## Behavioral Health Division Update Mental Health Commission September 27, 2017 Meeting

# ASSISTANT & DEPUTY DIRECTOR UPDATES (Katy Eckert & Jamie Samboceti)

- HHSA had a successful Staff Open House recently. Although it was not held in August, I didn't want to miss the opportunity to give you this information. It was a full day, two sessions, to ensure all staff could attend. The day was filled with enthusiasm, energy, hope, gratitude, and a collection of materials, presentations both table/board style and verbal. Our two components of Behavioral Health provided two brief verbal presentations to our staff and full table presentations. It will be exciting to move this information to the community in the future.
- The Board of Supervisors also recently agreed with a 5-0 vote to move forward with the Jail Expansion Project. This will allow HHSA to support the ReEntry Program for folks preparing to exit the jail into our community. This is an exciting endeavor to assist in the prevention of potential clients from dropping through the cracks before getting connected to services.
- Regarding our newest program: We eagerly await the MOU (with our Contracts Unit) with EDC Sheriff's Office to support the CIT Mobile Crisis Unit. We are excited to make a difference in the number of individuals who enter the ED unnecessarily and to provide early interventions to those having a crisis in the community. We will keep you posted.
- As of August, Crisis Staff is no longer responding to the Emergency Departments at Barton and Marshall during the overnight hours. As you are aware, we have made multiple attempts for the last 2.5 years to get coverage for this very difficult service with no positive outcome. The last attempt was to partner with our Hospitals to share the cost of an overnight Social Worker. Marshall and Barton after looking at the data, could not justify paying even half of an employee to do the work. We had no alternative, however are working closely with our Hospitals to complete 5150 Training for MD's who are willing and eager to write and drop holds as appropriate. Barton has taken the lead in this area. We will continue to work with Marshall Staff to determine training needs. Both Hospitals are using the 23 hour hold allowable by medical staff to ensure folks are safe until crisis can complete their assessment. We will continue to monitor this issue.
- We continue to struggle to hire needed Clinical positions, which is causing some burnout of our current staff. In our last recruitment, we were only able to secure one Clinician out of 4. We continue to not be competitive with our neighboring Counties, or with our local Contract Providers when it comes to compensation. We are trying to think out of the box in ways that will encourage people not just to come to El Dorado County for employment, but to stay when they become licensed. More to come.

#### EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING:

- New Hires:
  - Paul Fierro, MH Clinician SLT
  - Heather Longo, Sr. Department Analyst (MHSA Coordinator)
- Promotions:
  - o None
- Recruitments:
  - Ongoing
    - Mental Health Clinicians WS (Access Team, ICM)
  - New
    - Administrative Technician WS (Utilization Review)
- Separations:
  - Labrini Kridzelis as of September 15, 2017
  - Lisa Konyecsni, Administrative Technician, as of September 30 (promoted into HHSA Administration and Fiscal Division)
- Position Changes:
  - Haley Turner and Elizabeth Fedor, MHW SLT have accepted F/T ICM positions

#### EL DORADO COUNTY BEHAVIORAL HEALTH FINANCIAL UPDATE:

Please refer to agenda item 7: "Update / Discussion on Behavioral Health Division's Budget".

## **CASELOAD AND NEW SERVICE REQUEST DATA**

## **Unduplicated Caseload as of August 2017**

Children's Outpatient South Lake Tahoe	Clients
TAY	8
Clinic	2
Contractor: Sierra Child & Family Services (SCF)	35
Contractor: Tahoe Youth & Family (TY)	4
Subtotal Children's	49

Children's Outpatient West Slope	Clients	
TAY	23	Ī
Clinic	23	Ī
Contractor: Sierra Child & Family Services (SCF)	67	
n/a		
Contractor: Summitview (SV)	61	Ī
Contractor: New Morning (NM)	19	Ī
Contractor: Stanford Youth Solutions (SYS)	2	
Subtotal Children's	195	

Total
31
25
102
4
61
19
2
244

Adult Outpatient South Lake Tahoe	Clients
Clinic	45
ICM/FSP	18
Subtotal Adults	63

