

ORIGINAL

AGREEMENT FOR SERVICES #3422 AMENDMENT III

This Amendment III to that Agreement for Services #3422 is made and entered into by and between the County of El Dorado, a political subdivision of the State of California (hereinafter referred to as "County") and Willow Glen Care Center, Inc., a California non-profit public benefit corporation, qualified to conduct business in the State of California, whose principal place of business is 1547 Plumas Court, Yuba City, CA 95993, (hereinafter referred to as "Contractor");

RECITALS

WHEREAS, Contractor has been engaged by County to provide inpatient residential services for adults who have a serious mental disorder, in accordance with Agreement for Services #3422, dated December 4, 2018, and Amendment I dated March 12, 2019, and Amendment II dated July 19, 2019, incorporated herein and made by reference a part hereof; and

WHEREAS, the parties hereto have mutually agreed to replace Exhibit "A, Amendment I" with Exhibit A, Amendment III; and

WHEREAS, the parties hereto have mutually agreed to amend Article XXXV, "Administrator."

NOW THEREFORE, the parties do hereby agree that Agreement for Services #3422 shall be amended a third time as follows:

1) **EXHIBIT "A, Amendment I"** shall be replaced in its entirety to read as follows:

EXHIBIT A, Amendment III Willow Glen Care Center Program Summary

Willow Glen Care Center (WGCC) operates 24-hour residential care facilities for adults and the elderly with mental health conditions, as noted below. The facilities are licensed by the Community Care Licensing Division of the California Department of Social Services. WGCC specializes in serving elderly and adults with severe and persistent mental health conditions and is operated by a nonprofit, 501 (c)(3) corporation in California.

GOLDEN BEGINNINGS

Golden Beginnings is a 20-bed program in the Willow Glen Care Center facility designed to meet the unique needs of the elderly with chronic mental illness. The program recognizes that this important life stage is one where the residents seek stability, security, reflection, and focus on the pleasures of their life. The program provides an environment that assists the residents to recognize and adapt to the challenges of aging with mental illness, while preserving the resident's personal sense of dignity and hope.

The Center's facilities provide specialized residential care programs with a primary focus of continuous diagnostic assessment of the individual's mental health status, prevention of a mental health crisis, stabilization, and maintenance of the mental health condition, and transitional planning with appropriate referrals to the least restrictive level of care. Included are four distinct programs within the facility that specialize in providing program elements to meet the individual needs of each resident. Willow Glen Care Center coordinates with County Mental Health agencies or other community mental health providers to ensure that residents are placed in the program that best matches the resident's physical and mental health needs.

Golden Beginnings is designed for long-term residents; however, those residents requiring temporary assistance for recovery from illness, or psychiatric emergencies are also eligible for placement. Residents will be discharged or transferred from this program when the resident no longer requires specialty services or needs a higher level of medical or psychiatric care. The desired outcome for residents is a successful, stable placement in a long-term care program that provides a safe environment and specialty mental health services while assisting the resident to maintain a personal sense of dignity.

INTENSIVE RESIDENTIAL CARE

Intensive Residential Care (IRC) is a 40-bed program in the Willow Glen Care Center facility specializing in residential care for the chronically mentally ill elderly adults who are unable to maintain traditional residential placement because of persistent behavioral problems. It is oriented to stabilize the mental health condition of those residents who need an intermediate placement before returning to a board and care, or those who are transitioning from an acute psychiatric inpatient program, institution for mental disease (IMD), or state hospital to a lower level of supervised care.

The IRC Program provides intensive staff supervision, continuous resident redirection, increased social interaction with peers and staff, structured opportunities for development of social skills, a safe environment to explore and improve functional capacities and preparation for transition to a lower level of care.

The primary objective of the IRC Program is to assess and evaluate each resident and develop an individualized care plan focusing on maintaining psychiatric stability and assisting the resident to preserve placement at the lowest level of care possible.

Residents in the IRC program are reviewed weekly by the multidisciplinary team to determine the resident's progress and to facilitate and develop a transition plan to a lower level of care when appropriate.

ROSEWOOD CARE CENTER (RWCC)

Rosewood is a 40-bed Adult Residential Program within Willow Glen Care Center specializing in serving adults with mental health conditions. The program adopts the principles of wellness and recovery and is focused on providing interventions and skill building for residents to maintain placement in less restrictive levels of care.

The program combines psychopharmacologic, cognitive and behavioral management along with introduction to advanced life skills education and training to provide individualize care that will aid residents to obtain their optimal level of functioning, including assisting residents to better manage their mental illness, make informed decisions about their treatment, pursue their own goals for recovery, and promoting overall wellness by assisting residents to develop the necessary skills to gain further independence.

The program offers structure, support, and guidance for the needs of each resident, and values and encourages resident involvement in the management of their mental health condition and overall well-being. Residents participate in a wide range of regularly scheduled strength-based groups and activities that prepare them to move back into their communities or to improve overall functioning.

