

**Behavioral Health Division Update  
Mental Health Commission  
January 25, 2017 Meeting**

**Deputy Director Update** (Jamie Samboceti)

- Our Strategic/Integration Plan is moving forward. The different Service areas include: Adult System of Care, Child System of Care, Community Based Services, Public Health, and Administration and Finance.
- There is a grant proposal being written to support a new treatment wing for the Jail. It would include medical/MH wing, treatment rooms, group rooms, interview offices, an expansion of the women's housing and staff offices. HHSA is working with the team to determine support around a re-entry program.
- AOT has 5 candidates and staff are completing the applications by gathering information to complete the most comprehensive assessment possible. This is a challenging task, but staff is determined and motivated.
- We are closing one of our Transitions Homes. There appears to be a trend in our current system that shows we are being more successful in moving our clients to independence. In addition our staff have worked diligently to move folks out of County in higher levels of care to a lower level of care, when appropriate. We currently do not have a need for the number of beds available on the West Slope.
- Crisis coverage has been challenging but covered. Our full time clinicians have stepped up and voluntarily offered to cover all shifts needed. We moved to cancel the contract with Heritage Oaks due to their inability to hire and cover needed overnight shifts. I have asked both Marshall ED and Barton ED to track the number of voluntary and 5150 admission to their units during the overnight hours. My goal in moving to next steps is to get their data and determine their willingness to share the cost of a social worker overnight.

**Outpatient Services**

(Lesly VanSloten, Sabrina Owen and Karen Naegeli)

**Wellness Center - December Activities:**

Tahoe:

- Winter Solstice Holiday Party- Thanks to generous donations by Soroptimist and Behavioral Health staff each participant attending was offered a hat, gloves, socks, pajama bottoms and a calendar. Door prizes were also given to a few lucky recipients that included blankets, backpacks and wallets. Used coats were also available. Wellness participants gave back to the community doing volunteer service at Christmas Cheer (SLT's food bank) and at Animal Services.

West Slope:

- The performing arts group and the music group, The Dried Mangos, put on a sing-a-long, "Home for the Holidays" that was held on Tuesday, December 13th in the Wellness Center (due to rain). There was a dessert bar complete with a huge variety of wonderful and delicious desserts all made and presented by

Clients, and there was a cookie decorating station which produced some terrific Christmas surprises. A fun time was had by all.

- To empower more consumers, the Wellness Center solicited clients and community members to take on larger roles in the operations of the Wellness Center as leaders. Fifteen volunteers signed up to start the next peer support, leadership academy in January that will include 4 additional weeks led by Lesly Van Sloten, MFT- WC Prog.Coordinator.

#### **ICM - December Activities:**

Tahoe:

- We continue to work with clients on improving their quality of life through management of symptoms and increasing skills to manage the stressors of life and the holidays.

West Slope:

- ICM staff spent time decorating the Transitional Homes with residents and provided opportunities during Transitional Skills group to assist in normalizing and managing the holidays.
- ICM staff provided a full Christmas Eve lunch with FSP clients in the transitional homes and community.

#### **Caseloads: As of December 2016**

<b>Location</b>	<b>Children's Outpatient</b>	<b>Adult Outpatient</b>	<b>Children's Contractors</b>	<b>Total</b>
South Lake Tahoe	2 TAY, 0 Clinic = 2	53 Clinic; 21 ICM/FSP; = 74	3 TY; 53 SCF = 56	132
West Slope	19 TAY, 32 Clinic = 51	275 Clinic; 44 ICM/FSP = 319	69 SV; 74 SCF; 29 NM, 2 SYS = 174	544
Total	53	393	230	676 (unduplicated)

Children Services Contractors are: New Morning Youth & Family Services (NM), Sierra Child and Family Services (SCF), Stanford Youth Solutions (SYS), Summitview Child and Family Services (SV) and Tahoe Youth and Family Services (TY).

