. Working with HHSA and IT outside of this County Plan to obtain their information and inform IT's Disaster Recovery Plan
- ▶ Shelter Plan – On target to update the mass care and shelter plan
- ▶ Volunteer & Donations Management Plan – Received approval from the Sheriff's Department to use Homeland Security funds for this plan.
- ▶ Exercise and Evaluation of Plans – A mass care exercise will occur as the culminating experience for Preparedness Academy

## Objective 4.1.4a – Establish a program to reduce, recover and recycle food loss and waste.

- ▶ Food Insecurity Survey
- ▶ “Waste Not Orange County” successes
- ▶ Bringing the program to El Dorado County
- ▶ Grant/outreach/pilot program
- ▶ ASK: We ask the Board of Supervisors to support the implementation of a pilot program in El Dorado County to reduce, recover and recycle food loss and waste.

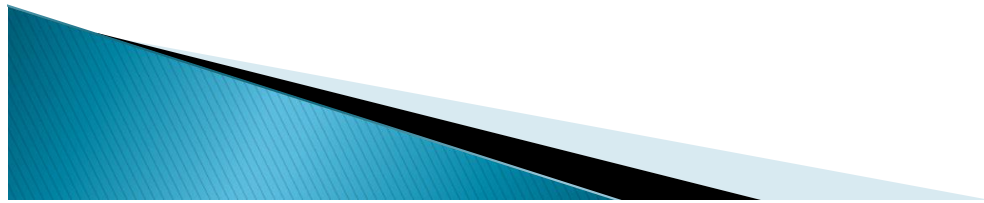


Objective 4.1.4b – Assess and evaluate best practices and policies relative to healthful food and beverage offerings in El Dorado County buildings.

- ▶ Healthy Lifestyle work environment advantages
- ▶ Employer should provide healthy food offerings
- ▶ Community Feedback and Response
- ▶ Vending contract ends November 2018
  
- ▶ ASKS:
  - Board support an RFP to solicit vendors with healthy options
  - Board to support a minimum of 50% healthy snack options in new contract
  - Board to support 100% healthy snack options for all contracts negotiated after 2019

Objective 4.1.5 – Develop and implement multi–agency education campaigns to encourage residents to participate in air emissions reduction efforts thereby reducing health impacts.

- ▶ **Employee Bike–Share Program Update**
  - Administered the survey
  - Looked into feasible bike routes in both Placerville and South Lake Tahoe
  
- ▶ **Multi–Agency Campaigns Update**
  - Developed multi–agency campaigns focused on Active Travel, Sustainable Diets and Green Spaces
  - Reaching out to various agencies for feedback
  - Posting campaigns on WellDorado later this year



**Goal 5: Strengthen Collaboration  
with Community Stakeholders to  
Ensure the Development and  
Delivery of Comprehensive and  
integrated Services**

## Goal 5: Strengthen Collaboration with Community Stakeholders to Ensure the Development and Delivery of Comprehensive and integrated Services

- ▶ Healthy Eating
- ▶ Active Living
- ▶ Behavioral Health
- ▶ Access to Health Services
- ▶ ASK: We ask the Board to continue to support Health Accreditation efforts in the future.