



County of El Dorado

See meeting locations
listed below

Minutes

Mental Health Commission

Jim Abram, Chair, West Slope Council / Countywide
Denise Burke, Chair, Tahoe Council
Sue Novasel, Board of Supervisors Representative
John Hidahl, Board of Supervisors Alternate Representative
Dr. Richard Lynn, Vice-Chair, Tahoe Council
Jan Melnicoe, Vice Chair, West Slope Council
Ben Ehrler, Secretary, Tahoe Council
Bonnie McLane, Secretary, West Slope Council
Dr. Stephen Clavere, Commissioner, West Slope Council
Brookes Heil-Blackburn, Commissioner, West Slope Council
Norman Nester, Commissioner, West Slope Council
Craig Therikildsen, Commissioner, West Slope Council
Shawn Allan, Commissioner, West Slope Council
Arturo Salazar, Commissioner, West Slope Council
Stacy Bolton, Associate Member, West Slope Council
Norma Santiago, Associate Member, Tahoe Council
Henry Sandigo, Associate Member, West Slope Council
Vacant (2), Commissioner, Tahoe Council
Vacant (1), Commissioner, West Slope Council

Wednesday, November 29, 2017

5:00 PM

Meeting Locations (in person and connected via
tele/video-conferencing):

- Health and Human Service Agency, 3057 Briw Road, Sierra Room, Placerville, CA
- Mental Health Office, 1900 Lake Tahoe Blvd., Suite 103, South Lake Tahoe, CA

CALL TO ORDER AND ROLL CALL; INTRODUCTIONS

Guests: Chris Stedeford, Barry Harwell, Cathi Stoffan, Jeff Symon, Val Akana, Anna Gleason, Jeanne Nelson

HHSA Staff: Katy Eckert, Ren Scammon, Jamie Samboceti, Patricia Charles-Heathers, Heather Longo, Angelina Larrigan, Sabrina Owen

Present: 8 - Richard Lynn, Jan Melnicoe, Jim Abram, Stephen Clavere, Bonnie McLane, Norman Nester, Shawn Allan and Arturo Salazar

Absent: 5 - Denise Burke, Craig Therikildsen, Sue Novasel, Ben Ehrler and Brookes Heil-Blackburn

ADOPTION OF THE AGENDA

A motion was made by Commissioner Melnicoe, seconded by Commissioner McLane, to adopt the agenda as written.

Yes: 8 - Richard Lynn, Jan Melnicoe, Jim Abram, Stephen Clavere, Bonnie McLane, Norman Nester, Shawn Allan and Arturo Salazar

Absent: 5 - Denise Burke, Craig Therikildsen, Sue Novasel, Ben Ehrler and Brookes Heil-Blackburn

PUBLIC COMMENT

Commissioner Melnicoe reviewed a Mountain Democrat newspaper article regarding a young man with mental illness who died. Commissioner Melnicoe stated that although this was a tragic story, the Mountain Democrat was sensitive in their reporting and represented all parties .

Commissioner Melnicoe visited the Sacramento County Mental Health Urgent Care Clinic. She reported that it is a walk-in clinic and all individuals are welcome regardless of their ability to pay. The Mental Health Urgent Care Clinic is a partnership of Sacramento County MHSA, Sacramento County funds, and healthcare. This is a great resource for individuals who may move between El Dorado and Sacramento counties.

Commissioner Melnicoe stated that there is room in the December 9, 2017 NAMI "Friends and Family" pilot program.

DISCUSSION / ACTION ITEMS**1. 17-1275 Approval of October 25, 2017 Meeting Minutes**

A motion was made by Commissioner Melnicoe, seconded by Commissioner Nester, to adopt the minutes with a correction to Item 4 (File ID 17-1172). Commissioner Clavere, Chair Abram, and Commissioner Norman Nester toured the Psychiatric Health Facility.

Yes: 8 - Richard Lynn, Jan Melnicoe, Jim Abram, Stephen Clavere, Bonnie McLane, Norman Nester, Shawn Allan and Arturo Salazar

Absent: 5 - Denise Burke, Craig Therikildsen, Sue Novasel, Ben Ehrler and Brookes Heil-Blackburn

2. 17-1277 Mental Health Commission Nomination Committee Report on Recommendations for 2018 Officer Elections

Commissioner McLane proposed a 2018 Slate of Officers: Jim Abram, Chair West Slope Council; Steve Clavere, Vice Chair West Slope Council; Shawn Allen, Secretary West Slope Council; Denise Burke, Chair Tahoe Council; Dr. Richard Lynn, Vice-Chair Tahoe Council; Jim Abram, Countywide Chair.

