Behavioral Health Division Update Mental Health Commission February 28, 2018 Meeting (December 2017 Data)

ASSISTANT & DEPUTY DIRECTOR UPDATES

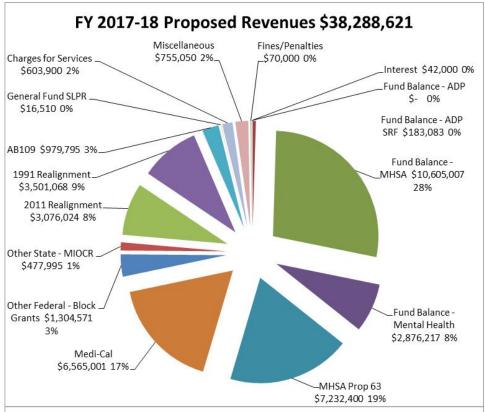
(Katy Eckert & Jamie Samboceti)

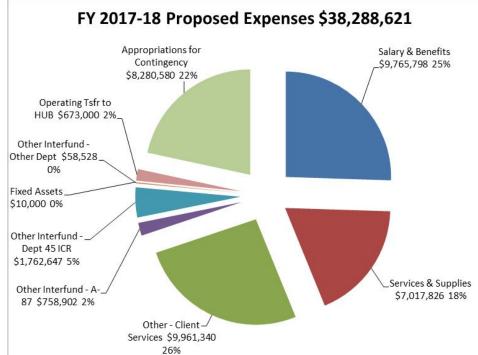
• See January 2018 Data report for updates.

EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING:

- New Hires:
 - Jake Diaz and Shelby Sgamma MH Aides (Extra Help), SLT
 - o Nadine Hendricks, LCSW MH Clinician II, WS
- Promotions:
 - None
- Recruitments:
 - Ongoing
 - Patients' Rights Advocate (0.4 FTE)
 - MH Clinician WS
 - New
 - Mental Health Worker Extra Help
 - Mental Health Clinicians Extra Help
- Separations:
 - None
- Position Changes:
 - None

EL DORADO COUNTY BEHAVIORAL HEALTH FINANCIAL UPDATE:





Highlights:

- Most funding coming into Behavioral Health is tied to delivery of services for specified programs.
- Base funding levels for individual counties are now set for 2011 Realignment.
- The county budgets full use of fund balance on the revenue side and an appropriation for contingencies on the expense side to allow flexibility throughout the year.
- MHSA Revenues are paid at an estimated rate all year long, a true up occurs in the July/August timeframe. The true up can either greatly increase or decrease revenues received for the year.

Areas of Concern:

- When the economy slows down and sales tax receipts drop statewide, we will experience a reduction in 1991 & 2011 Realignment.
- When the economy slows and California millionaire's income levels drop, MHSA revenues will likewise drop.

CASELOAD AND NEW SERVICE REQUEST DATA

Unduplicated Caseload as of December 2017

Children's Outpatient South Lake Tahoe	Clients
TAY*	10
Clinic*	4
Contractor: Sierra Child & Family Services (SCF)**	42
Contractor: Tahoe Youth & Family (TY)**	2
Subtotal Children's	58

nts	
	Total
5	35
2	16
7	129
	2
9	79
1	21
2	2
	284
	1

Adult Outpatient South Lake Tahoe	Clients
Clinic	54
ICM/FSP	14
Subtotal Adults	68

