

# AGREEMENT FOR SERVICES #227-169-M-E2011 AMENDMENT I

This Amendment I to that Agreement for Services #227-169-M-E2011, made and entered into by and between the County of El Dorado, a political subdivision of the State of California (hereinafter referred to as COUNTY) and South Lake Tahoe Family Resource Center, (hereinafter referred to as CONTRACTOR).

#### RECITALS

WHEREAS, CONTRACTOR has been engaged by COUNTY to provide a Health Disparities Program in South Lake Tahoe for the Health Services Department, Mental Health Division (MHD) in accordance with Agreement for Services #227-169-M-E2011, dated August 2, 2011, incorporated herein and made by reference a part hereof; and

WHEREAS, the parties hereto have mutually agreed to amend and replace *Exhibit A, "Family Resource Center Promotora Program Description"* of said Agreement; and

WHEREAS, the parties hereto have mutually agreed to amend and replace *Exhibit C*, "Fee Schedule" of said Agreement;

NOW THEREFORE, the parties do hereby agree that Agreement for Services #227-169-M-E2011, shall be amended a first time as follows:

- 1) Exhibit A "Family Resource Center Promotora Program Description" shall be replaced in its entirety by Exhibit A (Amendment I) "Family Resource Center Promotora Program Description" attached hereto and incorporated by reference herein.
- 2) Exhibit C "Fee Schedule" shall be replaced in its entirety by Exhibit C (Amendment I) "Fee Schedule" attached hereto and incorporated by reference herein.

Except as herein amended, all other parts and sections of that Agreement #227-169-M-E2011 shall remain unchanged and in full force and effect.

# REQUESTING DEPARTMENT HEAD CONCURRENCE:

By: Daniel Nielson, MPA, Acting Director Health Services Department //

A-1, 227-169-M-E2011

IN WITNESS WHEREOF, the parties hereto have executed this first Amendment to that Agreement for Services #227-169-M-E2011 on the dates indicated below.

# -- COUNTY OF EL DORADO--

By:		Dated:		
,	Raymond J. Nutting Chair, Board of Supervisors COUNTY			
	Attest: Suzanne Allen de Sanchez Clerk of the Board of Supervisors			
	The same of the sa	Dated:		
	Deputy			
	CONTRACTO	R		
SOUTH LAKE TAHOE FAMILY RESOURCE CENTER A CALIFORNIA CORPORATION				
Ву:	Rick Meyer President CONTRACTOR	Dated: 10 19 1		
Ву:	Gorporate Secretary	Dated: 10/19/11		

A-1, 227-169-M-E2011

# Exhibit A (Amendment I) Family Resource Center Promotora Program Description

#### I. Purpose

Promotoras de salud (health promoters) are individuals who provide health education and support to other members of the community in which they are members themselves. The relationship that they have with the community is key to their effectiveness in reaching un-served and under-served individuals, addressing multiple barriers to healthcare access, and thereby, in reducing health disparities. In order to transmit information and affect behavior change in Latinos, a peer-based educational model that respects the social order of the culture is utilized.

### II. General Characteristics of Promotora Model

Promotoras address barriers to healthcare access by their presence in the community, their persistence, and their patience, thereby establishing trust and relationships. They serve in both formal and informal ways to engage clients and systems by providing outreach, linkage to the appropriate types of services based on their need, and support groups.

Promotoras serving the Latino community address the following social and emotional challenges that Latinos face in California:

- Problems with housing;
- Difficulties at work;
- Exposure to violence;
- Lack of health insurance and access to affordable, quality healthcare;
- Linguistic barriers;
- Lack of culturally competent care;
- Lack of knowledge regarding how to navigate healthcare systems;
- Scarcity of services;
- Stigma.

Specifically, the Promotora functions include:

- Promotoras are community members who serve as liaisons between their community and health, human and social service organizations.
- As liaisons, Promotoras often play the roles of advocate, educator, mentor, outreach worker, role model, translator and more.
- The community health worker (Promotora) model is used because Promotoras are effective disseminators of information, and act as the bridge between governmental and non-governmental systems and the communities they serve.

- Promotora services are delivered, for the most part, through home visits and group presentations, but also include health promotion strategies that impact knowledge, attitudes, and practices on a community level.
- To reach the previously unreachable, the Promotoras go where people congregate: this could be health fairs, church and neighborhood meetings, factories, laundromats, gas stations, and grocery stores, among other locations.
- The Promotora model of community outreach is based on a Latin American program-type that reaches underserved populations through peer education.
- Promotoras are members of the communities with which they liaise: they take the community health worker model one step further because they speak the same language, come from the same neighborhood and (commonly) share some life experiences with the community members they serve.

