

**Behavioral Health Division Update  
Behavioral Health Commission  
September 2020 Data  
October 28, 2020 Meeting**

**BH Director & DEPUTY DIRECTOR UPDATES**  
**(Nicole Ebrahimi-Nuyken)**

- September 25th, Governor Newsom signed SB 803 (Beall) and AB 2265 (Quirk-Silva) amongst other bills.
  - SB 803, known as the Peer Support Specialist Certification Program Act, establishes statewide peer support training and certification standards for Peer Support Specialists and authorizes certified Peer Support Specialists to bill Medi-Cal for peer support services. The certification process will support statewide standards, ensuring consistency and quality of service while offering validity and respect to the position.
  - AB 2265 clarifies that MHSA funds can be used in all Community Services and Supports (CSS) programs, Prevention and Early Intervention (PEI) programs and Innovation programs for treatment of co-occurring mental health and substance use disorders. Counties will now be able to use MHSA funds to both assess and treat individuals with a co-occurring disorder, increasing access to substance use disorder treatment, improving care coordination and leading to a more integrated behavioral health care system. AB 2265 requires counties to report on how many individuals were served with co-occurring disorders using MHSA funds.
- South Lake Tahoe Alternative Collaboration Services (STACS):  
A collaboration between South Lake Tahoe Police Department, South Lake Tahoe Fire Rescue, Cal Tahoe Emergency Medical Services, Barton Health, Tahoe Coalition for the Homeless, and the Behavioral Health Division to provide community-based interventions and follow-up to individuals to reduce barriers to accessing behavioral health services, increase stabilization, and end the cycle of homelessness.
- The first WS Mental Health Pre-Trial Diversion Court was held on October 19 with a closed team meeting followed by the hearing. Behavioral Health was represented by Program Manager Nicole Cable and Program Coordinator John Schumacher. Behavioral Health continues to recruit Mental Health Clinicians and Mental Health workers to fill the Forensic Teams staff positions

**EL DORADO COUNTY BEHAVIORAL HEALTH DIVISION STAFFING**

- **New Hires:**
  - Christina Baker - SUDS Quality Assurance Program Assistant (WS)
  - Amanda Magnuson - Analyst

- **Promotions:**
  - Danielle Bogan, from Clinician to Program Coordinator (ICM Team, WS)
  - Malissa Pardo, from Clinician to Program Coordinator (QA/UR)
- **Recruitments:**
  - Ongoing
    - SLT Mental Health Clinicians, Workers and Aides (Extra Help)
    - WS Mental Health Clinicians (Extra Help and Regular)
    - WS Medical Office Assistant (Extra Help)
    - SLT Mental Health Clinician – Substance Use Disorder Services
    - WS Psychiatric Technician
    - WS Health Education Coordinator - SUDS
    - Deputy Director, Behavioral Health Division
  - New
    - None
- **Separations:**
  - Yuliya Kyrylyuk, MH Aide
  - Daiquari Ross, MH Clinician
- **Position Changes:**
  - None

## PLACEMENTS

### Board and Care / IMDs / Secure Placements (Nicole Cable)

- **22** IMD beds
- **1** State Hospital
- **146** Enhanced Board and Care beds
- **22** Board and Care - Sacramento & Galt
- **Total:**
  - **55** Out of County Placements
  - **6** In County Placements

### Transitions Treatment Program (Nicole Cable / Lesly VanSloten)

- **WS: 16** of 19 beds filled:
  - T1 **1** openings,
  - T2 **5** openings,
  - T3 **0** openings,
  - T4 **0** openings
- **SLT: 2** of 6 beds filled:
  - T1 openings: 4 openings

## Permanent Supportive Housing (Heather Longo / Lesly VanSloten)

### West Slope

Clients receive services from the Wellness and Recovery team or from community based supports

- **5** of 5 units occupied
- Wait List:
  - 1 bedroom: 7
  - 2 bedroom: 6
  - 3 bedroom: 1