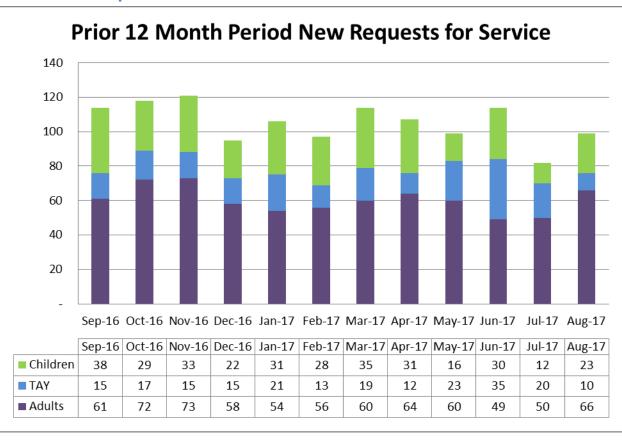
Adult Outpatient West Slope	Clients
Clinic	259
ICM/FSP	52
Subtotal Adults	311

Total	
304	
70	
374	

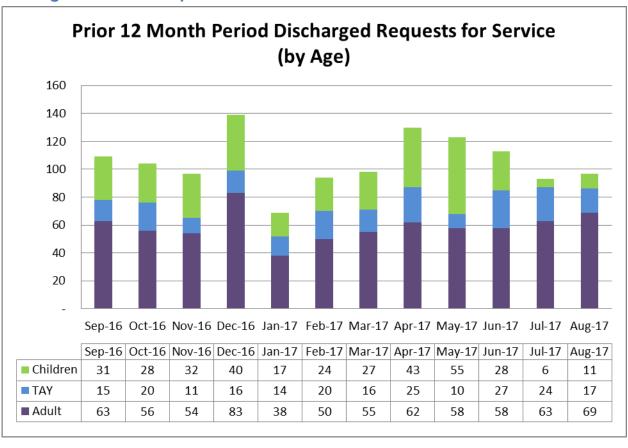
Total South Lake Tahoe	112
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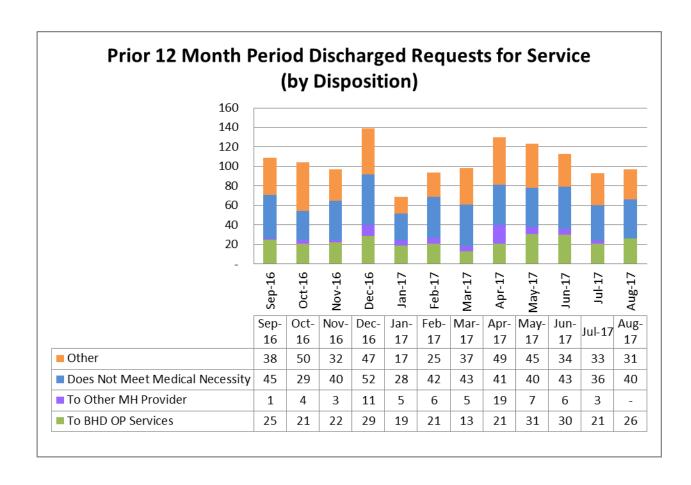
Total West Slope	506	
Total West Slope	306	

## **New Service Request Trends**

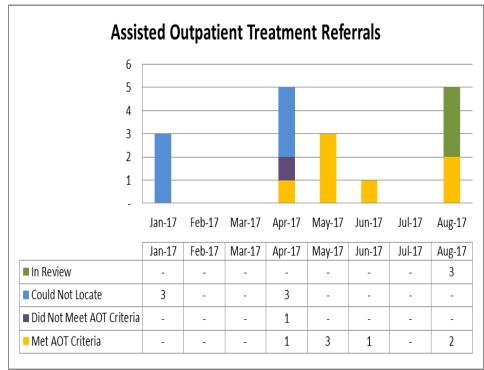


## **Discharged Service Request Trends**





## **Assisted Outpatient Treatment: (Rhapsody Flores)**



#### **Disposition of Referrals:**

- 0 did not meet program criteria,
- 2 met initial program criteria,
- 0 individuals voluntarily accepted outpatient services,
- 0 individuals to proceed with the AOT process, 3 applications in review process

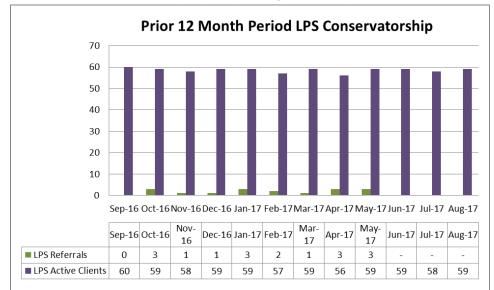
#### **Discharged AOT clients:**

- 0 clients discharged: 0 to a lower level of service,
- 0 out of services

Three referrals were received - 2 WS and 1 SLT. SLT client was willing to accept services. Attempts are being made to contact the 2 WS

clients.