#### III. The County of El Dorado MHSA Promotora Model

The Health Disparities Project was designed to provide culturally-specific (bilingual and bicultural services) to provide bilingual/bicultural, Spanish-speaking outreach, engagement, screening, administration of outcome and satisfaction survey measures, service linkage, interpretation services, and peer/family support to increase access and decrease health disparities in mental health. Resources should target and serve the Latino population that is at-risk and under-served in relationship to mental health services. Outreach, engagement, and brief screening is intended to identify those with mental health needs. Linkage to alternative resources, as needed, may be provided, but ongoing service provision (beyond approximately one month) absent an identified need for mental health services lies outside of the scope of this program. Peer and family support is provided in both an individual and group model for the duration of the mental health need and/or symptoms. In addition, bilingual/bicultural Spanish-speaking early intervention counseling services may be provided for at-risk Latino individuals and their families. Upon resolution of the mental health issue, formal services should be discontinued as the ability to re-engage in services when the need arises is available. Validated and culturally appropriate screening tools, non-intrusive yet accurate data collection, and evidence-based practice models are the standard for this program. Regular supervision for the Promotoras at the Family Resource Center is provided by the Credentialed Case Manager.

### IV. Purpose of the Promotora:

Under the supervision of the Program Coordinator, the Promotora will work as the lead in the home visitation program and also work with the Mental Health Counselor and the Certified Case Manager to make sure that services are being met on a whole family level. In addition, the Promotora is responsible for home visitation to isolated individuals, families, new mothers and/or pregnant women in need of outreach and mental health services. This staff person is most effective when actively working in the community and inside client homes and also possesses excellent relational social skills working with the Latino community. The Promotora is in charge of making sure all paper work has been entered correctly to be processed for required reporting to County of El Dorado Health

Services Department, Mental Health Division (MHD) and prepares and relates all information collected during weekly staff meetings.

#### **JOB DUTIES:**

- 1. Assess Latino community needs for mental health services and develop a clear plan to ensure various needs are met.
- 2. Assess individual and family needs including current and potential strengths, role in community and family, knowledge of and access to community services and programs and physical and mental health status.
- 3. Provide outreach to Latino families by making regular phone calls to individuals and arranging for home visitation when appropriate.
- 4. Provide regular home visitation to clients to further assess the client's needs and appropriate response; continued follow-up with families to address needs.
- 5. Under guidance of Program Coordinator, implement plans and guidelines for families to follow to meet their needs.
- 6. Increase knowledge of local referral services such as: employment training, health care, insurance, mental health counseling, substance abuse counseling, education, and other appropriate resources as they become available, and refer families to these services as needed.
- 7. Actively prepare for and contribute to weekly mental health staff meetings with input on client status and recommendations for next steps and referrals.
- 8. Work closely with Program Coordinator to insure that public is aware of FRC's mental health programming.
- 9. Assist Program Coordinator to research community agency linkages to strengthen FRC's services.
- 10. Provide written reports for data management and required reporting to MHD, as outlined in Article IV, "Performance Requirements."

#### **CREDENTIALS AND REQUIREMENTS:**

- Excellent communication skills in English and Spanish.
- Knowledge of mental health issues specific to the Latino community.
- In-depth knowledge of the Latino community and local services available.
- Excellent interpersonal skills.

- Bicultural experience and ability to bridge Anglo and Latino cultures effectively.
- Ability to express family issues effectively verbally and in writing.
- Ability to maintain accurate client records.
- Computer knowledge, including Windows XP, Office 2000, and current databases.
- Ability to work effectively with all program staff and outside agencies.
- Minimum of two (2) years experience in: prevention and early intervention; home visitation and family support services; community outreach, engagement, and health education; serving as a liaison with the Latino community; and providing resource and referral services.
- High school diploma or GED required.
- Familiar with and integrated into the Latino community in South Lake Tahoe.
- Two (2) years of college in the field of Human Services or a closely related field preferred.
- TB testing required.
- Familiar with and integrated into the Latino community in South Lake Tahoe.