### South Lake Tahoe

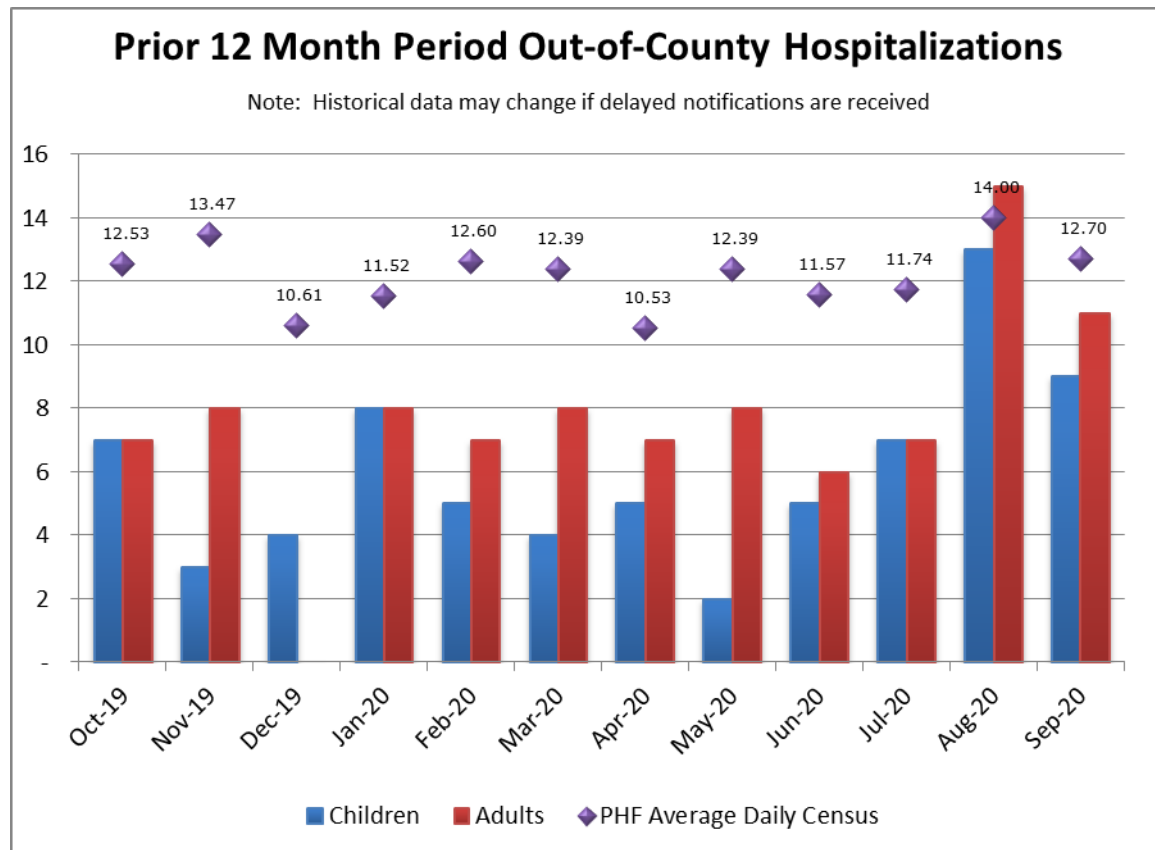
Clients receive ICM team coverage

- **6** of 6 units occupied
- Wait List: unknown
  - This development is a floating unit configuration based on household size rather than a specific number of apartments for each number of bedrooms

