



RESOLUTION NO.

OF THE BOARD OF SUPERVISORS OF THE COUNTY OF EL DORADO

Health and Human Services, Community Services Division supports
California State Budget Augmentation for Senior Nutrition Programs

WHEREAS, the health and independence of older Californians is a foundation of a thriving California; and

WHEREAS, the provision of nutritious food is perhaps the most basic component of health, especially for frail and vulnerable seniors; and

WHEREAS, nutritionally deficient seniors are at a greater risk for chronic health conditions, including being 60 percent more likely to experience depression, 53 percent more likely to report a heart attack, and 40 percent more likely to report an experience of congestive heart failure; and

WHEREAS, seniors represent the fastest growing age group in the county, with over 1,000 Californians turning 65 every day for the next fifteen years; and

WHEREAS, in El Dorado County, from the year 2000 to the year 2020, the aging population is expected to double with one in four residents over the age of 60; and

WHEREAS, twice as many seniors in California are living in poverty than a decade ago; and

WHEREAS, the recent recession resulted in nutrition programs being forced to reduce services, lay off staff, establish waiting lists for service, and, in some cases, close senior meal sites completely; and

WHEREAS, in El Dorado County, through eight congregate meal sites and through home delivery, the Senior Nutrition Program provides over 175,000 meals per year to over 2,000 seniors; and

WHEREAS, the Elder Economic Security Index (measuring true cost of living for a senior in California) has found that 36% of all older Californians, age 65+ do not have enough income to meet their basic needs; and

WHEREAS, providing \$5.4 million in new funding for senior nutrition programs is estimated to save California ten times that much in reduced state payments for fewer hospitalizations, long-term care placements, emergency room use, and other medical costs.

NOW, THEREFORE, BE IT RESOLVED the Board of Supervisors of the County of El Dorado hereby endorse a State of California Budget increase of \$5.4 million to senior nutrition programs, as defined in the Older Americans Act and the Older Californians Act, and publicly encourages the California Legislature to support an action.

Resolution _____

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PASSED AND ADOPTED by the Board of Supervisors of the County of El Dorado at a regular meeting of said Board, held the ____ day of _____, 20__, by the following vote of said Board:

Attest:
James S. Mitrisin
Clerk of the Board of Supervisors

Ayes:
Noes:
Absent:

By: _____
Deputy Clerk

Ron Mikulaco, Chair, Board of Supervisors