## Behavioral Health Division Update Behavioral Health Commission September 2019 Data October 23, 2019 Meeting

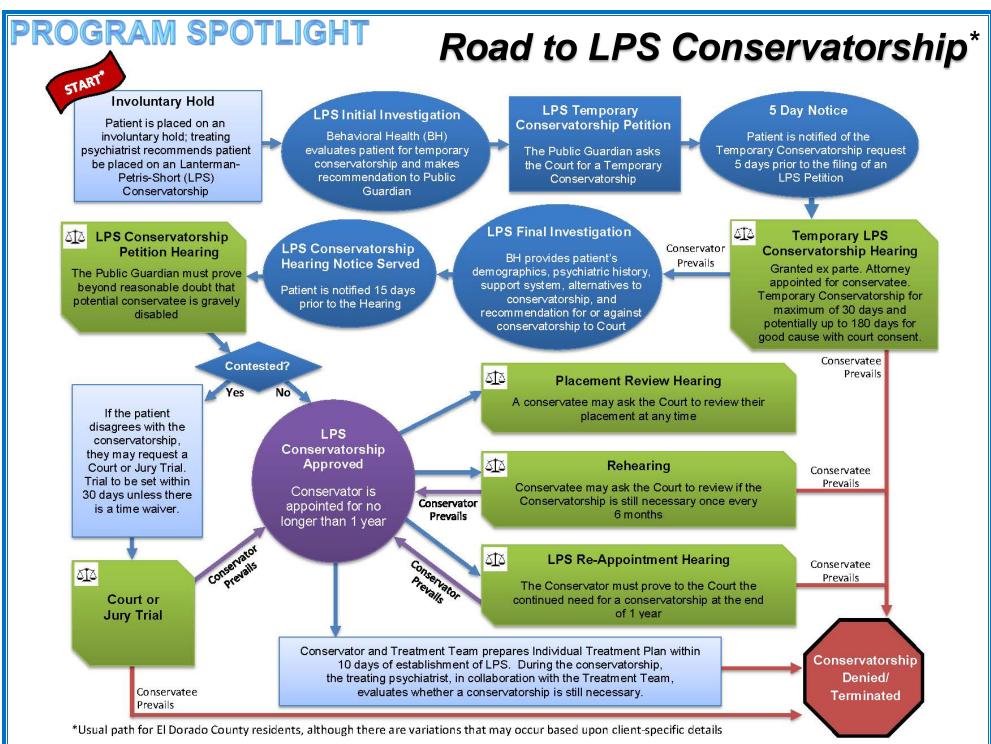
#### ASSISTANT & DEPUTY DIRECTOR UPDATES (Katy Eckert & Jamie Samboceti)

## EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING

- New Hires:
  - Laura Curry, LMFT, SLT ICM program coordinator, starts Oct 14
  - Lynn Schue, SUDS Health Education Coordinator, start date: 9/30/19
- Promotions:
  - Jody Kwachak-Hall, LMFT, now clinician 1B, she passed her licensing exam!
- Recruitments:
  - Ongoing
    - WS Mental Health Clinicians
    - WS MH Workers
    - WS MH Aides
    - WS Medical Office Assistant (Extra Help and Regular)
    - SLT Mental Health Coordinator & Extra Help Clinicians, Workers and Aides
    - WS Health Education Coordinators SUDS
    - WS Mental Health Clinician SUDS
    - WS Health Program Specialist SUDS
  - o New
    - WS Analyst
- Separations:
  - o Nikolas Jones, AMFT
- Position Changes:
  - o None

#### EL DORADO COUNTY BEHAVIORAL HEALTH FINANCIAL UPDATE

• The FY 19/20 budget information will be reported next month.