## Psychiatric Health Facility (Nicole Cable)

- There were **28** Admissions; **24** Admissions were El Dorado County residents and **4** were Out of County residents.
- There were **26** El Dorado County residents discharged; **13** to Home with Support, **0** to Home without support, **2** MHRC/IMD, **0** Board and Care, **2** to ICM T-House, **0** to Shelter, **9** to Other, and **0** to Emergency Department.
- Upon discharge, **26** El Dorado County residents were insured and **0** El Dorado County residents were pending insurance.
- There were **1** Seclusion Episodes, **1** Physical Restraint Episodes (**15** minutes), **3** Assaults (**2** clients – patient to patient), **0** Elopements, **1** Medication Errors (**1** medication errors with no patient involvement), Client Surveys **32**
- There were **0** denials of El Dorado County referrals: N/A
- Average daily census was **12.7** (range 9-16) with **17** average length of stay of days.
- Concurrent Reviews resulting in no medical necessity found. **0**

## Out-of-County Acute Psychiatric Hospitalizations (Medi-Cal Beneficiaries Only)

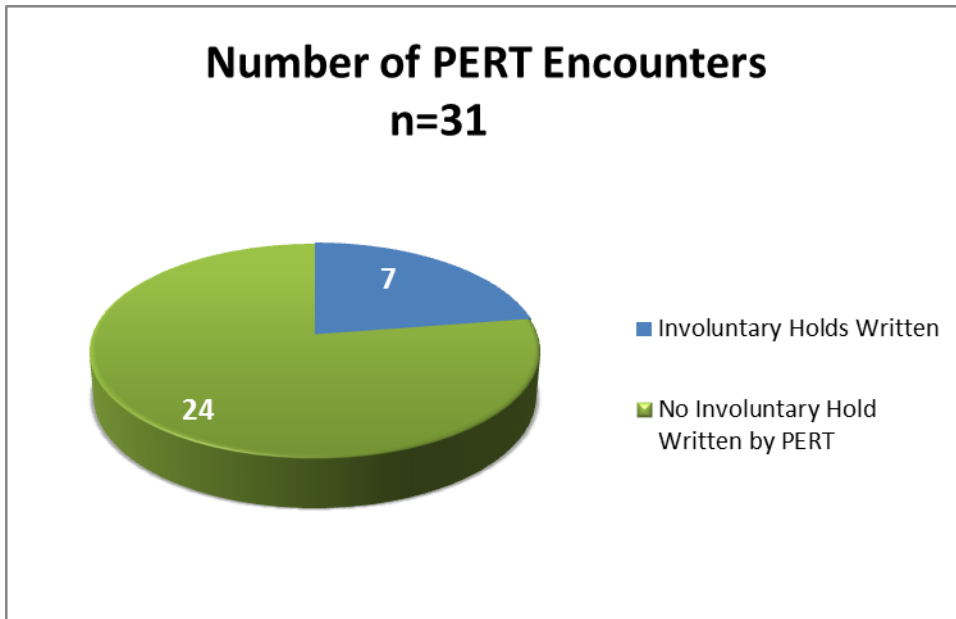


## CRISIS SERVICES

### Crisis Intervention Teams (CIT) (Nicole Cable and Lesly VanSloten)

- **SLT:** Reviewing and revising processes. Continuing to follow COVID-19 protocols in the Barton Emergency Department.
- **WS:** Continuing to follow COVID-19 protocols at Marshall Emergency Department. WS Crisis Clinicians supporting SLT Team during staff shortages and transition period.