## LPS Conservatorship: (Rhapsody Flores)

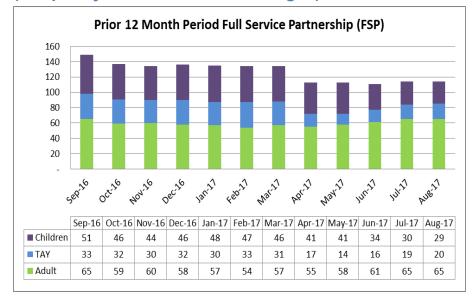


#### LSP Active Clients: 54 LPS Conservatorships 5 Temporary Conservatorships

#### LPS Terminations:

1 LPS Terminations 0 Pending LPS Terminations

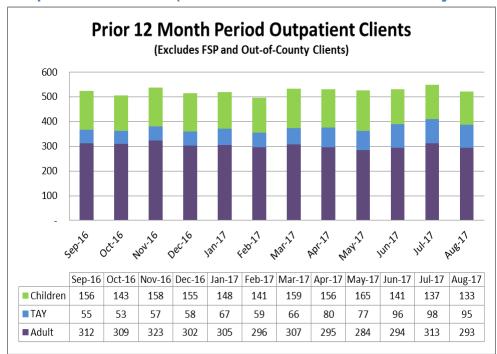
# Full Service Partnership (FSP) and Intensive Case Management (ICM) (Rhapsody Flores and Karen Naegeli)



#### **Intensive Case Management**

- West Slope: Serving 39 clients
- SLT: Serving 17 clients

## **Outpatient Services (excludes FSP and Out-of-County Placements)**



#### May discharges:

- 9 Children discharged from all services
  - 1 Tahoe
  - 7 West Slope
  - 1 Out of County
- 11 TAY discharged from all services
  - 1 Tahoe
  - 10 West Slope
  - 0 Out of County
- 21 Adults discharged from all services
  - 2 Tahoe
  - 19 West Slope
  - 0 Out of County

#### **PLACEMENTS**

### **Board and Care / IMDs / Secure Placements (Rhapsody Flores)**

- 26 IMD beds Crestwood/Canyon Manor/California Psychiatric Transitions (CPT)
- 2 State Hospital
- 5 Enhanced Board and Care beds including Willow Glen & Silver Ridge
- 22 Board and Care Sacramento & Galt (including Grace Home)
- Total:
  - 51 Out of County Placements
  - 4 In County Placements (Silver Ridge)

#### Transitions Treatment Program / MIOCR (Rhapsody Flores / Sabrina Owen)

- WS: 13 of 15 beds filled: 2 openings & 1 pending opening
- SLT: 11 of 12 beds beds filled:
  - T1 1 opening
  - T2 (MIOCR) 0 openings

#### **Permanent Supportive Housing (Ren Scammon / Sabrina Owen)**

#### **Trailside Terrace**

Clients receive services from the Wellness and Recovery team or from community based supports

- 6 of 6 units occupied
- Wait List:

1 bedroom: 12
 2 bedroom: 5
 3 bedroom: 0

#### The Aspens at South Lake

Clients receive ICM team coverage

- 6 of 6 units occupied
- Wait List: 2 known
  - The Aspens is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

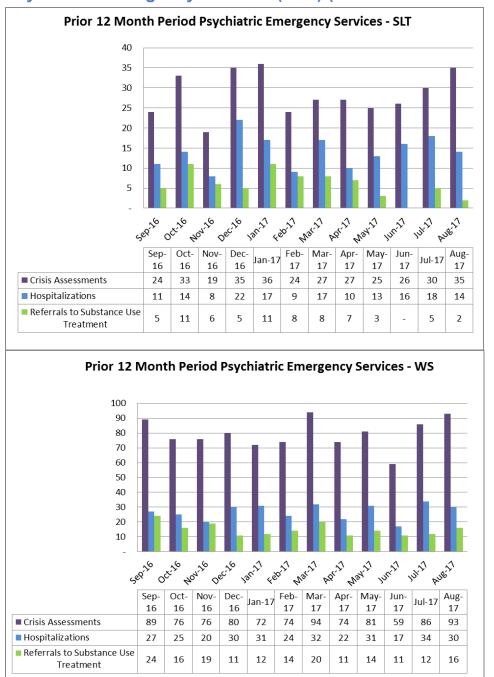
#### **Psychiatric Health Facility (Jamie Samboceti)**

