Behavioral Health Division Update Mental Health Commission October 25, 2017 Meeting

ASSISTANT & DEPUTY DIRECTOR UPDATES (Katy Eckert & Jamie Samboceti)

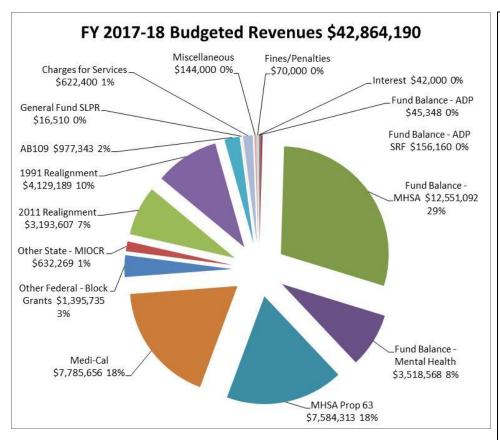
- Service Integration continues to build! The Assistant Director for the Child and Youth System of Care has been selected. Congratulations on the promotion of Leslie Griffith, who comes from the Child Welfare Services Unit. Updates on the Child and Youth System of Care will be provided as the Team and Services are identified. Meetings are about to begin to identify all of the parts and pieces of this System of Care. Behavioral Health is at the table.
- The Adult System of Care Leadership Team continues to gain education on the services available from each area of Health and Human Services Agency. We have completed training on Mental Health, the Substance Use Disorders Program and Senior Services. Over the next few months we will complete the educational training with presentations from In-Home Supportive Services, Adult Protective Services, Public Guardian, Behavioral Health Division Crisis and Access, and MHSA. To better inform all of our staff in the System of Care, presentations will move to line staff in each of the units. A fully informed staff means no wrong door for residents of El Dorado County.
- We continue to identify and address the gaps in service on both slopes, but specifically in South Lake Tahoe. We are reaching out to service providers to assist us in identifying what can be done to support the community and their service needs. Stay tuned!
- Representatives from Behavioral Health continue to meet regularly with many partners and participate in multiple collaboratives/cooperatives to address community needs, program needs, gaps in services, service integration, and integration options for the Adults System of Care. These meetings include, but are not limited to:
 - Managed Care Plans: Anthem Blue Cross, California Health and Wellness, Kaiser
 - Marshall Hospital Emergency Department/Crisis
 - Barton Hospital Mental Health/Crisis
 - South Lake Tahoe Community Mental and Behavioral Health Cooperative
 - Telecare Corporation
 - Crisis Intervention Multi-Disciplinary Team
 - Health and Human Services Agency Fiscal Team
 - Adult System of Care Leadership
 - Children's System of Care (State)
 - Adult Placement Committee (Mental Health and Public Guardian)
 - Multi-Disciplinary Team Adult (Mental Health, Public Guardian, and County Counsel)
 - Multi-Disciplinary Adult Service Team (MAST) organized by IHSS and includes Health and Human Services Agency, El Dorado County Sheriff, El

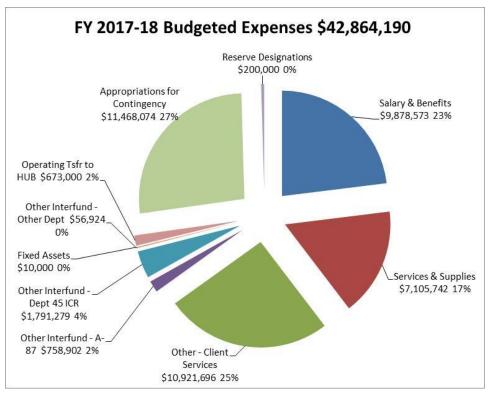
- Dorado Community Health Center, The Center for Violence Free Relationships, ALTA, and Placerville and South Lake Tahoe Police Departments
- Access to Care (organized by Health Officer Nancy Williams) including but not limited to, Health and Human Services Agency, California Health and Wellness, Western Sierra Clinic, El Dorado County Office of Education, El Dorado Community Health Center, Barton Health, and Marshall Medical

EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING:

- New Hires:
 - o Paul Fierro, MFTI, SLT Mental Health Clinician
- Promotions:
 - o None
- Recruitments:
 - Ongoing
 - Mental Health Clinicians WS (Access Team, ICM, Mobile Crisis) (5.0 FTE)
 - Administrative Technician WS (Utilization Review) (1.0 FTE)
 - Manager of Mental Health Programs
 - New
 - Patients' Rights Advocate (Part-time 0.4 FTE)
- Separations:
 - Dani Mills, Patients' Rights Advocate (10/19/17)
 - Jessica Gonzales, MHW, SLT
- Position Changes:
 - Eric Preszler, MH Clinician, transitioned from Extra Help to Regular status, and moved to the Access / PES team.

EL DORADO COUNTY BEHAVIORAL HEALTH FINANCIAL UPDATE:





Highlights:

- Most funding coming into Behavioral Health is tied to delivery of services for specified programs.
- Base funding levels for individual counties are now set for 2011 Realignment.
- The county budgets full use of fund balance on the revenue side and an appropriation for contingencies on the expense side to allow flexibility throughout the year.
- MHSA Revenues are paid at an estimated rate all year long, a true up occurs in the July/August timeframe. The true up can either greatly increase or decrease revenues received for the year.