**Childrens Services** (Angie Larrigan/Lisa Konyecsni)

- In December, there were **29** new requests for services: **6** met criteria for Specialty Mental Health Services (**1** Tahoe / **5** West Slope/ **0** Out of County/ **0** Unknown).
- In December, there were **15** children discharged from services (**2** Tahoe / **13** West Slope / **0** Out of County).
- On 12/16/16 Angelina Larrigan and Eric Whitney attended the DHCS overview of FFA and STRTP changes anticipated with the Continuum of Care Reform (CCR). Much collaboration took place with the different agencies providing children's services in the central region.
- A meeting is scheduled on January 15th, 2017 to provide EDCOE an overview of CCR and increase collaboration between important support systems in the community.
- EDC Behavioral Health, EDC Probation, EDC Child Welfare Services and other agencies in the community continue to work collaboratively to implement of the Continuum of Care Reform (CCR).

**TAY DBT/FEP Program** (Sabrina Owen and Lesly VanSloten)

**Tahoe**

- Two DBT groups running, one at STHS and one at Tallac. Both have 10-12 participants each with a skills coach in the STHS group. Several Tallac students have reported they come to school specifically to attend the DBT group. Groups will complete in January culminating in a parent group where clients will teach DBT skills to their parents/family members. It is anticipated two new groups will be offered in February, one on each campus. Both groups are expected to have graduates from previous groups serving as peer skills coaches. The FEP program has four clients currently receiving services.

**Placerville**

- Kris continues to successfully facilitate 5 separate DBT groups at Independence High School and 2 separate DBT Groups at Charter Community along with seeing students individually from each campus. Each group ranges from 7-15 students. Teachers, administrators and principals continue to compliment Kris and the DBT programs as positive and effective interventions on campus. Both schools were on break from December 19th, until January 9th. Kris is working with Independence High School to incorporate the 2 additional DBT groups Independence High School has requested into her already full schedule beginning in January 2017.
- The FEP program has 1 consistent client/family, 1 Client has been conserved, and 1 Client continues to refuse services. One new referral to the program was made and Kris is following up with the Client/Family to see if he will be good fit for the program.

## **Continuum of Care: (Rhapsody Flores)**

### **LPS Conservatorship:**

- **59** LPS Conservatorships
- **0** Temporary Conservatorships
- **0** LPS Termination (**1** pending for termination date)

### **Intensive Case Management (ICM):**

- Serving **35** clients on the West Slope
- Serving **21** clients in SLT

### **Placement:**

- Transitional Houses/Apartment
  - **3** total beds (WS): openings -. **Spring Street T-House closed January 13, 2017.**
  - **7** total beds filled (SLT): T1 - 4 openings, T2 (MIOCR) 1 female open
- Trailside Terrace
  - **5** of 5 units occupied
  - ICM team coverage
- The Aspens at South Lake
  - **6-** of 6 units occupied
  - ICM team coverage

### **Board and Care/IMDs/Secure Placements:**

- **24** IMD beds - Crestwood/Canyon Manor/California Psychiatric Transitions (CPT)
- **2** State Hospital
- **8** Enhanced Board and Care beds including Willow Glen & Silver Ridge
- **23** Board and Care - Sacramento & Galt (including Grace Home)
- **Total:**
  - **51** Out of County Placements
  - **6** In County Placements (Silver Ridge)

### **Staffing:**

- New Hires:
  -
- Promotions:
  - Heidi Opland has promoted to Administrative Secretary from Medical Office Assistant II (replacing Lisa Dubois, who retired in October 2016)
- Recruitments:
  - SLT MH Clinician, MH worker extra help
  - WS MH Clinician
  - WS Medical Office Assistant
- Resignations:

- Lisa Arnold, Program Coordinator, Justice Systems
- Position Changes:
  - John Schumacher is in an Acting Program Coordinator position for the Justice System programs (Behavioral Health Court, AB 109, CCP, etc.). John had been working with LPS clients and those clients will be transferred to Amanda DiBiase, who will work closely with John during the client transition process.