Adult Outpatient West Slope	Clients
Clinic	299
ICM/FSP	49
Subtotal Adults	348

Total
353
63
416

700

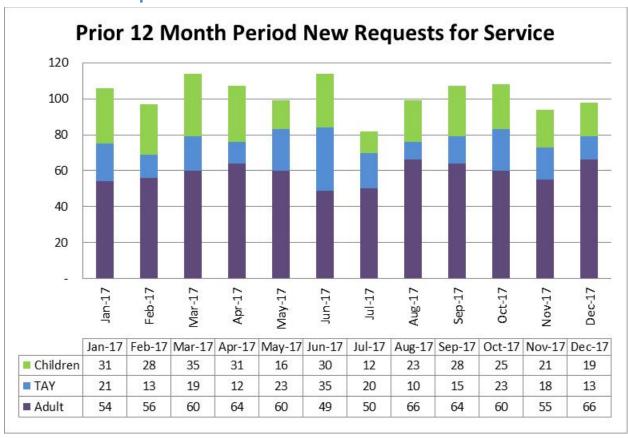
Total South Lake Tahoe 126

Total West Slope	574		
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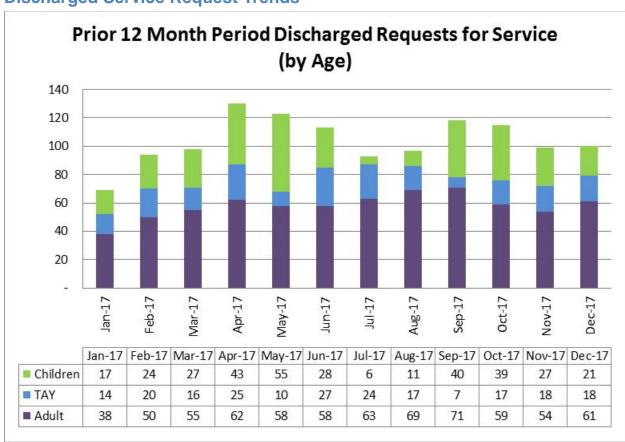
^{*} Includes Children/TAY who are seen by the Behavioral Health Division's Psychiatrist only (aka "Med Only")

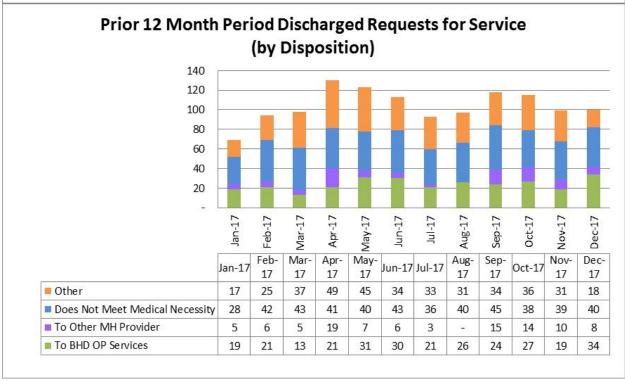
^{**} May include Children/TAY who are seen by the Behavioral Health Division's Psychiatrist

New Service Request Trends

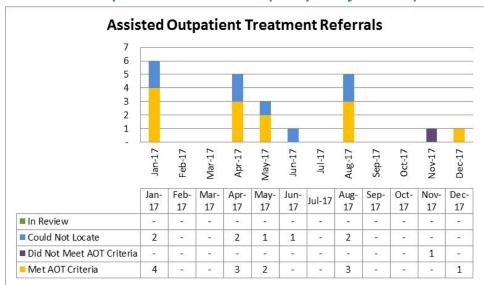


Discharged Service Request Trends





Assisted Outpatient Treatment: (Rhapsody Flores)



Disposition of Referrals:

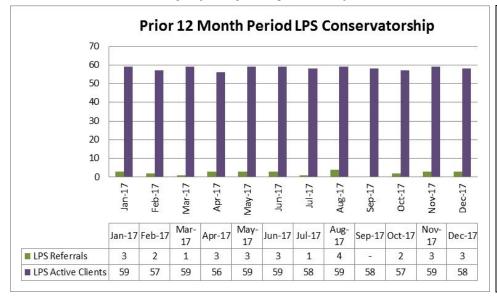
- 0 did not meet program criteria,
- 1 met initial program criteria,
- 0 individuals voluntarily accepted outpatient services.
- 1 individuals to proceed with the AOT process,* 0 applications in review process

Discharged AOT clients:

- 0 clients discharged:0 to a lower level of service.
- 0 out of services

There are currently **2** AOT clients receiving services voluntarily.