Areas of Concern:

- When the economy slows down and sales tax receipts drop statewide, we will experience a reduction in 1991 & 2011 Realignment.
- When the economy slows and California millionaires' income levels drop, MHSA revenues will likewise drop.

CASELOAD AND NEW SERVICE REQUEST DATA

Caseload as of September 2017

| Children's Outpatient South Lake Tahoe | Clients |
|--|---------|
| TAY | 9 |
| Clinic | 8 |
| Contractor: Sierra Child & Family Services (SCF) | 39 |
| Contractor: Tahoe Youth & Family (TY) | 3 |
| | |
| | |
| | |
| Subtotal Children's | 59 |

| Children's Outpatient West Slope | Clients |
|--|---------|
| TAY | 17 |
| Clinic | 68 |
| Contractor: Sierra Child & Family Services (SCF) | 69 |
| n/a | |
| Contractor: Summitview (SV) | 73 |
| Contractor: New Morning (NM) | 21 |
| Contractor: Stanford Youth Solutions (SYS) | 2 |
| Subtotal Children's | 250 |

| Tota | ı |
|------|---|
| 26 | |
| 76 | |
| 108 | |
| 3 | |
| 73 | |
| 21 | |
| 2 | |
| 309 | |

| Adult Outpatient South Lake Tahoe | Clients |
|--------------------------------------|---------|
| Clinic | 47 |
| ICM/FSP | 18 |
| | |
| Subtotal Adults | 65 |

| Adult Outpatient West Slope | Clients |
|-----------------------------|---------|
| Clinic | 258 |
| ICM/FSP | 54 |
| AB 109 | 18 |
| Subtotal Adults | 330 |

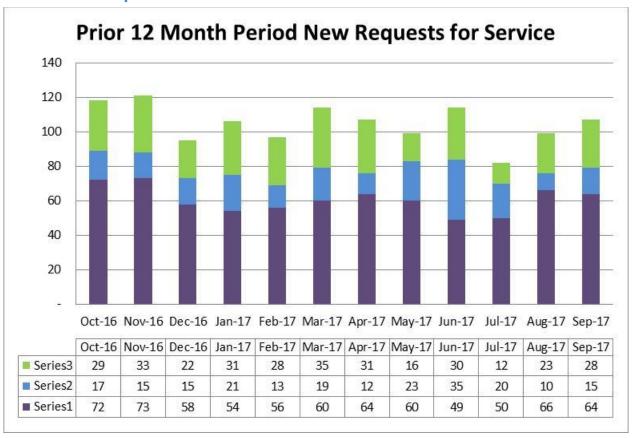
| Total | |
|-------|--|
| 305 | |
| 72 | |
| 18 | |
| 395 | |

704

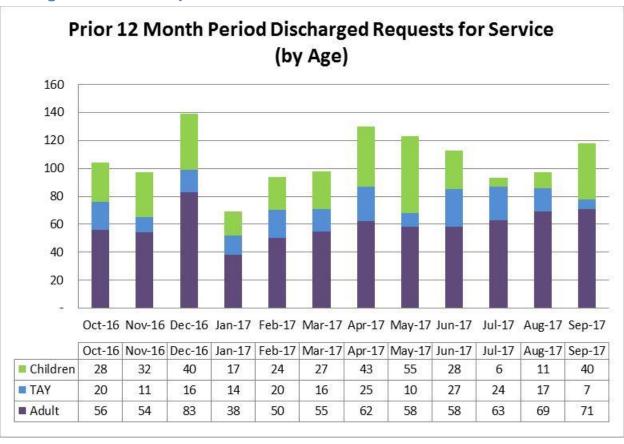
| Total South Lake Tahoe 124 |
|----------------------------|
|----------------------------|

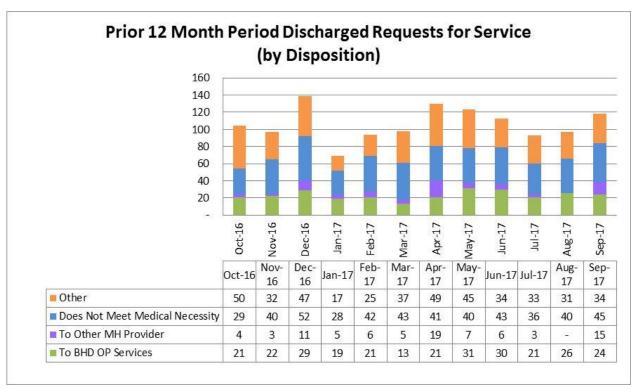
| Total West Slope | 580 | | |
|------------------|-----|--|--|
|------------------|-----|--|--|

New Service Request Trends



Discharged Service Request Trends





Assisted Outpatient Treatment: (Rhapsody Flores)

Please see detail in AOT Handout

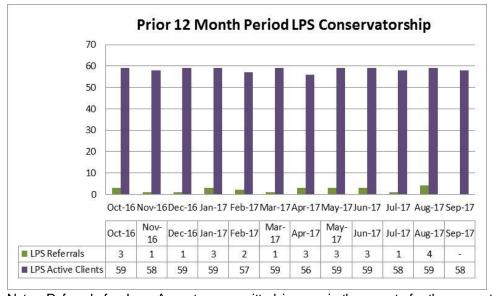
Disposition of Referrals:

- 0 did not meet program criteria,
- 1 met initial program criteria,
- 1 individual voluntarily accepted outpatient services,
- 0 individuals to proceed with the AOT process, 0 applications in review process

Discharged AOT clients:

0 clients discharged: 0 to a lower level of service, 0 out of services

LPS Conservatorship: (Rhapsody Flores)



LSP Active Clients:

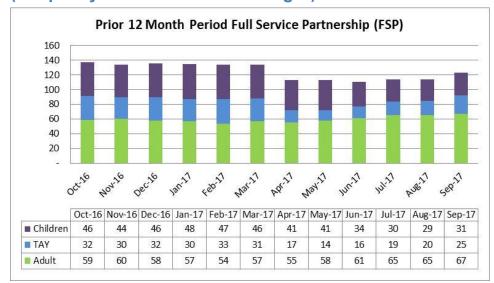
56 LPS Conservatorships 2 Temporary Conservatorships

LPS Terminations:

0 LPS Terminations0 Pending LPSTerminations

Note: Referrals for June-August were omitted in error in the reports for those months. The data has been corrected.

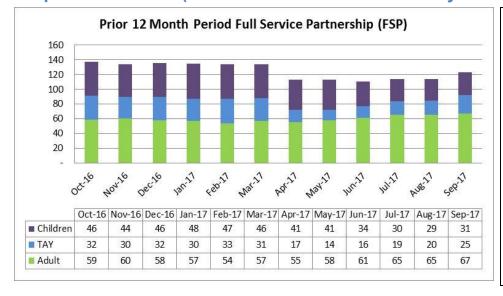
Full Service Partnership (FSP) and Intensive Case Management (ICM) (Rhapsody Flores and Karen Naegeli)



Intensive Case Management

- West Slope: Serving 39 clients
- SLT: Serving 18 clients

Outpatient Services (excludes FSP and Out-of-County Placements)



September discharges:

61 Children discharged from all services

19 Tahoe

36 West Slope

6 Out of County

50 TAY discharged from all services

8 Tahoe

41 West Slope

1 Out of County

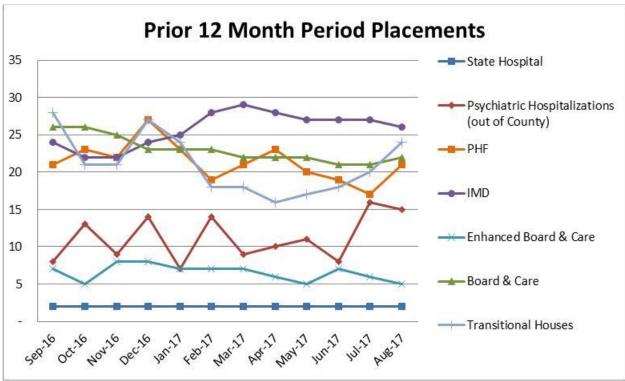
155 Adults discharged from all services

37 Tahoe

97 West Slope

21 Out of County

PLACEMENTS



Note: The Psychiatric Hospitalizations (out of County) have been updated for the entire year to capture any late notices of hospitalizations received. PHF hospitalizations have been updated to reflect only El Dorado County beneficiaries (previous numbers were total PHF hospitalizations).

Board and Care / IMDs / Secure Placements (Rhapsody Flores)

- 23 IMD beds Crestwood/Canyon Manor/California Psychiatric Transitions (CPT)
- 2 State Hospital
- 7 Enhanced Board and Care beds including Willow Glen & Silver Ridge
- 23 Board and Care Sacramento & Galt (including Grace Home)
- Total:
 - 50 Out of County Placements
 - 5 In County Placements (Silver Ridge)

Transitions Treatment Program / MIOCR (Rhapsody Flores / Sabrina Owen)

- WS: 11 of 15 beds filled
- SLT: 10 of 12 beds filled:
 - T1 1 opening (female)
 - T2 (MIOCR) 1 opening (female, interview pending, another on waitlist)

Permanent Supportive Housing (Ren Scammon / Sabrina Owen)

Trailside Terrace

Clients receive services from the Wellness and Recovery team or from communitybased supports

- 5 of 5 units occupied
- Wait List:

1 bedroom: 132 bedroom: 63 bedroom: 1

The Aspens at South Lake

Clients receive ICM team coverage

- 6 of 6 units occupied
- Wait List: 2 known
 - The Aspens is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