## **WS Adult Outpatient Services**

- Current Group Schedule:

### Monday

- BHC/Wellness - Check In Group: 10:30 am - 11:30 am
- Anger Management Group: 1:00 pm - 2:00 pm
- Current Events Group: 1:15 pm - 2:00 pm (Wellness)
- Physical Activity Group: 2:00 pm - 3:00 pm (Wellness)
- Communication Skills: 3:00 pm - 4:00 pm (Wellness)
- Dried Mangos Music Group: 3:00 - 4:00 pm

### Tuesday

- DBT Group - Skill Building: 10:00 am - 12:00 pm
- Current Events Group: 1:15 pm - 2:00 pm (Wellness)
- Women's Co-Occurring Recovery Group: 1:15 pm - 2:45 pm (ADP)
- Art Group with Jan from NAMI: 1:30 pm - 3:00 pm (Wellness)
- Healthy Pleasures: 1:30 pm - 2:30 pm (Wellness)
- Job Connections Group: 1:30 pm - 3:30 pm (Wellness)
- Smoking Cessation: 3:00 pm - 4:00 pm (Wellness)

### Wednesday

- DBT Skills Group - Skills Training: 10:00 am - 12:00 pm
- SAMHSA - Medication Education: 11:00 am - 12:00 pm (On Hold)
- Transitional Housing Independent Living Skills: 12:00 pm - 1:00 pm
- Dual Recovery Anonymous - Peer Support Group: 1:00 pm - 2:00 pm (Wellness)
- Current Events Group: 1:15 pm - 2:00 pm (Wellness)
- Self-Care/ADLS Group: 1:30 pm - 3:30 pm (Wellness)
- Therapeutic Music Group - Keyboard: 1:45 pm - 3:15 pm (Wellness)
- Anger Management Group: 2:00 pm - 3:00 pm
- Exercise Group: 3:00 pm - 3:45 pm (Wellness)

### Thursday

- Current Events Group: 1:15 pm - 2:00 pm (Wellness)
- Women's Co-Occurring Recovery Group: 1:15 pm - 2:45 (Seeking Safety, ADP)
- Healthy Pleasures: 1:30 pm - 2:30 pm (Wellness)
- Get Fresh Nutrition Classes with EDC PH, 1:30 pm - 2:30 pm (Wellness)
- Nutrition/M meal Planning group: (In the T-houses on a rotating schedule)
- Crafts with the Textile Division: 2:00 - 4:00 pm
- Life Skills Group: 3:00 pm - 4:00 pm (Wellness)

- Peer Support Training: 3:00 pm - 4:00 pm (Wellness)
- Gardening Group 2x/Month: 3:00 pm - 4:00pm (Wellness)

#### Friday

- DBT Group - Skills Training: 10:00 am - 12:00 pm
- Men's Co-Occurring Recovery Group: 10:00 am -12:00 pm (ADP)
- Current Events Group: 1:15 pm - 2:00 pm (Wellness)
- Ted Talks and Cinema Club: 1:30 pm - 3:30 pm (Wellness)
- DBT Group - Skills Training: 1:30 pm - 2:30 pm
- Music Appreciation Group 1:30 pm - 2:30 pm (Wellness)
- Mindfulness Group: 2:45 pm - 3:30 pm (Wellness)
- MH Peer Leadership Academy: 3:00 pm - 4:00 pm, monthly, (Wellness)

### **SLT Adult Outpatient Services**

- Current Group Schedule:

#### Monday

- Seeking Safety (Co-Occurring): 10:30 am - 12:00 pm (ADP)
- BHC Group: 1:00 pm - 1:30 pm
- Women's Wellness: Time to be determined
- DBT - Skill Building 1:30 pm - 2:30 pm (Wellness)
- TED Talks - Information & Conversation 3:00 pm - 4:00 pm (Wellness)

#### Tuesday

- DBT - Interpersonal Effectiveness: 1:00 pm - 2:30 pm
- Anger Management: 1:30 pm - 2:30 pm (Wellness)
- Recovery through Art: 2:30 pm - 3:30 pm (Wellness)
- Just One Thing (Mindfulness) : 3:30 pm - 4:00 pm (Wellness)