LPS Conservatorship: (Rhapsody Flores)



LPS Active Clients:

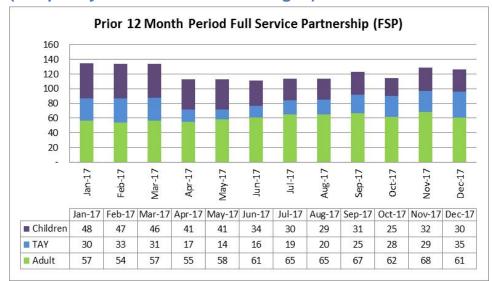
58 LPS Conservatorships 4 Temporary Conservatorships

LPS Terminations:

0 LPS Terminations 1 Pending LPS Terminations

^{*} Individual offered voluntary services, but is now progressing to the Petition process

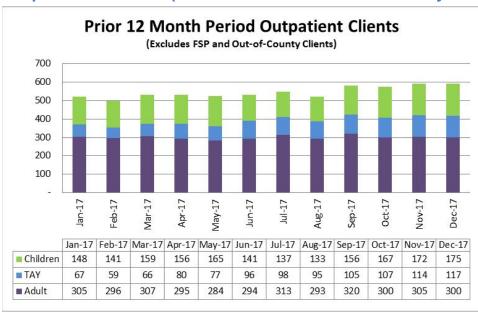
Full Service Partnership (FSP) and Intensive Case Management (ICM) (Rhapsody Flores and Karen Naegeli)



Intensive Case Management

- West Slope: Serving 39 clients
- SLT: Serving 16 clients

Outpatient Services (excludes FSP and Out-of-County Placements)



Discharges:

7 Children discharged from all services

- 3 Tahoe
- 4 West Slope
- 0 Out of County

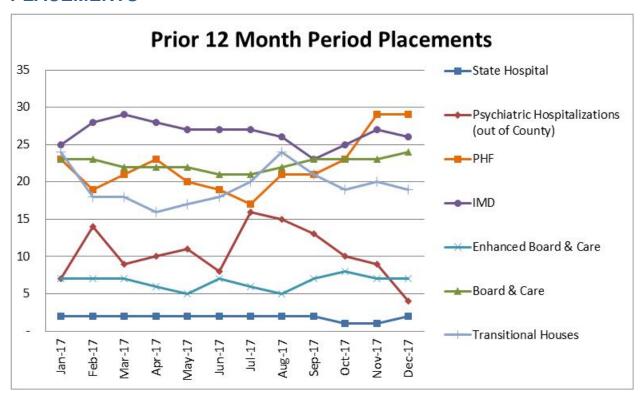
11 TAY discharged from all services

- 3 Tahoe
- 8 West Slope
- 0 Out of County

27 Adults discharged from all services

- 6 Tahoe
- 21 West Slope
- 0 Out of County

PLACEMENTS



Board and Care / IMDs / Secure Placements (Rhapsody Flores)

- 26 IMD beds Crestwood/Canyon Manor/California Psychiatric Transitions (CPT)
- 2 State Hospital
- 7 Enhanced Board and Care beds including Willow Glen & Silver Ridge
- 24 Board and Care Sacramento & Galt (including Grace Home)
- Total:
 - 53 Out of County Placements
 - 6 In County Placements (Silver Ridge)

Transitions Treatment Program / MIOCR (Rhapsody Flores / Sabrina Owen)

- WS: 12 of 15 beds filled
- SLT: 7 of 12 beds filled:
 - T1 3 openings (2 male or female / 1 female)
 - T2 (MIOCR) 2 opening (1 male / 1 female)

Permanent Supportive Housing (Ren Scammon / Sabrina Owen)

Trailside Terrace

Clients receive services from the Wellness and Recovery team or from community based supports

- 5 of 5 units occupied
- Wait List:

1 bedroom: 142 bedroom: 63 bedroom: 0

The Aspens at South Lake

Clients receive ICM team coverage

- 6 of 6 units occupied
- Wait List: Unknown
 - The Aspens is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

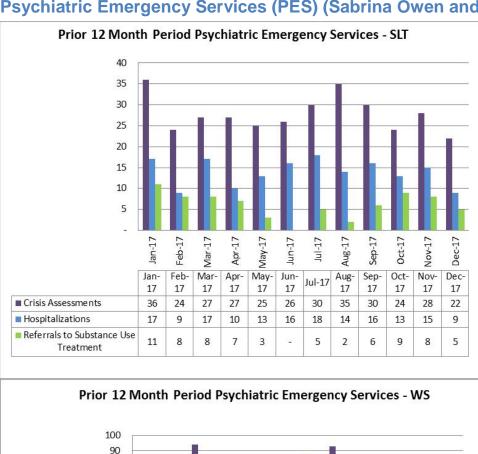
Psychiatric Health Facility (Jamie Samboceti)