A motion was made by Commissioner Melnicoe, seconded by Commissioner Nester to approve the 2018 Slate of Officers.

Yes: 8 - Richard Lynn, Jan Melnicoe, Jim Abram, Stephen Clavere, Bonnie McLane, Norman Nester, Shawn Allan and Arturo Salazar

Absent: 5 - Denise Burke, Craig Therikildsen, Sue Novasel, Ben Ehrler and Brookes Heil-Blackburn

3. 17-1278 Chair Abram Requests the Mental Health Commission Recommend the Board of Supervisors Reappoint Shawn Allan to the West Slope Council of the Mental Health Commission Effective January 1, 2018

Chair Abram recommended the Mental Health Commission recommend the Board of Supervisors reappoint Commissioner Shawn Allen to the West Slope Council of the Mental Health Commission, effective January 1, 2018. Commissioner Allen filled the vacancy that expires 12/31/17.

A motion was made by Commissioner Melnicoe, seconded by Commissioner Clavere to recommend the Board of Supervisors reappoint Commissioner Shawn Allen to the West Slope Council of the Mental Health Commission.

Yes: 8 - Richard Lynn, Jan Melnicoe, Jim Abram, Stephen Clavere, Bonnie McLane, Norman Nester, Shawn Allan and Arturo Salazar

Absent: 5 - Denise Burke, Craig Therikildsen, Sue Novasel, Ben Ehrler and Brookes Heil-Blackburn

5:10 PM ROLL CALL

Present: 9 - Richard Lynn, Jan Melnicoe, Craig Therikildsen, Jim Abram, Stephen Clavere, Bonnie McLane, Norman Nester, Shawn Allan and Arturo Salazar

Absent: 4 - Denise Burke, Sue Novasel, Ben Ehrler and Brookes Heil-Blackburn

4. 17-1279 Review / Approval of the 2017 Data Notebook

On October 23, 2017, the Data Notebook Ad Hoc Committee comprised of Commissioner Melnicoe, Commissioner Abram, Commissioner Heil-Blackburn, Associate Member Santiago, and HHSA staff members Heather Longo, Tami Smith, and Laura Walny met to review and complete the 2017 Data Notebook. Commissioner Abram stated that the Notebook is a really good Notebook and the County offers a lot of Mental Health services, but they are not necessarily specific to older adults. Commissioner Abram stated that the information in the Data Notebook should be considered for implementing services for older adults.

A motion to approve the 2017 Data Notebook was made by Commissioner Lynn, seconded by Commissioner McLane. Commissioner Abram signed the Data Notebook Questionnaire to be returned to California Mental Health Planning Council.

Yes: 8 - Richard Lynn, Jan Melnicoe, Jim Abram, Stephen Clavere, Bonnie McLane, Norman Nester, Shawn Allan and Arturo Salazar

Absent: 5 - Denise Burke, Craig Therikildsen, Sue Novasel, Ben Ehrler and Brookes Heil-Blackburn

5. 17-1280**Psychiatric Health Facility Ad Hoc Committee Report for Review and Filing**

Commissioner Clavere, Chair Abram, and Commissioner Nester toured the Psychiatric Health Facility (PHF) and met with Telecare Corporation, Inc.'s Director and additional PHF staff. The Ad Hoc Committee evaluated the facility and reviewed some of the forms used at the PHF. As a result of the tour, the Mental Health Commission has five (5) proposed recommendations (labeled as A-E below):

A) Implement a procedure to make the Avatar file available to PHF staff when a current El Dorado County Mental Health client is admitted to the PHF. Deputy Director Samboceti responded that Avatar files cannot be transmitted without Netsmart programming. However, she stated that the Behavioral Health Division (BHD) can send an electronic email to the PHF, which contains relevant documentation.