#### Wednesday

- DBT - Coping with Depression & Anxiety: 1:00 pm - 2:30 pm
- Refuge Recovery (Co-Occurring) 1:30 pm - 2:30 pm (Wellness)
- Health Awareness: 1:30 pm - 2:00 pm (Wellness)
- Healthy Cooking: 2:00 pm - 3:00 pm (Wellness)
- Living Skills: 3:00 pm - 4:00 pm (Wellness)

#### Thursday

- DBT- Stress management 1:30 pm - 3:00 pm
- Community Outings/ Volunteering: 1:00 pm - 4:00 pm (Wellness)
- TED Talks - Information & Conversation 1:30 pm - 2:00 pm (Wellness)
- Coping Skills 2:00pm-2:30pm (Wellness)
- Social & Recreation Activities 2:30 pm - 4:00 pm (Wellness)

#### Friday

- Living in Balance (Co-Occurring): 10:30 am - 12:00 pm (ADP)
- Recovery Through Art: 1:30 pm - 2:30 pm (Wellness)
- Volunteering 1:30-3:30 (Wellness)
- Paths to Recovery (Book Study): 1:30 pm - 2:30 pm (Wellness)
- Social & Recreation Activities 2:30 pm - 4:00 pm (Wellness)
- Men's Wellness: 2:00 pm - 3:30 pm

#### Saturday

- Friends 'n Fitness: 11:15 am - 12:30 pm

**Psychiatric Emergency Services (PES)** (Sabrina Owen and Angie Larrigan)

- SLT in the month of December: **35** crisis assessments, 22 hospitalizations (**3** open client), **5** referred to Substance Abuse Treatment; **17% (6)** crisis assessments were open clients.
- WS in the month of December: **80** crisis assessments, **30** hospitalizations (**5** open clients), **11** referred to Substance Abuse Treatment; **13.75% (11)** crisis assessments were open clients.

**Crisis Intervention Teams (CIT)** (Angie Larrigan and Sabrina Owen)

- SLT MDT meetings continue to help educate and improve collaboration between all community partners. All SLT law enforcement has now informed of the obligation to write a 5150 if bringing an individual to the ER for an assessment.
- WS MDT meetings continue to be well attended and productive. Law enforcement welcome information designed to provide appropriate use of 5150 and various crisis resources available to the community, particularly the use of crisis lines for individuals that may need to talk, homeless resources and available substance use disorder services.

**Psychiatric Health Facility** (Jamie Samboceti)

- There were -- Admissions in December, 2016; -- Admissions were El Dorado County residents and -- were Out of County residents (information was not provided).
- There were -- El Dorado County residents discharged in December, 2016; -- to Home with Support, - to MHRC, and - to Other (information was not provided).
- Upon discharge, -- El Dorado County residents were insured and - El Dorado County residents were pending insurance (information was not provided)
- During the month of December, there were - Seclusion Episodes, -- Physical Restraint Episodes, -- Assaults (-- clients), -- Elopement and -- Medication Errors (information was not provided).
- There were -- denials of El Dorado County referrals (information was not provided).
- Average daily census was --, with - average length of stay of days (information was not provided).

**Mental Health Services Act (MHSA)** (Laura K. Walny)

- MHSA staff has conducted several key informant interviews to date and will complete the interviews by the end of January. Feedback received will be incorporated into the draft Three-Year Program and Expenditure Plan for FY's 2017/18 through 2019/20. MHSA staff continue to work on drafting the language for the Three-Year Plan.
- On December 15th, Lance Poinsett, EDC Department of Veteran's Affairs; Herve Leconte, Military Support Group and Father of a Veteran; and Sheila Webb, USN/USAR Retired Veteran and Case Manager with Volunteers of American, Veteran's Services provided us with a dynamic, candid, enlightening and energizing training! Our guests spoke to the multifaceted realities, challenges and needs of some of our Veterans; provided a very poignant look into the world

of families and the ways they seek to support one another; the value of two words "Thank you"; highlighted existing resources and potential local enhancements; spoke to the many layers of personal fortitude of our Veterans; post traumatic stress; military sexual assault; institutionalization and the challenges some face in returning home; serving before, during and after the Don't Ask Don't Tell policy of 1993. Thank you to our guests for their insightful and moving presentation and thank you for your service and that of your families!!

