

EL DORADO COUNTY HEALTH AND HUMAN SERVICES AGENCY



Senior Day Care Services Program
Presents
Dementia 101 Workshop

Location

El Dorado Hills
Senior Center
990 Lassen Lane
(on the corner of Lassen Lane and
El Dorado Hills Boulevard)

Cost

All classes are FREE
Although a \$10 donation
is appreciated to cover
cost of materials

For Reservations

Please call
Senior Day Care Services
530-621-6180
or email us at
sdcinfo@edcgov.us

FREE Respite Care

is available to qualified
caregivers through the Family
Caregiver Support Program
530-621-6192

Please call a minimum of 2 to 3
weeks in advance to make
arrangements.

Limited Seating Available



Saturday, May 30

8:30am to 1:00pm

8:30am Registration, Continental Breakfast, Resources

9:00am Dementia: What is it?

Instructor: Esther Lara, Clinical Social Worker and Research Administrator for UC Davis Alzheimer's Disease Center

Participants will learn the difference between normal forgetfulness and serious memory loss; be able to recognize the signs and symptoms of Alzheimer's disease and related dementias; learn the common causes of dementia; understand how a person is diagnosed; learn what medications and therapies are used to treat people with dementia; and understand the effects of dementia on the brain's function and behavior.

10:45am Dementia: Understanding and Managing Behaviors

Instructor: Wanda Demarest, Program Supervisor for the Placerville Senior Day Care Services Program

Participants will learn specialized skills and techniques that are helpful in coping effectively with the unique behaviors associated with dementia. Learn how to make each day a great one for the individual with dementia by creating an environment in which the individual can thrive and which might possibly make day-to-day life a little easier for his/her caregiver, too.

12:15pm Questions & Answers Session with Dementia Care Professionals

Denise Davis, Program Director, Alzheimer's Association for No. California & No. Nevada
Michelle Nevins, Executive Director, Del Oro Caregiver Resource Center will join
Esther Lara, UC Davis, and Wanda Demarest, Senior Day Services.

12:45pm Drawing for "TLC Basket" - Wine, Dinner and a Movie!

THANK YOU to our Sponsors



El Dorado County Health and Human Services Agency
Senior Day Care Services Program
935A Spring Street, Placerville, CA 95667 - 530-621-6180
990 Lassen Lane, El Dorado Hills, CA 95762 - 916-358-3560
Email: sdcinfo@edcgov.us

MARSHALL FOUNDATION
for community health

**Funding Request for
Community Healthcare Programs**

Name of Community Organization: Senior Day Care Services Program (EDC Health & Human Services Agency)

Address: 935A Spring Street, Placerville, CA 95667

Name of Program/Service: Dementia 101 Workshops to be held in El Dorado Hills and Georgetown

Contact Person Wanda Demarest Phone number: 530-621-6180

Amount Requested \$ \$1,000 Date Needed: May 30, 2015

Describe how funds are to be used:

- Funds will be used to provide a 3 and ½ hour workshop for family and professional caregivers of individuals with Dementia (IWD). Please refer to attached flyer.

How will healthcare and our community benefit from this program? Approximately how many people will be served:

- Research studies have proven that when caregivers participate in educational programs it beneficial to their general health and well-being. Further, a Utah State University study found that if caregivers take a problem solving approach to their duties, their care RECIPIENT (with dementia) will experience a slower rate of decline. This may translate into fewer doctor visits and hospitalizations for the caregiver and care recipient. In addition, education can contribute to the prevention of premature institutionalization of frail seniors.
- For the El Dorado Hills' Workshop, we estimate 60 to 100 attendees.
- For the Georgetown Workshop, we estimate 30 to 60 attendees.
- (Note: The Placerville Dementia 101 Workshop held January 24, 2015 had 63 participants)

Please include the following with your request:

- Project Budget
- List of organization/persons in support of the project
 - UC Davis Alzheimer's Disease Center
 - Del Oro Caregiver Resource Center
 - Alzheimer's Association of Northern CA and Northern Nevada
 - Quality In-Home Care Specialists
 - Visiting Angels
 - EDC Family Caregiver Support Program

Signature of Person Submitting Request: _____ Date _____

Foundation Approval: _____ Date _____

Mail form to: Marshall Foundation for Community Health, P.O. Box 1996, Placerville, CA 95667

Budget
 Dementia 101 Workshops
 El Dorado Hills - 5/30/15
 Georgetown Divide - TBD

Marshall Foundation for Community Health Grant Budget

ADMINISTRATION	Projected Cost
Staff time to manage conference registration list	in-kind
Staff time to manage conference registration, set up and clean up on day of events	in-kind
CONFERENCE SITE	
Deposit / Site Fees	in-kind
Equipment Fee(s)	in-kind
Site Supervisor	in-kind
SPEAKERS	
Speaker Fee	\$200
MARKETING	
Design of Flyer	in-kind
Printing of Flyer	\$50
Postage to mail Brochure	\$250
Display Ad	in-kind
Press Releases	in-kind
Emails	in-kind
Website Promotion	in-kind
CONFERENCE SUPPLIES	
Workshop Folders	\$300
Copies for Packets (speaker handouts, resources, etc.)	\$120
Name Tags for Conference Attendees	\$25
"The Person I am with has Memory Loss" cards	in-kind
Sponsors' Logo Display Boards (8 ED Hills) (3 Additional for Georgetown)	\$55
REFRESHMENTS	
(2) Continental Breakfast including paper products	donations
(2) Coffee/Tea Service including cups	donations
Total budget for both workshops:	\$1,000
Marshall Foundation for Community Health Grant	\$1,000