- There were 29 Admissions; 17 Admissions were El Dorado County residents and 12 were Out of County residents.
- There were 15 El Dorado County residents discharged; 8 to Home with Support, 1 to Home without support, 0 MHRC/IMD, 0 Board and Care, 0 to ICM T-House, 4 to Shelter, 1 to Other, and 1 to Emergency Department.
- Upon discharge, 15 El Dorado County residents were insured and 0 El Dorado County residents were pending insurance.
- There were 1 Seclusion Episodes, 0 Physical Restraint Episodes (0minutes), 0
 Assaults (0 clients), 0 Elopements, 4 Medication Errors* (2 medication errors with no patient involvement), Client Surveys 24
- There were 6 denials of El Dorado County referrals: 1 individual on suboxone; 2 individuals had previously reached maximum benefit from treatment; 1 individual had a substance use disorder as primary diagnosis; and 2 were denied due to full census.
- Average daily census was 9.61 (range 6-13), with 8 days average length of stay.

^{* 1} medication was not transferred to the Medication Administration Record (MAR); 1 medication not ordered on time but provided on time from e-kit (antibiotic); 1 wrong frequency of medication given early with no adverse reaction, 1 wrong dosage given with no adverse reaction.

CRISIS SERVICES

Psychiatric Emergency Services (PES) (Sabrina Owen and Angie Larrigan)



Crisis Assessments for Open Clients:

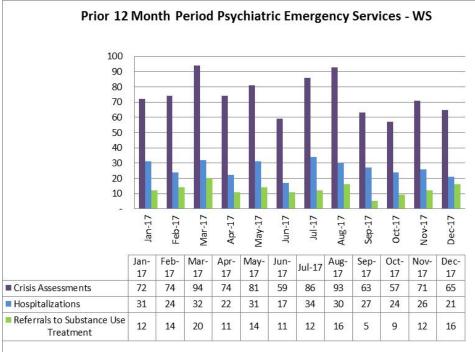
• SLT: 3

• West Slope: 10

Hospitalizations of Open Clients

• SLT: 0

• West Slope: 7



Crisis Intervention Teams (CIT) (Angie Larrigan and Sabrina Owen)

SLT:

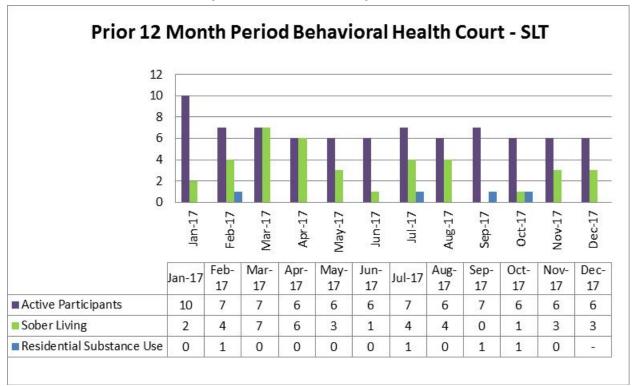
There are no updates from the CIT for December, however the Behavioral Health staff continue to work closely with law enforcement to respond to community needs and engage individuals in mental health and/or substance use services.

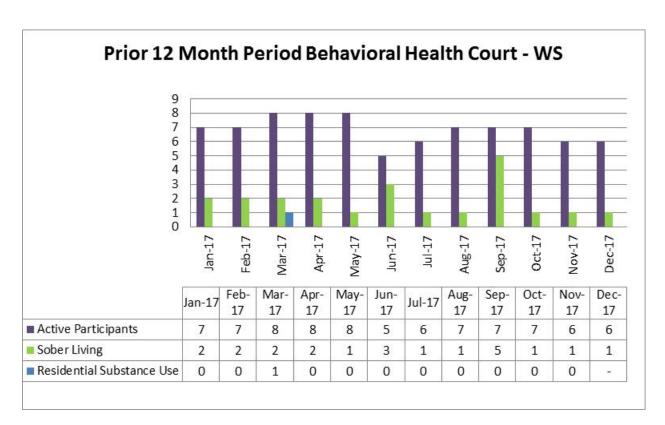
WS:

- BHD continues to work collaboratively with CIT in effort to provide both effective and appropriate service to those we serve as a team.
- We are preparing for the implementation of the Psychiatric Emergency Response Team (PERT), which is a partnership with EDSO to provide mobile crisis services to those in need. We predict the PERT team will significantly reduce the amount of individuals placed on inappropriate WIC 5150 72 hour holds and offer resources aligned with the needs of those encountered. We have identified a MH Clinician for the position and have established a schedule which reflects the peak days and times crisis services are needed. Program to be started on January 20, 2018.

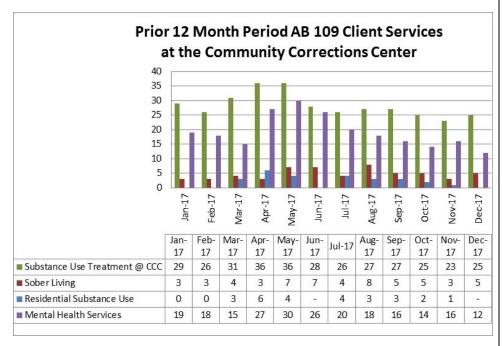
JUSTICE SERVICES

Behavioral Health Court (John Schumacher)



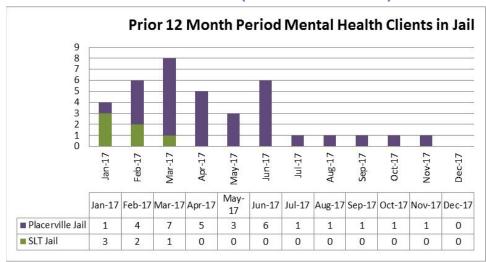


AB 109 (John Schumacher)



- 2 clients are receiving Substance Use Education services in the South Lake Tahoe jail. Moral Reconation Therapy/SUD treatment on hold and will resume within 30 days. The new Health Program Specialist recently completed training for MRT and is preparing to start services.
- 17 clients are receiving Substance Use Disorder treatment in Placerville Jail.
- 4 client is receiving treatment from a contracted community provider in SLT.
- 5 clients are receiving treatment from a contracted community provider in Placerville.

Mental Health Clients in Jail (Jamie Samboceti)



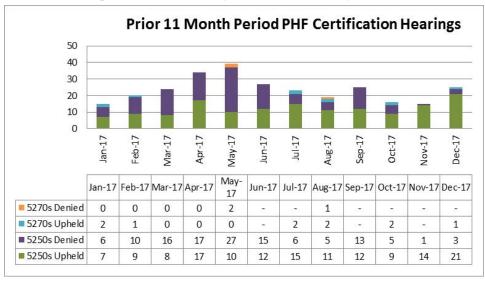
Count of Behavioral Health's existing clients that were receiving Specialty Mental Health Services at the time of their incarceration in the Placerville or SLT Jails only.

Restoration of Competency (Rhapsody Flores)

- 0 Outpatient ROC referrals; 1 Jail ROC referral
- 1 client receiving ROC Outpatient services
- 0 client receiving ROC Inpatient services (CPT)

QUALITY ASSURANCE & PATIENT RIGHTS

Patients' Rights Advocate (Ren Scammon)



Certification hearings are held at the PHF on Mondays and Thursdays.

Quality Improvement/Utilization Review (Ren Scammon)

• QI/UR continues to work on implementing the updated 42 Code of Federal Regulations Part 438, also known as the "Mega Regs".

Grievances/Appeals/Hearings (Ren Scammon)

See January 2018 Report.