- The Suicide Prevention Campaign will resume in January focusing on clarification of data specific to El Dorado County, bringing additional representatives to the table to focus efforts on priority populations, and further development of the social media campaign.

#### **Behavioral Health Court (Shirley White)**

- Placerville Behavioral Health Court currently has 7 active participants and 2 participants are in Sober Living Environments.
- South Lake Tahoe has 10 active participants in Behavioral Health Court. 1 is in Sober Living.

#### **AB 109 (Shirley White)**

- The Community Correction Center is providing Substance Use Disorder Treatment to 29 clients. 3 clients are in Sober Living Environments, and 14 clients are receiving Mental Health services.
- 7 clients are receiving Moral Reconciliation Therapy services in the South Lake Tahoe jail.
- 15 clients are receiving Substance Use Disorder treatment in Placerville Jail.
- The Community Corrections Center will be holding a graduation ceremony for 8 clients on January 31, 2017 from 12-2. These events are always very special and moving. Everyone is welcome to attend. The Ceremony will be held at the probation department on Durock Road.

#### **Mental Health Clients in Jail (Jamie Samboceti)**

- There were a total of **1** active Mental Health clients in jail during the month of December. (Count of clients that were open to Mental Health services at the time of their incarceration in the Placerville or SLT Jails only.)
- WS = **1** ; SLT = **0**

#### **Patients' Rights Advocate (Dani Mills)**

- Dani Mills, the new Patients' Rights Advocate visits the PHF three days per week, which at this time is Tuesday and Thursday starting at 9:30 am, and Wednesday starting at 12:00 pm. Dani checks in with the clients and staff to determine client needs or concerns, participates in hearings on behalf of the client (for 5250 and 5270 certification hearings), or supports clients as requested during other hearings (e.g., Writ of Habeas Corpus). Once the clients and staff needs have been addressed, Dani reports to the West Slope Outpatient Clinic to address other client or administrative needs.



**Quality Improvement/Utilization Review (Ren Scammon)**

- Please see access and utilization data below.
- The BHD continues to await State direction on performance measure dashboards required by the Medi-Cal 1915(b) waiver.
- EQRO will be occurring in March and the BHD is awaiting instructions from Behavioral Health Concepts, the EQRO reviewer, as to the content of and required documentation for the 2017 review.

**Grievances/Appeals/Hearings (Ren Scammon)**

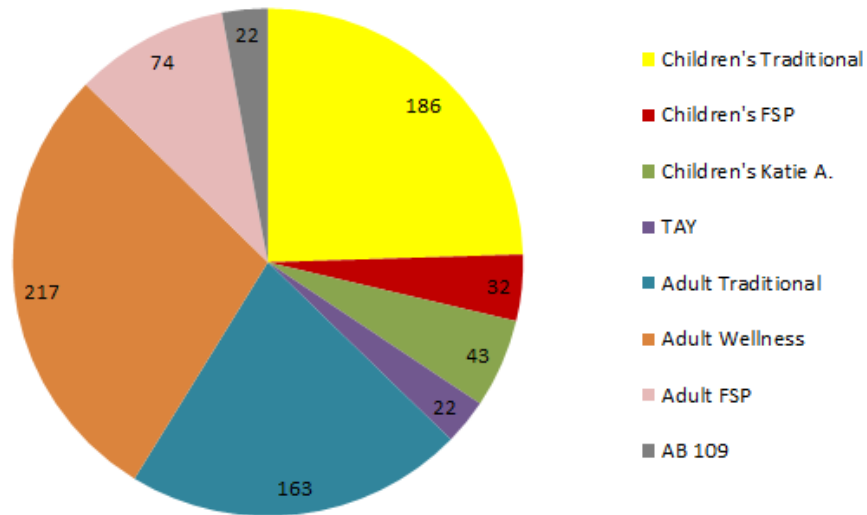
<b>Month Filed</b>	<b>Month Completed</b>	<b>Type</b>	<b>Topic</b>	<b>Location</b>	<b>Outcomes</b> (Appeals / Hearings Only)
6-2016		Hearing	Access: Denied Services (individual did not meet medical necessity at time of assessment)	SLT Adult	Awaiting hearing decision (contacted the State 12/13/16)
11-2016		Grievance	Other: Peer Behaviors at Wellness Center	WS Adult	--
11-2016		Grievance	Quality of Care: Staff Behavior Concern	WS Adult	--
11-2016		Grievance	Quality of Care: Staff Behavior Concern	SLT Adult	--
12-2016		Appeal	Access: Lack of Timely Access to Services	WS Adult	Hearing Closed by DHCS

