

Minutes Behavioral Health Commission

Arturo Salazar, Chair
Dr. Stephen Clavere, Vice-Chair WS
Dr. Richard Lynn, Vice-Chair SLT
John Hidahl, Board of Supervisors Representative
Kathryn Hamilton, Secretary
Henry Sandigo, Commissioner
Norma Santiago, Commissioner
Debra Thornburgh, Commissioner
Karis Holman, Commissioner
Vacant (7), Commissioner

Wednesday, August 26, 2020

5:00 PM

VIRTUAL MEETING (See Below)

VIRTUAL MEETING

5:10 PM CALLED TO ORDER AND ROLL CALL; INTRODUCTIONS

El Dorado County Staff Present: Don Semon, Paula Frantz, Nicole Ebrahimi-Nuyken, Ren Strong, Salina Drennan, Heather Longo

Present: 5 - Stephen Clavere, Arturo Salazar, Norma Santiago, Richard Lynn and Sue Novasel

Absent: 5 - Henry Sandigo, Kathryn Hamilton, Debra Thornburgh, Karis Holman and John Hidahl

ADOPTION OF THE AGENDA

Chair Salazar made a motion, seconded by Vice-Chair Clavere, to adopt the Agenda.

Yes: 5 - Stephen Clavere, Arturo Salazar, Norma Santiago, Richard Lynn and Sue Novasel

Absent: 5 - Henry Sandigo, Kathryn Hamilton, Debra Thornburgh, Karis Holman and John Hidahl

PUBLIC COMMENT

None

5:26 PM ROLL CALL

Kathryn Hamilton arrived

Present: 5 - Stephen Clavere, Arturo Salazar, Kathryn Hamilton, Norma Santiago and Sue Novasel

Absent: 5 - Henry Sandigo, Debra Thornburgh, Karis Holman, Richard Lynn and John Hidahl

DISCUSSION ITEMS

1. 20-1111 Approval of the July 22, 2020 Behavioral Health Commission Minutes

A motion was made by Vice-Chair Clavere, seconded by Commissioner Santiago, to approve the 7/22/2020 Behavioral Health Commission Minutes as written.

Yes: 4 - Stephen Clavere, Arturo Salazar, Norma Santiago and Sue Novasel

Absent: 5 - Henry Sandigo, Kathryn Hamilton, Debra Thornburgh, Karis Holman and John Hidahl

Abstained: 1 - Richard Lynn

5:40 PM ROLL CALL

Vice-Chair Lynn left the meeting.

Present: 4 - Stephen Clavere, Arturo Salazar, Norma Santiago and Sue Novasel

Absent: 6 - Henry Sandigo, Kathryn Hamilton, Debra Thornburgh, Karis Holman, Richard Lynn and John Hidahl

2. 20-1112 Report and Recommendation from the Children's Services Ad Hoc Committee (30 minutes)

Commissioner Santiago presented a summary of the Behavioral Health Commission Ad Hoc Children's Services Committee meetings. She reviewed the handout that is attached to the Minutes. Commissioner Santiago clarified that Objective 5 is incorrectly stated as a Youth Commission currently exists.

Commissioner Hamilton shared her personal experiences with navigating systems in two different counties.

Nicole Ebrahimi-Nuyken explained that Medi-Cal and behavioral health treatment is tied to the county where the Medi-Cal was issued. She also said through "California Advancing and Innovating Medi-Cal" (CalAIM), the State is doing a pilot project with the goal of moving Medi-Cal to a more seamless system by reducing complexity and increasing flexibility.

Supervisor Novasel said that the County is forming a new Child and Youth Commission that will address some of these issues.

Don Semon provided additional background information on the Child and Youth Commission.

Public Comment:

Barry Harwell requested a copy of the Ad Hoc Children's Committee report. The report will be attached to the Minutes.

Kathi Guerreo thanked the Committee for taking a look at prevention and for thinking about services to help families when kids are under the age of 5.

3. 20-1118

HHSA's presentation on Suicide Prevention and Stigma Reduction Programming (10 minutes)

Ren Strong reviewed a Program Spotlight in the Monthly Report that showed the interconnectivity of the entire community in suicide prevention and stigma reduction. Additionally, the Mental Health Services Act team is working with stakeholders to draft a countywide suicide prevention strategic plan.

Commissioner Salazar said he was glad that the County is working on a county-wide suicide prevention strategic plan, especially when right now the eyes and ears on children in school, is not happening.

Commissioner Santiago stated there seems to be a gap when agencies who focus on one age group don't provide a warm hand-off to another agency when the next age group is reached.