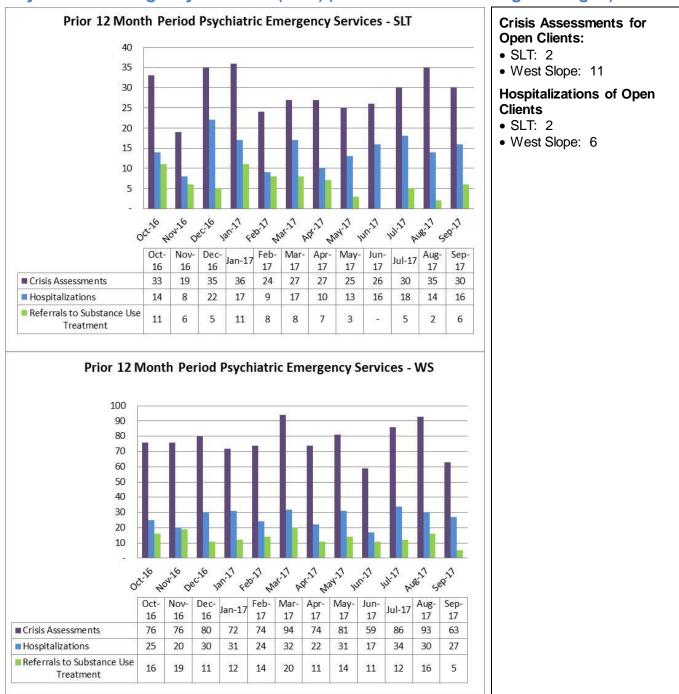
Psychiatric Health Facility (Jamie Samboceti)

September:

- There were 27 Admissions; 21 Admissions were El Dorado County residents and 6 were Out of County residents.
- There were 19 El Dorado County residents discharged; 14 to Home with support, 3 to Home without support, 0 MHRC, 0 Board and Care, 1 to ICM T-House, 1 to Shelter, 0 to Other, and 0 to Emergency Department.
- Upon discharge, 17 El Dorado County residents were insured and 2 El Dorado County residents were pending insurance.
- There were 0 Seclusion Episodes, 0 Physical Restraint Episodes (0 minutes), 0
 Assaults (0 clients), 0 Elopements, 0 Medication Errors (0 medication errors with no
 patient involvement), and Client Surveys 23
- There were 7 denials of El Dorado County referrals: 2 were discharged from the hospital prior to admission to PHF; 2 had ongoing medical needs; 1 had substance abuse, 1 was developmentally delayed, and 1 had Medicare.
- Average daily census was 10 (range 8-12), with 8 average length of stay of days.

CRISIS SERVICES

Psychiatric Emergency Services (PES) (Sabrina Owen and Angie Larrigan)



Crisis Intervention Teams (CIT) (Angie Larrigan and Sabrina Owen)

SLT:

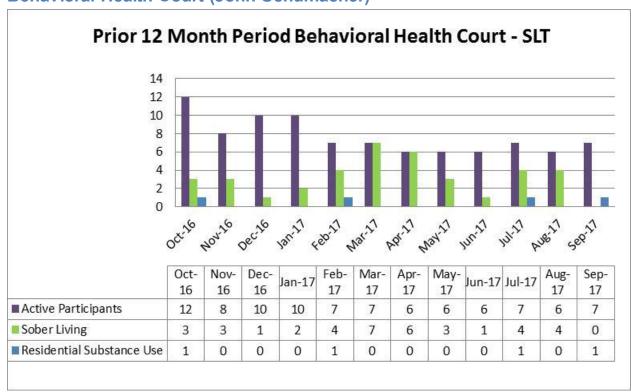
 During the MDT meeting on September 27, the team talked about issues of confidentiality, and exceptions to confidentiality under State and federal laws, to determine how to best serve clients and protect their statutory rights, while ensuring their safety and responding to law enforcement requests.

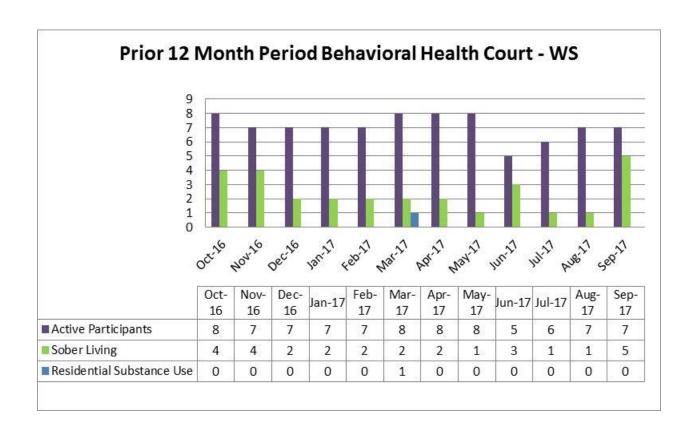
WS:

- September's CIT meeting focused on the Homeless Outreach Team (HOT). The HOT team and the BHD developed a plan to partner to support specific homeless mentally ill individuals who have been reluctant to engage healthy choices and accept support interventions.
- Discussed the need for support with jail discharges when inmates are on a sophisticated psychotropic medication regime. Developed a plan to increase communication with CFMG surrounding such inmates to provide urgent follow up support at the BHD.
- Discussed the need for law enforcement intervention when an individual has engaged in illegal activity, is brought to the Emergency Department on a 5150 hold and is subsequently cleared of 5150 hold.