Telecare Director Jeff Symon concurred that sending an electronic email would be helpful. Deputy Director Samboceti indicated that acute psychiatric facilities rarely receive outpatient medical records because the duration of treatment is short with the focus on stabilization, but HHSA/BHD has a different relationship with the El Dorado County PHF because BHD regularly goes to the PHF and has regular conversations with the PHF. Deputy Director Samboceti suggested that HHSA/BHD could provide the documents at the time of admission and perhaps place this item on an admission checklist.

B) The PHF should be apprised of the Assisted Outpatient Treatment (AOT) program, including its admitting criteria and resources.

Chair Abram asked if the PHF is aware of AOT. Telecare Director Symon said that Telecare collaborates with the County all the time and that Telecare is adding AOT to their new hire orientation checklist. BHD Deputy Director Samboceti stated that the County also will make an AOT referral at the time they become involved (either in placing an individual or when performing the assessment at the PHF).

BHD Assistant Director Eckert added that the more people who know about the AOT referral process, the better. She assured the Commission that no one who has been a candidate for AOT at the PHF has slipped through the cracks because the BHD is involved with all EDC patients at the PHF and evaluates each AOT if needed. Chair Abram mentioned that Judge Kingsbury is supportive of AOT and that a Mental Health Services Oversight and Accountability Commission (MHSOAC) report specifically mentions reduced criminal justice involvement when AOT is used.

C) The BHD's Historical Form should be used at the PHF when doing an intake, diagnosis, and development of a treatment plan.

Telecare Director Symon stated that the PHF is supportive of using this form and is implementing its use. The form is available in the lobby of the PHF.

D) There should be a "Family Member" satisfaction survey, in addition to the Client Satisfaction survey.

Telecare Director of Nursing Cathi Stoffan stated that they are still working out the logistics when there is no Release of Information on file. Chair Abram suggested that Telecare could give the survey to all families who visit.

E) Greater education of family members should be included to inform them of what to expect while the client is in the PHF and what to expect upon discharge from the PHF. Telecare Director of Nursing Stoffan brought brochures that Telecare uses and they are adopting the brochures for family members.

Commissioner Clavere asked Telecare about the staffing levels and at what capacity is staff decreased.

Telecare Director Symon stated that they keep it as if at full capacity, but will scale it back with a decrease in the census. From the nursing perspective, they monitor the staffing level on a case-by-case basis because they do not have a per diem pool. If necessary, staff will work longer or double shifts. From a social work perspective, Telecare now has all Licensed Clinical Social Workers (LCSW) on staff so they plan daily for coverage.

Commissioner Clavere mentioned that although the PHF is talked about a lot, he had not visited the PHF prior to the Ad Hoc Committee's site visit. After visiting, he came away with a much more positive view of the PHF.

Chair Abram thanked Telecare for their participation in the evaluation and disbanded the PHF Evaluation Ad Hoc Committee.

A motion to approve and file the PHF report was made by Commissioner Melnicoe, seconded by Commissioner Nester.

Yes: 9 - Richard Lynn, Jan Melnicoe, Craig Therkildsen, Jim Abram, Stephen Clavere, Bonnie McLane, Norman Nester, Shawn Allan and Arturo Salazar

Absent: 4 - Denise Burke, Sue Novasel, Ben Ehrler and Brookes Heil-Blackburn

5:40 PM ROLL CALL

Present: 10 - Richard Lynn, Denise Burke, Jan Melnicoe, Craig Therkildsen, Jim Abram, Stephen Clavere, Bonnie McLane, Norman Nester, Shawn Allan and Arturo Salazar

Absent: 3 - Sue Novasel, Ben Ehrler and Brookes Heil-Blackburn

6. 17-1281**Mental Health Services Act FY 18/19 Community Planning Process Update**

Heather Longo, MHSA Coordinator, provided an update on the MHSA Community Planning Process (CPP). The MHSA team has presented to 127 individuals at CPP meetings. Of those, there have been 114 people in attendance at daytime meetings and 13 people at nighttime meetings. Despite advertising, there were only two people in attendance at the Georgetown evening meeting. Attendance still seems to be best at established meetings. Since MHSA is in an Annual Update phase, the MHSA team will continue meeting with stakeholders in January.

PUBLIC COMMENT: Val Akana asked about how many MHSA surveys have been distributed and received. Heather Longo reported that as of noon on November 29, 216 surveys had been received (183 online and 33 paper).