**Performance Improvement Measures**  
**U1 Number Served by Outpatient MH Programs**

**El Dorado County HHSA**  
**Mental Health Division**

**2nd Quarter FY 16-17**

**Total = 759**

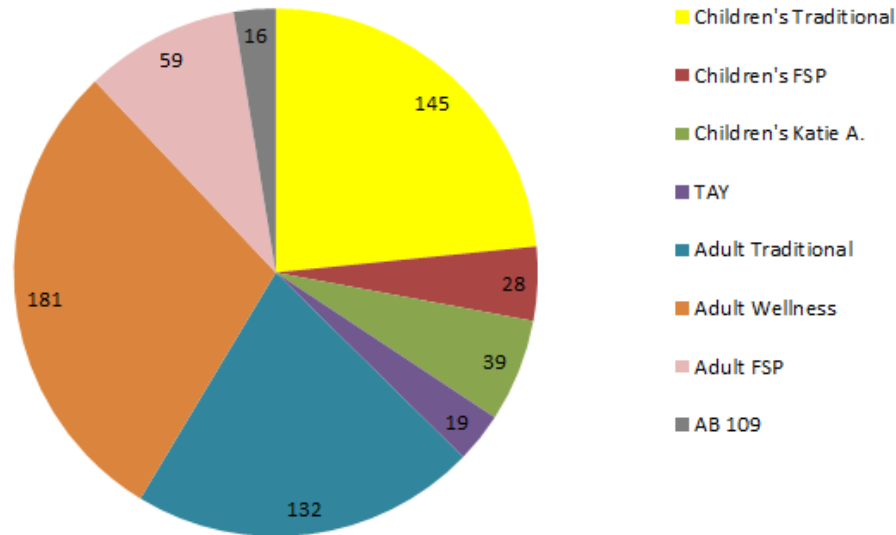


**Performance Improvement Measures**  
**U1 Number of Open Episodes at End of Quarter**

**El Dorado County HHSA**  
**Mental Health Division**

**2nd Quarter FY 16-17**

**Total = 619**

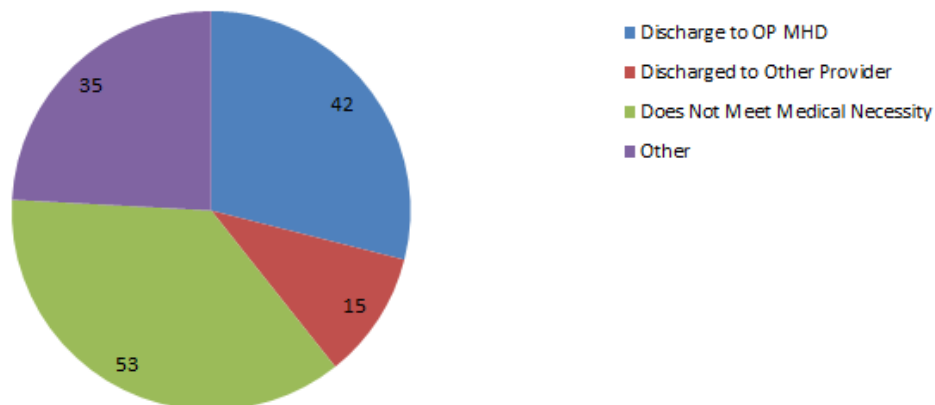


**Performance Improvement Measure**  
**U1 Number of Request For Service Discharges**

**El Dorado County HHSA**  
**Mental Health Division**

**Children - 2nd Q FY 16-17**

**Total = 145**

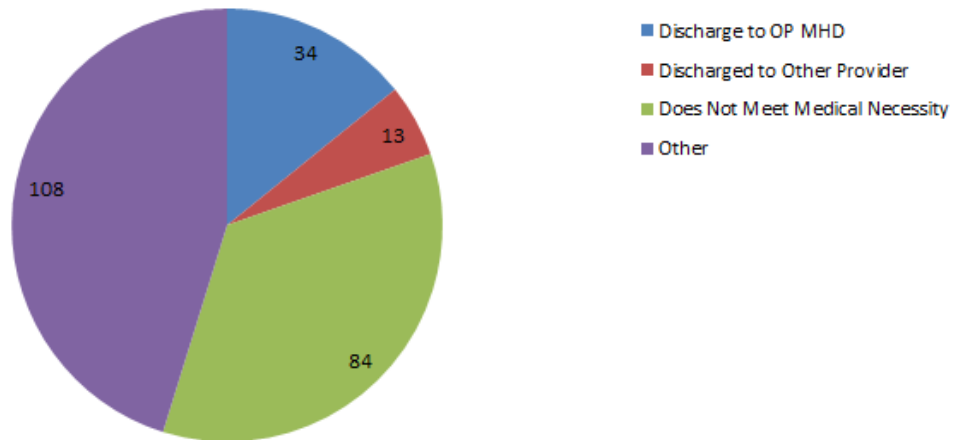