PERFORMANCE IMPROVEMENT METRICS (reported quarterly)

Next Report Period: Quarter 2 (October through December, 2017)

Reporting Month: February 2018

PROGRAM ACTIVITY UPDATES

MENTAL HEALTH SERVICES ACT (MHSA) (Ren Scammon/Tami Smith/Heather Longo)

• Additional Community Planning Process Meetings:

Date/Time	Host	Address
Thurs. Jan. 4, 2018 12 p.m.	EDC Wellness Center, Peer Leadership (consumers)	768 Pleasant Valley Road Diamond Springs, CA (Wellness Center)
Wed. Jan. 10, 2018 1:30 p.m.	EDC MHSA/Latino Outreach Stakeholder meeting	768 Pleasant Valley Road Diamond Springs, CA
Thurs. Jan. 18, 2018 9:30 a.m.	Commission on Aging	El Dorado Hills Community Services District 1021 Harvard Way El Dorado Hills, CA (gym classroom)
Mon. Jan. 29, 2018 5:30 p.m.	NAMI El Dorado Hills	Raley's grocery store 3935 Park Drive El Dorado Hills, CA (conference room at the end of aisle 16)

MHSA Surveys received to date: 322 (223 online; 99 paper)

Top responses to the "six biggest gaps or needs in mental health-related services" question:

- 1. Alcohol and drug/substance use disorder services (36.43%)
- 2. More mild-to-moderate mental health providers (30.71%)
- 3. Transportation to/from services (29.64%)
- 4. More services for homeless individuals (28.93%)
- 5. More services for children (27.14%)
- 6. More services available outside of business hours (M-F, 8-5) (25%)

OUTPATIENT SERVICES (Sabrina Owen and Karen Naegeli (SLT); Lesly Van Sloten and Rhapsody Flores (WS))

Wellness Center Activities:

Tahoe:

Participants enjoyed a festive party that included gifts for all. Many participants
left with a warm shirt, jackets, gloves and socks, many of which were gifts from
an anonymous community donor as well pajama bottoms, scarfs and calendars
which were purchased from donations from staff. All of the food was prepared by
Younghee and Anastasia and was delicious.

West Slope:

- Immediately following the Fall Festival, Peer Leaders got on the bandwagon and began decorating the Wellness Center and planning the Holiday Event. Peers Leaders met every Thursday from 12:00-1:00pm and organized the music, activities, set-up, clean-up and food preparation and delivery. They did the menu planning and assisted with the grocery shopping. Peer Leaders began baking desserts for the event the week before and freezing them. Peer leaders who are also in the band, "The Dry Mangoes" represented the band at the event planning meetings.
- On December 12th, The Wellness Center and the Client Band, "The Dry Mangoes" put on a Holiday Sing-A-Long with all the extra fixings such as a chili and coleslaw bar, a homemade dessert bar, a hot chocolate bar and a cookie decorating station. The entire extravaganza was organized and delivered by Peer Leaders. It was a great party for all (65 attendees) and the best lesson learned was, "We need a larger space to hold events." The Wellness Center is just too small to hold community events.
- On December 14th, Adult Outpatient Staff put on a Peer Leader Appreciation Christmas Luncheon for all graduates of the Peer Leadership Academy. Lunch (Homemade lasagna, green salad, garlic bread, and homemade peppermint chocolate cheesecake) was served home-style. We all listened to holiday music, played holiday games and engaged in light conversation as equals who work or volunteer at the Wellness Center.

ICM Activities:

Tahoe:

Clients decorated the t-houses to reflect the holiday season.

West Slope:

- ICM and TTP clients were treated to a full Holiday lunch on December 26th. ICM staff and clients cooked the meal together. There were over 30 clients in attendance.
- TTP residents received pajama bottoms on Christmas Day. Staff also made sure that all clients were busy by watching movies and doing meal preparation on Christmas Day.

Children's Services (Angie Larrigan)

- EDC BH continues to participate in the implementation of the Continuum of Care Reform.
- EDC BH has been meeting regularly with EDC CWS to develop a Children and Youth System of Care (CYSOC) in order to provide prompt, effective and efficient service to the children and youth in our community.

TAY DBT/FEP Program (Sabrina Owen and Lesly Van Sloten)

Tahoe

- There are two active DBT groups at STHS and Tallac. A third has scheduled to begin at the California Conservation Corps at their request following a presentation on TAY services and ACES. The group was postponed due to CCC members being involved in late season firefighting and is scheduled to start in January.
- Discussion has begun recently on offering a substance use focused DBT skills group at STHS following a request by the vice principal on how to support intervention efforts with at risk youth.
- Anastasia is currently seeing three FEP clients and four individuals/families from her DBT groups.