MENTAL HEALTH REHABILITATION CENTERS

- A. Sequoia Psychiatric Treatment Center:** Sequoia Psychiatric Treatment Center (SPTC) a locked, 16-bed Mental Health Rehabilitation Center (MHRC). The Center provides a client-driven, clinician supervised rehabilitation program model that will assist the client in identifying, practicing and implementing those skills necessary to reduce the number of inpatient hospital days and maximize their opportunity to succeed in community-based living arrangements. The goal of Sequoia Psychiatric Treatment Center is to assist mental health clients to stabilize their mental health condition, optimize their functioning, and return to a less restrictive level of care.
- B. Cedar Grove Treatment Center:** Cedar Grove MHRC is a locked 44-bed mental health rehabilitation center specializing in structured supervision and care for chronically mentally ill adults who are unable to maintain placement at lower levels of care. The Center provides a client driven, clinician supervised rehabilitation program model that will assist clients in identifying, practicing and implementing the skills necessary to reduce utilization of inpatient hospital days and provide stable placement in a secure environment. The goal of CG is to assist identified mental health clients to stabilize their mental health condition, optimize their functioning, and return to a less restrictive level of care for identified clients.

C. MHRC Services

- i. Provide intensive supervision of clients, continuous resident redirection, increased social interaction with peers and staff, structured opportunities for development of social skills, a safe environment to explore and improve functional capacities and preparation for clients to transition to a lower level of care where appropriate.
- ii. Assess and evaluate each resident and develop an individualized care plan focusing on maintaining psychiatric stability and assisting the resident to preserve placement at the lowest level of care possible.
- iii. Review residents on a weekly basis with the multidisciplinary team to determine each resident's progress and to facilitate and develop a transition plan to a lower level of care when appropriate. The multidisciplinary team will assess and review residents on a monthly basis with recommendations for transitioning to a lower level of care when indicated.
- iv. Offer long-term residents a safe, structured, secure and comfortable environment while continuing to encourage independence, self-awareness and goal setting.
- v. Offer a variety of activities which include, but are not limited to:
 1. Crisis Prevention
 2. Psychopharmacologic Medication Evaluation and Management
 3. Wellness and Recovery Services
 4. Medical Service Referral
 5. Peer Support Groups
 6. Client Advocacy
 7. Therapeutic Community
 8. Planned Activities including:
 - a. Substance Use Disorder education
 - b. Competency restoration
 9. Daily Living Skills
- vi. Encourage residents who have stabilized their condition to progress to a lower level of care. Residents are expected to be proactive with their personal mental health issues, including medication management, interpersonal skill development and self-advocacy. The program will incorporate principles of wellness and recovery to enhance each resident's sense of overall well-being by actively working on improved self-esteem, empowerment, autonomy and hope.

TRINITY PINES

Trinity Pines is a 12 bed Adult Residential Facility serving individuals ages 18–59. Services are individually targeted and focused on comprehensive life skills development to reduce the consumer's dependence on higher levels of 24-hour care and emergency psychiatric services in order to maintain an independent living arrangement.

Trinity Pines staff works in collaboration with County Mental Health, Case Managers, the Public Guardian, and the individual consumer to develop a comprehensive plan for community re-integration from out of county higher levels of care.

Trinity Pines is committed to fostering empowerment, hope, and self-reliance as essential tools for successful independent living for the consumer. The program assists the consumer to develop and independently maintain skills such as medication management, money management, appoint scheduling/attendance, use of public transportation, interpersonal development, and self-advocacy in preparation for independent living in their home community.

ALPINE HOUSE

Alpine House is a 6-bed Adult Residential Program that provides consumers requiring residential and mental health services a community based alternative to institutional placements. The primary goal is to assist the consumer to develop the skills necessary to transition from a supervised 24-hour level of care to independent living within the consumer's home county. Alpine House staff works in collaboration with County Mental Health, Case Managers, the Public Guardian, and the individual consumer to develop a comprehensive plan for community re-integration from out-of-county higher levels of care.

REDWOOD CREEK

Redwood Creek is a Residential Care Facility for the Elderly in Willits, California. The facility is licensed by the Community Care Licensing Division of the California Department of Social Services. The Center specializes in serving voluntary and conserved adults with severe and persistent mental health conditions.

CASA DEL RIO

Casa Del Rio is dedicated to providing a safe, empowering environment that promotes dignity, self-respect, and wellness and recovery for the individual consumer. Casa Del Rio is an adult residential facility serving individuals ages 18-59 and is licensed by the Community Care Division of the State Department of Social Services.

MISSION

WGCC is a Clients First organization that promotes self-awareness and acceptance in personal wellness and recovery. WGCC works within the county mental health continuum of care to provide coordinated residential care and specialized programs in a safe and supportive environment

for adults with severe and persistent mental illness. WGCC is committed to providing resources that facilitate community re-entry by promoting personal responsibility, independence, and courage, while preserving self-respect, human dignity, and hope.

