

## **Summary of Potential Innovation Projects MHSA Community Planning Process for FY 2018/19 MHSA Plan Update**

### **Innovation Criteria**

To meet the requirements for Innovation, the primary purpose of the proposal must be one of the following:

- Increase access to underserved groups
- Increase the quality of services
- Promote interagency collaboration
- Increase access to services

To meet the requirements for Innovation, the proposal must do one of the following:

- Introduce a new mental health practice or approach
- Make a change to an existing mental health practice or approach
- Introduce a new application to the mental health system that has been successful in a non-mental health context

Even if a project passes the above criteria, Innovation funds cannot be used when it is known that a process or project will work – if we do “X” to address the needs of “Y”, will “Z” be accomplished? If the answer is yes, then we already know it will work and the proposal does not qualify as “innovative.”

### **Potential Innovation Projects**

The following proposals are potentially eligible Innovation projects. Further vetting must occur between the State and the County.

- 1. Mobile Mental Health Van that can serve our rural and underserved populations by traveling to them, including or limited to going to isolated seniors who participate in the Senior Nutrition Program (a “Meals on Wheels” type program) and provide outreach and linkage to services for those seniors.**

Question: Will using a mobile approach to reach isolated seniors who participate in the Meals on Wheels Program increase access to services?

Existing Program?: There are Meals on Wheels programs, but unable to detect a program that provides mobile outreach and linkage, specifically to isolated seniors who participate in a Meals on Wheels type program. There are also mobile mental health services, but not ones that specifically work with Senior Nutrition programs for home-bound seniors.

Purpose: Increase access to underserved groups

Practice: Make a change to an existing mental health practice or approach

**2. Bracelets or watches similar to Fitbit that allows clients and doctors to monitor medication levels.**

Question: Of the medications Mental Health clients take, will this provide a way for doctors to ensure patients are taking medications to increase mental health stabilization.

Existing Program?: There are watches that have alarms that sound to take medications, but no information is transmitted to the doctor. There also is a “digital” medication that transmits info to a wearable patch, which then sends the information to a mobile app. If patients consent, info can be sent to doctors. The digital pill is independent of the “wrist watch” idea. The technology needed for implementation of this proposal may not yet exist due to the nature of psychiatric medications.

Purpose: Increase the quality of services

Practice: Introduce a new mental health practice or approach

**3. Partner with local artists and students of art therapy programs to create an art program to help those who are experiencing grief due to the loss of an adopted or foster child.**

Question: Will partnering with local artists and students of art therapy help those experiencing grief due to the loss of an adopted or foster child to seek mental health services?

Existing Program?: Unable to find art therapy specifically aimed at foster parents/adoptive parents, as a means to deal with grief.

Purpose: Increase access to services

Practice: Introduce a new mental health practice or approach.

**4. Movement as mental health therapy (dance, sports/activities, outdoor activities, boot camps) and partner with retirees.**

Question: Will providing movement as a therapeutic service to older adults in a rural county decrease stigma and therefore increase access to mental health services?

Existing Program?: Dance/Movement Therapy is conducted in hospitals, clinics, private practices, rehabilitation centers, and psychiatric hospitals. Unable to initially find Dance/Movement Therapy conducted in a rural county mental health setting. Must be Board Certified to provide Dance/Movement Therapy, so a retiree would have to possess the certification to provide the therapy.

Purpose: Increase access to services / Increase access to underserved groups

Practice: Introduce a new mental health practice or approach.

**5. Expand ACEs training to all parents of school age children. Modified to “expand ACEs training to children who attend the School Attendance Review Board (SARB)”.**

Question: Will providing ACEs training to children who attend SARB increase resiliency and address the negative factor of untreated mental illness resulting in school failure or drop-out?

Existing Program?: Unable to find ACEs training to parents of school-age children who attend SARB.

Purpose: Increase access to services / Increase access to underserved groups

Practice: Promote interagency collaboration / Make a change to an existing mental health practice or approach

**6. Expand the pool of telemedicine. Modified to “increase collaboration between partners through the use of telemedicine.”**

Question: Will expanding telemedicine promote interagency and community collaboration and increase access to services?

Existing Program?: Under review.

Purpose: Increase access to services / Increase access to underserved groups

Practice: Promote interagency collaboration

**7. Jail post release continuum of care through probation and/or participation in an outpatient mental health service program (may be able to modify to make this proposal “innovative”)**

Question: Will providing post release continuum of care increase access to services to reduce recidivism?

