

## **County of El Dorado**

See meeting locations listed below

## **Minutes**

## **Behavioral Health Commission**

Dr. Stephen Clavere, Chair WS
Arturo Salazar, Vice-Chair WS
Dr. Richard Lynn, Vice-Chair SLT
John Hidahl, Board of Supervisors Representative
Kathryn Hamilton, Secretary
Henry Sandigo, Commissioner
Norma Santiago, Commissioner
Debra Thornburgh, Commissioner
Karis Holman, Commissioner
Vacant (7), Commissioner

Wednesday, December 4, 2019

5:00 PM

Meeting Locations (in person and connected via tele/video-conferencing):

• Health and Human Service Agency, 3057 Briw Road, Sierra Room, Placerville, CA

• Mental Health Office, 1900 Lake Tahoe Blvd., Suite 103,

South Lake Tahoe, CA

## 5:05 PM CALLED TO ORDER AND ROLL CALL; INTRODUCTIONS

Guests: Cathi Stoffan, Chandra Thomas, Dr. John Motl, Bob Cardoza, Chris Stedeford, Theresa Comstock, Kathleen Guerrero, Barry Harwell, Lynn Hall, Shannon Clavere

County Staff: Don Semon, Paula Frantz, Jamie Samboceti, Ren Strong, Heather Longo

Present: 6 - Stephen Clavere, Arturo Salazar, Kathryn Hamilton, Karis Holman, Richard Lynn

and John Hidahl

Absent: 3 - Henry Sandigo, Norma Santiago and Debra Thornburgh

## **ADOPTION OF THE AGENDA**

A motion was made by Vice-Chair Lynn, seconded by Supervisor Hidahl, to adopt the agenda as written.

#### **PUBLIC COMMENT**

Theresa Comstock with California Association of Local Behavioral Health Boards and Commissions – Congratulations on having a meeting tonight.

Kathi Guerrero with First5 – presented the CSAC award that was given to Community Hubs MHSA Innovation project. Kathi requested to be on the April 2020 Agenda for a data presentation of some of the impacts the Hubs are making.

#### **DISCUSSION / ACTION ITEMS**

1. 19-1596 Approval of the 9/25/19 Behavioral Health Commission Minutes

A motion was made by Supervisor Hidahl, seconded by Commissioner Salazar, to approve the 9/25/19 Behavioral Health Commission minutes.

Yes: 6 - Stephen Clavere, Arturo Salazar, Kathryn Hamilton, Karis Holman, Richard Lynn and John Hidahl

Absent: 3 - Henry Sandigo, Norma Santiago and Debra Thornburgh

#### **2**. 19-1691

Commissioners Salazar and Lynn request that the Behavioral Health Commission recommend to the Board of Supervisors that Dr. Stephen Clavere be reappointed as a full Behavioral Health Commission member effective January 1, 2020 (5 minutes)

A motion was made by Vice-Chair Lynn, seconded by Vice-Chair Salazar, to request that the Behavioral Health Commission recommend to the Board of Supervisors that Dr. Stephen Clavere be reappointed as a full Behavioral Health Commission member effective January 1, 2020.

Don Semon will work with the Board Clerk to place this on a future Board of Supervisors Agenda.

#### **3**. 19-1586

Presentation by Theresa Comstock, Executive Director of the California Association of Local Behavioral Health Boards and Commissions (10 minutes)

Theresa Comstock provided a brief presentation on the background and purpose of the California Association of Local Behavioral Health Boards and Commissions (CalBHBC). She also reviewed recent changes to the Welfare and Institutions Code that relate to Behavioral Health Boards/Commissions. Ms. Comstock provided various "Issue Briefs" that also are available on CalBHBC's website, www.calbhbc.com.

Commissioner Comments: Chair Clavere mentioned that the Commission has not been able to get data from the jails.

Supervisor Hidahl asked that in light of PG&E's Public Safety Power Shut-offs, is there any funding to help prepare for disasters (such as funding to buy generators).

Commissioner Hamilton asked if the CalBHBC works with counties to develop a 3-5 year strategic plan and how can the Behavioral Health Commission put together a plan.

#### **4**. 19-1692

Review/Approve the 2019 Data Notebook for submission to California Behavioral Health Planning Counsel and submit as a receive and file to the Board of Supervisors (5 minutes)

Chair Clavere explained that the Data Notebook was reviewed and completed by the Ad Hoc Committee comprised of Chair Clavere and Commissioner Sandigo and the primary theme is trauma-informed care and ACEs.

Commissioner Comments: Supervisor Hidahl asked for more information on question 9, relative to children's WRAP services. He also asked if responses recorded in the Data Notebook serve to inform a strategic plan.

Commissioner Hamilton made comments about WRAP services, particularly that a parent advocate needs to be a part of WRAP services.

Don Semon responded that he would address the Data Notebook questions with Behavioral Health Leadership and would seek feedback from the Behavioral Health Commission Chair about the Commission's perspective.

Heather Longo noted that MHSA does have a Parent Partner project.

Public Comments: Barry Harwell commented that the Board of Supervisors eliminated SB 163 program several years ago, so the County does not have a formal WRAP program.

A motion was made by Vice-Chair Lynn, seconded by Commissioner Holman to approve the 2019 Data Notebook for submission to California Behavioral Health Planning Council and submit as a receive and file to the Board of Supervisors.