- **PERT:**



**Additional PERT Data:**

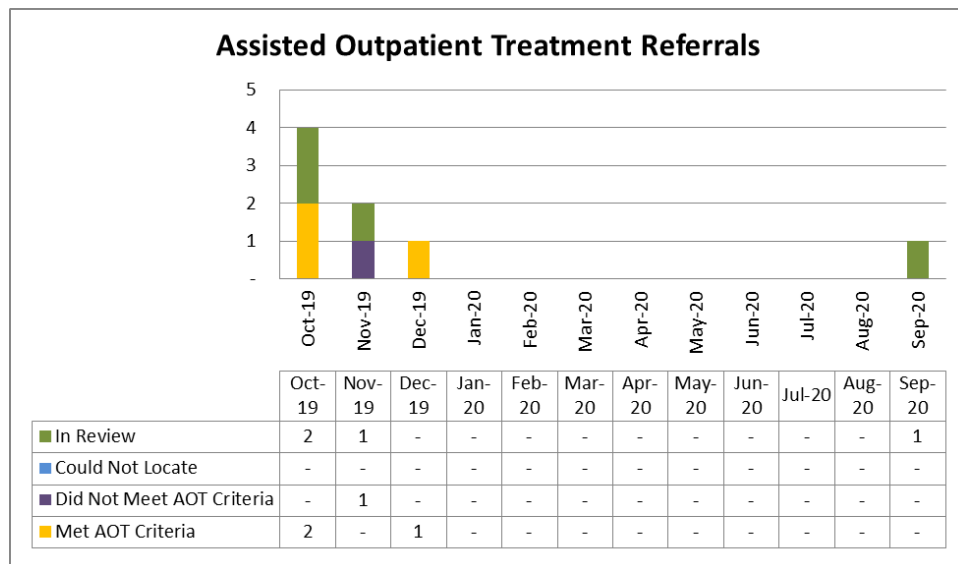
Safety Plans	19
Law Enforcement Holds Written during PERT Shift	1
Voluntary Transports to Emergency Department	0
Law Enforcement Holds Written	28
Behavioral Health Outpatient Holds Written	0
Other/Unable to Locate/Inaccurate Report for Service	4
Substance Use Admitted/Confirmed	0
Adult Protective Services (APS) Referrals	1
"Fit For" Jail Crisis Risk Assessments Conducted by PERT	0

## JUSTICE SERVICES

### Restoration of Competency (Nicole Cable)

- **0** Outpatient ROC referrals
- **0** Jail ROC referral
- **1** client receiving ROC Outpatient services
- **0** client receiving ROC Inpatient services

## ASSISTED OUTPATIENT TREATMENT (AOT) (Nicole Cable)



### Disposition of Referrals:

**0** did not meet program criteria,  
**0** met initial program criteria,  
**0** individuals voluntarily accepted outpatient services,  
**0** individuals to proceed with the AOT process,  
**0** applications in review process

### Discharged AOT clients:

**0** clients discharged:  
**0** to a lower level of service,  
**0** out of services

There are currently 1 AOT clients receiving services voluntarily.

## QUALITY ASSURANCE & PATIENT RIGHTS

### Quality Improvement / Utilization Review (Angelina Larrigan / Ren Strong)

- QA/UR continues to work with IDEA Consulting on data needs and compliance with State and federal requirements.
- In June, the County received the FY 19/20 Medi-Cal Specialty Mental Health External Quality Review El Dorado MHP Final Report from the March 2020 External Quality Review Organization (EQRO). EQRO resulted in 15 recommendations for Mental Health.

### Grievances/Appeals/Hearings (Christina Hammel / Ren Strong)

Month Filed	Month Completed	Type	Topic	Location	Outcomes (Appeals / Hearings Only)
06/2020	09/2020	Grievance	Quality of care – Staff Behavior Concern	West Slope	--
06/2020	09/2020	Grievance	Other	Other	--

Month Filed	Month Completed	Type	Topic	Location	Outcomes (Appeals / Hearings Only)
07/2020	09/2020	Grievance	Quality of care – Staff Behavioral Concern	West Slope	--
07/2020	09/2020	Grievance	Quality of care – Staff Behavior Concern	West Slope	--
09/2020		Grievance	Quality of care – Staff Behavior Concern	PHF	--
09/2020		Grievance	Quality of care – Treatment concern	Other Department	--
09/2020		Grievance	Quality of care – Staff Behavior	PHF	--

## PROGRAM ACTIVITY UPDATES

### ALCOHOL AND DRUG SERVICES / SUBSTANCE USE DISORDERS (Salina Drennan)

#### Tahoe

- SUDS Program Manager, Salina Drennan, will be participating in virtual SLT community collaborative meetings focused on providing services in partnership with law enforcement in the SLT area. SUDS is recruiting for a SUDS Clinician to replace the previous clinician who left the position.