**Performance Improvement Measure**  
**U1 Number of Request For Service Discharges**

**El Dorado County HHSA**  
**Mental Health Division**

**Adult - 2nd Q FY 16-17**

Total = 239



**Legend**

Discharge to Outpatient MHD: Discharge to Mental Health program or ADP.

Discharge to Other Provider: Discharge to Managed Care Provider or Private Insurance.

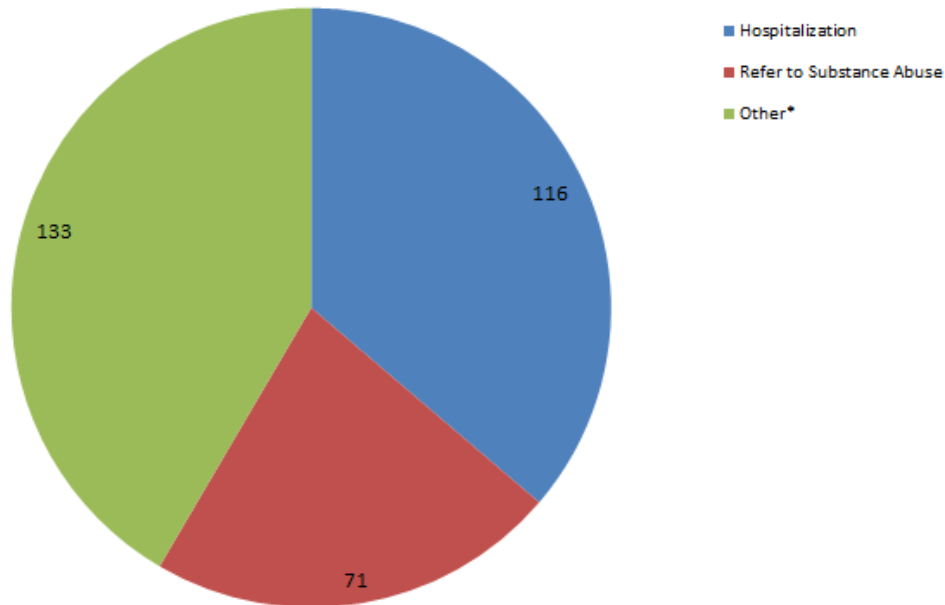
Does Not Meet Medical Necessity: Discharged to Primary Care or referred to community based services.

Other: ADP contract terminated, incarcerated, moved out of county, canceled, client could not be contacted, discharge to crisis, discharge to PHF, no show.