- There were 27 Admissions in August, 2017; 21 Admissions were El Dorado County residents and 6 were Out of County residents.
- There were 20 El Dorado County residents discharged in August, 2017; 15 to Home with Support, 0 to Home without support, 0 MHRC, 0 Board and Care, 3 to ICM T-House, 2 to Shelter, 0 to Other, and 0 to Emergency Department.
- Upon discharge, 17 El Dorado County residents were insured and 3 El Dorado County residents were pending insurance.
- During the month of August, there were 0 Seclusion Episodes, 0 Physical Restraint

- Episodes (0 minutes), 0 Assaults (0 clients), 0 Elopements, 0 Medication Errors (0 medication errors with no patient involvement), Client Surveys 14
- There were 8 denials of El Dorado County referrals: [reasons for denial: non ambulatory, Developmental DO as primary, on-going medical needs beyond staff capability, placed at an alternative facility, primary diagnosis of Substance Abuse DO, patient was a minor.]
- Average daily census was 11 (range 7 13), with 9 average length of stay of days.

#### **CRISIS SERVICES**

### Psychiatric Emergency Services (PES) (Sabrina Owen and Angie Larrigan)



## Crisis Assessments for Open Clients:

- SLT: 8
- West Slope: 11

## Hospitalizations of Open Clients

- SLT: 4
- West Slope: 7

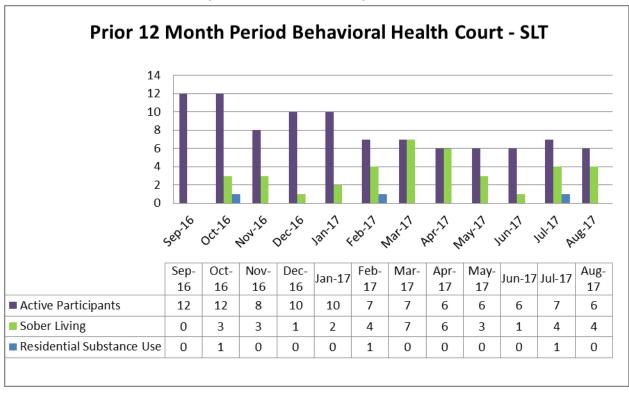
- **SLT:** During the hours of 11:00 pm to 8:00 am, the PES staff are available by telephone but do not respond to Barton Hospital in person.
- **WS:** During the hours of 12:00 am to 8:00 am, the PES staff are available by telephone but do not respond to Marshall Hospital in person.

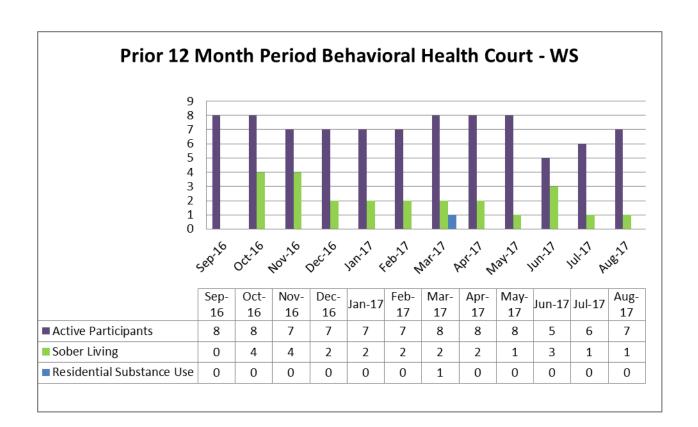
#### **Crisis Intervention Teams (CIT) (Angie Larrigan and Sabrina Owen)**

- SLT: MDT was canceled by the EDSO, next meeting will be held in September.
- **WS:** The August CIT meeting was attended by EDC Jail and EDCMH. Despite many members absent from the meeting, much information sharing about strengths and barriers present in the two systems took place.
- Ongoing collaboration between CIT members take place several times per week to provide appropriate interventions for those we serve in our community.