#### West Slope

- Contract provider monitoring activities continue this month. SUDS submitted an application on behalf of BH (MH/SUDS) to The Pacific Southwest Addiction Technology Transfer Center/UCLA in order to have a chance to be selected for the 2021 Organizational Process Improvement Initiative (OPII). The OPII is a yearlong intensive technical assistance and organizational coaching program focused on changing the way that work is performed so it is more efficient and effective. The program is limited to 15 teams and is provided free-of-charge to those selected. It is expected that by next month BH will know whether our team was selected.

### MENTAL HEALTH SERVICES ACT (MHSA) (Heather Longo/Tami Smith)

- The MHSA Team:
  - participated in various conference calls, webinars, trainings, and meetings related to items of interest to MHSA.
  - continued implementation of activities related to the MHSA Three-Year Program and Expenditure Plan.

- o provided technical assistance to Prevention and Early Intervention (PEI) contracted providers
  - o continued reviewing and formatting the Fiscal Year 2019/20 MHSa Annual Reports for the PEI Projects.
  - o Continued planning for the Fiscal Year 2020/21 Annual Update Community Program Planning Process meetings.
- Regarding the Fiscal Year 2016/17 Department of Health Care Services (DHCS) MHSa Performance Contract Review, the MHSa Team reviewed DHCS' response to MHSa's appeal regarding a finding related to the Issue Resolution Log. MHSa continued to work on developing policies and procedures related to the Findings and Recommendations.

## **ADULT OUTPATIENT SERVICES**

**(Jody Kwachak-Hall (SLT); Doris Jones (WS))**

Tahoe:

- Outpatient services are being delivered by phone and in office with COVID safety protocols in place and current discussion about providing in Wellness small groups of three. Current staffing includes 2 extra-help Clinician positions and 1 full-time Clinician position (Transitional Age Youth (TAY)-First Episode of Psychosis (FEP)) vacancies.

West Slope:

- Current Staffing: 1 full time Outpatient Adult Clinician, 1 half time TAY Clinician providing Outpatient Behavioral Health services to clients primarily via telephone and 1 full time PERT Clinician who provides behavioral health services, supports, referrals and assessments in the community with an El Dorado County Sheriff PERT Deputy using COVID precautions.
- WS Outpatient Clinic has 1 full time Outpatient Adult Clinician vacancy and 1 full time Outpatient Adult Clinician on extended leave as well as 1 Mental Health Aide vacancy.
- WS Outpatient Coordinator and 2 full time Mental Health Workers have been supporting the Clinicians and providing outreach to Outpatient Clients to ensure services, supports, and referrals are being provided and needs are being met.

## **Wellness Center Activities:**

Tahoe:

- The Wellness Center was closed due to COVID. The ICM team continued to reach out to high-risk clients and clients that were regularly attending Wellness.

West Slope:

- WS Outpatient Wellness Center remains closed to the public due to COVID-19 restrictions.
- The Wellness Center and ICM/FSP staff continue to collaborate to pack and deliver weekday lunch food to all T-Houses.



- Wellness Center staff prepare and provide bag lunches to walk ups at Wellness Center from 12-1pm Monday - Friday.
- The Wellness Center and patio is used for a few small in person groups for Peer Leadership and Band using COVID precautions, temperatures taken for all participants, masks are worn, at least minimum physical distance is maintained, verbal and written precautions are discussed, reviewed and posted, etc.

#### ICM Activities:

##### Tahoe:

- Facilitating outside walks with individuals and small groups with COVID safety protocols in place. Reinforcing use of coping skills and education toward improving independent living skills during this challenging time.