BH Update to BHC 9/2019 Data – October 23, 2019 | Page 2 of 21

# CASELOAD AND NEW SERVICE REQUEST DATA

#### **Unduplicated Caseload as of September 2019**

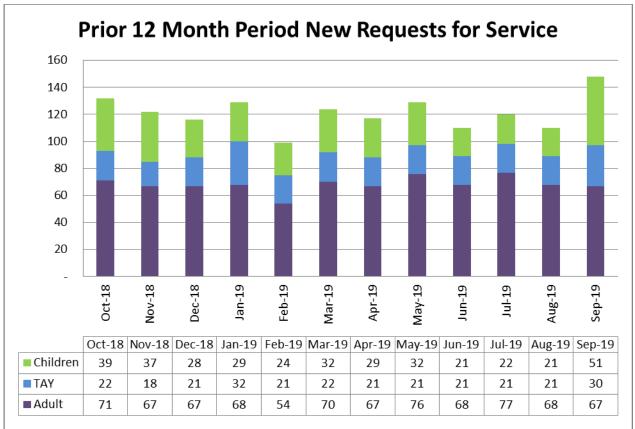
Children's Outpatient South Lake Tahoe	Clients	Children's Outpatient West Slope	Clients	Total
TAY	2	TAY	30	32
Clinic*	2	Clinic*	5	7
Contractor: Sierra Child & Family Services (SCF)**	40	Contractor: Sierra Child & Family Services (SCF)**	77	117
Contractor: Tahoe Youth & Family (TY)**	0	n/a		0
		Contractor: Summitview (SV) **	69	69
		Contractor: New Morning (NM)**	27	27
Contractor: Stanford Youth Solutions (SYS)**	1	Contractor: Stanford Youth Solutions (SYS)**	3	4
Subtotal Children's	45	Subtotal Children's	211	256
Adult Outpatient South Lake Tahoe	Clients	Adult Outpatient West Slope	Clients	Total

South Lake Tahoe	Clients	West Slope	Clients	Total
Clinic	65	Clinic	225	290
ICM/FSP	14	ICM/FSP	54	68
Subtotal Adults	79	Subtotal Adults	279	358
Total South Lake Tahoe	124	Total West Slope	490	614
Total South Lake Tanoe	124	Total west Slope	490	014

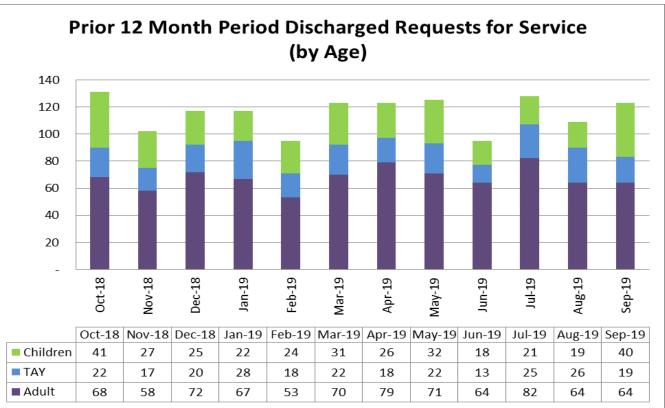
\* Children who are seen by the Behavioral Health Division only (no Contracted Providers)

\*\* May include children who are seen by the Behavioral Health Division's Psychiatrist

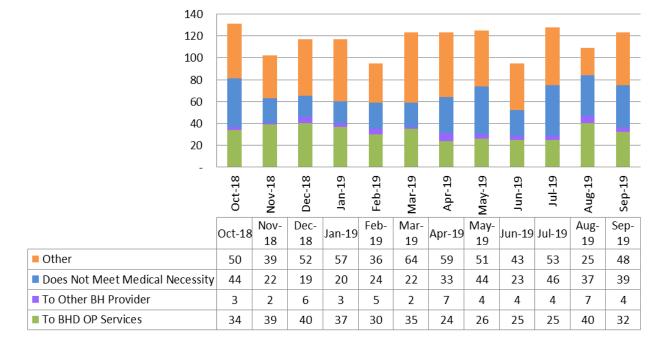
#### **New Service Request Trends**

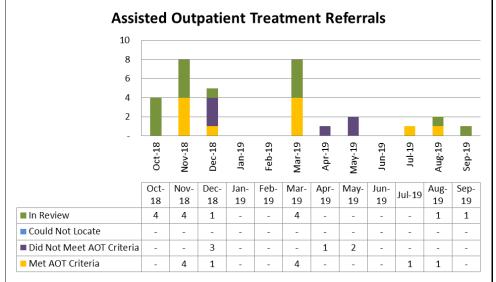


## **Discharged Service Request Trends**









## **Assisted Outpatient Treatment: (Nicole Cable)**

0 met initial program criteria,
0 individuals voluntarily accepted outpatient services,
0 individuals to proceed with the AOT process,
1 applications in review process

Discharged AOT clients:

1 clients discharged:
1 to a lower level of service,
0 out of services

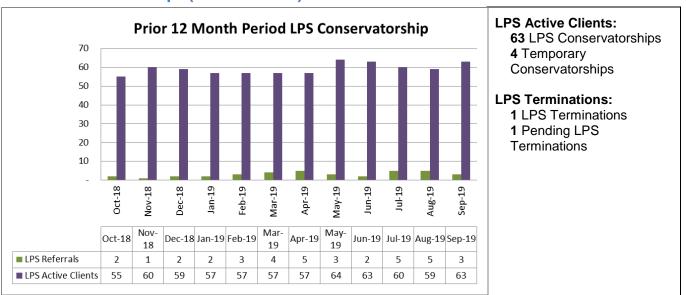
**Disposition of Referrals:** 

criteria,

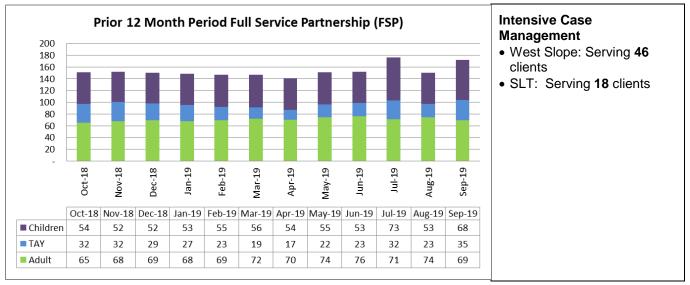
0 did not meet program

There are currently **2** AOT clients receiving services voluntarily.

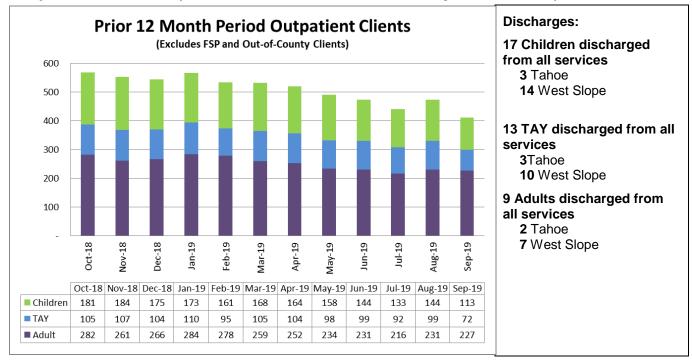
# LPS Conservatorship: (Nicole Cable)



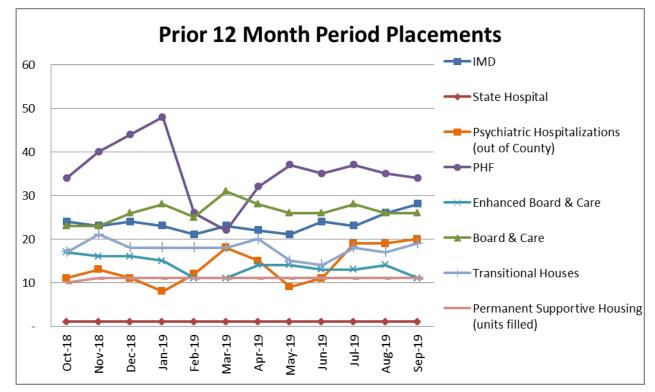
# Full Service Partnership (FSP) and Intensive Case Management (ICM) (Nicole Cable and Sabrina Owen)



#### **Outpatient Services (excludes FSP and Out-of-County Placements)**



## **PLACEMENTS**



#### **Board and Care / IMDs / Secure Placements (Nicole Cable)**

- 28 IMD beds Crestwood/Canyon Manor/California Psychiatric Transitions (CPT)
- 1 State Hospital
- 11 Enhanced Board and Care beds including Willow Glen & Silver Ridge
- 26 Board and Care Sacramento & Galt (including Grace Home)
- Total:
  - 60 Out of County Placements
  - 6 In County Placements (Silver Ridge)

#### Transitions Treatment Program (Nicole Cable / Sabrina Owen)

#### • WS: 16 of 18 beds filled:

- T1 0 openings,
- T2 0 Female openings,
- T3 2 Male openings,
- T4 0 openings
- SLT: 3 of 6 beds filled:
  - T1 3 openings
  - One SLT bed reserved for client in substance use inpatient treatment.