Nicole Ebrahimi-Nuyken said that as a system of care, we work hard to collaborate so that no one falls through the cracks. For some individuals, we are very aware of them and we can reach them. For others, they are very silent and when the community sees them, it is often too late. Suicide prevention takes the entire community.

Public Comment:
None

4. 20-1113

HHSA's presentation on Drug Medi-Cal Organized Delivery System (DMC-ODS) (30 minutes)

Salina Drennan presented Health and Human Services Agency Drug Medi-Cal Organized Delivery System (DMC-ODS). The presentation is attached to the minutes.

Commissioner Salazar asked how many schools are participating in Lifeskills, if New Morning Youth and Family Services is the only drug and alcohol provider for youth, and what happens if an individual goes straight to Progress House without going through the County? He also said that as a member of the School Attendance Review Board (SARB), there often is an underlying issue of alcohol and drugs. The group dynamic in treatment is effective, but when there are not enough individuals, it doesn't work. Now with COVID-19, youth may be coping with drugs and alcohol.

Commissioner Clavere said it appears from the data presented that 1/3 of the requests for services are denied. He also asked if Progress House and HHSA staff are ASAM certified?

Salina Drennan said that Progress House is an access point. Progress House can do assessments but the County determines medical necessity. She also said that there are not many in-patient programs in California for youth. She also explained that the number of requests for services represents all calls that come in, from many sources. She also said Progress House is certified by the State. Staff is certified.

Nicole Ebrahimi-Nuyken said that while a group treatment approach is important, individual treatment is available.

Public Comment:
None

5. 20-1114

Review / Update on Stepping Up Initiative (5 minutes)

Nicole Ebrahimi-Nuyken provided updates about the most recent Stepping Up meeting and the next meeting for the diversion court. Health and Human Services Agency is still recruiting Mental Health Clinicians and Mental Health Workers for the MHSA Forensic projects.

Commissioner Clavere asked if the workers in the Forensic program will be providing treatment or writing reports for the courts?

Nicole Ebrahimi-Nuyken said that for pre-trial diversion, there will be a report back to the Court prior to the Court's hearing (every 90 days).

- 6. 20-1115** Discussion Regarding Schedule for Outcome and Data Reporting by HHSA on PEI Programs (10 minutes)
- Heather Longo presented MHSA's proposed strategy for reviewing outcome and data reporting on Prevention and Early Intervention projects.
- Commissioner Clavere made a counterproposal, requesting the following data points be presented:
- For Fiscal Year 2019/20:
- Budget for each program
 - What was invoiced for each program
 - The balance remaining on the contract for each program
- For Fiscal Year 2020/21:
- The budget for and expenditures to date for each program
 - Number of unduplicated clients
 - Cost per client
- 7. 20-1129** Appointment of Behavioral Health Commission Member to the Behavioral Health Quality Improvement Committee (5 minutes)
- Ren Strong explained that the Quality Improvement Committee meets the second Wednesday of the second month every quarter at 10 a.m. The Committee currently meets virtually.
- Nicole Ebrahimi-Nuyken added that the Committee reviews the system of care, and focuses on different items.
- Commissioner Hamilton volunteered to be on the Committee.
- 8. 20-1116** Behavioral Health Director's Update (10 minutes)
- Nicole Ebrahimi-Nuyken highlighted various sections of the Behavioral Health Division Monthly Report, including staff transitions in Behavioral Health's South Lake Tahoe office; the Acting Program Manager in South Lake Tahoe has met with the Chief of Police to discuss a Psychiatric Emergency Response Team (PERT) type of collaboration; and New Morning Youth and Family Services has a new Executive Director. She also mentioned there are a number of active employment recruitments. Finally, for PERT, we aren't seeing a lot of increased calls, but we continue to collaborate closely with the Sheriff.
- Supervisor Novasel said she was impressed with all the information provided.
- 9. 20-1117** Questions / Comments on Behavioral Health Division Monthly Reports (10 minutes)
- Commissioner Santiago asked if there will be a primer on Behavioral Health Court in September?
- Nicole Ebrahimi-Nuyken agreed to place this on the Agenda for next month.

COMMISSIONER'S COMMENTS

Supervisor Novasel said there was really great information and after not being involved for so long, it's a lot to swallow.

Commissioner Salazar asked when we would be able to return to a regular meeting?

Commissioner Clavere asked if documents in the meeting can be shown on the screen.

Ren Strong said that virtual meetings will continue as long as there is a Public Health Emergency. She also said that the Agendas can be placed on the screen.

DETERMINE NEXT BEHAVIORAL HEALTH COMMISSION MEETING

The next regular Behavioral Health Commission meeting will be held September 23, 2020 at 5:00PM.

ADJOURNMENT - 7:47 PM