##### West Slope:

- ICM Team providing group services within the transitional houses. Small group outings to outdoor locations with practicing social distancing and masks.

#### CHILDREN'S SERVICES (ANGIE LARRIGAN)

- The Behavioral Health Division is partnering with El Dorado County Child Welfare Services and Probation to develop a Family Urgent Response System (FURS). FURS is Family Urgent Response for current and former Foster Youth and Caregivers access to immediate intervention services, through telephone support and in-person mobile response. FURS requires counties Child Welfare, Probation and Behavioral Health agencies to establish mobile response teams to provide face-to-face, in-home response on a 24/7 basis to help defuse and stabilize a situation, assess the caregiver's and child's needs, and develop a plan of action. Counties would be expected to provide the family with needed ongoing services through the existing local network of care service system to assist youth in remaining in homes and avoiding a higher level of care.
- Sierra Children and Family Services has been expanding the Wellness Center Services provided on each West Slope High School Campus. Wellness Center support is provided in-person, by phone or by Zoom.
- Stanford Youth Solutions reports they anticipate moving into their new building in Placerville soon.
- Ad hoc Behavioral Health Commission meetings have been taking place with a focus on children's services. New Morning Youth and Family Services, Tahoe Youth and Family Services, Sierra Children and Family Services and First 5 have been invited to present during the October ad hoc meeting. These meetings have been an effective way to enhance the commission's knowledge of the variety of children's services provided by Behavioral Health.

#### TAY DBT/FEP Program (Lesly VanSloten and Doris Jones)

##### Tahoe:

- BH team continuing to meet with TAY DBT/FEP Clients by phone and in person.

## **ADULT OUTPATIENT GROUP SCHEDULES**

Groups are temporarily suspended during COVID Public Health Emergency.

## INITIALS & DEFINITIONS

Initials	Definition
AB	Assembly Bill
ACEs	Adverse Childhood Experiences
ADL	Activities of Daily Living
ADP	Alcohol and Drug Programs
AMFT	Associate Marriage and Family Therapist
AOT	Assisted Outpatient Treatment
APCC	Associate Professional Clinical Counselor
APS	Adult Protective Services
ARF	Adult Residential Facility
B&C	Board and Care
BHC	Behavioral Health Court
BHD	Behavioral Health Division (formerly the Mental Health Division)
BOMUSD	Black Oak Mine Unified School District
BSCC	Board of State and Community Corrections
CalMHSA	California Mental Health Services Authority
CalQIC	California Quality Improvement Coordinators
CANS	Child and Adolescent Needs and Strengths
CBHDA	County Behavioral Health Directors Association of California
CBO	Community Based Organization
CBT	Cognitive Behavior Therapy
CCC	Community Corrections Center or California Conservation Corps
CCP	Community Corrections Partnership
CCR	Continuum of Care Reform
CDCR	California Department of Corrections and Rehabilitation
CDSS	California Department of Social Services
CEU	Continuing Education Unit
CFMG	California Forensic Medical Group
CFR	Code of Federal Regulations
CFT	Children and Family Teams
CFTN	Capital Facilities and Technology Needs
CHP	California Highway Patrol
CIT	Crisis Intervention Team
CMS	Centers for Medicare & Medicaid Services
CPP	Community Planning Process
CPS	Child Protection Services
CPT	California Psychiatric Transitions
CSS	Community Services and Supports
CWS	Child Welfare Services
DBT	Dialectical Behavior Therapy
DHCS	Department of Health Care Services (California)
DMC-ODS	Drug Medi-Cal Organized Delivery System
Dx	Diagnosis
ED	Emergency Department
EDC	El Dorado County
EDCMH	El Dorado County Mental Health
EDCOE	El Dorado County Office of Education
EDCSO	El Dorado County Sheriff's Office
EDSO	El Dorado Sheriff's Office
EDCVC	El Dorado Community Vision Coalition
EH	Extra Help