## **Permanent Supportive Housing (Heather Longo / Sabrina Owen)**

#### Trailside Terrace

Clients receive services from the Wellness and Recovery team or from community based supports

- 4 of 5 units occupied
- Wait List:
  - 1 bedroom: 18 (although the list is being updated)
  - o 2 bedroom: 08
  - o 3 bedroom: 01
    - It is anticipated that the 1-bedroom apartment will be available at the middle or end of October 2019

#### The Aspens at South Lake

Clients receive ICM team coverage

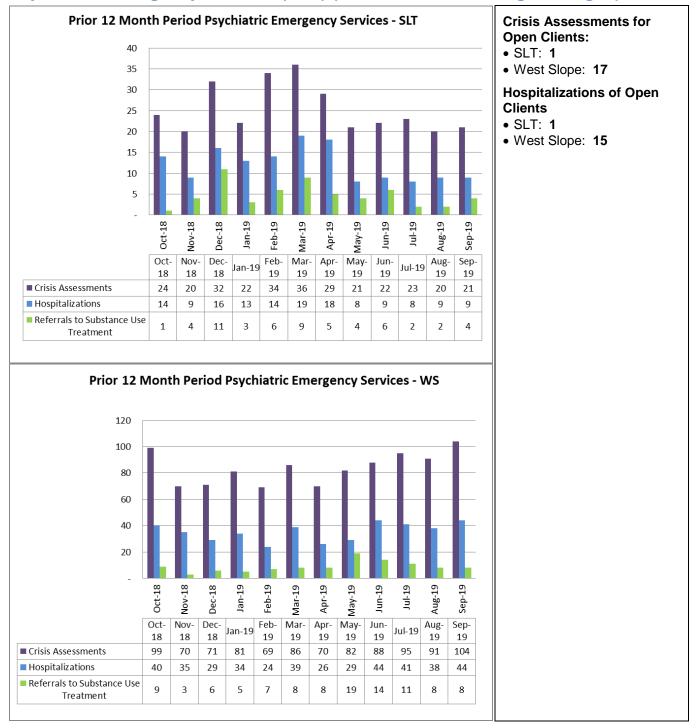
- 6 of 6 units occupied
- Wait List: unknown
  - The Aspens is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

#### **Psychiatric Health Facility (Nicole Cable)**

- There were **34** Admissions; **27** Admissions were El Dorado County residents and **7** were Out of County residents.
- There were 29 El Dorado County residents discharged; 19 to Home with Support, 5 to Home without support, 1 MHRC/IMD, 1 Board and Care, 1 to ICM T-House, 1 Shelter, 1 to Other, and 0 to Emergency Department.
- Upon discharge, **18** El Dorado County residents were insured and **11** El Dorado County residents were pending insurance.
- There were 1 Seclusion Episodes, 2 Physical Restraint Episodes (2 minutes), 1 Assaults (1 clients), 0 Elopements, 2 Medication Errors (0 medication errors with no patient involvement), Client Surveys 23
- There were **0** denials of El Dorado County referrals: N/A
- Average daily census was **13.47** (range 11-16) with **11** average length of stay of days.

# **CRISIS SERVICES**

#### Psychiatric Emergency Services (PES) (Sabrina Owen and Angie Larrigan)



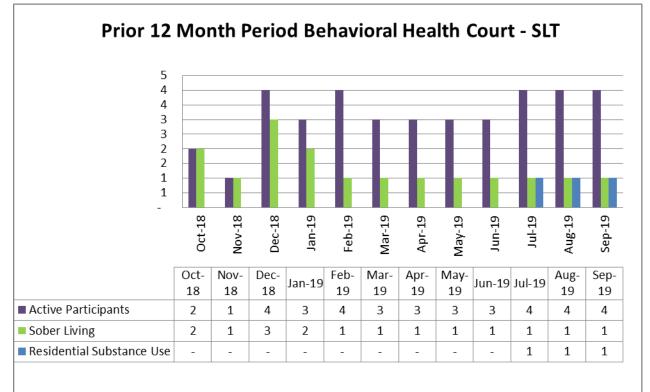
#### Crisis Intervention Teams (CIT) (Angie Larrigan and Sabrina Owen)