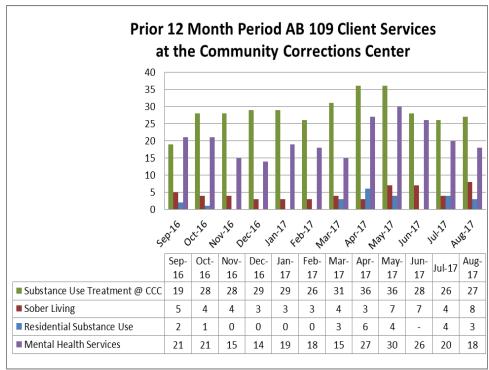
#### **JUSTICE SERVICES**

#### **Behavioral Health Court (John Schumacher)**



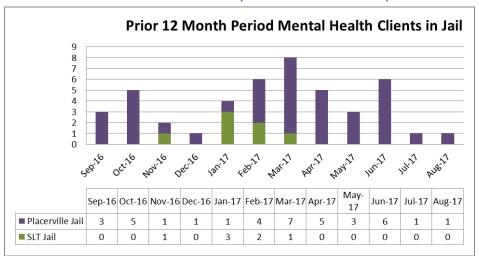


#### AB 109 (John Schumacher)



- 5 clients are receiving Substance Use Education services in the South Lake Tahoe jail. Moral Reconation Therapy/SUD treatment on hold and will resume within 30 days. The new Health Program Specialist recently completed training for MRT and is preparing to start services.
- 19 clients are receiving Substance Use Disorder treatment in Placerville Jail.
- 14 client is receiving treatment from a contracted community provider in SLT
- 9 clients are receiving treatment from a contracted community provider in Placerville

#### **Mental Health Clients in Jail (Jamie Samboceti)**



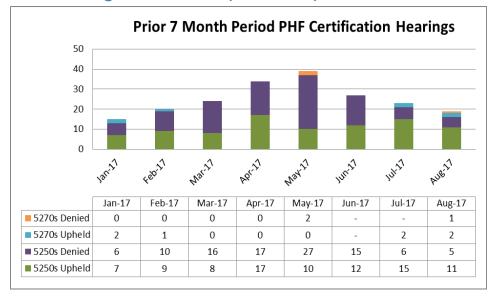
Count of clients that were open to Mental Health services at the time of their incarceration in the Placerville or SLT Jails only.

### **Restoration of Competency (Rhapsody Flores)**

- 0 Outpatient ROC referrals; 0 Jail ROC referral
- 0 client receiving ROC Outpatient services

#### **QUALITY ASSURANCE & PATIENTS' RIGHTS**

#### Patients' Rights Advocate (Dani Mills)



Certification hearings are held at the PHF on Mondays and Thursdays.

## **Quality Improvement/Utilization Review (Ren Scammon)**

 The next Quality Improvement Committee meeting has been scheduled for October 25, 2017.

#### **Grievances/Appeals/Hearings (Ren Scammon)**

- New regulations specify the following time frames for resolution of Grievance, Expedited Appeals and Appeals (42 CFR Part 438):
  - Grievances: Resolution within 90 calendar days from the date of receipt
  - Expedited Appeals: Resolution within 72 hours after receipt of the appeal

Appeals: Resolution within 30 calendar days from the date of receipt

Month Filed	Month Completed	Туре	Topic	Location	Outcomes (Appeals / Hearings Only)
05-2017		Grievance	Quality of Care: Staff Behavior Concern	WS PES	
06-2017	08-2017	Grievance	Quality of Care: Staff Behavior Concern	PHF	
08-2017		Grievance	Quality of Care: Staff Behavior Concern	PHF	
08-2017		Grievance	Quality of Care: Staff Behavior Concern	PHF	
09-2017		Grievance	Quality of Care: Staff Behavior Concern	WS Adult	
09-19- 2017	09-20- 2017	Expedited Appeal	Denial for Services	WS Adult	Decision overturned; individual opened to services

## PERFORMANCE IMPROVEMENT METRICS (reported quarterly)

Next Report Period: Quarter 1st (July through September 2017)

Reporting Month: Oct 2017

#### PROGRAM ACTIVITY UPDATES

# MENTAL HEALTH SERVICES ACT (MHSA) (Ren Scammon/Heather Long/Tami Smith)

- Heather Longo has joined the MHSA Team as a Sr. Department Analyst, and is
  the new MHSA Coordinator. Heather has been with HHSA since 2007, and
  since 2012 she has been in the Contracts Unit at Briw Road. Heather has
  extensive background in researching regulations and program requirements,
  drafting complex documents, collaborating with various County departments and
  community providers, and providing direct client services.
- The Community Planning Process will be starting in October. Please refer to the agenda item 9: "Mental Health Services Act Community Planning Process for Fiscal Year 2018/19".

