



## Proclamation

### OF THE BOARD OF SUPERVISORS OF THE COUNTY OF EL DORADO

#### Recognizing August 2022 as Breastfeeding Awareness Month

**WHEREAS**, human milk provides the ideal balance of nutrients for infant growth and development; reduces the risk of infectious and chronic disease in both mother and child; and can influence weight stability reducing low, overweight and obesity incident in ages ranging from 2 to 5 years of age; and

**WHEREAS**, promotion of breastfeeding is a primary Public Health prevention strategy fostering a foundation for life-long health and wellness; and

**WHEREAS**, breastfeeding provides a safe, reliable, and renewable food source, especially critical during natural disaster and emergency situations; and

**WHEREAS**, employers that provide workplace lactation support experience an impressive return on investment, including lower health care costs, absenteeism, and turnover rates, and improved morale, job satisfaction, and productivity; and

**WHEREAS**, the El Dorado County Public Health Division Women, Infants and Children (WIC) and Public Health Nursing Maternal Child Adolescent Health program actively educates, supports and promotes breastfeeding as the norm for infants up to age one year and beyond; and

**WHEREAS**, currently 32 percent of infants enrolled in the El Dorado County Public Health WIC Program are breastfed exclusively, a trend that is consistent with the Healthy People 2030 national breastfeeding objective to increase the proportion of infants who are breastfed exclusively through age 6 months to 42.4 percent; and

**WHEREAS**, El Dorado County Public Health joins professional health organizations and breastfeeding advocates worldwide celebrating World Breastfeeding Week on August 1-7 each year to raise awareness of the benefits of breastfeeding and further promote strategies to protect optimal breastfeeding practices and encourage increased breastfeeding rates.

**NOW, THEREFORE, BE IT PROCLAIMED** that the Board of Supervisors of the County of El Dorado does hereby designate the month of August 2022 as "Breastfeeding Awareness Month" and calls upon government agencies, hospitals, health care providers and other community partners to increase public awareness of the health benefits and importance of supporting mothers who want to breastfeed.

Passed and adopted by the Board of Supervisors of the County of El Dorado at a regular meeting of the Board, held the 26th day of July, 2022.

Attest:

Kim Dawson

Clerk of the Board of Supervisors

By: \_\_\_\_\_

Deputy Clerk

Chair, Board of Supervisors