EHR	Electronic Health Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment
EQRO	External Quality Review Organization
ER	Emergency Room
FAQs	Frequently Asked Questions
FEP	First Episode Psychosis
FSP	Full Service Partnership
FTE	Full-Time Equivalent
FY	Fiscal Year
HHSA	Health and Human Services Agency
HOT	Homeless Outreach Team
Hubs	Reference to the Innovation Program “Community-Based Engagement and Support Services”, also called “Community Hubs”
IA	Intergovernmental Agreement
ICC	Intensive Care Coordination
ICM	Intensive Case Management
IHBS	Intensive Home-Based Services
IMD	Institution for Mental Disease (facility)
ITWS	Information Technology Web Services
Katie A.	<i>Katie A. vs. Bonta</i> Lawsuit and/or resulting programs/services
LCSW	Licensed Clinical Social Worker
LL	Laura’s Law
LOCUS	Level of Care Utilization System
LPCC	Licensed Professional Clinical Counselor
LPS	Lanterman Petris Short
LT	Limited Term
LTCC	Lake Tahoe Community College
MAR	Medication Administration Record
MDT	Multi-Disciplinary Team
M-F	Monday through Friday
MH	Mental Health
MHD	Mental Health Division
MHRC	Mental Health Rehabilitation Center (facility)
MHSA	Mental Health Services Act
MHSOAC	Mental Health Oversight and Accountability Commission
MHSUDS	Mental Health and Substance Use Disorder Services, a division of the State’s Department of Health Care Services (DHCS)
MHW	Mental Health Worker
MIOCR	Mentally Ill Offender Crime Reduction
MOA	Medical Office Assistant
MOU	Memorandum of Understanding
MRT	Moral Reconciliation Therapy
NACT	Network Adequacy Certification Tool
NM	New Morning Youth & Family
NOABD	Notice of Adverse Benefit Determination
OAC	Mental Health Services Oversight and Accountability Commission, also MHSOAC
OP	Outpatient
PA	Physician Assistant
PATH	Projects for Assistance in Transition from Homelessness
PCP	Primary Care Physician
PD	Police Department
PEI	Prevention and Early Intervention
PERT	Psychiatric Emergency Response Team

PES	Psychiatric Emergency Services
PG	Public Guardian
PHF	Psychiatric Health Facility
PIP	Primary Intervention Program or Program Improvement Plan
POC	Plan of Correction
PPD	Placerville Police Department
PPE	Personal Protective Equipment
PSC-35	Pediatric Symptom Checklist
QA/UR	Quality Assurance/Utilization Review
QI	Quality Improvement
QI/UR	Quality Improvement/Utilization Review
QIC	Quality Improvement Committee
RIF	Reduction in Force
RFI	Request for Information
RFP	Request for Proposal
RFQ	Request for Qualifications
ROI	Authorization for Release of Information
ROC	Restoration of Competence
RV	Remi Vista
SAMHSA	Substance Abuse and Mental Health Services Administration
SB	Senate Bill
SCF	Sierra Child & Family
SLT	South Lake Tahoe
SLTPD	South Lake Tahoe Police Department
SO	Sheriff's Office
STACS	South Lake Tahoe Alternative Collaboration Services
STHS	South Tahoe High School
STRTP	Short-Term Residential Therapeutic Program
SUD	Substance Use Disorders
SV	Summitview Child & Family
SYS	Stanford Youth Solutions
T-House	Transitional Housing
TAY	Transitional Age Youth
TBD	To Be Determined
TCH	Tahoe Coalition for the Homeless
TFC	Therapeutic Foster Care
TYFS	Tahoe Youth and Family Services
Tx	Treatment
TY	Tahoe Youth and Family Services
UR	Utilization Review
VA	United States Department of Veterans Affairs
WET	Workforce Education and Training
WIA	Workforce Investment Act
WOIA	Workforce Innovations and Opportunities Act
WS	West Slope