ADMISSION CRITERIA

WGCC is intended for individuals who have an identifiable dementia, or other mental health condition or crisis, requiring temporary or long-term placement outside of their home. WGCC accepts “voluntary” and “conserved” elderly and adult residents who are referred from County Mental Health agencies or community mental health providers who meet the admission criteria established for the program.

Inclusions:

- The resident must have a qualified mental health diagnosis.
- For WGCC – the resident must be 60 years or older or have filed an exception for age.
- For RWCC – the resident must be 18 – 59 years old or have filed an exception for age.
- For Trinity Pines – the resident must be 18-59 years or have filed an exception for age.
- The resident must be admitted voluntarily or by a legal guardian/conservator and must consent to treatment.
- The resident must have an emergent or long term related mental health need that cannot be treated at a lower level of care.
- The resident must be free from alcohol or drug use for at least 24 hours prior to entering the program.
- The resident must be referred from County Mental Health, the Public Guardian (with a Lanterman-Petris-Short Conservatorship) or have the approval of the WGCC Medical Director.

Exclusions:

- The resident must not be actively dangerous to self or others.
- The resident must not have a need for a higher level of acute psychiatric care.
- The resident must not have a need for acute medical treatment or nursing care.
- The resident must not have an acute case of communicable tuberculosis.
- The resident must not have a condition that renders them bedridden.
- The resident must not have a primary diagnosis of drug or alcohol problems.

DISCHARGE CRITERIA

Residents are discharged or transferred from WGCC when (1) the resident has successfully completed a treatment plan and no longer needs this level of residential care, (2) the resident or their conservator requests a transfer or discharge, or (3) the resident needs a higher level of medical or psychiatric care.

Discharge Criteria:

- The resident has demonstrated that they meet one or more of the following criteria:
 - Resident has met the criteria for discharge listed in the Treatment Plan;
 - Resident has alleviated all crisis and/or other symptoms; and
 - Resident has demonstrated the ability to function in a less restrictive environment.

OR

- The resident has demonstrated need for a higher level of medical or psychiatric care;
 - The resident has demonstrated an uncooperative attitude toward treatment and is actively engaged in counter-productive behavior;
 - The resident has repeatedly disregarded the house rules and/or the responsibilities and expectations;
 - The resident has demonstrated threats or other dangerous behavior to other residents or staff;
 - The resident has engaged in property damage or theft;
 - The resident has brought contraband articles or material onto the property;
 - The resident has engaged in drinking alcohol or using illicit drugs while residing at WGCC;
- or
- The resident has expired.

WGCC has established relationships with other providers to handle medical back up, emergencies, higher levels of care, and other referral needs. It is expected that all residents moving to a lower level of care (e.g., board and care) would be returned to the county of origin for placement.

LENGTH OF STAY & PROGRAM FLEXIBILITY

Length of stay at WGCC varies in accordance with resident-specific needs. WGCC has multiple programs that are designed to respond to both the short and long-term needs of residents in placement. Short-term care for residents is principally focused on personal wellness and recovery, and active discharge planning. Long-term care for some residents with an active mental health condition averages over twelve months. Residents may stay beyond this average length of stay depending on their mental health status.

Treatment progress is reviewed at least monthly or more often as necessary, by the treatment team, the resident's guardian, and county case management to determine ongoing service necessity. When appropriate the treatment team may recommend and transfer from one program to another at WGCC in order to preserve placement in the least restrictive level of care or to facilitate transition to the lowest level of care possible.

2) **Article XXXV** shall be amended in its entirety to read as follows:

Article XXXV


Administrator: The County Officer or employee with responsibility for administering this Agreement is Nicole Cable, LMFT, Manager of Mental Health Programs, Behavioral Health Division, or successor.

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Except as herein amended, all other parts and sections of that Agreement #3422 shall remain unchanged and in full force and effect.

Requesting Contract Administrator Concurrence:

By: 
Nicole Cable, LMFT
Manager of Mental Health Programs
Behavioral Health Division
Health and Human Services Agency

Dated: 6/22/2020

Requesting Department Head Concurrence:

By: 
Donald Semon
Director
Health and Human Services Agency

Dated: 6-22-20

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IN WITNESS WHEREOF, the parties hereto have executed this Third Amendment to that Agreement for Services #3422 on the dates indicated below.


-- COUNTY OF EL DORADO --

By: 
Purchasing Agent
Chief Administrative Office
"County"

Dated: 6/30/2020

-- CONTRACTOR --

WILLOW GLEN CARE CENTER
A CALIFORNIA NON-PROFIT PUBLIC BENEFIT CORPORATION

By: 
Jeff Payne
Executive Director
"Contractor"

Dated: 6-23-2020

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