Placerville

- Currently, Kate has 4 DBT Groups at Independence High School and 2 DBT Groups at Charter community school. She also holds individual sessions with group participants on both campuses and has ongoing family therapy with one client and his family. All groups are going well. One group morphed into an all-male group which has turned out to be beneficial for all group participants. During the holiday break, Kate planned a hike for all participants to attend, unfortunately, due to poor weather; the hike had to be cancelled. A last minute bowling event was planned in its place, however, it had to be cancelled due to several Clients coming down with the flu and unable to attend. And as noted above in SLT, Kate is working with each school to address substance use in all of her DBT groups.
- WS has 1 client and her family actively engaged in the FEP Program. Kate meets with the Client and her family at least 1x/week and is using the NAVIGATE Model

- of Coordinated Specialty Care. A second Client is currently being assessed for appropriateness of the FEP Program and will most likely transfer into the program shortly.
- A side note: One of the initial Clients in the FEP Program (2016) graduated from FEP Services last year and moved into the Adult Outpatient Program. Currently she is ready to be moved to our Medication Maintenance Program and will most likely transition back into the community with PCP coordination. This case is clear positive progression and a good representation of the effectiveness of this program.

ADULT OUTPATIENT GROUP SCHEDULES

WS Adult Outpatient Services

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Friday		
DBT Group - Skills Training	10:00 am - 12:00 pm	
Men's Co-Occurring Recovery Group	10:00 am - 12:00 pm (ADP)	
Current Events Group	1:15 pm - 2:00 pm (Wellness/Peer Led)	
Ted Talks and Cinema Club	1:30 pm - 3:30 pm (Wellness)	
DBT Group - Skills Training	1:30 pm - 2:30 pm	
Music Appreciation Group	2:00 pm - 3:00 pm (Wellness)	
Mindfulness Group	2:45 pm - 3:30 pm (Wellness)	

SLT Adult Outpatient Services

•	
Monday	
Seeking Safety (Co-Occurring)	11:00 am - 12:00 pm (ADP)
DBT - Mindfulness	1:00 pm – 2:30 pm
DBT - Skill Building	1:30 pm - 2:30 pm (Wellness)
TED Talks - Information & Conversation	3:00 pm - 3:30 pm (Wellness)
Current Events Discussion	3:35 pm – 4:00 pm (Wellness)
Tuesday	
DBT - Distress Tolerance	1:00 pm - 2:30 pm
Health Awareness/Cooking	1:30 pm - 2:30 pm (Wellness)
Peer Leadership	3:00 pm - 3:30 pm (Wellness)
Just One Thing (Mindfulness)	3:35 pm - 4:00 pm (Wellness)
Wednesday	
DBT – Emotional Regulation	1:00 pm – 2:30 pm
Recovery Through Art	1:30 pm - 2:30 pm (Wellness)
Refuge Recovery	3:00 pm - 3:30 pm (Wellness)
Healthy Relationship Skills	3:35 pm - 4:00 pm (Wellness)
Thursday	
Co-occurring Women's group	10:30 am-12pm (ADP)
Women's Group	1:00 pm - 2:30 pm
Community Excursions	1:00 pm – 4:00 pm (Wellness)
Movement Mindfulness	1:30 pm - 2:30 pm (Wellness)
Stress Management/Coping Skills	3:00 pm - 3:30 pm (Wellness)
Social Awareness	3:35 pm - 4:00 pm (Wellness)
Friday	
BHC Group	12:30 pm - 1:00 pm
Volunteering	1:00 pm - 4:00pm (Wellness)
Anger Management	1:30 pm - 2:30 pm (Wellness)
Leisure Skills	3:00 pm - 3:30 pm (Wellness)
Paths to Recovery (Book Study)	3:35 pm - 4:00 pm (Wellness)
Men's Wellness	2:30 pm - 4:00 pm
Saturday	
Friends 'n Fitness	11:00 am - 12:30 pm