Existing Program?: Under review.

Purpose: Increase access to services / Increase access to underserved groups

Practice: Promote interagency collaboration / Make a change to an existing mental health practice or approach

## Proposals that Did Not Meet Criteria for Innovation

Most submitted proposals were determined to not be “innovative” because a Google search resulted in identification of the same or similar programs underway elsewhere in a mental health context, the primary purpose of the proposal was not to address one of the four purposes allowed under Innovation, and/or the answer to the question was known to be yes – doing X to address Y will accomplish the stated purpose.

Proposal	Project/ Question Related to Mental Health?	Addresses At Least One Innovation Purpose?	New or Modified Practice / Approach?	Will Practice Accomplish Goal?	Innovation Funding Feasible?
1. Shower/laundry trailer that partners with community agencies and goes to warming/cooling centers	No	No	No	N/A	No
2. A mental health urgent care clinic	Yes	Yes	No	Unknown	No
3. Behavioral Health/social work type educational training in high school for high school and college credit with the goal of increasing and retaining a local mental health workforce	Yes	No	No	Unknown	Yes
4. Permanent supportive housing with peers as managers	Yes	Yes	No	Yes	No
5. Community paramedicine providing mental health services on ambulances or responding concurrently	Yes	Yes	No	Yes	Limited
6. Innovation at the community wellness center	Not specific enough	Not specific enough	Not specific enough	Not specific enough	Not specific enough
7. Have a clinician in the jail do mental health assessments at booking	Yes	Yes	No	Unknown	Limited
8. Training EDC Correctional officers in crisis intervention training (Memphis Model)	Yes	Yes	No	Likely	Limited
9. Create an in lieu of custody program that deals with co-occurring disorders	Yes	Yes	No	Likely	Limited
10. Expand the number of people in Behavioral Health Court	Yes	Yes	No	Likely	Limited
11. Equine therapy	Yes	Unknown	No	Unknown	Yes

<b>Proposal</b>	<b>Project/ Question Related to Mental Health?</b>	<b>Addresses At Least One Innovation Purpose?</b>	<b>New or Modified Practice / Approach?</b>	<b>Will Practice Accomplish Goal?</b>	<b>Innovation Funding Feasible?</b>
12. Mind, body health class	Yes	Unknown	No	Unknown	Yes
13. Create an alliance with members of HHSA programs and community business partners to explore trauma-informed practices	Yes	Yes	No	Unknown	Yes
14. Host experiential resilience-building fair	Yes	Potentially	No	Unknown	Unknown
15. Create a mobile exhibit to let people experience ways to build resilience	Yes	Potentially	No	Unknown	Limited
16. Outdoor therapeutic experiences for at-risk youth	Yes	Yes	No	Unknown	Limited
17. Middle school support groups to deal with bullying	Yes	No	No	Unknown	Limited
18. Build provider awareness of LGBTQ with training or tip sheet for those who serve LGBTQ clients	Yes	Not specific enough	No	Unknown	Yes
19. Pilot program targeting children ages 2-8, educating caregivers/parents about neuro-reorganization	Yes	Potentially	No	Yes	Yes
20. Enhance crisis intervention training by having a mental health clinician riding with an officer on mental health-related calls.	Yes	Yes	No	Yes	Limited
21. Partner with Master Gardeners to teach clients how to grow food and care for plants; then clients cook food in a restaurant or sell food at a farmer's market.	Not specific enough	No	No	Not specific enough	Yes
22. Partner with Senior Nutrition to learn how to cook and perform food service duties at the Senior Centers.	Not specific enough	No	No	Not specific enough	Yes
23. Art therapy – clients paint art murals on a building or other structure	Yes	No	No	Not specific enough	Yes
24. Mental health clients organize fundraisers for community projects	Not specific enough	No	No	Not specific enough	Yes
25. Mental health clients work or volunteer in Apple Hill orchards, selling their personal items	Not specific enough	No	No	Not specific enough	Yes

<b>Proposal</b>	<b>Project/ Question Related to Mental Health?</b>	<b>Addresses At Least One Innovation Purpose?</b>	<b>New or Modified Practice / Approach?</b>	<b>Will Practice Accomplish Goal?</b>	<b>Innovation Funding Feasible?</b>
26. Laughter as medicine	Yes	Potentially	No	Not specific enough	Yes
27. Housing first models	Not specific enough	Yes	No	Likely	No