**Performance Improvement Measure**  
**Disposition Of Crisis Assessments**

**El Dorado County HHSA**  
**Mental Health Division**

**2nd Quarter FY 16-17**  
**Total - 320**



\*Refer to EDC MH Outpatient, Other MH Provider, Link to Community or Natural Supports  
 Note: Total Adjusted for Duplicates

**Initials**

AB	Assembly Bill
ADL	Activities of Daily Living
ADP	Alcohol and Drug Programs
AOT	Assisted Outpatient Treatment
APS	Adult Protective Services
ARF	Adult Residential Facility
B&C	Board and Care
BHC	Behavioral Health Court
BHD	Behavioral Health Division (formerly the Mental Health Division)
BOMUSD	Black Oak Mine Unified School District
CalMHSA	California Mental Health Services Authority
CBHDA	California Behavioral Health Directors Association
CBO	Community Based Organization
CBT	Cognitive Behavior Therapy
CCC	Community Corrections Center
CCP	Community Corrections Partnership
CCR	Continuum of Care Reform

CFMG	California Forensic Medical Group
CFTN	Capital Facilities and Technology Needs
CIT	Crisis Intervention Team
CMS	Centers for Medicare & Medicaid Services
CPP	Community Planning Process
CPS	Child Protection Services
CPT	California Psychiatric Transitions
CSS	Community Services and Supports
DBT	Dialectical Behavior Therapy
DHCS	Department of Health Care Services (California)
Dx	Diagnosis
ED	Emergency Department
EDC	El Dorado County
EDCMH	El Dorado County Mental Health
EDCSO	El Dorado County Sheriff's Office
EDSO	El Dorado Sheriff's Office
EDCVC	El Dorado Community Vision Coalition
EH	Extra Help
EPSDT	Early and Periodic Screening, Diagnosis and Treatment
EQRO	External Quality Review Organization
ER	Emergency Room
FEP	First Episode Psychosis
FSP	Full Service Partnership
FTE	Full-Time Equivalent
FY	Fiscal Year
HHSA	Health and Human Services Agency
ICM	Intensive Case Management
IMD	Institution for Mental Disease (facility)
ITWS	Information Technology Web Services
Katie A.	<i>Katie A. vs. Bonta</i> Lawsuit and/or resulting programs/services
LL	Laura's Law
LOCUS	Level of Care Utilization System
LPS	Lanterman Petris Short
LT	Limited Term
MDT	Multi Disciplinary Team
MH	Mental Health
MHD	Mental Health Division
M-F	Monday through Friday
MHOAC	Mental Health Oversight and Accountability Commission
MHRC	Mental Health Rehabilitation Center (facility)
MHSA	Mental Health Services Act
MHW	Mental Health Worker
MIOCR	Mentally Ill Offender Crime Reduction
MOA	Medical Office Assistant
NM	New Morning Youth & Family
OP	Outpatient

PA	Physician Assistant
PATH	Projects for Assistance in Transition from Homelessness
PCP	Primary Care Physician
PEI	Prevention and Early Intervention
PES	Psychiatric Emergency Services
PG	Public Guardian
PHF	Psychiatric Health Facility
PIP	Primary Intervention Program or Program Improvement Plan
POC	Plan of Correction
QI	Quality Improvement
QI/UR	Quality Improvement/Utilization Review
QIC	Quality Improvement Committee
RIF	Reduction in Force
RFI	Request for Information
RFP	Request For Proposal
ROC	Restoration of Competence
RV	Remi Vista
SAMHSA	Substance Abuse and Mental Health Services Administration
SB	Senate Bill
SCF	Sierra Child & Family
SLT	South Lake Tahoe
SO	Sheriff's Office
SV	Summitview Child & Family
SYS	Stanford Youth Solutions
T-House	Transitional Housing
TAY	Transitional Age Youth
TBD	To Be Determined
TYFS	Tahoe Youth and Family Services
Tx	Treatment
TY	Tahoe Youth & Family
UR	Utilization Review
WET	Workforce Education and Training
WIA	Workforce Investment Act
WOIA	Workforce Innovations and Opportunities Act
WS	West Slope