INITIALS & DEFINITIONS

Initials Definition
AB Assembly Bill

ACEs Adverse Childhood Experiences

ADL Activities of Daily Living
ADP Alcohol and Drug Programs
AOT Assisted Outpatient Treatment
APS Adult Protective Services
ARF Adult Residential Facility

B&C Board and Care

BHC Behavioral Health Court

BHD Behavioral Health Division (formerly the Mental Health Division)

BOMUSD Black Oak Mine Unified School District
BSCC Board of State and Community Corrections
CalMHSA California Mental Health Services Authority
CBHDA California Behavioral Health Directors Association

CBO Community Based Organization
CBT Cognitive Behavior Therapy

CCC Community Corrections Center or California Conservation Corps

CCP Community Corrections Partnership

CCR Continuum of Care Reform

CFMG California Forensic Medical Group
CFR Code of Federal Regulations
CFT Children and Family Teams

CFTN Capital Facilities and Technology Needs

CHP California Highway Patrol
CIT Crisis Intervention Team

CMS Centers for Medicare & Medicaid Services

CPP Community Planning Process
CPS Child Protection Services

CPT California Psychiatric Transitions
CSS Community Services and Supports
DBT Dialectical Behavior Therapy

DHCS Department of Health Care Services (California)
DMC-ODS Drug Medi-Cal Organized Delivery System

Dx Diagnosis

ED Emergency Department EDC El Dorado County

EDCMH EI Dorado County Mental Health EDCSO EI Dorado County Sheriff's Office

EDSO El Dorado Sheriff's Office

EDCVC El Dorado Community Vision Coalition

EH Extra Help

EPSDT Early and Periodic Screening, Diagnosis and Treatment

EQRO External Quality Review Organization

ER Emergency Room
FEP First Episode Psychosis
FSP Full Service Partnership
FTE Full-Time Equivalent

FY Fiscal Year

HHSA Health and Human Services Agency

HOT Homeless Outreach Team
ICC Intensive Care Coordination
ICM Intensive Case Management
IHBS Intensive Home-Based Services
IMD Institution for Mental Disease (facility)
ITWS Information Technology Web Services

Katie A. Katie A. vs. Bonta Lawsuit and/or resulting programs/services

LCSW Licensed Clinical Social Worker

LL Laura's Law

LOCUS Level of Care Utilization System

LPS Lanterman Petris Short

LT Limited Term

LTCC Lake Tahoe Community College MAR Medication Administration Record

MDT Multi-Disciplinary Team

MH Mental Health

MHD Mental Health Division
M-F Monday through Friday

MHOAC Mental Health Oversight and Accountability Commission

MHRC Mental Health Rehabilitation Center (facility)

MHSA Mental Health Services Act
MHW Mental Health Worker

MIOCR Mentally III Offender Crime Reduction

MOA Medical Office Assistant
NM New Morning Youth & Family

OP Outpatient

PA Physician Assistant

PATH Projects for Assistance in Transition from Homelessness

PCP Primary Care Physician PD Police Department

PEI Prevention and Early Intervention
PES Psychiatric Emergency Services

PG Public Guardian

PHF Psychiatric Health Facility

PIP Primary Intervention Program or Program Improvement Plan

POC Plan of Correction

PPD Placerville Police Department

QI Quality Improvement

QI/UR Quality Improvement/Utilization Review

QIC Quality Improvement Committee

RIF Reduction in Force
RFI Request for Information
RFP Request for Proposal
ROC Restoration of Competence

RV Remi Vista

SAMHSA Substance Abuse and Mental Health Services Administration

SB Senate Bill

SCF Sierra Child & Family SLT South Lake Tahoe

SLTPD South Lake Tahoe Police Department

SO Sheriff's Office

STHS South Tahoe High School

STRTP Short-Term Residential Therapeutic Program

SUD Substance Use Disorders
SV Summitview Child & Family
SYS Stanford Youth Solutions
T-House Transitional Housing
TAY Transitional Age Youth
TBD To Be Determined
TFC Therapeutic Foster Care

TYFS Tahoe Youth and Family Services

Tx Treatment

TY Tahoe Youth & Family UR Utilization Review

WET Workforce Education and Training

WIA Workforce Investment Act

WOIA Workforce Innovations and Opportunities Act

WS West Slope