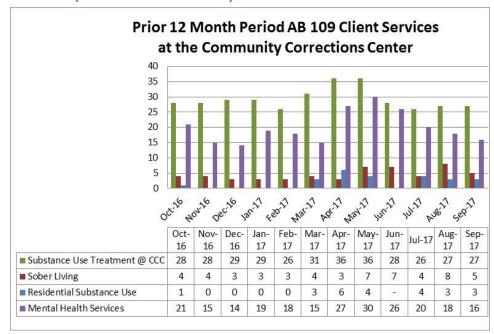
JUSTICE SERVICES

Behavioral Health Court (John Schumacher)



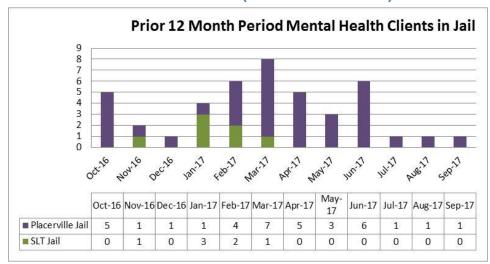


AB 109 (John Schumacher)



- 7 clients are receiving
 Substance Use Education
 services in the South Lake
 Tahoe jail. Moral
 Reconation Therapy/SUD
 treatment on hold and will
 resume within 30 days. The
 new Health Program
 Specialist recently
 completed training for MRT
 and is preparing to start
 services.
- 10 clients are receiving Substance Use Disorder treatment in Placerville Jail.
- 5 clients are receiving treatment from a contracted community provider in SLT.
- 3 clients are receiving treatment from a contracted community provider in Placerville.

Mental Health Clients in Jail (Jamie Samboceti)



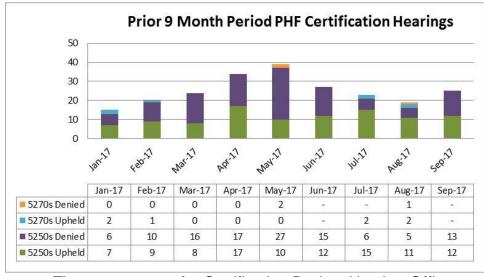
Count of Behavioral Health's existing clients that were receiving Specialty Mental Health Services at the time of their incarceration in the Placerville or SLT Jails only.

Restoration of Competency (Rhapsody Flores)

- 0 Outpatient ROC referrals; 0 Jail ROC referral
- 0 client receiving ROC Outpatient services
- 2 clients receiving ROC Inpatient services (CPT)

QUALITY ASSURANCE & PATIENT RIGHTS

Patients' Rights Advocate (Dani Mills)



Certification hearings are held at the PHF on Mondays and Thursdays.

 The new contract for Certification Review Hearing Officer services started 9/28/17 under an agreement with the University of the Pacific, McGeorge School of Law, Institute for Administrative Justice. The Institute for Administrative Justice has contracts in several surrounding counties, including Placer, Sacramento and Yolo. Attorneys serve as the Hearing Officers for all 5250 and 5270 Certification Review Hearings at the PHF.

Quality Improvement/Utilization Review (Ren Scammon)

 The next Quality Improvement Committee meeting is scheduled for October 25, 2017. The Behavioral Health Division is reviewing the current Charter for necessary revisions to ensure appropriate representation and to include Substance Use Disorder Quality Improvement activities as well.

Grievances/Appeals/Hearings (Ren Scammon)

| Month Filed | Month Completed | Туре | Topic | Location | Outcomes (Appeals / Hearings Only) |
|----------------|--------------------|-----------|--|----------|---------------------------------------|
| 05-2017 | | Grievance | Quality of Care: Staff Behavior Concern | WSPES | |
| 08-2017 | 10-2017 | Grievance | Quality of Care: Staff Behavior Concern | PHF | |
| 08-2017 | 10-2017 | Grievance | Quality of Care: Staff Behavior Concern | PHF | |
| 08-2017 | 10-2017 | Grievance | Quality of Care: Staff Behavior Concern | WS Adult | |

PERFORMANCE IMPROVEMENT METRICS (reported quarterly)

Next Report Period: Quarter 1 (July through September 2017)

Reporting Month: Postponed until November

PROGRAM ACTIVITY UPDATES

MENTAL HEALTH SERVICES ACT (MHSA) (Ren Scammon/Tami Smith/Heather Longo)

- The MHSA Team is in the process of creating surveys, flyers, and scheduling meetings for the Community Planning Process (CPP). The following meetings relating to the CPP have been confirmed to date:
 - Nov. 2, 2017 South Lake Tahoe Community Mental and Behavioral Health Cooperative
 - Nov. 2, 2017 South Lake Tahoe Family Resource Center
 - Nov. 2, 2017 South Lake Tahoe NAMI
 - Nov. 7, 2017 NAMI El Dorado
 - Nov. 15, 2017 ACEs Collaborative
 - Nov. 28, 2017 Drug-Free Divide
 - Jan. 18, 2018 Commission on Aging

 Year-to-date (through October 15) revenues for MHSA (Prop 63) funding is \$1,636,141.

OUTPATIENT SERVICES

(Sabrina Owen and Karen Naegeli (SLT); Lesly Van Sloten and Rhapsody Flores (WS))

Wellness Center Activities:

Tahoe:

 Due to unexpected cold weather (we had early snow!) our beach BBQ was readjusted and moved indoors (lessons in flexibility). We enjoyed a BBQ and games of trivia, bingo and name that famous person.