### V. Program Coordinator/Latino Community Liaison

#### **JOB DUTIES:**

- 1. Program planning, implementation and oversight (including service coordination, applying program goals and guidelines, monitoring of program effectiveness, maintenance of hourly employee records, preparation of reports for verification of compliance with contractual agreements, conference with local agencies to create collaboration and maximize program effectiveness).
- 2. Programmatic supervision of agency staff.
- 3. Ensuring compliance with state mandates, program guidelines and objectives.
- 4. Coordination of outreach programs with the community, including collaboration with local community agencies, and facilitation of community activities.
- 5. Oversight of volunteers in the center.
- 6. Oversight of service delivery records.
- 7. Works with EDC Mental Health Division in successful contract management.
- 8. Conducts Community Education Groups and serves as the Latino Liaison.
- 9. Provision of direct services, as needed.

### **CREDENTIALS AND REQUIREMENTS:**

- Bachelors Degree is required
- Bilingual (Spanish/English) and bicultural experience is required
- Four years of program development, implementation and oversight
- Four years of supervisory experience
- Experience, familiarity and knowledge of the local community required
- CPR/First-Aid/HIV/BBP Certification
- Must not have any felony convictions
- TB testing required

### VI. Mental Health Counselor

#### **JOB DUTIES:**

- 1. Provision of individual, group and family counseling.
- 2. Responds to client crises and provides service linkage, as appropriate.
- 3. Clinical documentation and recording keeping.
- 4. Psycho-education and skills training.
- 5. Participation on the FRC service delivery team.
- 6. Provision of case management services.

#### **CREDENTIALS AND REQUIREMENTS:**

- Bachelors Degree is required
- Four years of mental health direct service delivery is required
- Bilingual (Spanish/English) and bicultural experience is required
- CPR/First-Aid/HIV/BBP Certification
- Must not have any felony convictions
- TB testing required

#### VII. Childcare Specialist

#### **JOB DUTIES:**

1. Assist with the overall general care and well-being of the children in on-site child care, thereby providing ancillary support needed to allow parents to participate in program services.

2. Provision of child care for families participating in MHSA evidence-based group programs as part of the program model.

### **CREDENTIALS AND REQUIREMENTS:**

- Minimum two years experience in childcare or classroom setting
- CPR/First-Aid/HIV/BBP Certification
- Must not have any felony convictions
- TB testing required

### VIII. Credentialed Case Manager/Children's Group Facilitator

## **JOB DUTIES:**

- 1. Design, implement and facilitate groups.
- 2. Individual and family counseling.
- 3. Oversight for case management services.
- 4. Provide clinical supervision for the Mental Health Counselor, Promotoras and Child Care Specialist.
- 5. Training for clinical personnel.
- 6. Full range of clinical services (crisis intervention, assessment, counseling, psycho-education, skills training, and service linkage).

## **CREDENTIALS AND REQUIREMENTS:**

- Masters degree in Counseling Psychology
- Certification in Domestic Violence treatment provision
- CPR/First-Aid/HIV/BBP Certification
- Must not have any felony convictions
- TB testing is required

# EXHIBIT C (Amendment I) Fee Schedule FY 2011/12

## **SLT Family Resource Center**

Personnel Service Category	<b>Hourly Rate</b>	<b>Estimated Amount</b>		
Program Coordinator	\$30.09	\$20,642		
Mental Health Counselor	\$26.00	\$42,159		
Promotora	\$18.13	\$21,756		
Childcare Specialist	\$14.00	\$3,752		
Credentialed Case Manager/				
Children's Group Facilitator	\$44.00	\$41,184		
Total Estimated Personnel Amount		\$129,493		
Program Supplies, Training & Travel				
Expenses		\$4,975		
Total Not-to-Exceed Program Supplies, Training & Travel				
Expenses	-	\$4,975		
Total Not-to-Exceed for term of thi	\$134,468			

- 1. Contractor's allowable services billed to County may vary from the estimated personnel line item amounts by up to 10% over the personnel line item amounts shown above, provided any such variation does not impact Contractor's ability to remain within the total Not-to-Exceed amount of this Agreement.
- 2. In addition to the variation allowed above, per Section 3.05 of the Agreement, any amount not expended for program supplies/training/travel may be utilized for other services authorized by this Agreement (i.e. Personnel).
- 3. Relevant training and associated travel must be approved in advance by MHD.
- 4. In no event shall County be obligated to pay Contractor for any amount above the Total Not-to-Exceed for this Agreement, as shown above.