#### **5**. 19-1587

Appoint Ad Hoc Nominating Committee for 2020 Behavioral Health Commission Officers (5 minutes)

Chair Clavere explained that a nominating committee needs to be formed to create a proposed slate of officers for 2020.

The nominating committee is Commissioner Holman and Commissioner Santiago.

Commissioner Holman will contact Commissioner Santiago to inform her that she was nominated to participate on this committee.

#### **6**. **19-1588**

Appoint Ad Hoc Committee for Interviewing Prospective County Director of Mental Health Candidates (5 minutes)

Chair Clavere explained that one of the duties of the Commission is to participate in the selection process for the appointment of a Mental Health Director.

The Ad Hoc Committee will be Commissioner Clavere as the Chair and Commissioner Lynn.

# 7. 19-1589 Recommendation from Behavioral Health Court Ad Hoc Committee (10 minutes)

Commissioner Holman provided a summary of the recommendations from the Commission's 2016 report and provided a summary of a conversation the Ad Hoc Committee had with Judge Kingsbury regarding Behavioral Health Court.

Commissioner Comments: Chair Clavere said he will put this on the January Agenda because part of the task was to come up with specific recommendations. He also requested including Assisted Outpatient Treatment in discussions.

Vice-Chair Lynn said he felt that in the last evaluation, respondents, especially the elected officials, probably felt there were too many survey questions, so they didn't answer any questions.

HHSA Director Don Semon stated he attends a monthly group that discusses pre-trial diversion and Stepping Up. They will be taking a trip to Sacramento to view a pre-trial diversion courtroom and will have an opportunity to talk with and ask questions of their peers.

Deputy County Counsel Paula Frantz stated that the meeting group referenced by Don Semon was developed to address changes in law regarding pre-trial diversion. It is a court-established group that determines the scope of discussion.

Deputy Director Jamie Samboceti stated that she is part of a Stepping Up meeting group that is doing a lot of discussions about pre-trial diversion, Behavioral Health Court, and Assisted Outpatient Treatment. A consulting firm has been hired to manage the process.

Public Comments: Ms. Comstock requested a copy of the Ad Hoc Committee's report to put on the California Association of Local Behavioral Health Boards and Commissions website. She also mentioned that the El Dorado County Behavioral Health Commission might want to put this information in their Annual Report.

8. <u>19-1590</u> Discuss El Dorado County Psychiatric Health Facility Pre-Admission Process (30 minutes)

Chair Clavere asked about the process when someone needs to be admitted to the Psychiatric Health Facility. He also asked clarifying questions about probable cause.

Commissioner Comments: Supervisor Hidahl commented that law enforcement has difficulty of making a decision regarding 5150.

Commissioner Hamilton shared how UC Davis is partnering with businesses to have student-run clinics.

Deputy Director Jamie Samboceti responded that after an individual is medically cleared for physical health, a Behavioral Health clinician completes a crisis assessment in the Emergency Department to determine whether or not a person should have an involuntary hold written, or whether an involuntary hold should be dropped.

Deputy County Counsel Paula Frantz said that 5150s look at a "probable cause" level of assessment and they look at the totality of the circumstances. It is not uncommon that law enforcement may say an individual is appropriate for 5150, but a clinician may disagree.

9. 19-1591

Approve Recommendation that the Psychiatric Health Facility Concurrent

Utilization Review Patient Discharges be Included in the Behavioral

Health Division Report (30 minutes)

Chair Clavere asked questions about what happens when the County indicates an individual in the psychiatric health facility does not meet medical necessity. He would like that data included in the Behavioral Health Division Monthly Report.

Chandra Thomas with Telecare responded that psychiatric health facility staff had a phenomenal training on documentation so they now know how to convey to the County that someone meets medical necessity. Clients who do not meet medical necessity are not immediately discharged. Telecare continues treatment and ensures all clients have a discharge plan before discharging from the PHF.

Dr. Motl with Telecare added that they have a treatment team meeting each morning that weighs in on how the client is doing and they develop a discharge plan.

Deputy Director Jamie Samboceti also shared that the State has tasked counties with ensuring that everyone who is in an acute inpatient psychiatric hospitalization has a concurrent review done every one to two days. The data point can be added to the Monthly Division Report that includes the number of individuals who, under concurrent review, are determined to no longer meet medical necessity.

A motion was made by Supervisor Hidahl, seconded by Commissioner Lynn, to recommend that the Psychiatric Health Facility Concurrent Utilization Review Patient Discharges be included in the Behavioral Health Division Report.

**10.** <u>19-1593</u> Presentation by Robert Cardoza on his Therapeutic Treehouse Community (10 minutes)

Mr. Cardoza provided a presentation and handouts on his tree-house village retreat that will serve children with trauma in their lives. The tree houses will each have a different

theme and purpose.

**11.** <u>19-1598</u> Questions / Comments on Behavioral Health Division September and

October 2019 Monthly Reports (10 minutes)

None

#### **COMMISSIONER'S COMMENTS**

None

7:00 PM ROLL CALL

Commissioner Lynn left.

**Present:** 5 - Stephen Clavere, Arturo Salazar, Kathryn Hamilton, Karis Holman and John Hidahl

Absent: 4 - Henry Sandigo, Norma Santiago, Debra Thornburgh and Richard Lynn

## DETERMINE NEXT BEHAVIORAL HEALTH COMMISSION MEETING DATE

The next Behavioral Commission meeting will be held Wednesday, January 22, 2020 at 5:00 PM

#### **ADJOURNMENT - 7:09 PM**