West Slope:

- The Wellness Center had its very first completely planned and delivered, Peer-Led Wellness Center event. Graduates of The Peer Leadership Academy held an "End-of-Summer-Bash" on October 19th in the Wellness Center and on the patio. They met together as an organizing group, they delegated work and planning assignments, they planned the entertainment which included inviting the Dry Mangoes Band, they created the menu, they did the grocery shopping (with a Wellness Center Staff member), they decorated, and they assigned various tasks from cooking to clean-up to each other. It turned out FANTASTIC! During this event, Wellness Center Staff passed out "Volunteer Appreciation" Certificates to 27 volunteers. Of course we had a few dips in the road which helped to make it a terrific learning experience for all. Peers were glowing with excitement and Staff were glowing with pride at the magnitude of the event, on many different levels, and how very little staff were needed to assist.
- Peer Leaders are planning their next 3 events: A trip to "Apple Hill" on October 25th; a Halloween Party in the Wellness Center on Halloween, October 31st; and the Annual Fall Festival at "Fireman's Hall" on November 14th.
- The Client Band, "The Dry Mangoes," are taking their gig on the road to the SLT Wellness Center on October 18th.
- The 3rd Cohort in the Peer Leadership Academy has completed the first half of the training and will begin the second half of training on October 18th.

ICM Activities:

Tahoe:

 Several clients in transitional housing are exploring independent living and finding affordable housing options in SLT, which is limited.

West Slope:

- Eight clients attended a Fishing Trip on 9/30/17 and 4 caught fish. One of the clients had never been fishing before.
- Clients in TTP are getting ready for the 3rd Annual Pumpkin Carving Contest.

Children's Services (Angie Larrigan)

 The Continuum of Care Reform (CCR) State/County Implementation Teams are meeting monthly to collaboratively discuss solutions to emerging challenges and barriers related to the implementation of CCR. Counties are slow to make progress with CCR implementation, as we are awaiting further standardized guidance from the DHCS. In the interim, we continue to focus on serving those in need with both quality and timely services.

TAY DBT/FEP Program (Sabrina Owen and Lesly Van Sloten) Tahoe

- TAY DBT: The DBT group at Tallac began and has had good attendance. Recruitment for skills coaches for South Tahoe High School has begun as well as referrals to the group. Anastasia is meeting with the California Conservation Corps to develop a DBT group for TAY in their program.
- TAY FEP: There are two current FEP clients and two who disengaged with significant substance use issues and limited insight into their disorder.

Placerville

- TAY DBT: Kate and Kris met with the Principals at both Independence High School and Charter Community School to introduce Kate to each school and set up Kate's new group schedule. Kate began DBT Groups at Independence High School on October 2nd, with amazing success, and will begin her first DBT group at Charter Community School on October 17th. Both schools are overwhelmingly enthusiastic about DBT Skills Training returning to their campus.
- TAY FEP: One FEP Client graduated to a lower level of care and is being seen in the Adult Outpatient Program. Two FEP Clients just began services with Kate.

ADULT OUTPATIENT GROUP SCHEDULES

WS Adult Outpatient Services

| 10:30 am - 11:30 am | |
|---|--|
| 1:00 pm - 2:00 pm | |
| 1:15 pm - 2:00 pm (Wellness/Peer Led) | |
| 2:00 pm - 3:00 pm (Wellness/Peer Led) | |
| 3:00 pm - 4:00 pm | |
| 3:00 pm - 4:00 pm (Wellness) | |
| 3:00 pm - 4:00 pm (Wellness) | |
| 3:00 pm - 4:00 pm (Staff and Peer Led) | |
| | |
| 12:00 - 1:00pm (Wellness) | |
| 1:15 pm - 2:00 pm (Wellness/Peer Led) | |
| 1:15 pm - 2:45 pm (ADP) | |
| 1:30 pm - 3:00 pm (Wellness) | |
| 1:30 pm - 2:30 pm (Wellness) | |
| 1:30 pm - 3:30 pm (Wellness) | |
| 3:00 pm - 4:00 pm (Wellness) | |
| | |
| 10:00 am - 12:00 pm | |
| 11:00 am - 12:00 pm (On Hold) | |
| 12:00 pm - 1:00 pm | |
| 1:00 pm - 2:00 pm (Wellness) | |
| 1:15 pm - 2:00 pm (Wellness/Peer Led) | |
| 1:30 pm - 3:30 pm (Wellness) | |
| 2:00 pm - 3:00 pm (Wellness) | |
| 2:00 pm - 3:00 pm | |
| 3:00 pm - 3:45 pm (Wellness) | |
| 3:00 pm - 4:00 pm, monthly, (Wellness) | |
| | |
| 12:00 - 1:00 pm (Wellness) | |
| 1:15 pm - 2:00 pm (Wellness/Peer Led) | |
| 1:15 pm - 2:45 pm (Seeking Safety, ADP) | |
| 1:30 pm - 2:30 pm (Wellness) | |
| 1:30 pm - 2:30 pm (Wellness) | |
| In the T-houses on a rotating schedule | |
| 2:00 - 4:00 pm (Peer Led) | |
| 3:00 pm - 4:00 pm (Wellness/Peer Led) | |
| 3:00 pm - 4:00pm | |
| | |

| Friday | | | | |
|-----------------------------------|---------------------------------------|--|--|--|
| DBT Group - Skills Training | 10:00 am - 12:00 pm | | | |
| Men's Co-Occurring Recovery Group | 10:00 am - 12:00 pm (ADP) | | | |
| Current Events Group | 1:15 pm - 2:00 pm (Wellness/Peer Led) | | | |
| Ted Talks and Cinema Club | 1:30 pm - 3:30 pm (Wellness) | | | |
| DBT Group - Skills Training | 1:30 pm - 2:30 pm | | | |
| Music Appreciation Group | 2:00 pm - 3:00 pm (Wellness) | | | |
| Mindfulness Group | 2:45 pm - 3:30 pm (Wellness) | | | |