#### **OUTPATIENT SERVICES**

(Sabrina Owen and Karen Naegeli (SLT); Lesly VanSloten and Rhapsody Flores (WS))

#### **Wellness Center August Activities:**

#### Tahoe:

Beach BBQ and recreational activities such as stand up paddle boarding.

#### West Slope:

- Unfortunately due to severe weather, we had to cancel two major events and reschedule them for September.
- We are moving forward with Peer Leadership in the Wellness Center. Currently
  approximately 14 peers are organizing their first major event scheduled for
  September 19th. The event will be a "Peer Appreciation BBQ". Peers will plan the
  entire event, (including: menu planning, shopping, food preparation, cooking,
  clean-up, and entertainment). During this event, staff will participate in an oversight capacity only.

#### **ICM - August Activities:**

#### Tahoe:

 Taking full advantage of the beautiful Tahoe summer with nature walks, music on the beach and BBQs.

#### West Slope:

- TTP and ICM clients went fishing at Silver Lake and Union Valley
- Several ICM clients attended a free day at Crocker Art Museum

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#### **Children's Services (Angie Larrigan)**

El Dorado County Behavioral Health Utilization Review team and Children's Specialty Mental Health Services providers continue to work with Child Welfare Services to enhance the efficiency of Children and Family Team meetings with a focus on providing unduplicated, effective and strategic meetings.

- HHSA continues to await guidelines for implementation of additional AB403 Continuum of Care Reform stages which have been anticipated to roll out between now and 2021.
- EDC MH is collaborating with EDC CWS to implement AB1299 Presumptive Transfer. At this time, EDC MH will continue to use the SAR process to ensure adequate tracking and treatment for out of County foster youth.
- The Quality Assurance/Utilization Review team is in the process of conducting a thorough audit of Day Rehabilitation services to ensure compliance with regulatory requirements.

## TAY DBT/FEP Program (Sabrina Owen and Lesly VanSloten)

Tahoe

 TAY DBT: Already getting requests and referrals for DBT groups. Tallac group scheduled to begin September 11 and STHS to follow shortly.

- TAY FEP: Substance use and engagement continue to be the largest treatment Placerville
  - TAY-DBT: Kate Hilbert will begin as the new TAY-DBT Clinician assigned to Independence High School and Charter Community High School on September 18th. On campus meetings with Principal and School Staff begin September 11th.
  - TAY-FEP: Currently there are 2 clients in the FEP program. Kris Vandenbrink, MFT who transferred to AOP is still managing these two clients until Kate transfers over on September 11th.