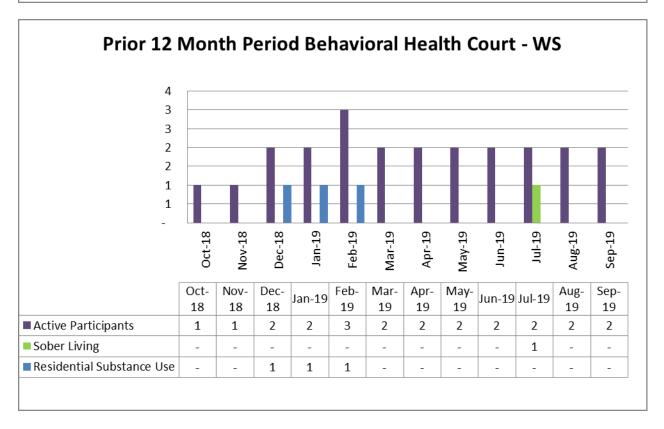
- **SLT:** MDT meeting in September lacked several important community partners, most notably STPD, probation and Wellpath, all of whose attendance is intermittent. Sheriff, Barton and Behavioral Health were present to discuss concerns and management of our at risk populations
- WS: Huge community partner attendance at the September meeting, including: EDCSO, PPD, APS, Wellpath, Probation, Parole, NAMI, the DAs office, EDCBH, HOT Team and PERT. Discussed numerous at risk cases, community resources and concerns, and possible referrals and linkages. Frustrations were shared by NAMI representative, Jan Malnicoe regarding co-occurring disorders and patient rights. After the meeting ended, we toured the brand new and beautifully appointed EDC Sheriff's Building.
- **PERT:** No current PERT data because there is not a full-time clinician assigned to this program.

Contacts for Month	
Safety Plans	
PERT Holds Written	
Law Enforcement Holds Written during PERT Shift	
Voluntary Transports to Emergency Department	
Law Enforcement Holds Written	
Behavioral Health Outpatient Holds Written	
Other/Unable to Locate/Inaccurate Report for Service	
Substance Use Admitted/Confirmed	
Adult Protective Services (APS) Referrals	
"Fit For" Jail Crisis Risk Assessments Conducted by PERT	

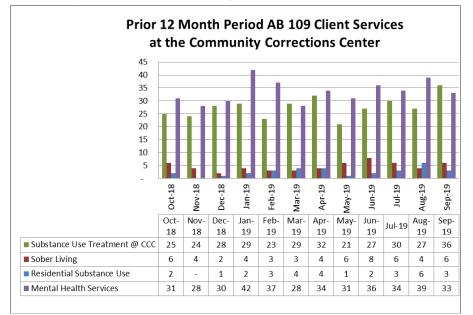
## **JUSTICE SERVICES**

## Behavioral Health Court (John Schumacher)



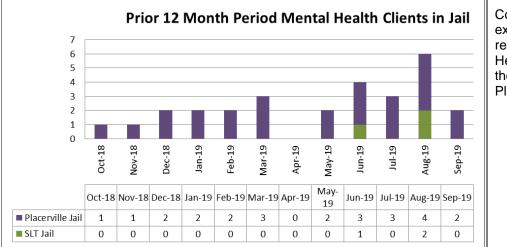


## AB 109 (John Schumacher)



- **10** clients are receiving Substance Use Education services in the South Lake Tahoe jail.
- On hold at this time 0 clients are receiving Substance Use Disorder treatment in Placerville Jail.
- 1 client is receiving treatment from a contracted community provider in SLT.
- 20 clients are receiving treatment from a contracted community provider in Placerville.

## Mental Health Clients in Jail (Moriah Weldy)



Count of Behavioral Health's existing clients that were receiving Specialty Mental Health Services at the time of their incarceration in the Placerville or SLT Jails only.

## **Restoration of Competency (Nicole Cable)**

- **0** Outpatient ROC referrals
- 2 Jail ROC referral
- 1 client receiving ROC Outpatient services
- 0 client receiving ROC Inpatient services (CPT)
   1 client waiting to be transported from SLT to Placerville Jail to begin providing ROC services.

# **QUALITY ASSURANCE & PATIENT RIGHTS**

## Patients' Rights Advocate (Christina Hammel)

- The new Patients' Rights Advocate for El Dorado County is Christina Hammel. Her hours are Mondays and Thursdays, 8:00 am to 4:30 pm.
- Data related to Patients' Rights will resume regular reporting as soon as possible.

## **Quality Improvement/Utilization Review (Angelina Larrigan / Ren Strong)**

- The Quality Improvement/Utilization Review team has been very busy in recent months, with implementing new State requirements, monitoring contractors, and submitting reports to the State.
- Outpatient documentation training was provided in September to County and contractors' staff.
- The quarterly Network Adequacy Certification for Quarter 3 (June through August 2019) was submitted to the State in October.
- In mid-September, the State issued its findings to all counties based upon the April 2019 (Quarter 1) Network Adequacy submittal (December 2018 through February 2019 data). El Dorado County had three areas of improvement identified, all of which were addressed in the October Network Adequacy submittal.
  - Child Psychiatrist Capacity: One contracted provider did not have its usual capacity for child psychiatry during the Quarter 1 period. The contractor now has a child psychiatrist and maintains contracts with agencies to access psychiatry as may be needed.
  - Timely Access to Initial Requests for Service: The County has focused on this process during the past six months and greatly improved its compliance rate from 64% during Quarter 1, to 94% during the most recent quarter of June through August 2019 (Quarter 3). The State's threshold for compliance is 70%.
  - Language Line Usage: This issue appears to be a report format/content issue, which was addressed in the Quarter 3 submittal. The State has also asked the County to monitor access to services for beneficiaries whose preferred language is Spanish.