SLT Adult Outpatient Services

| Seeking Safety (Co-Occurring) | • | | | |
|--|---|------------------------------|--|--|
| DBT - Skill Building | Monday | | | |
| TED Talks - Information & Conversation Current Events Discussion 3:30 pm - 3:30 pm (Wellness) Tuesday DBT - Distress Tolerance Anger Management Recovery through Art or Peer Leadership Just One Thing (Mindfulness) Wednesday Women's Wellness Health Awareness/Cooking Health Awareness/Cooking Healthy Relationship Skills Thursday Co-occurring Women's group Community Excursions (active clients only) Movement Mindfulness Stress Management Social Awareness Social Awareness BHC Group Volunteering (active clients only) Paths to Recovery (Book Study) Paths to Recovery (Hollness) Recovery Through Music Paths to Recovery (Mellness) Paths to Recovery (Book Study) Recovery Through Music Recovery Hrough Minds Saturday | Seeking Safety (Co-Occurring) | 11:00 am - 12:00 pm (ADP) | | |
| Tuesday DBT - Distress Tolerance 1:00 pm - 2:30 pm (Wellness) Recovery through Art or Peer Leadership 3:00 pm - 3:30 pm (Wellness) Wednesday Women's Wellness 10:30 am - 11:30 am (Wellness) Refuge Recovery 3:00 pm - 2:00 pm (Wellness) Refuge Recovery 3:00 pm - 3:30 pm (Wellness) Refuge Recovery 3:00 pm - 3:30 pm (Wellness) Health Awareness/Cooking 1:30 pm - 2:00 pm (Wellness) Refuge Recovery 3:00 pm - 3:30 pm (Wellness) Healthy Relationship Skills 3:35 pm - 4:00 pm (Wellness) Thursday Co-occurring Women's group 10:30 am-12pm (ADP) Community Excursions (active clients only) 1:00 pm - 4:00 pm (Wellness) Movement Mindfulness 1:30 pm - 2:30 pm (Wellness) Stress Management 3:00 pm - 3:30 pm (Wellness) Scoial Awareness 3:35 pm - 4:00 pm (Wellness) Friday BHC Group 12:30 pm - 1:00 pm Volunteering (active clients only) 1:00 pm - 4:00pm (Wellness) Recovery Through Art 1:30 pm - 2:30 pm (Wellness) Paths to Recovery (Book Study) 3:00 pm - 3:30 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Men's Wellness | | 1:30 pm - 2:30 pm (Wellness) | | |
| Tuesday DBT - Distress Tolerance Anger Management 1:30 pm - 2:30 pm (Wellness) Recovery through Art or Peer Leadership 3:00 pm - 3:30 pm (Wellness) Just One Thing (Mindfulness) 3:35 pm - 4:00 pm (Wellness) Wednesday Women's Wellness 10:30 am - 11:30 am Health Awareness/Cooking 1:30 pm - 2:00 pm (Wellness) Refuge Recovery 3:00 pm - 3:30 pm (Wellness) Healthy Relationship Skills 3:35 pm - 4:00 pm (Wellness) Thursday Co-occurring Women's group 10:30 am-12pm (ADP) Community Excursions (active clients only) Movement Mindfulness 1:30 pm - 2:30 pm (Wellness) Stress Management 3:00 pm - 3:30 pm (Wellness) Social Awareness 3:35 pm - 4:00 pm (Wellness) Friday BHC Group 12:30 pm - 1:00 pm Volunteering (active clients only) 1:00 pm - 4:00pm (Wellness) Recovery Through Art 1:30 pm - 2:30 pm (Wellness) Recovery Through Art 1:30 pm - 2:30 pm (Wellness) Paths to Recovery (Book Study) Leisure Skills 3:00 pm - 3:30 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Staff) | TED Talks - Information & Conversation | 3:00 pm – 3:30 pm (Wellness) | | |
| DBT - Distress Tolerance 1:00 pm - 2:30 pm Anger Management 1:30 pm - 2:30 pm (Wellness) Recovery through Art or Peer Leadership 3:00 pm - 3:30 pm (Wellness) Just One Thing (Mindfulness) 3:35 pm - 4:00 pm (Wellness) Wednesday Women's Wellness 10:30 am - 11:30 am Health Awareness/Cooking 1:30 pm - 2:00 pm (Wellness) Refuge Recovery 3:00 pm - 3:30 pm (Wellness) Healthy Relationship Skills 3:35 pm - 4:00 pm (Wellness) Thursday Co-occurring Women's group 10:30 am-12pm (ADP) Community Excursions (active clients only) 1:00 pm - 4:00 pm (Wellness) Movement Mindfulness 1:30 pm - 2:30 pm (Wellness) Stress Management 3:00 pm - 3:30 pm (Wellness) Social Awareness 3:35 pm - 4:00 pm (Wellness) Friday BHC Group 12:30 pm - 1:00 pm Volunteering (active clients only) 1:00 pm - 4:00 pm (Wellness) Recovery Through Art 1:30 pm - 2:30 pm (Wellness) Leisure Skills 3:00 pm - 3:30 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Wellness) Recovery Through Music 3:35 pm - 4:00 pm (Mellness) Recovery Through Music 3:35 pm - 4:00 pm (Mellness) | Current Events Discussion | 3:35 pm – 4:00 pm (Wellness) | | |
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| new staff) Saturday | Recovery Through Music | | | |
| | Men's Wellness | | | |
| Friends 'n Fitness 11:00 am - 12:30 pm | Saturday | | | |
| | Friends 'n Fitness | 11:00 am - 12:30 pm | | |