## **ADULT OUTPATIENT GROUP SCHEDULES**

## **WS Adult Outpatient Services**

Wo Addit Odtpationt Oct vices	
Monday	
BHC/Wellness - Check In Group	10:30 am - 11:30 am
Manage your Emotions Group	1:00 pm - 2:00 pm
Current Events Group	1:15 pm - 2:00 pm (Wellness/Peer Led)
Exercise Group	2:00 pm - 3:00 pm (Wellness/Peer Led)
Stress Reduction	3:00 pm - 4:00 pm
Communication Skills	3:00 pm - 4:00 pm (Wellness)
Play a Game Group	3:00 pm - 4:00 pm (Wellness)
Music Group	3:00 pm - 4:00 pm (Staff and Peer Led)
Tuesday	
Country Line Dancing Lessons	12:00 – 1:00pm (Wellness)
Current Events Group	1:15 pm - 2:00 pm (Wellness/Peer Led)
Women's Co-Occurring Recovery Group	1:15 pm - 2:45 pm (ADP)
Art Group with Jan from NAMI	1:30 pm - 3:00 pm (Wellness)
Healthy Pleasures	1:30 pm - 2:30 pm (Wellness)
Job Connections Group	1:30 pm - 3:30 pm (Wellness)
Smoking Cessation	3:00 pm - 4:00 pm (Wellness)
Wednesday	
DBT Skills Group - Skills Training	10:00 am - 12:00 pm
SAMHSA - Medication Education	11:00 am - 12:00 pm (On Hold)
Transitional Housing Independent Living Skills	12:00 pm - 1:00 pm
Dual Recovery Anonymous - Peer Support Group	1:00 pm - 2:00 pm (Wellness)
Current Events Group	1:15 pm - 2:00 pm (Wellness/Peer Led)
Self-Care/ADLS Group	1:30 pm - 3:30 pm (Wellness)
Therapeutic Music Group	2:00 pm - 3:00 pm (Wellness)
Anger Management Group	2:00 pm - 3:00 pm
Physical Activity (1 mile walk)	3:00 pm - 3:45 pm (Wellness)
MH Peer Leadership Academy	3:00 pm - 4:00 pm, monthly, (Wellness)
Thursday	
Country Line Dancing Lessons	12:00 – 1:00 pm (Wellness)
Current Events Group	1:15 pm - 2:00 pm (Wellness/Peer Led)
Women's Co-Occurring Recovery Group	1:15 pm - 2:45 pm (Seeking Safety, ADP)
Healthy Pleasures	1:30 pm - 2:30 pm (Wellness)
Get Fresh Nutrition Classes - EDC PH	1:30 pm - 2:30 pm (Wellness)
Nutrition/Meal Planning group	In the T-houses on a rotating schedule
Crafts with the Textile Division	2:00 - 4:00 pm (Peer Led)
Life Skills Group	3:00 pm - 4:00 pm (Wellness/Peer Led)
Gardening Group 2x/Month	3:00 pm - 4:00pm
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Friday	
DBT Group - Skills Training	10:00 am - 12:00 pm
Men's Co-Occurring Recovery Group	10:00 am - 12:00 pm (ADP)
Current Events Group	1:15 pm - 2:00 pm (Wellness/Peer Led)
Ted Talks and Cinema Club	1:30 pm - 3:30 pm (Wellness)
DBT Group - Skills Training	1:30 pm - 2:30 pm
Music Appreciation Group	2:00 pm - 3:00 pm (Wellness)
Mindfulness Group	2:45 pm - 3:30 pm (Wellness)

## **SLT Adult Outpatient Services**

-	
Monday	
Seeking Safety (Co-Occurring)	11:00 am - 12:00 pm (ADP)
DBT - Skill Building	1:30 pm - 2:30 pm (Wellness)
TED Talks - Information & Conversation	3:00 pm - 3:30 pm (Wellness)
Current Events Discussion	3:35 pm – 4:00 pm (Wellness)
Tuesday	
DBT - Distress Tolerance	1:00 pm - 2:30 pm
Anger Management	1:30 pm - 2:30 pm (Wellness)
Recovery through Art or Peer Leadership	3:00 pm - 3:30 pm (Wellness)
Just One Thing (Mindfulness)	3:35 pm - 4:00 pm (Wellness)
Wednesday	
Women's Wellness	10:30 am - 11:30 am
Health Awareness/Cooking	1:30 pm - 2:00 pm (Wellness)
Refuge Recovery	3:00 pm – 3:30 pm (Wellness)
Healthy Relationship Skills	3:35 pm – 4:00 pm (Wellness)
Thursday	
Co-occurring Women's group	10:30 am-12pm (ADP)
Community Excursions (active clients only)	1:00 pm - 4:00 pm (Wellness)
Movement Mindfulness	1:30 pm - 2:30 pm (Wellness)
Stress Management	3:00 pm - 3:30 pm (Wellness)
Social Awareness	3:35 pm - 4:00 pm (Wellness)
Friday	
BHC Group	12:30 pm - 1:00 pm
Volunteering (active clients only)	1:00 pm - 4:00pm (Wellness)
Recovery Through Art	1:30 pm - 2:30 pm (Wellness)
Paths to Recovery (Book Study)	3:00 pm - 3:30 pm (Wellness)
Leisure Skills	3:00 pm – 3:30 pm (Wellness)
Recovery Through Music	3:35 pm – 4:00 pm (Wellness)
Men's Wellness	2:30 pm - 4:00 pm (on hold pending hiring of new staff)