## Grievances/Appeals/Hearings (Christina Hammel; Ren Strong)

• Data related to Grievances, Appeals and Hearings will resume regular reporting as soon as possible.

# **PROGRAM ACTIVITY UPDATES**

# ALCOHOL AND DRUG SERVICES / SUBSTANCE USE DISORDERS (Salina Drennan)

Tahoe:

• Tahoe staff continue to provide outpatient treatment services in SLT.

West Slope:

• West Slope staff continue to partner with the HOT Team to provide assessments, screening and linkages for those with substance use disorder and are homeless

## MENTAL HEALTH SERVICES ACT (MHSA) (Heather Longo/Tami Smith)

- The MHSA team is awaiting the report from the State with the results of the MHSA review.
- The MHSA team met with various contracted providers regarding their projects.
- Heather participated in various teleconferences, webinars, and meetings regarding items of interest to MHSA.
- The MHSA team participated in a Cultural Competency training: "Mental Illness and Treatment: Client/Family Member Perspective".

## OUTPATIENT SERVICES (Sabrina Owen (SLT); Lesly Van Sloten and Nicole Cable (WS))

#### **Wellness Center Activities:**

Tahoe:

• Wellness participants are enjoying the diverse range of groups and activities offered including a new group we call "clinician's hour" where a clinician (on rotation) does an activity or group of their choice, giving the participants an opportunity to get to know them and engage in a fun and/or educational endeavor.

West Slope:

- New group started on West Slope, 6 week "Roommate Etiquette 101" providing clients with workshops on important roommate topics, including Identifying what you are looking for in a roommate, boundary setting, conflict resolution, life skills and an introduction to housing resources and how to fill out applications for housing.
- Wellness Center continues to be a supportive place to gather, socialize and make new friends. Upcoming events in October to celebrate Halloween with food and fun and in November our Annual Thanksgiving Community Celebration at Fireman's Hall.

#### **ICM Activities:**

Tahoe:

• Several ICM clients have been enjoying our Saturday Friends 'n Fitness group which promotes exercise, socialization and sunlight (a combination proven to treat depression). Recent activities included a 6 mile walk along the new bike path near Sand Harbor and hikes to enjoy the fall colors.

West Slope:

• ICM clients continue to enjoy outdoor outings, BBQ at the Park, fishing, hiking and softball. With the T-houses being full, clients are learning important skills of cooking, cleaning, meal preparation, grocery shopping and conflict resolution

#### Children's Services (Angie Larrigan/Justine Collinsworth)

- Behavioral Health and Child Welfare Services (CWS) jointly implemented a new referral process for CWS Social Workers to directly refer children with an open CWS case to Behavioral Health (BH) for a Specialty Mental Health Services (SMHS) medical necessity screening. BH Access Team staff and CSW Social Workers now have a clearly identified pathways for communication in order to follow up on referrals and ensure all children who are in need receive a screening.
- BH staff and Sierra Child and Family Services staff have provided additional outreach at CWS unit meetings on both slopes of the County to collaborate about mandated Child and Family Team (CFT) Meetings, the required Child and Adolescent Needs and Strengths (CANS) tool, and children's SMHS in general. This provided great opportunities to create shared meaning for State mandates and open clear lines of communication to best serve our most vulnerable minor population.

#### TAY DBT/FEP Program (Sabrina Owen and Lesly Van Sloten)

Tahoe

 Anna Lee, AMFT, new TAY clinician, has teamed up with Allision Hibbard, AMFT, from our substance use department to offer DBT groups at both Tallac and STHS. The groups, which increase skills for decision making, managing emotions and improving relationships, have proved so popular they are now expanding to offer multiple groups at both sites. Anna is also working on developing new DBT brochures and educating our community providers as to these free, much needed, services for our adolescents..