INITIALS & DEFINITIONS

Initials Definition
AB Assembly Bill

ACEs Adverse Childhood Experiences

ADL Activities of Daily Living
ADP Alcohol and Drug Programs
AOT Assisted Outpatient Treatment
APS Adult Protective Services
ARF Adult Residential Facility

B&C Board and Care

BHC Behavioral Health Court

BHD Behavioral Health Division (formerly the Mental Health Division)

BOMUSD

Black Oak Mine Unified School District

BSCC

Board of State and Community Corrections

CallMHSA

California Mental Health Services Authority

California Behavioral Health Directors Associated to the Control of the Control

CBHDA California Behavioral Health Directors Association CBO Community Based Organization

CBT Cognitive Behavior Therapy
CCC Community Corrections Center
CCP Community Corrections Partnership

CCR Continuum of Care Reform
CFMG California Forensic Medical Group
CFR Code of Federal Regulations
CFT Children and Family Teams

CFTN Capital Facilities and Technology Needs

CHP California Highway Patrol
CIT Crisis Intervention Team

CMS Centers for Medicare & Medicaid Services

CPP Community Planning Process
CPS Child Protection Services

CPT California Psychiatric Transitions
CSS Community Services and Supports
DBT Dialectical Behavior Therapy

DHCS Department of Health Care Services (California)
DMC-ODS Drug Medi-Cal Organized Delivery System

Dx Diagnosis

ED Emergency Department

EDC El Dorado County

EDCMH EI Dorado County Mental Health EDCSO El Dorado County Sheriff's Office

EDSO El Dorado Sheriff's Office

EDCVC El Dorado Community Vision Coalition

EH Extra Help

EPSDT Early and Periodic Screening, Diagnosis and Treatment

EQRO External Quality Review Organization

ER Emergency Room
FEP First Episode Psychosis
FSP Full Service Partnership
FTE Full-Time Equivalent

FY Fiscal Year

HHSA Health and Human Services Agency

HOT Homeless Outreach Team
ICC Intensive Care Coordination
ICM Intensive Case Management
IHBS Intensive Home-Based Services
IMD Institution for Mental Disease (facility)
ITWS Information Technology Web Services

Katie A. Katie A. vs. Bonta Lawsuit and/or resulting programs/services

Laura's Law

LOCUS Level of Care Utilization System

LPS Lanterman Petris Short

LT Limited Term

LTCC Lake Tahoe Community College

MDT Multi-Disciplinary Team

MH Mental Health

MHD Mental Health Division M-F Monday through Friday

MHOAC Mental Health Oversight and Accountability Commission

MHRC Mental Health Rehabilitation Center (facility)

MHSA Mental Health Services Act MHW Mental Health Worker

MIOCR Mentally III Offender Crime Reduction

MOA Medical Office Assistant
NM New Morning Youth & Family

OP Outpatient

PA Physician Assistant

PATH Projects for Assistance in Transition from Homelessness

PCP Primary Care Physician Police Department

PEI Prevention and Early Intervention
PES Psychiatric Emergency Services

PG Public Guardian

PHF Psychiatric Health Facility

PIP Primary Intervention Program or Program Improvement Plan

POC Plan of Correction

PPD Placerville Police Department

QI Quality Improvement

QI/UR Quality Improvement/Utilization Review

QIC Quality Improvement Committee

RIF Reduction in Force
RFI Request for Information
RFP Request for Proposal
ROC Restoration of Competence

RV Remi Vista

SAMHSA Substance Abuse and Mental Health Services Administration

SB Senate Bill

SCF Sierra Child & Family SLT South Lake Tahoe

SLTPD South Lake Tahoe Police Department

SO Sheriff's Office

STHS South Tahoe High School

STRTP Short-Term Residential Therapeutic Program

SUD Substance Use Disorders SV Summitview Child & Family

SYS Stanford Youth Solutions
T-House Transitional Housing
TAY Transitional Age Youth
TBD To Be Determined
TFC Therapeutic Foster Care

TYFS Tahoe Youth and Family Services

Tx Treatment

TY Tahoe Youth & Family UR Utilization Review

WET Workforce Education and Training

WIA Workforce Investment Act

WOIA Workforce Innovations and Opportunities Act

WS West Slope