Saturday	
Friends 'n Fitness	11:00 am - 12:30 pm

#### **INITIALS & DEFINITIONS**

Initials Definition
AB Assembly Bill

ACEs Adverse Childhood Experiences

ADL Activities of Daily Living
ADP Alcohol and Drug Programs
AOT Assisted Outpatient Treatment
APS Adult Protective Services
ARF Adult Residential Facility

B&C Board and Care

BHC Behavioral Health Court

BHD Behavioral Health Division (formerly the Mental Health Division)

BOMUSD Black Oak Mine Unified School District
BSCC Board of State and Community Corrections
CalMHSA California Mental Health Services Authority
CBHDA California Behavioral Health Directors Association

CBO Community Based Organization
CBT Cognitive Behavior Therapy
CCC Community Corrections Center
CCP Community Corrections Partnership

CCR Continuum of Care Reform

CFMG California Forensic Medical Group
CFR Code of Federal Regulations
CFT Children and Family Teams

CFTN Capital Facilities and Technology Needs

CHP California Highway Patrol
CIT Crisis Intervention Team

CMS Centers for Medicare & Medicaid Services

CPP Community Planning Process
CPS Child Protection Services

CPT California Psychiatric Transitions
CSS Community Services and Supports
DBT Dialectical Behavior Therapy

DHCS Department of Health Care Services (California)
DMC-ODS Drug Medi-Cal Organized Delivery System

Dx Diagnosis

ED Emergency Department EDC El Dorado County

EDCMH EI Dorado County Mental Health EDCSO El Dorado County Sheriff's Office

EDSO El Dorado Sheriff's Office

EDCVC El Dorado Community Vision Coalition

EH Extra Help

EPSDT Early and Periodic Screening, Diagnosis and Treatment

EQRO External Quality Review Organization

ER Emergency Room
FEP First Episode Psychosis
FSP Full Service Partnership
FTE Full-Time Equivalent

FY Fiscal Year

HHSA Health and Human Services Agency

HOT Homeless Outreach Team
ICC Intensive Care Coordination
ICM Intensive Case Management
IHBS Intensive Home-Based Services
IMD Institution for Mental Disease (facility)
ITWS Information Technology Web Services

Katie A. Katie A. vs. Bonta Lawsuit and/or resulting programs/services

LL Laura's Law

LOCUS Level of Care Utilization System

LPS Lanterman Petris Short

LT Limited Term

LTCC Lake Tahoe Community College

MDT Multi-Disciplinary Team

MH Mental Health

MHD Mental Health Division M-F Monday through Friday

MHOAC Mental Health Oversight and Accountability Commission

MHRC Mental Health Rehabilitation Center (facility)

MHSA Mental Health Services Act
MHW Mental Health Worker

MIOCR Mentally III Offender Crime Reduction

MOA Medical Office Assistant
NM New Morning Youth & Family

OP Outpatient

PA Physician Assistant

PATH Projects for Assistance in Transition from Homelessness

PCP Primary Care Physician PD Police Department

PEI Prevention and Early Intervention
PES Psychiatric Emergency Services

PG Public Guardian

PHF Psychiatric Health Facility

PIP Primary Intervention Program or Program Improvement Plan

POC Plan of Correction

PPD Placerville Police Department

QI Quality Improvement

QI/UR Quality Improvement/Utilization Review

QIC Quality Improvement Committee

RIF Reduction in Force
RFI Request for Information
RFP Request for Proposal
ROC Restoration of Competence

RV Remi Vista

SAMHSA Substance Abuse and Mental Health Services Administration

SB Senate Bill

SCF Sierra Child & Family SLT South Lake Tahoe

SLTPD South Lake Tahoe Police Department

SO Sheriff's Office

STHS South Tahoe High School

STRTP Short-Term Residential Therapeutic Program

SV Summitview Child & Family SYS Stanford Youth Solutions

T-House Transitional Housing
TAY Transitional Age Youth
TBD To Be Determined
TEC Therapoutic Foster Carr

TFC Therapeutic Foster Care
TYFS Tahoe Youth and Family Services

Tx Treatment

TY Tahoe Youth & Family UR Utilization Review

WET Workforce Education and Training

WIA Workforce Investment Act

WOIA Workforce Innovations and Opportunities Act

WS West Slope