# ADULT OUTPATIENT GROUP SCHEDULES

## **WS Adult Outpatient Services**

Monday	
BHC/Wellness - Check In Group	10:30 am - 11:30 am
Anger Management	1:15 pm - 2:00 pm (Open to clients)
Ted Talks	1:15 pm - 2:00 pm (Wellness/Peer Led)
Exercise Group	2:00 pm - 3:00 pm (Wellness/Peer Led)
Basic Conversation Skills	2:00 pm - 3:00 pm (Wellness)
Stress Reduction	3:00 pm - 4:00 pm (Open to clients)
Play a Game Group	3:00 pm - 4:00 pm (Wellness)
Life Skills	3:00 pm - 4:00 pm
Tuesday	
Dried Mangoes Rehearsal Music Group	10:00 am - 11:00 am (Wellness)
Ted Talks	1:15 pm - 2:00 pm (Wellness/Peer Led)
Women's Co-Occurring Recovery Group	1:15 pm - 2:45 pm (ADP)
Art Group with Jan from NAMI	1:30 pm - 3:00 pm (Wellness/Peer Led)
Healthy Pleasures	1:30 pm - 2:30 pm (Staff and Peer Led)
Job Connections Group	1:30 pm - 3:30 pm (Wellness)
Smoking Cessation	3:00 pm - 4:00 pm (Wellness)
Wednesday	
DBT Skills Group - Skills Training	10:00 am - 12:00 pm
Transitional Housing Independent Living Skills	12:00 pm - 1:00 pm
Dual Recovery Anonymous - Peer Support Group	1:00 pm - 2:00 pm (Wellness/Peer Led)
Ted Talks	1:15 pm - 2:00 pm (Wellness/Peer Led)
Self-Care/ADLS Group	1:30 pm - 3:30 pm (Wellness)
Soothing Techniques	2:00 pm - 3:00 pm (Wellness)
Anger Management Group	2:00 pm - 3:00 pm
MH Peer Leadership Academy	2:00 pm - 4:00 pm
Thursday	
Seeking Safety Group	10:30 am-12:00 pm
Improv Music Group	10:00 am - 11:00 am (Wellness/Peer Led)
Women's Co-Occurring Recovery Group	1:15 pm - 2:45 pm (Seeking Safety, ADP)
Healthy Pleasures	1:30 pm - 2:30 pm (Wellness)
TAY DAY	2:00 pm - 4:00 pm (Wellness)
Anxiety and Depression Group	2:30 pm - 3:30 pm (Wellness/Peer Led)
Friday	
DBT Group - Skills Training	10:00 am - 12:00 pm (Closed)
Men's Co-Occurring Recovery Group	10:15 am - 11:45 am (ADP)
Ted Talks	1:30 pm - 2:00 pm (Wellness/Peer Led)
DBT Group - Skills Training	1:30 pm - 2:30 pm
Cinema Club	2:00 pm - 4:00 pm (Wellness)
Mindfulness Group (On hold)	2:45 pm - 3:30 pm (Wellness)

# **SLT Adult Outpatient Services**

Monday	
Co-Occurring DBT	11:00 am - 12:00 pm
DBT - Mindfulness (modified)	1:00 pm - 2:30 pm
Women's Group	1:00 pm - 2:30 pm
DBT - Skill Building	1:30 pm - 2:30 pm (Wellness)
TED Talks - Information & Conversation	3:00 pm – 3:30 pm (Wellness)
Current Events Discussion	3:35 pm – 4:00 pm (Wellness)
Tuesday	
DBT - Mindfulness	1:00 pm - 2:30 pm
Health Awareness/Cooking	1:30 pm - 2:30 pm (Wellness)
Peer Leadership	3:00 pm - 3:30 pm (Wellness)
Just One Thing (Mindfulness)	3:35 pm - 4:00 pm (Wellness)
Wednesday	
DBT – Emotional Regulation	10:30 pm - 12:00 pm
DBT – Interpersonal Effectiveness	1:00 pm - 2:30 pm
Recovery Through Art	1:30 pm - 2:30 pm (Wellness)
Refuge Recovery	3:00 pm - 3:30 pm (Wellness)
Healthy Relationship Skills	3:35 pm - 4:00 pm (Wellness)
Thursday	
Co-occurring Women's Group	10:30 am - 12:00 pm (ADP)
DBT - Distress Tolerance	1:00 pm - 2:30 pm
Community Excursions	1:00 pm – 4:00 pm (Wellness)
Movement Mindfulness	1:30 pm - 2:30 pm (Wellness)
Stress Management/Coping Skills	3:00 pm - 3:30 pm (Wellness)
Social Awareness	3:35 pm - 4:00 pm (Wellness)
Friday	
BHC Group	12:30 pm - 1:00 pm
Volunteering	1:00 pm - 4:00pm (Wellness)
Anger Management	1:30 pm - 2:30 pm (Wellness)
Leisure Skills	3:00 pm – 3:30 pm (Wellness)
Paths to Recovery (Book Study)	3:35 pm - 4:00 pm (Wellness)
Men's Wellness	2:30 pm - 4:00 pm
Saturday	
Friends 'n Fitness	11:00 am - 12:30 pm