Community partners are continuing to distribute surveys on behalf of the MHSA team and they sent surveys to Senior Centers and Senior Nutrition sites to get older adult feedback.

Commissioner Clavere asked about the "Navigator" program and stated that he has heard of people falling through the cracks when the burden is on the patient to find where they fit in the mental health system. Commissioner Clavere wanted to know if there is a BHD staff member whose only job is the find the right services for a client. Deputy Director Samboceti responded that it sounded as if Commissioner Clavere was referencing children's services. Deputy Director Samboceti stated that BHD does all the assessments and works with the client to find the right services, which in part is determined on level of services required.

Commissioner Salazar stated that once a referral is made, if the client or family does not engage, the case is closed. Deputy Director Samboceti responded that BHD is always made aware when a case closes and it depends on the reason why the case closed as to whether BHD will follow-up. The BHD has a system of checks and balances with contract providers and through the Utilization Review team. If an agency calls the BHD, BHD will reach out to the client. HHS Director Charles-Heathers added that there is some responsibility on behalf of the clients.

Barry Harwell of Sierra Child and Family Services stated that service providers are aware of how to get clients connected to services.

Director Charles-Heathers reported that the County is moving toward a 211 service.

Commissioner Salazar stated that there is a disconnect with those who know where to go for services and those who are new to the mental health system. Deputy Director Samboceti responded that BHD will be starting a new Brief Model of Care, which will include an orientation for new clients and education for families.

Commissioner Melnicoe asked about clients in crisis and for example, can clients in South Lake Tahoe go to the Mallory Center in Nevada. Deputy Director Samboceti and Ren Scammon stated that the Mallory Center does not accept California Medi-Cal.

Assistant Director Eckert stated that the BHD will see if El Dorado County residents can access the new Mental Health Urgent Care clinic in Sacramento.

Val Akana asked how much is budgeted for a MHSA Innovation project.

Ren Scammon responded that the exact amount is unknown but MHSA estimates the amount to be about \$800-900,000. Assistant Director Eckert stated that the Innovation projects need to consider how they would be sustainable after the Innovation period is over.

Jeanne Nelson commented on the Mallory Center in Nevada. She stated that members of the Lake Tahoe Community Mental and Behavioral Health Cooperative met with the Executive Director in person who said that they will accept California Medi-Cal if they could resolve the transportation issue. Deputy Director Samboceti said that HHSA has called the hospital and we are awaiting a return call. Assistant Director Eckert added that the voluntary nature of "holds" becomes an issue when crossing state lines. Director Charles-Heathers also added that County of El Dorado's County Counsel has confirmed that the Nevada courts will not issue the equivalent of a California 5250 hold for clients whose holds originated in California.

Chair Abram requested Jeanne Nelson email him information and he will add it to the January Mental Health Commission agenda.

6:04 PM ROLL CALL

Present: 9 - Richard Lynn, Denise Burke, Jan Melnicoe, Jim Abram, Stephen Clavere, Bonnie McLane, Norman Nester, Shawn Allan and Arturo Salazar

Absent: 4 - Craig Therkildsen, Sue Novasel, Ben Ehrler and Brookes Heil-Blackburn

7. 17-1302 Capital Facilities and Technology Community Based Wellness Center Ad Hoc Committee Update / Discussion

As members of the Capital Facilities and Technology Ad Hoc Committee, Chair Abram and Commissioner Melnicoe toured a potential site for the community-based wellness center. Chair Abram had questions regarding zoning and County General Plan use.

Assistant Director Eckert explained that HHSA will ask the Board of Supervisors on Tuesday, December 5, 2017, for permission to further explore options regarding the property. If the County proceeds forward with this property, it will be a community wellness center, a place where people can drop in and access it to help prevent crises, to provide resources, and to provide a place without stigma. A full program statement will be developed, but we must consider the amenities available at the facility identified for use, the community needs, and the response from potential vendors. Director Charles-Heathers indicated that BHD will do a request for proposal (RFP) to get ideas on the design, including programming, so we do not want to define it too much at this stage.

Commissioner Clavere stated he understands the location is remote. Deputy Director Samboceti said that Placerville is an area of high need. Assistant Director Eckert said that BHD believes a bus stop can be added. Chair Abram said that it was a nice location but he is concerned that with this area being rural, access may be a problem and there are homes near the entrance. There is concern that the idea may not be well-received by neighbors, given the stigma.

