El Dorado County Mental Health Services Act (MHSA)

Prevention and Early Intervention (PEI) Component

Strategies, Evaluation, and Reporting Requirements

Guiding Regulations

- "PEI Regulations"
- Title 9, California Code of Regulations,
 Division 1, Chapter 14, Article 2
- Available at: https://www.mhsoac.ca.gov/sites/default/files/documents/2018-908/PEI%20Regulations_As_Of_July%202018.pdf

Required PEI Elements

- PEI Component
 - Strategies
 - Evaluation
 - Reporting

PEI Strategies

- Prevention Program (at least one project)
- Early Intervention Program (at least one project)
- Stigma and Discrimination Reduction Program (at least one project)
- Access and Linkage to Treatment Program
 (at least one project)
- Outreach for Increasing Recognition of Early Signs of Mental Illness Program (at least one project, but Board of Supervisors for small Counties may waive this strategy)
- Suicide Prevention Program (optional strategy)
- Improving Timely Access to Services for Underserved Populations (optional strategy)

Evaluation: Guiding Regulations

PEI Evaluation

- Title 9, California Code of Regulations, Division 1, Chapter 14, Article 2
- Section 3750, Prevention and Early Intervention Component Evaluation

Required for All Strategies

Evaluation:

- Unduplicated numbers of individuals served, including demographic data.
- The reduction of prolonged suffering that may result from untreated mental illness by measuring a reduction in risk factors, indicators, and/or increased protective factors that may lead to improved mental, emotional, and relational functioning.

Optional for All Strategies

• Evaluation:

- Impact of the PEI programs on the mental health and related systems
- Other appropriate indicators identified by the County, if any

Prevention Programs

- General requirements, plus:
 - Reduction in risk factors, indicators, and/or increased protective factors that may lead to improved mental, emotional, and relational functioning

Early Intervention Programs

- General requirements, plus:
 - Reduced symptoms and/or improved recovery, including mental, emotional, and relational functioning

Stigma and Discrimination Reduction Programs

- General requirements, plus:
 - Changes in attitudes, knowledge, and/or behavior related to mental illness or seeking mental health services that are applicable to the specific program

Access and Linkage to Treatment Programs

- General requirements, plus:
 - Number of referrals to treatment and the kind of treatment to which referred
 - Number of persons who followed through on the referral and engaged in treatment
 - Duration of untreated mental illness
 - Interval between the referral and engagement in treatment
 - Counties may use random sampling method

Outreach for Increasing Recognition of Early Signs of Mental Illness Programs

- General requirements, plus:
 - None specified

Suicide Prevention Programs

- General requirements, plus:
 - Changes in attitudes, knowledge, and/or behavior regarding suicide related to mental illness that are applicable to the specific project

Improving Timely Access to Services for Underserved Populations

- General requirements, plus:
 - Number of referrals to treatment and the kind of treatment to which referred
 - Number of persons who followed through on the referral and engaged in treatment
 - Timeliness of care
 - Counties may use random sampling method

PEI Reporting

- Annual Revenue and Expenditure Report
 - Title 9, CCR, § 3510.010
- Annual Prevention and Early Intervention Report
 - Title 9, CCR, § 3560.010
- Three-Year Prevention and Early Intervention Evaluation Report
 - Title 9, CCR, § 3560.020

- MHSA Three-Year Program and Expenditure Plan for Fiscal Years 2020/21 through 2022/23
- Available at:

 https://www.edcgov.us/Government/Menta
 lHealth/mhsa/Documents/FY%2020 21%20MHSA%20Three-Year%20Plan

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- PreventionProgram
 - Latino Outreach Project
 - Older Adults Enrichment Projects
 - Primary Project
 - Wennem Wadati
 - Goods and Services to Promote Positive Mental Health

- Early Intervention Program
 - Children 0-5 and Their Families Project
 - Prevention Wraparound Services: Juvenile Services Project
 - Forensic Access and Engagement Project
 - Expressive Therapies Project
 - National Suicide Prevention Line Project

- Stigma and Discrimination Reduction Program
 - Mental Health First Aid and safeTALK Projects
 - LGBTQIA Community Education Project
 - Statewide PEI Projects

- Outreach for Increasing
 Recognition of Early
 Signs of Mental
 Illness Program
 - Community Education and Parenting Classes Project
 - Peer Partner Project -Youth Advocate

- Access and Linkage to Treatment Program
 - Community-BasedOutreach and LinkageProject/PERT
 - Veterans Outreach Project
 - Mentoring for Youth Project

- Suicide Prevention Program
 - Suicide Prevention and Stigma Reduction Project

Questions?