## **INITIALS & DEFINITIONS**

EDCOE El Dorado County Office of Education
EDCSO El Dorado County Sheriff's Office

EQRO	External Quality Review Organization
ER	Emergency Room
FEP	First Episode Psychosis
FSP	Full Service Partnership
FTE	Full-Time Equivalent
FY	Fiscal Year
HHSA	Health and Human Services Agency
HOT	Homeless Outreach Team
Hubs	Reference to the Innovation Program "Community-Based Engagement and
11055	Support Services", also called "Community Hubs"
IA	Intergovernmental Agreement
	5 5
ICC	Intensive Care Coordination
ICM	Intensive Case Management
IHBS	Intensive Home-Based Services
IMD	Institution for Mental Disease (facility)
ITWS	Information Technology Web Services
Katie A.	Katie A. vs. Bonta Lawsuit and/or resulting programs/services
LCSW	Licensed Clinical Social Worker
LL	Laura's Law
LOCUS	Level of Care Utilization System
LPCC	Licensed Professional Clinical Counselor
LPS	Lanterman Petris Short
LT	Limited Term
LTCC	Lake Tahoe Community College
MAR	Medication Administration Record
MDT	Multi-Disciplinary Team
M-F	Monday through Friday
MH	Mental Health
MHD	Mental Health Division
MHRC	Mental Health Rehabilitation Center (facility)
MHSA	Mental Health Services Act
MHSOAC	
	Mental Health Oversight and Accountability Commission
MHSUDS	Mental Health and Substance Use Disorder Services, a division of
	the State's Department of Health Care Services (DHCS)
MHW	Mental Health Worker
MIOCR	Mentally III Offender Crime Reduction
MOA	Medical Office Assistant
MOU	Memorandum of Understanding
MRT	Moral Reconation Therapy
NACT	Network Adequacy Certification Tool
NM	New Morning Youth & Family
NOABD	Notice of Adverse Benefit Determination
OAC	Mental Health Services Oversight and Accountability Commission, also MHSOAC
OP	Outpatient
PA	Physician Assistant
PATH	Projects for Assistance in Transition from Homelessness
PCP	Primary Care Physician
PD	
	Police Department
PEI	Prevention and Early Intervention
PERT	Psychiatric Emergency Response Team
PES	Psychiatric Emergency Services
PG	Public Guardian
PHF	Psychiatric Health Facility

PIP POC PPD PSC-35 QA/UR QI QI/UR QIC RIF RFI RFP RFQ ROI ROC RV SAMHSA SB SCF SLT SLTPD SO STHS STRTP SUD SV SYS T-House TAY TBD TCH TFC TYFS Tx TY UR VA WET WIA WOIA	Primary Intervention Program or Program Improvement Plan Plan of Correction Placerville Police Department Pediatric Symptom Checklist Quality Assurance/Utilization Review Quality Improvement Quality Improvement/Utilization Review Quality Improvement/Utilization Review Quality Improvement/Utilization Review Quality Improvement/Utilization Review Quality Improvement Committee Reduction in Force Request for Information Request for Proposal Request for Qualifications Authorization for Release of Information Restoration of Competence Remi Vista Substance Abuse and Mental Health Services Administration Senate Bill Sierra Child & Family South Lake Tahoe South Lake Tahoe Police Department Sheriff's Office South Tahoe High School Short-Term Residential Therapeutic Program Substance Use Disorders Summitview Child & Family Stanford Youth Solutions Transitional Age Youth To Be Determined Tahoe Coalition for the Homeless Therapeutic Foster Care Tahoe Youth and Family Services Treatment Tahoe Youth and Family Services Treatment Tahoe Youth & Family Utilization Review United States Department of Veterans Affairs Workforce Innovations and Opportunities Act Workforce Innovations and Opportunities Act
WS	West Slope