Assistant Director Eckert said this is just the first step in the process, which allows HHSA and Facilities to perform the County's due diligence. Assistant Director Eckert said the Ad Hoc Committee can forward questions to her and she will add them to the list of items to consider. Director Charles-Heathers added that County Facilities is in charge of all negotiations and they will ensure due diligence.

Commissioner Clavere asked the funding source for the project and Director Charles-Heathers stated it is MHSA for the purchase. Assistant Director Eckert added that depending on programming, other programs may contribute towards their share of ongoing operational costs. Supervisor Hidahl explained that this is a consent item for the Board of Supervisors and it is a necessary step for investigation and negotiations and that further actions regarding purchase/lease/or rent of the building will require returning to the Board for approval.

PUBLIC COMMENT: Val Akana asked if this is a "use it or lose it" situation, does the money have to be spent on Capital Facilities and Technology, and has a location on Upper Broadway been considered.

Deputy Director Samboceti stated that BHD was not able to find a suitable location on Upper Broadway. Ren Scammon stated that the funds are in the MHSA Capital Facilities and Technology (CFTN) component and must be used within the time frame specified by MHSA.

8. 17-1282**Stepping Up Initiative**

- Mental Health Services Oversight Accountability Commission

November 16, 2017 Criminal Justice and Mental Health Report Revised Draft

Commissioner Melnicoe asked the Chief Probation Officer when there would be a "Stepping Up Initiative" meeting. Commissioner Melnicoe reported the Chief Probation Officer said, "November."

Chair Abram referenced the MHSOAC Criminal Justice and Mental Health Report, which he said the Chief Probation Officer has a copy. Chair Abram will invite the Chief Probation Officer to the January meeting for a status update on the Stepping Up Initiative.

PUBLIC COMMENT – Jeanne Nelson stated that this initiative was signed over two years ago. Jeanne Nelson will email Chair Abram with tactical recommendations.

Commissioner Clavere asked about AOT in Yolo County. Director Charles-Heathers responded that she spoke to the Yolo County Director and they are bypassing the jail completely. The jail is not a certified mental health unit. Commissioner Melnicoe reminded everyone that the goal of the "Stepping Up Initiative" is to keep individuals out of jail and perhaps Judge Kingsbury should be invited to the January Mental Health Commission meeting.

9. 17-1285**Questions / Comments on Behavioral Health Division Monthly Report**

Commissioner McLane asked for clarification on the 1991 versus 2011 Realignment.

Assistant Director Eckert responded by explaining that 1991 Realignment funded traditional mental health services. 2011 Realignment shifted the funding responsibility to pay for Children's mental health and all Substance Use Disorder programs from the State to the Counties and gave Counties a percentage of statewide sales tax to fund the cost, which may or may not be sufficient to meet the need.

Commissioner Melnicoe asked about the location of the MIOCR services. Sabrina Owen of HHSA stated the MIOCR services are in South Lake Tahoe.

PUBLIC COMMENT: Barry Harwell asked if contracted providers will have input on the Children's System of Care.

Director Charles-Heathers responded that at this point, all services have been placed in groups with leads assigned for each area. They are looking at entry, exit, and funding of services in each area. In January, HHSA will do a presentation to the Board of Supervisors and then HHSA will open it up for community members to provide input.

Barry Harwell is concerned with how long it takes to get a contract executed.

Assistant Director Eckert asked Barry Harwell to email BHD with his suggested ideas relative to contracting.

Deputy Director Samboceti noted that there were two Restoration of Competencies in jail, they will be brought back to competency in 45 days.

Commissioner Melnicoe thanked Ren Scammon for flushing out the information in the "Grievance" section of the report.

COMMISSIONER'S COMMENTS

Chair Abram announced that Commissioner McLane has been on the Commission since 2006 and this is her last meeting as a Commissioner. She has been an awesome source of history and knowledge.

Chair Abram also stated that Commissioner Ben Ehrler will not be returning to the Commission in 2018, so they will need to fill vacancies.

DETERMINE NEXT MENTAL HEALTH COMMISSION MEETING DATE

January 10, 2018 at 5:00 PM

ADJOURNMENT

MEETING ADJOURNED AT 7:07 PM